UCI Solidarity Programme 2024 - Guidelines

1. INTRODUCTION

ABOUT THE UCI SOLIDARITY PROGRAMME

The global and unified development of cycling is at the core of the UCI's strategy, which is achieved by supporting emerging cycling nations and promoting the sport to increase its popularity worldwide.

Back in 2018, the UCI Solidarity Programme was created to support Continental Confederations and National Federations in the development of cycling in their respective regions and countries, within a structured, sustainable and progressive framework.

To better target the National Federations who are deemed to be in need of UCI Solidarity Programme support, prioritisation is done using the UCI's National Federations Classification. The National Federations are classified according to their needs: categories 1 and 2 are the most economically well-off, while categories 3 and 4 are Federations with emerging cycling activities and in greatest need of support. Out of the 203 members, 75% are classified as category 3 or 4 and these are the National Federations to which the UCI Solidarity Programme provides support.

In line with Agenda 2030, the UCI Solidarity Programme provides aid to category 3 and 4 National Federations thanks to, among others, the funding of training courses and donation of equipment.

To deliver on this development initiative, the UCI World Cycling Centre (WCC) represents a central tool in the UCI's solidarity strategy.

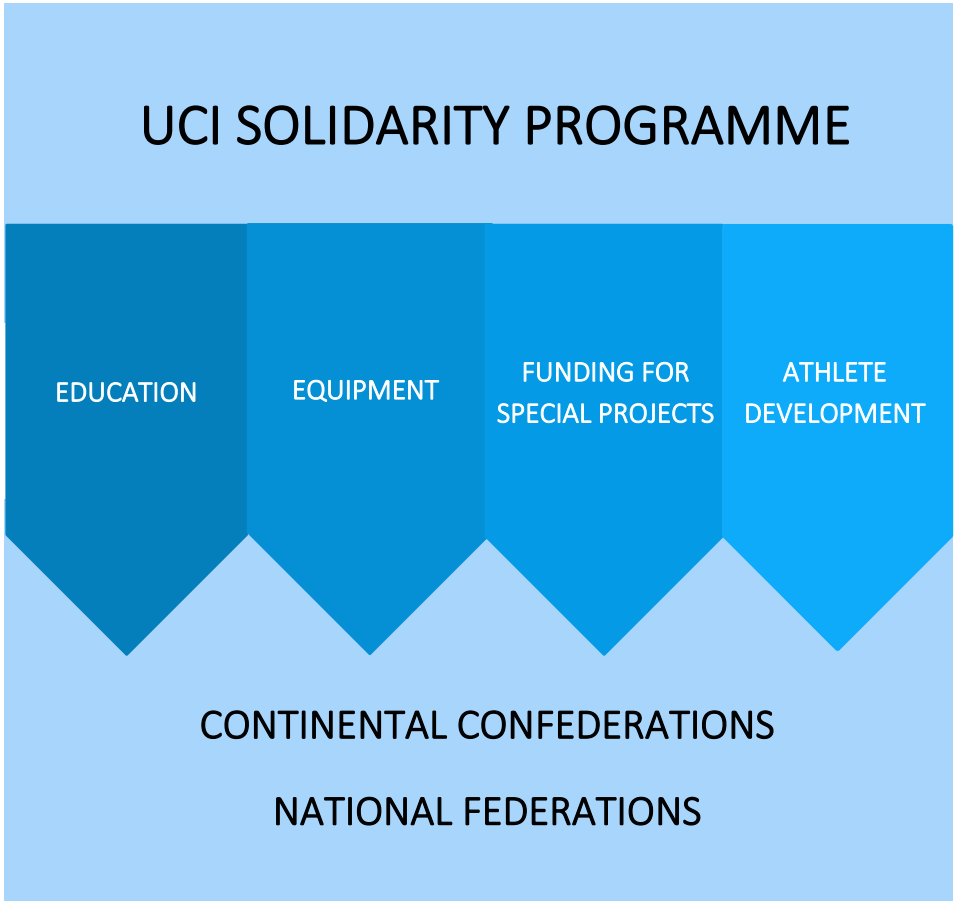
ABOUT THE UNION CYCLISTE INTERNATIONALE (UCI)

Founded in 1900 in Paris (France), the Union Cycliste Internationale (UCI) is the worldwide governing body for cycling. It develops and oversees cycling in all its forms, for all people: as a competitive sport, a healthy recreational activity, a means of transport, and also just for fun.

