



CMHB411

Chinese Herbal Prescribing 2

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Chinese Medicine)	Core	Year 4	Semester 7

EFTSL: 0.125

Delivery mode:

- Weeks 1-12: Livestream and Online

Co-requisites: Nil

Pre-requisites: CMCM321, CMHB321, CMCP322

Subject overview

Utilising a case-based learning model, this subject enables students to develop skills in prescribing, modifying, and dispensing herbal formulas for individual patients using various administration methods. It introduces new herbal formulas covering categories such as releasing the exterior, purging and draining, warming the interior, clearing heat, moistening dryness, stopping bleeding, astringing, food stagnation, parasites, external sores, and opening the orifices. Students extend their knowledge of previously studied formulas and learn about the new ones' names, ingredients, actions, indications, and modifications based on patient needs. A detailed study of new herbal substances includes their identification, processing, classification, pharmacognosy, and interactions. The subject also explores health research to support evidence-based Chinese herbal medicine practice.