

Subject Brief

ENDEAVOUR

College of
Natural Health



NMGN221

Equity in Global Nutrition and Food Systems

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Nutrition	Core	Year 3	Semester 5

EFTSL: 0.125

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: FNHW201 First Nations Peoples' Health and Wellbeing

Subject overview

In this subject, students will explore the critical intersections of equity, nutrition, and food systems in a global context. It examines how social, economic, and environmental factors shape access to nutritious food and contribute to disparities in health outcomes across populations. Key themes include the governance of food systems, sustainability, food security, and the impacts of climate change and globalisation on vulnerable communities. Students will analyse case studies, policies, and interventions aimed at promoting equitable access to nutrition while addressing systemic challenges such as poverty, gender inequality, and cultural considerations. The subject emphasises evidence-based solutions and innovative approaches to building inclusive, sustainable food systems that prioritise the well-being of all.

Assessments: 2x Written Assignment