

WHMF222

Herbal Medicine *Materia Medica*

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Naturopathy)	Core	Year 2	Semester 4

EFTSL: 0.125

Delivery mode: Livestream

Co-requisites: Nil

Pre-requisites: BIOP212, WHMF221

Subject overview

Herbal medicine *materia medica* explores herbs that are used in the practice of naturopathy and herbal medicine. The herbs are reviewed from the perspective of its taxonomy and morphology, natural chemical constituents, therapeutic actions and applications, administration and dosage. This investigation considers both the traditional and historical use of the herbs as well as relevant research-based evidence. The *materia medica* is explored in relation to physiological systems and the herbs that exert a primary influence on body systems to aid in the understanding of herbal medicine management of clinical cases.

Assessments

- Week 5: Online Quiz
- Week 11: Written Assignment