Subject Brief

ENDEAVOUR College of Natural Health

SOCA221

Communication and Counselling in Practice

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Chinese Medicine)	Core	Year 2	Semester 3
Bachelor of Health Science (Naturopathy)	Core	Year 2	Semester 3
Bachelor of Health Science (Acupuncture Therapies)	Core	Year 2	Semester 4
Bachelor of Health Science (Clinical Nutrition)	Core	Year 2	Semester 3
Bachelor of Nutrition	Core	Year 1	Semester 2

EFTSL: 0.125

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: SOCC111

Subject overview

In this subject, students will learn advanced counselling skills, and the theory and practice of the crisis intervention. Students will further develop their active listening, communication, engagement, and feedback skills, learning how and when to apply Solution Focused approach and Motivational Interviewing. The aim is to provide a formal accidental counselling training for students who are not trained to be counsellors with the opportunity for the students to: reflect on their own conditioned responses and further develop healthy professional and personal boundaries and a variety of self-care strategies while demonstrating compassionate, culturally safe, and effective accidental counselling techniques.

Assessments

- Week 6: Video Assignment
- Week 10: Online Quiz
- Week 12: Written Assignment

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