



ENDEAVOUR
College of
Natural Health

2025 COURSE BROCHURE

Naturopathy

**Bachelor of Health Science
(Naturopathy)**

endeavour.edu.au

Naturopaths are experts in whole health and wellbeing, and provide evidence based natural healthcare that is effective, safe and meaningful to their clients. Through an in-depth understanding of human bioscience, emotional and social factors, and as prescribers of natural medicine, Naturopaths are able to help prevent disease, provide optimal health and wellbeing and relief of symptoms by treating the whole person and the root causes of disease.

Course Duration

4 years full time
8 years part time

Study Mode

This course is offered in mixed mode, with a combination of online, blended (online + on campus intensive), livestreamed and clinic (on campus) subjects available. See the course structure opposite for details on delivery mode for each subject.

Delivery Modes defined

Our subjects are delivered in a mix of synchronous (live) and asynchronous (not live) modes of learning. These delivery modes are defined as follows:

- **Online** – fully digital structured learning, supported by our expert academics. Asynchronous (not live) delivery; can study this subject at any time during the week within specified delivery periods. Specific due dates still apply to assessment items.
- **On campus** – attend live classes on one of our 6 campuses at specific timetabled times throughout the week. Supported by online study materials.
- **Livestream** – attend live classes **virtually** at specific timetabled times throughout the week. Supported by online study materials.
- **Blended** – a mixture of online content delivery with an on campus intensive (typically 3 – 5 days) at the end of the trimester.

Refer to individual subject information for details on how each subject is delivered.

Intakes

Trimester intakes commence in March, July and October. Additional intakes for some online subjects in May and September.

Entry Requirements

Endeavour College is a direct entry institution.

- Year 12 or equivalent (OP/ATAR score not required)
- Mature age students without year 12 equivalent may be admitted based on demonstrated ability to undertake study at higher education level through relevant work and/or life experience, and/or attempted or completed formal, informal or non-formal study.
- English language proficiency equivalent to a 6.5 IELTS result is required.

Recognition of Prior Learning (RPL)

Students may apply for RPL based on relevant work experience and/or educational history.

Payment Options

- FEE-HELP approved
 - Upfront payment
- Tuition payment arrangements must be confirmed upon admission to the College.

Classes

Classes are taught by experts who are highly trained in their fields and who bring their own clinical experience to help provide context to theoretical and therapeutic subjects.

Practical Classes

To support learning, students attend practical classes on campus during intensives at the end of trimester or during clinical subjects. Practical classes ensure students develop their skills in interviewing techniques, examination and treatment procedures under the supervision of qualified instructors. Classes are conducted with respect for privacy, cultural and religious differences.

Teaching Clinics

Students gain significant clinical experience at Endeavour Wellness Clinics under the supervision of qualified practitioners. In the clinics, students have the opportunity to develop and hone all skills required for professional clinical practice (and to run a successful clinic after graduation), including client assessment and management, client recruitment and continuity of care dispensary management and provide the full spectrum of naturopathic clinical care.

Assessments

Subjects are assessed through written assessments such as essays and reports, online quizzes and exams, and demonstration of practical and clinical skills. Students are fully supported with clear assessment instructions.

Association Recognition

Graduates may apply for membership with the following associations:

- Naturopaths and Herbalists Association of Australia (NHAA)
- Australian Natural Therapists Association (ANTA)
- Australian Traditional Medicine Society (ATMS)
- Australian Naturopathic Practitioners Association (ANPA)

Career Opportunities

Many naturopaths work independently in private practice, setting their own hours and developing and managing their own businesses.

Naturopaths in clinical practice can also choose to work in multidisciplinary clinics with other healthcare providers who share overhead costs, provide mutual support and cross refer patients or clients. While many naturopaths conduct a general practice, others may develop a particular area of interest such as women's health, infertility, complex chronic diseases, cancer support, children's health, autoimmune diseases, environmental medicine, men's medicine, autism spectrum disorder, allergies or digestive disorders.

Naturopaths regularly appear in the media as subject matter experts, write articles for professional journals. Naturopaths also work in natural product companies formulating new products, conducting literature research, performing technical writing and providing product support.

Naturopaths can also pursue post graduate study. Laboratory, clinical and public health areas of research including investigations of plants, effectiveness and safety of naturopathy and the impact of naturopathy on public health are popular areas of interest.

