

# Subject Brief



## NMDR221

## Metabolic Regulation

### General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Clinical Nutrition)	Core	Year 2	Semester 4

EFTSL: 0.125

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: SOCQ122, BIOP212, NMDF212

### Subject overview

This subject addresses the underlying principles of human metabolism and provides students with a current and integrated understanding of metabolic regulation. Students learn to apply this knowledge to the nutritional case management of clients with a range of conditions related to metabolic alterations including weight management in obesity, malnutrition, and repletion, along with pathologies associated with disturbances in regulation systems.