



Mandatory examinations in the UCI mandatory medical programme for UCI WorldTeams and UCI ProTeams.

Version in force from 1st December 2025

1. General

- 1.1 In accordance with article 13.3.015 of the regulations, each examination in the medical monitoring shall include a sport medicine interview, a clinical examination and the examinations stipulated below.
- 1.2 These examinations shall be carried out in such a way that their results are known and provide a basis for assessing the fitness of the cyclist before the end of the period in which they must be carried out.

2. Annual examination

Every year, during the period from **1st December to 31st January** (first period), riders must have completed the following exams:

- A cardiovascular risk questionnaire.
- A stress electrocardiogram consisting of a maximal exercise test with continuous 12-lead ECG monitoring (for more details, consult the specific document in the medical section of the UCI website).
- For the riders who suffer from asthma or exercise-induced bronchoconstriction (EIB), an annual pulmonary function testing will have to be done.
- A visual acuity test.
- A urinary stick.

If the cyclist enters the team after the month of January and if he has not completed an annual examination, he must do so before his first event for the team.

3. Quarterly examination

- 3.1 In the period from **1st December to 31st January** of each year (**first period**), the team shall have its cyclists undergo the following examinations:
 - A sport medicine interview and clinical examination.
 - A blood test including,
 - o *UREE*
 - o *CREATININE*
 - o *FULL BLOOD COUNT*
 - o *RETICULOCYTES*
 - o *FERRITIN*

- o *C-REACTIVE-PROTEIN*
- o *BLOOD GLUCOSE*
- o *TSH*
- o *TOTAL TESTOSTERONE*
- o *CORTISOL*

3.2 The examinations carried out during the periods from
March 1st to April 30th (second period)
June 1st to July 31st (third period)
September 1st to October 30th (fourth period), must include:

- A sport medicine interview and clinical examination.
- A blood test including,
 - o *FULL BLOOD COUNT*
 - o *RETICULOCYTES*
 - o *FERRITIN*
 - o *C-REACTIVE-PROTEIN*
 - o *TSH*
 - o *TOTAL TESTOSTERONE*
 - o *CORTISOL*

Cyclists taking part in a major tour shall have to undergo examinations in the period in which the tour in question is taking place before the start. Failing which, the cyclist shall not be permitted to take part in the race, without prejudice of the sanctions stipulated in article 13.3.030 of the regulations.

4. Recommended examinations

It is recommended that cyclists undergo the following examinations:

- Serology for :
 - o *HIV*
 - o *HBV*
 - o *HCV*
- Anti-tetanus vaccination.

5. Controls

After each test, the Team doctor must send the UCI medical director a statement of achievement, in accordance with the model available on the UCI website (Inside UCI/Medical). This declaration must be sent to the UCI Medical Director by e-mail (medical@uci.ch) no later than the 15th of the month following the month in which the examinations were to take place.



UCI Medical monitoring program – UCI WorldTeams and UCI ProTeams			
Exams	Every year	Every 3 Months	Optional
Full medical examination		*	
Cardiological questionnaire	*		
Pulmonary function (EIB or Asthma)	*		
Stress electrocardiogram	*		
Urea, creatinine		*	
Full blood count		*	
Reticulocytes		*	
Ferritin		*	
C-reactive Protein		*	
Glucose		*	
TSH		*	
Total testosterone		*	
Cortisol		*	
Urinary stick	*		
Serology for HIV, HBV, HCV			*
Anti-tetanus vaccination			*

December 1, 2025