For more information on this area of study explore online at endeavour.edu.au or call **1300 462 887** to speak with an Admissions Adviser.



FEE-HELP Available



Austudy Approved



Part Time or Full Time Study Load

How to apply

- Apply online at apply.endeavour.edu.au
- Phone 1300 462 887 and select "1" to speak with an Admissions team member
- For general course enquires visit endeavour.edu.au/course-enquiry

2025 Full Time Course Structure – 4 Years

Bachelor of Health Science (Naturopathy) BHSc(Nat)

Code	Subject Title	Contact Hrs/Wk	Credit Points	Austudy %	EFTSL	Subject Type	Pre-req	Co-req	Delivery Mode
Semester 1 – 1st Year									
BIOA111	Introduction to Human Biology	3	4	25	0.125	Theory	–	–	Online
NATP112	Naturopathic Philosophy, Principles and Practice	3	4	25	0.125	Theory	–	–	Online
NMDF121	Foundations of Human Nutrition	3	4	25	0.125	Theory	–	–	Online
SOC111	Developing Cultural Competence in Healthcare	3	4	25	0.125	Theory	–	–	Online
Semester 2 – 1st Year									
BIOA122	Systems Physiology	3	4	25	0.125	Theory	BIOA111	–	Online
NMDM121	Medicinal Food Science	3	4	25	0.125	Theory	BIOA111 + NMDF121	–	Online
SOCQ122	Reflective Inquiry in Action	3	4	25	0.125	Theory	–	–	Online
WHMF121	Herbal Botany and Manufacturing	3	4	25	0.125	Theory	BIOA111	–	Online
Semester 3 – 2nd Year									
BIOP212	Clinical Pathophysiology and Pharmacology 1	3	4	25	0.125	Theory/Practical	BIOA122	–	Livestream & On Campus
NMDF212	Nutritional Biochemistry	3	4	25	0.125	Theory	BIOA122 + NMDF121	–	Online
SOCA221	Communication and Counselling in Practice	3	4	25	0.125	Theory	SOC111	–	Online
WHMF221	Herbal Medicine Pharmacology and Pharmacognosy	3	4	25	0.125	Theory	WHMF121	–	Livestream
Semester 4 – 2nd Year									
BIOP221	Clinical Pathophysiology and Pharmacology 2	3	4	25	0.125	Theory/ Practical	BIOP212	–	Livestream & On Campus
HMCL211	Clinical Skills 1	6	4	25	0.125	Theory/ Practical	–	BIOP212 + SOCA221	Livestream & On Campus
NMDD211	Dietary Planning Across the Lifespan	3	4	25	0.125	Theory	NMDF121	–	Online
WHMF222	Herbal Medicine Materia Medica	3	4	25	0.125	Theory	WHMF221	BIOP212	Livestream
Semester 5 – 3rd Year									
BIOP311	Clinical Pathophysiology and Pharmacology 3	3	4	25	0.125	Theory/Practical	BIOP221	–	Livestream & On Campus
BIOD311	Clinical Diagnostic Techniques and Interprofessional Care	3	4	25	0.125	Theory	BIOP221	–	Livestream
HMCL312	Naturopathic Clinical Skills 2	6	4	25	0.125	Theory/Practical	HMCL211	BIOP311	Livestream & On Campus
WHMC313	Clinical Herbal Medicine	3	4	25	0.125	Theory	WHMF222	–	Livestream
Semester 6 – 3rd Year									
NATC321▲	Naturopathic Clinical Practicum 1	8	4	25	0.125	Clinic	BIOD311 + HMCL312 + WHMC313	WHMF321	On Campus
NATP321	Traditional Naturopathic Practices	3	4	25	0.125	Theory	HMCL312	–	Online
NMDC223	Clinical Nutritional Medicine	3	4	25	0.125	Theory	BIOP212 + NMDF212 + NMDM121	–	Online
WHMF321	Advanced Herbal Medicine	3	4	25	0.125	Theory	WHMC313	–	Livestream
Semester 7 – 4th Year									
NATC412▲	Naturopathic Clinical Practicum 2	8	4	25	0.125	Clinic	NATC321	NMDC223	On Campus
NMDH311	Community Public Health Nutrition	3	4	25	0.125	Theory	NMDD211 + SOCC111 + SOCQ122	–	Online
SOCM312	Wellness and Mindfulness Practices	3	4	25	0.125	Theory	–	–	Online
Elective	–	3	4	25	0.125	← As selected →			
Semester 8 – 4th Year									
NATC425A▲	Naturopathic Clinical Practicum 3A	12	6	37.5	0.1875	Clinic	NATC412	NMDH311	On Campus
NATC425B▲	Naturopathic Clinical Practicum 3B	11.5	6	37.5	0.1875	Clinic/Workshop	NATC425A	–	On Campus
SOCE321	Establish and Manage a Practice	3	4	25	0.125	Theory	HMCL211	–	Online
Course Totals			128	4.0					
Elective Options** – Elective options can only be selected as per their Online schedules, and as prerequisite completions allow.									
Elective									
HOMC121	Homeopathic Acute Prescribing	3	4	25	0.125	Theory	HMCL312	–	Online
NMDS112	Sociology of Food	3	4	25	0.125	Theory	–	–	Online
NMDS312	Sports Nutrition	3	4	25	0.125	Theory	NMDF212 + SOCQ122	–	Online

