

## FREQUENTLY ASKED QUESTIONS ON WHEREABOUTS

### 1. IN GENERAL

#### • WHY THE UCI / THE ITA COLLECT WHEREABOUTS INFORMATION?

The UCI Out-of-Competition Testing Program, managed by the [International Testing Agency \(ITA\)](#), constitutes a crucial prong to ensure that your sport and competitors stay on a level playing field.

Whereabouts information is an indispensable tool to allow Anti-Doping Organisations (ADOs) to locate riders at any time and to conduct test on a no advance notice basis. That is a key element to ensure that your right to a clean sport is protected.

#### • WHEN AND WHERE CAN I BE TESTED?

Riders may be subject to testing at any time and place:

- ▶ Riders not subject to whereabouts requirements can also be tested out-of-competition,
- ▶ Riders subject to whereabouts requirements can also be tested outside their 60-minute time slot.

#### • WHO MUST PROVIDE WHEREABOUTS INFORMATION AND FOR HOW LONG?

Riders included in the UCI Registered Testing Pool (RTP) or the UCI Testing Pool (TP) are subject to the whereabouts requirements. Riders will be notified of their inclusion in the UCI RTP/TP and of the requirement to submit whereabouts information by the ITA.

**Riders included in the UCI RTP/TP shall continue to provide updated whereabouts information until:**

- ▶ They receive notice from the ITA of their exclusion of the UCI RTP/TP, or
- ▶ They give written notice of their retirement to the ITA.

End of your professional career does not put an automatic end to whereabouts requirements. The ITA must be informed of your retirement in writing.

## 2. IN PRACTICE

### • WHERE AND HOW SHALL I SUBMIT WHEREABOUTS INFORMATION?

Whereabouts information must be entered and updated in the [Athlete Central App](#) or the [Anti-Doping Administration Management System \(ADAMS\)](#), both managed by the World Anti-Doping Agency (WADA).

For further assistance on ADAMS:



[ADAMS Help Center](#)



[ITA's tutorial video](#)



[cycling.testing@ita.sport](mailto:cycling.testing@ita.sport)



### • WHEN WHEREABOUTS INFORMATION SHALL BE SUBMITTED?

Your whereabouts information must be **submitted in advance 4 times** a year and must be **kept updated during the year**.

#### QUARTERLY SUBMISSION DEADLINES

| Whereabouts Period          | Filing Deadlines |
|-----------------------------|------------------|
| Q1: 1 January – 31 March    | 15 December      |
| Q2: 1 April – 30 June       | 15 March         |
| Q3: 1 July – 30 September   | 15 June          |
| Q4: 1 October – 31 December | 15 September     |

### • WHEN SHALL I UPDATE MY WHEREABOUTS INFORMATION?

Whenever my whereabouts information is no longer correct or complete, I must update them.

The update shall reflect any change in the day regarding the overnight accommodation, the 60-minute time slot, the travel schedule, the competition schedule or the training activity.

Said update shall occur as soon as possible after the circumstances changed and in any case before the start of the 60-minute time slot scheduled for the relevant day.

### • WHAT ABOUT LAST-MINUTE CHANGES?

There may be a need to make last-minute changes to your whereabouts filings due to unforeseen circumstances. Please note that last-minute changes should only be made where the circumstances are unavoidable. The overuse of late changes to whereabouts information may be investigated as possible anti-doping rule violation of tampering and/or evasion. If you cannot access ADAMS, use the SMS function (if initially activated into your ADAMS profile) or email [cycling.testing@ita.sport](mailto:cycling.testing@ita.sport).

• WHICH INFORMATION MUST I PROVIDE?



**CONTACT DETAILS**

Postal and email address, phone number



**REGULAR ACTIVITIES**

School, work, physio session,  
training session, etc.



**ONE DAILY 60-MINUTE  
TIME SLOT**

Between 5am and 11pm where you guarantee to  
be available and accessible for Testing



**TRAVEL SCHEDULE**

Flight schedule, flight number, transportation  
details, travel arrangements



**OVERNIGHT ACCOMMODATION  
FOR EACH DAY**

Place where you will be staying overnight  
(e.g. home, temporary lodging, hotel, etc.)



**YOUR COMPETITION SCHEDULE**

Competitions in which you will take part,  
including schedule and place



**TEAM AND TRAINING ACTIVITIES**

Schedule of training activities, team program  
and training camps, etc.



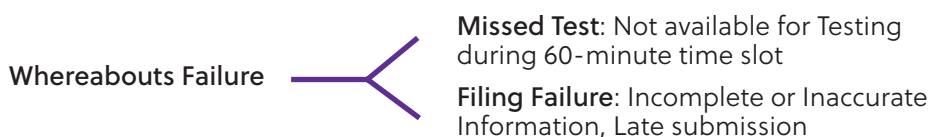
**ANY ADDITIONAL INFORMATION  
NECESSARY TO ENABLE ANY ADO  
TO LOCATE YOU FOR TESTING**

Hotel room number, apartment,  
GPS coordinates, etc.

### 3. FAILURE TO COMPLY WITH WHEREABOUTS REQUIREMENTS

#### • WHAT HAPPENS IN CASE OF FAILURE TO COMPLY WITH WHEREABOUTS REQUIREMENTS?

As a Rider, if I file my Whereabouts late, forget to update any changes or am not where I should be according to my whereabouts information, I could be notified of a Whereabouts Failure, either for a Missed Test or a Filing Failure.



