Subject Brief

ENDEAVOUR College of Natural Health

CMHB321

Chinese Herbal Prescribing 1

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Chinese Medicine)	Core	Year 3	Semester 6

EFTSL: 0.125

Delivery mode:

- Weeks 1-12: Livestream
- Week 12: On campus (single day attendance; attendance is mandatory)
- Weeks 1-12: Online

Co-requisites:

Pre-requisites: BIOP311, CMCM311, CMCP312

Subject overview

Utilising a case-based learning model, this subject helps students develop the ability to prescribe, modify, and dispense herbal formulas extemporaneously for individual patients. It introduces new herbal formulas across categories such as tonification, damp and phlegm elimination, Qi and blood regulation, harmonising, and calming the spirit, expanding on previously studied formulas. Students learn about these formulas' names, ingredients, actions, indications, symptoms, signs, precautions, contraindications, interactions, and their construction and modification based on patient needs. The subject also includes a detailed study of new herbal substances, covering their names, identification, processing, classification, actions, and interactions. Students explore health research findings to support evidence-based Chinese herbal medicine practice.

Assessments

- Week 5: Online Quiz
- Week 11: Written Assignment
- Week 12: Practical Assessment (on campus)
- Week 13: Online Quiz

© Endeavour College of Natural Medicine