

# Subject Brief

ENDEAVOUR

College of  
Natural Health



**NMDC121**

## Clinical Practicum I

### General information

Awards	Subject type	Study year	Study Semester
Graduate Diploma in Clinical Nutrition	Core	Year 1	Semester 2

EFTSL: 0.125

Delivery mode: Online and On Campus

Co-requisites: Nil

Pre-requisites: NMDN113 Nutrition and Health Through the Lifespan, NMDN114 Complementary Nutrition, Dietary Assessment and Analysis

### Subject overview

Students apply theoretical knowledge from previously covered subjects to develop clinical skills, including client-centred case-taking, nutritional health assessment, holistic nutritional diagnosis, and nutritional treatment planning, monitoring, and evaluation for diverse clients with acute and chronic conditions. As part of this process, students further refine their clinical competencies through evidence-based research, reflective practice activities, and professional development, while actively contributing to clinic operations. They demonstrate ethical, client-centred care that respects cultural diversity and individual needs. Clinical practice is conducted under the supervision of a qualified trainer or practitioner, who provides direct observation and constructive feedback during consultations. This ensures the highest standards of professional development and client care.

Assessments: Attendance, Placement Plan, Reflective Log, Placement Report, Presentation