

# Subject Brief



## WHMF212

### Herbal Medicine *Materia Medica* 2

#### General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Naturopathy)	Core	Year 2	Semester 3

EFTSL: 0.0625

Delivery mode: Livestream

Co-requisites: Nil

Pre-requisites: WHMF112, WHMF121, BIOH122

#### Subject overview

This is the second of two subjects that explore plants used in the practice of naturopathy and herbal medicine. Each herb is investigated from the perspective of its taxonomy and morphology, natural chemical constituents, therapeutic actions and applications, administration, and dosage. This investigation considers both the traditional and historical use and appraisal of traditional and scientific evidence. The *materia medica* is explored from a physiological systems perspective using a case-based approach of simple client management. This subject prepares students for the study of Herbal Pharmacology and Pharmacognosy and Clinical Herbal Medicine.