# Subject Brief



#### **CMPR111**

#### **Chinese Medicine Foundations**

### **General information**

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Chinese Medicine)	Core	Year 1	Semester 1
Bachelor of Health Science (Acupuncture Therapies)	Core	Year 1	Semester 1
Bachelor of Complementary Medicine	Elective	Year 2	
Diploma of Health Science (Chinese Remedial Massage)	Core	Year 1	Semester 1

EFTSL: 0.125

Delivery mode: Livestream and Online

Co-requisites: Nil

Pre-requisites: Nil

## **Subject overview**

This subject introduces students to the foundational theories, history, development, and terminology of Chinese medicine. Students develop an understanding of foundational Chinese medical theories, including yin yang, five elements (wu xing), the internal organs (zang xiang), the vital substances (qi, xue, jin-ye, jing, shen,), and the Chinese view of health enhancement (yang sheng). Students will identify key historical figures, publications, philosophies, and principles that have influenced the practice of Chinese medicine. Students will develop familiarity with Chinese medical terminology, including pinyin and the use of a Chinese-English dictionary. This subject orients students to the Chinese medicine profession, including its position within the contemporary global healthcare landscape, the status of its evidence basis, and the regulatory framework of Australian practice