Subject Brief



WHMF321

Advanced Herbal Medicine

General information

Awards	Subject type	Study year	Study Semester
Bachelor of Health Science (Naturopathy)	Core	Year 3	Semester 6

EFTSL: 0.125

Delivery mode: Livestream

Co-requisites: Nil

Pre-requisites: WHMC313

Subject overview

This subject deepens students' grasp of evidence-based herbal medicine practice, incorporating life stage considerations and complex multi-system conditions for comprehensive client care. Using real-life cases, students blend traditional and modern knowledge to create holistic, personalised treatment plans, refining their understanding of herbal medicine delivery intricacies including herbal energetics, synergy, and optimised dosing. Students will also hone their skills in the justification of treatment decisions based on naturopathic principles, supported by both traditional and scientific rationalisation.