Subject Brief

ENDEAVOUR College of Natural Health

NATP321

Traditional Naturopathic Practices

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Naturopathy)	Core	Year 3	Semester 6

EFTSL: 0.125

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: HMCL312

Subject overview

This subject introduces students to traditional naturopathic modalities, focussing on flower essences and naturopathic hydrotherapy. The subject provides historical background, philosophical, and theoretical frameworks for the inclusion of these treatment practices in contemporary naturopathy. Students will explore the application of Bach flower essences and Australian Bush Flower Essences in addressing common physical, emotional, and psychological conditions in both acute and chronic treatments. Students will investigate naturopathic hydrotherapy, its effects on physiological processes, and with this understanding, the application of treatment outcomes and timeframes for effect. Also, the necessary equipment and facilities to provide hydrotherapy practice as part of naturopathic practice is covered.

Assessments

- Week 6: Written Assignment
- Week 12: Written Assignment

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