

NMDC223

Clinical Nutritional Medicine

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Naturopathy)	Core	Year 3	Semester 6
Bachelor of Health Science (Clinical Nutrition)	Core	Year 2	Semester 4

EFTSL: 0.125

Trimester 3 2026

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: BIOP212, NMDF212

Assessments

- Week 6: Written Assignment
- Week 12: Written Assignment

Trimester 1 2027

Delivery mode: Online and On Campus

Co-requisites: Nil

Pre-requisites: BIOP212, NMDF212

- Weeks 1-8: Online
- Week 9: On campus workshop (3 days on campus; 100% attendance required for each day)
- Week 10-12: Online

Assessments

- Week 6: Written Assignment
- Week 12: Written Assignment

Subject overview

This subject integrates and consolidates knowledge gained from previous health science and clinical nutrition subjects through an exploration of the nutritional management of various health conditions and individual cases. Students learn to develop nutritional treatment plans that incorporate dietary and lifestyle behaviour modification and nutrient prescribing. They learn to critically evaluate these treatment plans from the perspectives of evidence-based practice and natural medicine principles. Clinical Nutritional Medicine is an essential foundation for clinical practice.