#### • WHAT IS THE RESULTS MANAGEMENT PROCESS FOR A POTENTIAL WHEREABOUTS FAILURE (I.E. MISSED TEST OR FILING FAILURE) ?

If you have committed a potential Whereabouts Failure, you will be notified of a potential breach and granted an opportunity to provide written explanation on it.

Upon review of your explanation and supporting documentation, a decision to record or not the Whereabouts Failure will be issued. If the Whereabouts Failure is ultimately recorded against you, you will have the possibility to request a review of the decision.

Your Team could be informed of your recorded Whereabouts Failure(s) only if you consented to it.

#### • CAN I DELEGATE MY WHEREABOUTS RESPONSIBILITY TO A THIRD PARTY?

Yes. However as an athlete, I am personally responsible for ensuring I am available for Testing at the whereabouts location declared on ADAMS, regardless of the fact that I delegated the task of making whereabouts filings and updates to a third party and that the third party failed to comply with the applicable requirements. Even in such a case, I will be liable for a Whereabouts Failure.

#### • WHAT DOES CONSTITUTE AN ANTI-DOPING RULE VIOLATION UNDER ARTICLE 2.4 OF THE UCI ANTI-DOPING RULES (WHEREABOUTS FAILURES BY A RIDER)?

Any combination of 3 Whereabouts Failures (Missed Test and/or Filing Failure) in a rolling 12-month period leads to an Anti-Doping Rule Violation and a potential two-year suspension.

Whereabouts Failures that have been recorded against you by any other ADOs count in the 12 months period.

#### IN SUMMARY



- Late or incomplete submission = Whereabouts Failure
- Insufficient / Inaccurate information = Whereabouts Failure
- 3 Whereabouts Failures in 12 months = Anti-Doping Rule Violation

## 4. WHAT SHALL I DO IF?

### • I FORGOT MY ADAMS PASSWORD

I shall select the option 'forgot password' on ADAMS and follow the relevant instructions. Alternatively, I shall immediately contact the ITA ([cycling.testing@ita.sport](mailto:cycling.testing@ita.sport)) to report the issue and to have it fixed as soon as possible. In the meantime, and if need be, I shall inform the ITA by email of any update of my whereabouts information that may be relevant for locating me.

### • I CANNOT UPDATE MY WHEREABOUTS INFORMATION INTO ADAMS

I shall immediately contact the ITA ([cycling.testing@ita.sport](mailto:cycling.testing@ita.sport)) to report the issue and to have it fixed as soon as possible. In the meantime, and if need be, I shall inform the ITA by email of any update of my whereabouts information that may be relevant for locating me.

### • I DON'T KNOW MY EXACT PLAN FOR THE NEXT QUARTER

I shall file the quarterly whereabouts information by the relevant deadline to the best of my knowledge and update it as soon as I have the correct information. I am aware that not knowing where I will be in the upcoming quarter is not an excuse for not filing the whereabouts information by the relevant deadline.

### • MY TEAM ENTERED WRONG INFORMATION

I shall immediately update it to ensure that the information is complete, accurate and up-to-date again.

Although my Team may file information on my behalf (such as my whereabouts information during a competition) I am aware that I remain personally responsible of my whereabouts information and of any failure from my Team to file the accurate, complete and up-to-date whereabouts information.

### • I AM NOTIFIED OF A POTENTIAL WHEREABOUTS FAILURE

I shall provide my explanation for the potential Whereabouts Failure to the designated address by email truthfully within the set deadline.

I shall report the situation as it was and provide any evidence if applicable. If I am at the restaurant, doing shopping or undertaking any other activity which is not indicated in my whereabouts information, I am aware of the fact that I may be asked to provide evidence of this activity in case a potential Whereabouts Failure is notified to me.

### • I AM RETIRING FROM CYCLING

I shall immediately contact by email the ITA ([cycling.testing@ita.sport](mailto:cycling.testing@ita.sport)) to inform them of my wish to retire.

I am aware that if I do not inform by email the ITA or the UCI of my retirement, I remain subject to the whereabouts obligation and requirements.

### • I WISH TO COME BACK AND PUT AN END TO MY RETIREMENT

I shall inform the UCI and the ITA of my wish to return to competition as soon as possible. In any case I am subject to a mandatory 6-months prior notice before returning to active competition.

- **I HAVE FURTHER QUESTIONS ON MY OBLIGATIONS**

I can contact by email the ITA ([cycling.testing@ita.sport](mailto:cycling.testing@ita.sport)) that may assist me on any matter concerning my obligation. I can otherwise consult the [ITA's tutorials](#) or the [ADAMS Help Center](#).

- **I WISH TO DELEGATE THE WHEREABOUTS TASKS TO A THIRD PARTY**

You may wish to delegate the submission and update of your whereabouts information to a third party, such as your coach or your agent. Should you wish to do so, please provide us with the Athlete Agent Form duly completed and signed by email at [cycling.testing@ita.sport](mailto:cycling.testing@ita.sport).

Please note that you remain **personally responsible at all times** for any failure to comply with the requirements of the UCI Anti-Doping Rules. A Hearing Panel will not accept a defence according to which you delegated the task to someone else and should not be blamed for his/her failure.

- **I WISH TO KNOW HOW MANY WHEREABOUT FAILURES ARE RECORDED AGAINST ME**

I shall be notified by email and/or registered mail of any Whereabouts Failures recorded against me. If I am unsure of how many Whereabouts Failures have been recorded against me, I can consult my ADAMS Profile – section Whereabouts Failure or directly contact my National Anti-Doping Organizations and/or the UCI/ITA.