

Subject Brief

ENDEAVOUR

College of
Natural Health



NMDA321

Nutritional Research

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Nutrition	Core	Year 3	Semester 5

EFTSL: 0.125

Delivery mode: Online

Co-requisites: Nil

Pre-requisites: BIOP213 Pathophysiology and Pharmacology, NMDI221 Diet and Disease

Subject overview

This subject builds upon all prior nutrition subjects and expands the student's knowledge of emerging and advanced nutritional physiology concepts and understandings. The subject draws on the student's existing knowledge of physiology, nutritional biochemistry, pathophysiology, social sciences, and public health. It expands on this knowledge both through exploration of current nutrition science and mechanistic research. Students will use research and their research literacy skills to make sound, evidenced-based decisions for management and prevention of disease for individuals and communities. Students will review the evidence of dietary approaches, foods, nutraceutical, and phytochemical research associated with improvement of physiological mechanisms that underlie abnormal functioning of the human body and disease processes.

Assessments: 2x Written Assignment, Presentation