

Thursday - 09 June 2022 (Day 0)			
Start	Finish	Duration	Activity
17:00	17:30	0:30	Team Managers Meeting
18:00	20:00	2:00	Riders' Confirmation

Friday - 10 June 2022 (Day 1)			
Start	Finish	Duration	Activity
10:00	11:00	1:00	Press Conference (6 athletes)
11:00	12:25	1:25	Men U23 Practice - Group A
12:30	13:55	1:25	Men U23 Practice - Group B
14:00	15:25	1:25	Women Practice
15:30	16:55	1:25	Men Elite Practice

Saturday - 11 June 2022 (Day 2)			
Start	Finish	Duration	Activity
9:00	9:25	0:25	Men U23 Practice - Group B
9:25	9:50	0:25	Men U23 Practice - Group A
9:55	10:20	0:25	Women Practice
10:25	10:50	0:25	Men Elite Practice
10:50	11:00	0:10	Break
11:00	11:32	0:32	Men U23 Round 1
11:32	11:54	0:22	Men Elite Round 1
11:54	12:06	0:12	Women U23 Round 1
12:06	12:14	0:08	Women Elite Round 1
12:14	12:32	0:18	Men U23 Last Chance
12:32	12:47	0:15	Men Elite Last Chance
12:47	12:55	0:08	Women U23 Last Chance
12:55	12:59	0:04	Women Elite Last Chance
12:59	13:19	0:20	Men U23 Sixteenth Final
13:19	13:24	0:05	End of Phase / Break
13:24	13:39	0:15	Men Elite Eighth Final
13:39	13:54	0:15	Men U23 Eighth Final
13:54	14:20	0:26	End of Phase / Break
14:20	14:25	0:05	Men Introduction (3 x Men rider introductions)**
14:25	14:35	0:10	Men Warm Up**
14:35	14:40	0:05	Women Introduction (3 x Women rider introductions)**
14:40	14:50	0:10	Women Warm Up**
			**These sessions are available if time allows.
14:50	15:00	0:10	Break
15:00	15:10	0:10	Women U23 Quarter Final
15:10	15:20	0:10	Men U23 Quarter Final
15:20	15:30	0:10	Women Elite Quarter Final
15:30	15:40	0:10	Men Elite Quarter Final
15:40	15:48	0:08	Women U23 Semi Final
15:48	15:56	0:08	Men U23 Semi Final
15:56	16:04	0:08	Women Elite Semi Final
16:04	16:12	0:08	Men Elite Semi Final
16:12	16:20	0:08	Women U23 Final
16:20	16:28	0:08	Men U23 Final
16:28	16:36	0:08	Women Elite Final
16:36	16:44	0:08	Men Elite Final
16:44	17:00	0:16	End of Phase
17:00	17:20	0:20	Podium

Sunday - 12 June 2022 (Day 3)			
Start	Finish	Duration	Activity
9:00	9:25	0:25	Men U23 Practice - Group B
9:25	9:50	0:25	Men U23 Practice - Group A
9:55	10:20	0:25	Women Practice
10:25	10:50	0:25	Men Elite Practice
10:50	11:00	0:10	Break
11:00	11:32	0:32	Men U23 Round 1
11:32	11:54	0:22	Men Elite Round 1
11:54	12:06	0:12	Women U23 Round 1
12:06	12:14	0:08	Women Elite Round 1
12:14	12:32	0:18	Men U23 Last Chance
12:32	12:47	0:15	Men Elite Last Chance
12:47	12:55	0:08	Women U23 Last Chance
12:55	12:59	0:04	Women Elite Last Chance
12:59	13:19	0:20	Men U23 Sixteenth Final
13:19	13:24	0:05	End of Phase / Break
13:24	13:39	0:15	Men Elite Eighth Final
13:39	13:54	0:15	Men U23 Eighth Final
13:54	14:20	0:26	End of Phase / Break
14:20	14:25	0:05	Men Introduction (3 x Men rider introductions)**
14:25	14:35	0:10	Men Warm Up**
14:35	14:40	0:05	Women Introduction (3 x Women rider introductions)**
14:40	14:50	0:10	Women Warm Up**
			**These sessions are available if time allows.
14:50	15:00	0:10	Break
15:00	15:10	0:10	Women U23 Quarter Final
15:10	15:20	0:10	Men U23 Quarter Final
15:20	15:30	0:10	Women Elite Quarter Final
15:30	15:40	0:10	Men Elite Quarter Final
15:40	15:48	0:08	Women U23 Semi Final
15:48	15:56	0:08	Men U23 Semi Final
15:56	16:04	0:08	Women Elite Semi Final
16:04	16:12	0:08	Men Elite Semi Final
16:12	16:20	0:08	Women U23 Final
16:20	16:28	0:08	Men U23 Final
16:28	16:36	0:08	Women Elite Final
16:36	16:44	0:08	Men Elite Final
16:44	17:00	0:16	End of Phase
17:00	17:20	0:20	Podium