** All electives are not guaranteed to be timetabled every teaching period – consult your timetable for current offerings.

▲ Students are able to study only one clinic subject per timetabled clinic block. Clinics are delivered over 12 week blocks.

Refer to the schedules for specific subject offerings in each teaching period and delivery mode details.

Subject Descriptions

Bachelor of Health Science (Naturopathy) BHSc(Nat)

Code	Subject Title	Description
Semester 1		
BIOA111	Introduction to Human Biology	Introduces concepts of human physiology, anatomy and homeostasis within cells, tissues and systems as well as the concepts relating to chemistry and the biochemical pathways within our cells.
NATP112	Naturopathic Philosophy, Principles and Practice	Introduces the student to the foundations of traditional health and healing, and naturopathic principles and philosophy. Along with this students overview the assessment and treatment planning framework concepts of contemporary naturopathic practice through exploration of case scenarios.
NMDF121	Foundations of Human Nutrition	Establishes the essential bridge between health science and nutritional medicine. Students explore the biological and physiological functions of macro and micro nutrients.
SOCC111	Developing Cultural Competence in Healthcare	Explores the concept of 'cultural competence and safety' and a holistic person-centered approach as essential for working with individuals in a complementary medicine, community-based setting, and within the broader healthcare system.
Semester 2		
BIOA122	Systems Physiology	Develops a deeper understanding of how major body systems function with respect to specific cell, tissue and organ function in the context of the skeletal, muscular, nervous, endocrine, immune, cardiac, respiratory, renal and reproductive systems.
NMDM121	Medicinal Food Science	Explores the therapeutic potential of whole foods through examination of food constituents and potential effects on health outcomes. Contemporary issues relating to growing, storing, processing, preparing and regulating food are discussed, and the impact of external factors on food quality and safety are investigated.
SOCQ122	Reflective Inquiry in Action	Introduces different approaches to reflective inquiry in practice, examines methodologies of research and methodological strengths and weaknesses related to complementary medicine and health sciences.
WHMF121	Herbal Botany and Manufacturing	Introduces the study of plant medicine through an exploration of botany and the preparation of herbal pharmaceuticals in various forms.
Semester 3		
BIOP212	Clinical Pathophysiology and Pharmacology 1	Introduces the study of pathology and disease states and their pharmacological treatment, covering the musculoskeletal, neuromuscular and gastrointestinal systems. It also integrates the clinical examination techniques used in the assessment of physiological systems and relates normal clinical and pathological findings.
NMDF212	Nutritional Biochemistry	Explores the metabolic functional relevance of nutrients and food constituents in the human body. Biochemical pathways, including those of biochemical oxidation, liver detoxification, inflammation and neurotransmitter synthesis are examined with a physiological and nutritional lens.
SOCA221	Communication and Counselling in Practice	Introduces effective accidental counselling techniques and principles to students and practitioners who are not trained counsellors.
WHMF221	Herbal Medicine Pharmacology and Pharmacognosy	Introduces students to the study of pharmacology and pharmacognosy. Through investigation of the major chemical constituents found in plants and the biological influences of those constituents in the human body, students gain a deeper understanding of the properties, actions and therapeutic activities of herbs and their potential for managing different health conditions.
Semester 4		
BIOP221	Clinical Pathophysiology and Pharmacology 2	Continues the study of pathology and disease states, their pharmacological treatment and clinical examination to cover disorders related to the endocrine, reproductive, respiratory, cardiovascular and renal systems.
HMCL211	Clinical Skills 1	Introduces the principles and processes associated with the provision of professional, effective, efficient and safe management of clients in clinical practice.
NMDD211	Dietary Planning Across the Lifespan	The changing nutritional requirements across the human lifespan are examined with reference to common conditions, challenges and disease risks.
WHMF222	Herbal Medicine Materia Medica	Explores the herbs used medicinally in the practice of naturopathy and herbal medicine for the management of clinical cases.