The UCI manages and promotes the ten cycling disciplines: road, track, mountain bike, BMX Racing, BMX Freestyle, cyclo-cross, trials, indoor cycling, cycling esports and gravel. Five of these are featured on the Olympic Games programme (road, track, mountain bike, BMX Racing and BMX Freestyle), two in the Paralympic Games (road and track) and four in the Youth Olympic Games (road, mountain bike, BMX Racing and BMX Freestyle).

2. FOUR PATHWAYS TO SUPPORT CONTINENTAL CONFEDERATIONS AND NATIONAL FEDERATIONS

The four key areas of the UCI Solidarity Programme – Education, Equipment, Funding for Special Projects and Athlete Development - function autonomously but also complement one another. These four pathways cover the key objectives to enable the development of cycling within the Continental Confederations and National Federations. These entities can benefit from the sporting, technical and financial resources available, which, in turn, will provide support to their riders and other stakeholders, as well as increase their autonomy and independence as a structure.



2.1 EDUCATION

Above all, proper education is paramount to the growth of any National Federation. The Education Pathway is divided into three areas:

A. Coaching courses (offered by the UCI World Cycling Centre)
   - Without adequate coach education, National Federations who may receive Athlete Development support for some of their athletes will not be able to capitalise on this support with coaches who can properly continue to develop these athletes.

B. Mechanics course
   - The same logic holds true for National Federations who receive bicycles and equipment. Bikes and equipment received will have a notably shorter life span if there are no mechanics who have the proper skills to keep equipment and bicycles rolling.

C. Commissaire courses
   - Holding safe and fair cycling events is essential to the development of athletes, coaches and mechanics. Therefore, it behoves a National Federation to ensure that there are enough well-trained commissaires who can ensure that events are well run.

In essence, the UCI wants to ensure that any application coming from either Continental Confederations or National Federations has a clear strategy that aims at educating their cycling community in the aforementioned areas.

Be that as it may, to ensure proper assimilation of taught educational material and concepts, a National Federation can apply for one education project per year, which can encompass coaching, mechanics, or commissaire courses, or any combination of these areas.

However, while these educational opportunities are offered via the UCI Solidarity Programme, free educational materials and courses related to the UCI's Cycling Integrity Programme, can be found in Annex A of this guideline document.

A. Coaching Courses

Description	Specificities	Local arrangements and funding
UCI Level 1 Coaching Course (online): Level entry qualification for coaches, which focuses on the foundations of coaching. The knowledge that is gained on this course is fundamental to ensuring coaching is appropriate for the riders and for each cycling discipline. Coaches will learn the fundamentals of technique consistent across all cycling activities and how to deliver effective coached sessions.	**Number of participants:** 20 **Duration:** 30 days A stable internet connection is essential for a smooth course experience.	**The National Federation / Continental Confederation is responsible for the following arrangements:** • Sending correct candidate's information details to the UCI WCC at formation@uci.ch **The UCI WCC is responsible for:** • Follow-up of the candidates' progress in the coaching course
UCI Level 2 Coaching Course (in person): Next level in a coach's development, this course focuses on the components required to assist a rider when training for more advanced performance. Coaches will be equipped with the skills and knowledge required to progress riders in a specific cycling discipline.	**Number of participants:** min. 10 max. 15 **Duration:** 5 days **Preparation time:** min. 2 months in advance **Pre-requisite:** completion of the UCI Level 1 Coaching Course	**The National Federation / Continental Confederation is responsible for the following arrangements:** • Sending correct candidate's information details to the UCI WCC at formation@uci.ch • Accommodation, housing and meals of the participants (if required) and UCI WCC expert. • Transport of the participants and of the UCI WCC expert throughout the training course. • Interpreter for translation (if needed). • 1 meeting room with projector or screen as well as an internet connection. • Practical component for the training; a suitable venue for the pre-selected cycling discipline. **The UCI WCC is responsible for:** • Follow-up of the candidates' progress in the coaching course. • Coaching course contents. • UCI WCC expert to deliver the course. The cost of the daily rate for the UCI expert is part of the solidarity budget allocation.

