Subject Brief

ENDEAVOUR College of Natural Health

NMDC121

Clinical Practicum I

General information

Awards	Subject type	Study year	Study Semester
Graduate Diploma in Clinical Nutrition	Core	Year 1	Semester 2

EFTSL: 0.125

Delivery Mode:

- Week 1-12: Online
- Weeks 1-7: On campus (One day per week; 100% attendance required)
- Week 8: On campus (One and a half day per week; 100% attendance required)
- Weeks 9-12: On campus (One day per week; 100% attendance required)

Co-requisites: Nil

Pre-requisites: NMDN114

Note: Students are strongly advised to have completed or be currently enrolled in NMDN111, NMDN112, and NMDN113 before enrolling in NMDC121.

Subject overview

Students apply theoretical knowledge from previously covered subjects to develop clinical skills, including client-centred case-taking, nutritional health assessment, holistic nutritional diagnosis, and nutritional treatment planning, monitoring, and evaluation for diverse clients with acute and chronic conditions. As part of this process, students further refine their clinical competencies through evidence-based research, reflective practice activities, and professional development, while actively contributing to clinic operations. They demonstrate ethical, client-centred care that respects cultural diversity and individual needs. Clinical practice is conducted under the supervision of a qualified trainer or practitioner, who provides direct observation and constructive feedback during consultations. This ensures the highest standards of professional development and client care.

Assessments: Attendance, Reflective Log, Presentation

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