

# Subject Brief

ENDEAVOUR

College of  
Natural Health



**NMDN121**

## Advanced Nutritional Case-Based Learning I

### General information

Awards	Subject type	Study year	Study Semester
Graduate Diploma in Clinical Nutrition	Core	Year 1	Semester 2

EFTSL: 0.125

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: NMDN111 Nutrition, Diet, and Disease, NMDN112 Human Nutrition and Metabolism, NMDN113 Nutrition and Health Through the Lifespan, NMDN114 Complementary Nutrition, Dietary Assessment, and Analysis

### Subject overview

This subject immerses students in realistic clinical nutrition scenarios, encouraging the practical application of advanced theoretical knowledge across disciplines such as nutrition, sociology, counselling, and biomedical sciences. Through structured case discussions, students will deepen their understanding of the complexities involved in nutrition-related decision-making and reflect on the rationale behind their choices. The subject will provide an opportunity to apply the nutrition case management process, demonstrate application of the pillars of clinical nutrition, and apply social and culturally appropriate practices. If taken in conjunction with Clinical Practicum I, this will enhance and accelerate skills development, reinforce learning, and provide space to bridge gaps between the classroom, clinical practice, and professional practice.

Assessments: Case-based Practice Portfolio