UCI Level 3 Coaching Course (in person): The level 3 is aimed at experienced coaches who will be working either with their National Team or with National and International level riders. **Via the Continental Confederation, three participants to attend a course at the UCI WCC.**	**Duration:** 25 days	**The candidate is responsible for the following arrangements:** • Flight ticket • Appointment to the embassy for the visa (if applicable) **The UCI WCC is responsible for the following arrangements:** • Accommodation • Meals • Invitation for Visa application
CAS in Cycling Coaching (presential and online): The Certificate of Advanced Studies (CAS) in Sport Cycling Coaching is a unique 4-month part-time international continuing education program in cycling coaching, which combines academic theory and practical application. In collaboration with Lausanne university (UNIL) launched in 2022.	**Duration:** 15 days **Pre-requisite:** completion of the UCI Level 3 Coaching Course or a Sport Sciences University degree.	**The candidate is responsible for the following arrangements:** • Flight ticket • Appointment to the embassy for the visa (if applicable) **The UCI WCC is responsible for the following arrangements:** • Accommodation • Meals • Invitation for Visa application

B. Mechanics Courses

Description	Specificities	Local arrangements and funding [1]
UCI Level 1 Mechanics Course (online): Level entry qualification for mechanics which focuses on the foundations of mechanics. The knowledge gained on this course is fundamental to ensure that maintenance of the bikes and repairs are successful.	*Online course:* **Number of participants:** 20 **Duration:** 30 days A stable internet connection is essential for a smooth course experience.	**The National Federation is responsible for the following arrangements:** • Sending correct candidate's information details to the UCI-WCC at formation@uci.ch **The UCI WCC is responsible for:** • Follow-up of the candidates
UCI Level 2 Mechanics Course (in person): Level 2 also could be in collaboration with WCC. This level takes place at the UCI WCC in Aigle, Switzerland. **Via the Continental Confederation, three participants attending the course at the UCI WCC.**	**Duration:** 2 weeks	**The candidate is responsible for the following arrangements:** • Flight ticket • Appointment to the embassy for the visa (if applicable) **The UCI-WCC is responsible for the following arrangements:** • Accommodation • Meals • Invitation for Visa application

C. Commissaire Courses

Description	Specificities	Local arrangements and funding [1]
Basic Level National Commissaire Course Following the UCI regulations article 1.1.051, the title of National Commissaire shall be conferred by the National Federation competent to issue his/her license. The UCI has created training courses to support National Federations in development of National Commissaires in multiple disciplines. The following formats can be proposed: - **Asynchronous online learning courses (road, track, paracycling disciplines). More information available on: https://ilearn.uci.ch/course/index.php?categoryid=4;** - In-person National Commissaire training in conjunction with international competitions. This format would allow to combine theoretical and practical trainings.	**Number of participants:** min. 10 max 20 **Duration:** up to 30 hours for online course and up to 3 days for in-person course. **Preparation time:** min. 3 months in advance for in-person course. In case the course is scheduled in conjunction with international event, the appointment of UCI tutor must be planed 6 months in advance. A stable internet connection is essential for a smooth online course experience.	**The National Federation is responsible for the following arrangements regarding in-person trainings:** • Accommodation, housing and meals of the participants (if required) and UCI commissaire tutor. • Transport of the participants and of the UCI tutor throughout the training course. • Interpreter for the translation (if needed). • 1 functional room with overhead projector, internet connection, black/whiteboard, flipcharts. • **Practical component: Bicycle (ideally set up for a Time Trial event) and measuring jig (new UCI jig ideally).** • **Optional: second tutor/instructor** **UCI Solidarity Programme contribution:** - Full access to the online trainings. - **UCI Instructor fee for in-person trainings**
Elite National Commissaire (ENC) Annual in-person Elite National Commissaire courses will be organised by the UCI in cooperation with Continental Confederations (road, track, mtb and bmx-racing disciplines). A group of talented commissaires, who have already obtained Elite National Commissaire status, will be identified. The objective is to provide an opportunity to gain additional	**Participation conditions:** As per UCI regulations, article 1.1.052 bis, to be able to be admitted to the selection procedure to become Elite National Commissaire, the concerned	From 2020, ENC training will be organised regionally in collaboration with the Continental Confederations. National Federations will be invited to submit their candidates during the application procedure.

