

# Subject Brief

ENDEAVOUR

College of  
Natural Health



**NMDH311**

## Community Public Health Nutrition

### General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Naturopathy)	Core	Year 4	Semester 7
Bachelor of Health Science (Clinical Nutrition)	Core	Year 3	Semester 5
Bachelor of Nutrition	Core	Year 3	Semester 6

EFTSL: 0.125

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: SOCC111 Developing Cultural Competence in Health Care, SOCQ122 Reflective Inquiry in Action, NMDD211 Dietary Planning Across the Lifespan

### Subject overview

This subject introduces students to the central principles and practices of community and public health nutrition and the current and emerging issues in this growing field. Students will develop core public health nutrition competencies for a balanced and effective practice. These will include nutrition monitoring and surveillance, program planning, implementation and evaluation, communication, and advocacy techniques. The topics include key principles, goals and initiatives in public health nutrition, the social and systemic context of food and nutrition related problems the nutrition transition, food security and food sustainability.

Assessments: 2x Written Assignment, Presentation