

SOCI221

Interpersonal Skills of the Helper

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Acupuncture)	Core	Year 3	Semester 6
Bachelor of Health Science (Naturopathy)	Core	Year 3	Semester 6
Bachelor of Health Science (Clinical Nutrition)	Core	Year 3	Semester 5

EFTSL: 0.0625

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: SOCF111, SOCP121

Subject overview

This subject builds on the development and application of interpersonal communication skills required to establish and maintain an effective helping relationship with a client. A further focus will be on the relevance and application of solution focused therapy, motivational interviewing and behavioural change models within complementary medicine. This subject also addresses ethical and legal issues pertaining to crisis intervention as well as equipping students with resources to manage and support clients who present with diverse and complex needs. Practitioners' development and maintenance of self-care, personal and professional boundaries and resilience skills through self-reflection is an intrinsic component of this subject.