[1] Detailed budget with pro-forma invoices must be submitted to the UCI together with the UCI Solidarity Form duly filled in.

practical experience during international competitions abroad. This would be part of their continuing professional development in preparation for the UCI International Commissaire courses.	person has to meet the following conditions: - be a national commissaire license holder of a UCI affiliated National Federation; - be proposed by that National Federation; - have a command of the course language (French, English or Spanish). Additional selection criteria might be introduced before the course. **Duration:** 4 days **Preparation time:** min. 3 months in advance	

International Commissaire Course (IC) The schedule of International Commissaire training courses will be communicated and published in the UCI Newsletter allowing National Federations and its potential candidates to plan their training in advance.	**Participation conditions:** As per UCI regulations, article 1.1.054, to be able to be admitted to the selection procedure to become UCI international commissaire, the concerned person has to meet the following conditions: 1. be a national, respectively an elite national commissaire license holder of a UCI affiliated National Federation; 2. be proposed by that National Federation. This federation is required to submit an application signed by its President or a person delegated by its President which shall include the following documentation: - a copy of an official identity document (passport, etc.) showing that the person - is aged between 25 and 50 years in the year of his selection by the UCI; - for the disciplines of road, track, mountain bike and BMX Racing: qualification of Elite National Commissaire; - evidence that he has served actively as a national respectively elite national commissaire in the two years preceding the selection;	Course organised by the UCI, mostly in Aigle (Switzerland). Participants responsible for their traveling, accommodation, and meals. During the practical assessments participants should pay their own traveling to the competition venue. The UCI Solidarity program will offer to cover full or part of the given costs to the course participants, once they have been identified.

	3. have an excellent knowledge of the UCI regulations. 4. have a command of the official course language, which will be one of the two official UCI languages (French or English). The final selection of candidates is decided by the UCI based on the needs, the files received, the places available. Additional criteria might be established specifically for the course. **Duration:** International Commissaires course up to 7 days and practical assessment during international competition. **Preparation time:** min. 3 months in advance	

2.2 EQUIPMENT

The Equipment Pathway provides cycling equipment to Continental Confederations and National Federations via the UCI World Cycling Centre. A Continental Confederation and National Federation may make up to two requests per 4-year mandate and **by type of equipment**.

Description	Specificities
The UCI will provide cycling equipment via the UCI WCC to support and develop national elite athletes. Entry level equipment can also be requested. Clear objectives for the use of this equipment, criteria for distribution, ownership and contribution in terms of legacy of equipment supplied must be described in the request form.	**Type of equipment:** • Bike equipment for elite cycling training (TT, BMX, road, track): **max 8 bikes per National Federation** • Entry level equipment: **max 10 bikes per National Federation** • Para-cycling: **granted upon study of the request received** • Not eligible for funding request: dernys, timing systems, start gates and other type of equipment. **Costs:** Equipment is sent by the UCI WCC and shipping costs are covered by the UCI Solidarity Funds. However, customs release fees and taxes, if they apply, are to be paid by the National Federation. **Disclaimer:** The UCI WCC cannot guarantee that all sizes and types of equipment will be in stock.

2.3 STARTER PACK BUNDLE

National Federations that are starting their development journey will have the possibility to apply for the UCI Solidarity Programme through a starter pack bundle. The starter pack bundle will include Level 1 courses for Coaches, Mechanics and Commissaires plus entry level equipment.

As described above, the combination of education and equipment is a key factor for the development of cycling in an emerging cycling Federation.
By combining education and equipment, the Starter Pack Bundle aims at tackling the needs of many National Federations that currently do not have enough qualified personnel to kick-start their cycling development objectives.

Please note that, if a National Federation was awarded an equipment solidarity project in 2023, this Federation can still apply for the starter pack bundle, but the request will only be considered for the education part (Level 1 courses) and not for the equipment part.

2.4 FUNDING FOR SPECIAL PROJECTS

For the Continental Confederations, funding will be granted upon evaluation of the project submitted.

For the National Federations, funding will be granted upon evaluation of the project submitted and should cover one of the following themes: Women's Cycling, Cycling for All, Sustainability or Para-cycling. Special projects could benefit from a UCI Solidarity Programme contribution of up to EUR 6,000.

A detailed budget of the special project will have to be provided as part of the application. The detailed budget will need to include the UCI Solidarity contribution as well as any other contribution coming from project partners.

