

Subject Brief

ENDEAVOUR

College of
Natural Health



NMDR221

Metabolic Regulation

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Clinical Nutrition)	Core	Year 2	Semester 4
Bachelor of Nutrition	Core	Year 3	Semester 5

EFTSL: 0.125

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: NMDF212 Nutritional Biochemistry, BIOP213 Pathophysiology and Pharmacology, SOCQ122

Reflective Inquiry in Action

Subject overview

This subject addresses the underlying principles of human metabolism and provides students with a current and integrated understanding of metabolic regulation. Students learn to apply this knowledge to the nutritional case management of clients with a range of conditions related to metabolic alterations including weight management in obesity, malnutrition, and repletion, along with pathologies associated with disturbances in regulation systems.

Assessments: 2x Written Assignment, Case Study