Subject Brief

ENDEAVOUR College of Natural Health

SOCQ122

Reflective Inquiry in Action

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Naturopathy)	Core	Year 1	Semester 2
Bachelor of Health Science (Clinical Nutrition)	Core	Year 1	Semester 2
Bachelor of Nutrition	Core	Year 1	Semester 2
Diploma of Health Science	Core	Year 1	Semester 2

EFTSL: 0.125

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: Nil

Subject overview

The application of evidence to inform practice in health care requires an understanding of iterative reflective inquiry, research approaches to gathering practice-based evidence, research terminology and designs, and analytic methods of understanding data, as well as the traditional forms of practitioner knowledge. This subject introduces different approaches to reflective inquiry as practice, examines methodologies of research, and methodological strengths and weaknesses as related to complementary medicine and health sciences. Students will be introduced to the significance of personal values and motivation in the research process as they explore a range of clinical research and research methods, as well as become familiar with research literature in relation to specific therapeutic modalities. This includes the ethics involved in research, the different approaches used, and the assumptions and underlying concepts. Students will be able to appreciate the importance of research, the methodologies and methods appropriate for reflective inquiry and the evidence produced during the research process. This is a foundational subject for the later study of all degrees.

Assessments

- Week 5: Written Assignment
- Week 9: Written Assignment
- Week 12: Written Assignment

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