Women's Cycling

For projects pertaining to the development of Women's Cycling, the project submitted should be elaborated on the basis of the UCI Women in Cycling Best Practice Guide published on the UCI website.

Cycling for All

For projects concerning Cycling for All, and more specifically related to youth, the submitted project should be elaborated on the basis of the UCI Children's Cycling Education Programmes Toolkit if the wish is to develop a strategy enabling children to learn to ride safely.

The Cycling For All Side Events UCI Toolkit For Event Organisers should be used as a basis for the elaboration of the project submitted to promote cycling in all forms by engaging spectators, families and the general public as active participants in a Cycling for All activity linked to an event such as a National Cycling Championship.

We encourage National Federations who are planning Cycling for All projects to contact the UCI Cycling for All team (cyclingforall@uci.ch) to obtain further guidance and support in the delivery of their projects.

Sustainability

Further to the launch of the UCI's sustainability strategy in 2021, and its key objectives to reduce the carbon footprint of the sport of cycling whilst promoting the bicycle as a key solution to combat climate change, the UCI will provide support to National Federations developing their own sustainability action plans. The UCI Sustainability Guidelines should serve as preliminary reading before the development of specific strategies, whilst the UCI's new climate action training programme will provide additional support to all National Federations looking to implement sustainability measures within their organisation. We encourage Federations to contact the UCI (cyclingforall@uci.ch) before developing such projects.

Para-cycling

For projects linked to para-cycling, National Federations should contact the UCI (internationalrelations@uci.ch) for guidance and expertise on the elaboration of their project.

2.5 ATHLETE DEVELOPMENT

Through the UCI World Cycling Centre Satellite network, National Federations have the option to request funding for selected athletes to participate in training camps at one of the network's Satellite locations.

In exceptional cases, if a National Federation has nurtured a promising athlete whom they believe could benefit from training at the World Cycling Centre in Aigle, they can apply for financial support to facilitate their athlete's participation in the WCC program. However, similar to any request for athlete funding for Satellite training camps, the UCI World Cycling Centre coaches will assess all applications to ensure that the athletes are adequately prepared to participate in the camps or the World Cycling Centre programs.

In evaluating Athlete Development requests, the UCI will consider whether the National Federation has coaches with the necessary education and training to provide optimal support for any athletes funded to attend Satellite training camps or the World Cycling Centre program.

Description	Specificities	Local arrangements and funding
Athletes training at UCI WCC Satellites The WCC has five satellites throughout the world (South Africa, Korea, Japan, India, Portugal and Argentina). Each of these satellites selects and trains athletes from the National Federations it serves. This process aims at the long-term development of athletes, some of whom may be selected for high-level training at the UCI WCC in Switzerland.	**Participation conditions:** To benefit from this, National Federations must prove that they have at least one certified coach in level 1.	Average cost of hosting an athlete at a UCI WCC Satellite is to be discussed with the concerned satellite.
Athlete high-level training at UCI WCC in Aigle (SUI) The UCI operates a training and development strategy at the UCI World Cycling Centre (WCC) in Aigle, Switzerland. The UCI WCC – a training centre recognised by the International Olympic Committee – welcomes young talents, spotted in their own country as having the aptitude for high level training. The UCI WCC training programmes develop the potential of each athlete so he or she can compete in the most prestigious events such as UCI World Cups, UCI World Championships and the Olympic Games. Courses exist for the four Olympic disciplines - road, track, mountain bike and BMX. Permanent training groups are Road, Track, Mountain Bike and BMX. Short courses are offered for other disciplines such as Para-cycling, Cyclo-cross and BMX Freestyle.	**Participation conditions:** All applications will be reviewed by the UCI WCC. The UCI WCC reserves the right not to select an athlete if he/she does not have the required minimum level. The athlete could eventually be redirected to train at a UCI WCC Satellite. To benefit from this, National Federations must prove that they have at least one certified coach in level 2.	The average cost of an athlete receiving high level training at the WCC is CHF 300 per day of training, i.e. CHF 9,000 per month. This cost per athlete includes: accommodation, meals, supervision, equipment, infrastructures, medical monitoring, insurance, travel and accommodation expenses for competitions, licences and other administrative costs.