Semester 5		
BIOD311	Clinical Diagnostic Techniques and Interprofessional Care	Equips students with the skills to effectively apply clinical examination and assessment techniques in the differential diagnostic process.
BIOP311	Clinical Pathophysiology and Pharmacology 3	Continues the study of pathology and disease states, their pharmacological treatment and clinical examination to cover disorders related to the lymphatic, haematological, integumentary and neurological systems.
HMCL312	Naturopathic Clinical Skills 2	This subject further develops students' skills in evaluating and managing clients and their presenting health conditions through the processes of case-taking, health assessment, and therapeutic strategy development.
WHMC313	Clinical Herbal Medicine	A specialised subject focused on safe and effective herbal medicine for complex clinical cases.
Semester 6		
NATC321	Naturopathic Clinical Practicum 1	Students commence their clinical practice training in partnership with a senior student practitioner in the Endeavour Wellness Clinic. Clients are treated under the supervision of clinical supervisors.
NATP321	Traditional Naturopathic Practices	Students will explore historical, philosophical and theoretical frameworks for flower essences and naturopathic hydrotherapy treatment usage in contemporary naturopathic practice.
NMDC223	Clinical Nutritional Medicine	Nutritional management of health conditions and development of nutritional treatment plans which incorporate dietary, lifestyle behaviour modification and nutrient prescribing.
WHMF321	Advanced Herbal Medicine	Explores population parameters to guide herbal formulating for complex conditions and cases, from various traditional and cultural perspectives and from the perspective of contemporary clinical practice. Herbal energetics and synergy, as well as herbal research are considered when formulating treatment prescriptions.
Semester 7		
NATC412	Naturopathic Clinical Practicum 2	Students build and apply their naturopathic clinical knowledge and skills through the management of clients in the supervised Endeavour Wellness Clinics.
NMDH311	Community Public Health Nutrition	Introduces students to the central principles and practices of community and public health nutrition and the current and emerging issues in the growing field of public health nutrition. Students develop core public health nutrition competencies for a balanced and effective practice.
SOCM312	Wellness and Mindfulness Practices	This subject will recognise the importance of understanding the full potential of wellness and mindfulness practices, and its application in both self-care practices and the care of others.
Semester 8		
NATC425A	Naturopathic Clinical Practicum 3A	These final clinical practicum subjects provide students with the opportunity to demonstrate rational clinical decision making and application of knowledge gained throughout the course. A weekly naturopathic therapeutic workshop in NATC425B focuses on critical discussion of cases and development of evidence-informed naturopathic strategies for managing them.
NATC425B	Naturopathic Clinical Practicum 3B	
SOCE321	Establish and Manage a Practice	Develop skills to establish a health practice and manage/operate the clinic. Business strategies, ethics, privacy and relevant legislative requirements.
Elective Options – Elective options can only be selected as per their Semester and Online schedules, and as prerequisite completions allow		
HOMC121	Homeopathic Acute Prescribing	Develops the ability to prescribe homeopathic medicines in the management of common acute and first aid conditions.
NMDS112	Sociology of Food	Introduces students to the social determinants of health and draws awareness to the complex influences upon food choices and dietary behaviours. Enhances social and cultural competency to better meet diverse nutritional needs in client settings.
NMDS312	Sports Nutrition	Introduces students to the specific nutritional requirements for athletes with emphasis placed on the practical application of sports nutrition guidelines and practices. Students explore current and emerging sports nutrition dietary information and apply this to programs for optimal nutritional health and populations of athletes.

Endeavour College reserves the right to vary the frequency, availability and scheduling of online subject offerings depending on demand and professional body requirements. Students should gain advice from relevant professional bodies as to the acceptable amount of online learning that may be undertaken to obtain association recognition. Policies and procedures relating to study with the College are available online.