

Subject Brief



NMDC223

Clinical Nutritional Medicine

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Naturopathy)	Core	Year 3	Semester 6
Bachelor of Health Science (Clinical Nutrition)	Core	Year 2	Semester 4

EFTSL: 0.125

Delivery mode: Livestream

Co-requisites: Nil

Pre-requisites: BIOP212, NMDF212

Subject overview

This subject integrates and consolidates knowledge gained from previous health science and clinical nutrition subjects through an exploration of the nutritional management of various health conditions and individual cases. Students learn to develop nutritional treatment plans that incorporate dietary and lifestyle behaviour modification and nutrient prescribing. They learn to critically evaluate these treatment plans from the perspectives of evidence-based practice and natural medicine principles. Clinical Nutritional Medicine is an essential foundation for clinical practice.

Assessments: Written Assignment, Portfolio Assignment