3. UCI SOLIDARITY PROGRAMME APPLICATION PROCESS

3.1 APPLICATION FORMS

For all four pathways, Continental Confederations and National Federations must complete the UCI Solidarity Online Application Form.

Please ensure that the forms are carefully and comprehensively completed and that **all** the information requested is submitted. If the form is incomplete, the project may not be submitted for assessment and subsequent approval. The National Federation's Development Programme and/or Strategy must also be enclosed alongside the application.

3.2 2024 APPLICATION DEADLINES

The period to apply for the UCI Solidarity Programme is **8 September – 31 October 2023, for projects implemented in 2024.**

3.3 APPLICATION REVIEW AND TIMELINE

Once an application has been received, it will be assessed by the relevant departments at the UCI and UCI World Cycling Centre. The Continental Confederations and National Federations will be contacted directly, should any further details or clarifications be required.

The projects will be presented at the UCI Presidents' Conference before being approved by the UCI Management Committee. Projects will be assessed and approved by the UCI Management Committee **by the end of February 2024.**

The final UCI Management Committee decision will be communicated to the Continental Confederations and National Federations by way of an official letter of approval. The UCI International Relations Department works in conjunction with the UCI World Cycling Centre and the UCI's administrative services to ensure the projects are delivered by 31 December 2024.

3.4 PROJECT EVALUATION

Continental Confederations and National Federations are required to provide regular updates on the implementation of the project as well as return the ' 'Activity Report' form ' form once the UCI Solidarity project has been delivered.

Should these updates and the ' 'Activity Report' form not be submitted, the UCI reserves the right to not accept project applications for the following two periods of the UCI Solidarity Programme.

3.5 ELIGIBILITY CRITERIA

Debt

In order to apply for the UCI Solidarity Programme, the National Federation should not owe any debt to the UCI or any of its partners. If this is the case, its application will not be considered.

Development Strategy

A development strategy for a National Federation is a comprehensive plan outlining goals, initiatives, and actions to promote the growth and advancement of cycling at all levels within a country, encompassing areas such as athlete development, education, grassroots participation, and competitive success

Any UCI Solidarity Project will need to be inscribed in the framework of a National Federation Development Strategy. Each UCI Solidarity project application will need to specify how the project fits into the NF Development Strategy.

Partnerships

With the aim of delivering more powerful and significant UCI Solidarity projects, any Education or Special Funding project requested must have the support and involvement of another entity, namely, government and/or local authorities, National Olympic Committee, and if possible, sponsors or other partners.

For the project to be put forward for approval before the UCI Management Committee, proof of the partnership will be requested.

Evaluation

To benefit from the UCI Solidarity Programme, National Federations must provide a full evaluation report to the UCI for the UCI Solidarity project funded for the year 2023.

Please contact the UCI International Relations Department at solidarity@uci.ch, for any further information on this matter.

3.6 TERMS AND CONDITIONS OF THE UCI SOLIDARITY PROGRAMME

Timeline for delivery and implementation

Depending on its parameters and nature, if the project is confirmed, it should be implemented by 31 December 2024.

No modifications to the approved projects will be granted.

Should a project be cancelled or modified within a month of the planned start, all costs incurred for its organisation shall be deducted from the contribution approved.

Activity report

A comprehensive activity report of the project should be submitted here within a month of the project being completed. This report should include a full description of the project, its implementation, lessons learned, legacy and conclusion. The evaluation should be supported by photographs and other noteworthy items, such as press clippings, social media activity, case studies, etc. Should this not be received within the deadline, the National Federation will not be able to apply for the next period of the UCI Solidarity Programme.

Please contact the International Relations Department at solidarity@uci.ch, for any further information on this matter.

4. USEFUL RESOURCES

Please consult the National Federations' Extranet for all information regarding the UCI Solidarity Programme, including this guide. The online application form is available here.

The National Federations' Classification and Financial Obligations are available on the UCI website.

Please consult the UCI website as it constitutes and excellent source of information for Continental Confederations and National Federations.

5. CHECKLIST

Application deadline

☐ 31 October 2023 at the latest.

Application form

☐ Apply via the UCI Solidarity Programme online application form only, which is accessible here

Supporting documents:

☐ The National Federation's development strategy.
☐ Proof of partnership.
☐ Detailed budget.

