

# Subject Brief

ENDEAVOUR

College of  
Natural Health



**NMPA311**

## Food Policy and Advocacy

### General information

Awards	Subject type	Study year	Study Semester
Bachelor of Nutrition	Core	Year 3	Semester 6

EFTSL: 0.125

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: NMHP221 Health Promotion, Implementation and Evaluation, NMGN221 Equity in Global Nutrition and Food Systems

### Subject overview

This subject provides a comprehensive framework for understanding, evaluating, and influencing food policies at local, national, and global levels. It equips students with the skills needed to critically assess food policies and their impact on public health, food security, and social equity while exploring the roles of stakeholders, grassroots movements, and lobbying in shaping effective policy change. By applying relevant policy frameworks and advocacy strategies, students learn to transform theoretical knowledge into practical solutions for complex food-related challenges.

Assessments: 2x Written Assignment, Presentation