ANNEX A

CYCLING INTEGRITY

As the world governing body for cycling, the UCI is committed to encouraging, promoting, strengthening, and safeguarding the integrity of our sport, stakeholders and competitions.

The objectives of the UCI Cycling Integrity programme hinge on three pillars: clean cycling, safe cycling and fair cycling, each of which comprise a preventive or risk-limiting component as well as a responsive component for reporting and dealing with problems that arise.

The UCI strongly encourages the National Federations to lead by example on those three pillars.

ANTI-DOPING

As a signatory of the World Anti-Doping Code, the UCI takes its responsibility under the Code with the utmost seriousness and believes that it leads the way in the protection of clean athletes.

One of the key responsibilities of the UCI is to ensure an effective and efficient Anti-Doping Program to stay at the forefront of the fight against doping.

Needless to say, education is a key element to the effective fight against doping in cycling as it helps its stakeholders understanding the challenges and risks associated to doping, preventing any potential unfortunate situations and thus keeping cycling clean.

In view of this, it is crucial to understand that each member of the cycling community has a role to play, and that National Federations are one of the most important pieces of this puzzle.

Education

The UCI strongly encourages the National Federations to implement education and prevention programs for doping-free sport. Such Programs will undoubtedly have a positive and long-term influence on the choices made by all your members, in particular by the athletes and their entourage.

To support the National Federations in their efforts for clean sport, several tools are available under the UCI website's Anti-Doping Section. Under this section, the National Federations will find general information and education materials enabling your members to gain/improve their knowledge on Anti-Doping.

Furthermore, the UCI also strongly recommend you to refer your members to the WADA's online Anti-doping Education and Learning platform (ADEL) launched by the World Anti-Doping Agency (WADA), a platform enables anyone to assimilate the basic notions of anti-doping and to improve or strengthen their anti-doping capabilities. Modern, easy to navigate and available in several languages, the platform's mission is to meet the Anti-Doping educational needs for all athletes, coaches, medical personnel and, more in general, all stakeholders.

SAFEGUARDING / PREVENTION OF HARASSMENT AND ABUSE

It is essential that each member of the cycling family feel respected as they ride, work and develop within our sport. The UCI is committed to keeping cycling safe for all, and providing a respectful, equitable environment, free from all forms of harassment and abuse

Safeguarding procedures

The UCI strongly encourages the National Federations to take measures to both prevent and respond to concerns arising, by:

- taking proactive action to protect people from harm or abuse through appropriate prevention and response measures and promoting their wellbeing. It means doing everything possible to identify and address risks and to prevent any kind of harm or abuse, such as physical, sexual and/or emotional abuse.
- having appropriate systems in place to adequately address and respond to concerns or encourage your stakeholders to directly report their concerns to the UCI via UCI Reporting platform.

Education

To increase your knowledge about this topic and better understand what safeguarding athletes entails, we invite you to take the IOC e-learning course on safeguarding athletes from harassment and abuse.

Crucial to creating a safe sporting environment are recognising the signs of harassment and abuse and knowing when and how to act. This course will provide you with the education and tools to effectively safeguard athletes and take responsibility when it comes to offering support and protection. A key take away will be building your awareness of when harassment and abuse could be occurring around you and how to step in.

PREVENTION OF COMPETITION MANIPULATION

To maintain its credibility and integrity, cycling must be free of betting and competition manipulation. To effectively protect cycling from such occurrences, all individuals bound by the UCI Regulations and UCI Code of Ethics must respect the following guidelines.

Education

You can learn more on this topic by taking the IOC e-learning course on prevention of competition manipulation. In this course, you will learn more about competition manipulation, the risks involved in sports betting, and how to handle different situations in order to protect yourself and your sport.

The course is spread across the following sections and concludes with a final quiz:

- What is competition manipulation?
- The risks of sports betting
- Who can manipulate a competition and how?
- Small mistakes, big consequences

Reporting concerns

All persons bound by the UCI Code of Ethics have the obligation to report any action that may reasonably be considered a manipulation of cycling events, corrupt conduct or use of inside information (Appendix 2, Article 3, UCI Code of Ethics).

You can report your concern by using the UCI Reporting Platform, a confidential, dedicated and highly secure online system enabling individuals to report any concerns regarding safeguarding (harassment and/or abuse) or manipulation of competitions.

We encourage National Federations to promote this tool and add a link on their website.