



1

GRAN FONDO - TIME TRIAL

MUNIZED

TECHNICAL GUIDE



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UCI SPEAKUP is the Union Cycliste Internationale's online platform where you can report concerns or suspicions of harassment, abuse or any behaviour that undermines your wellbeing or the wellbeing of a member of the cycling family.

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INTRODUCTION

Fàilte gu Alba!

Welcome to Scotland and welcome to the 2023 UCI Gran Fondo World Championships!

For the first time ever the UCI Gran Fondo World Championships will be part of a wider UCI Cycling World Championships, with a huge variety of events and disciplines attracting elite athletes from all over the world to compete for hundreds of Rainbow Jerseys all over Scotland.

And you are part of it! The biggest Cycling World Championships in history!

Either side of the Championships' opening weekend you'll be one of thousands of amateur cyclists competing for age group world titles. On Friday 4 August, the road racers will gather in Perth for the Gran Fondo and Medio Fondo. Then, on Monday 7 it's the turn of the time trialists, who will tackle a tough, out-and-back route in Dundee.

Both Fondos will head into the foothills of the Scottish Highlands, providing riders with a tough challenge on the two routes. In contrast the time trial is a traditional British test, out and back along what is likely to be a windswept main road.

While you're here in Scotland there's plenty to do, especially with the other Cycling World Championships events taking place all over the country. The action begins on 4 August and goes all the way through to the 13, the Elite Women's Road Race concluding the world's biggest cycling event in Glasgow.

But Scotland is about more than just cycling, there's history, food, culture and some of Europe's most beautiful scenery.

Enjoy!







VIEWS TO STOP YOU IN YOUR TRACKS

VISITSCOTLAND.COM



WELCOME

UCI PRESIDENT'S WELCOME MESSAGE

We are all preparing for a momentous cycling event that will mark the history of our sport. The 2023 UCI Cycling World Championships taking place in Glasgow and across Scotland will feature 11 days of exceptional, non-stop cycling action never-before witnessed in our sport.

This combined, multi-discipline event was one of my visions when I was first elected UCI President in 2017. I am incredibly excited that this vision is soon to become a reality, and that you will be part of it.

The beauty and diversity of our sport will be on show across the globe as the best athletes in the world vie for the rainbow jersey in cycling's many and varied disciplines.

It is no mean feat to bring together 13 UCI World Championships, including those for our five Olympic disciplines, in a single event. It has been possible thanks to the commitment, dedication and hard work of our different stakeholders, all motivated by a passion and desire to see cycling break new boundaries.

Our hosts in Glasgow and across Scotland have undertaken an enormous challenge to welcome this first edition that will be repeated every four years, the year before the Summer Olympic Games.

We have all been working closely to ensure that each and every one of these UCI World Championships taking place from 3 to 13 August will live up to the expectations of our National Federations, their athletes and cycling fans.

To ensure you can gain the maximum benefit from this exceptional occasion, we have produced this Technical Guide with practical information about each event and your stay in Scotland. I trust you will find it useful as you enter the final stretch of preparation for this historic event.

I look forward to seeing you in Glasgow and across Scotland.

See you there!

David Lappartient UCI President IOC Member



SCOTLAND WELCOMES THE WORLD

As the 2023 UCI Cycling World Championships continue to power the bike, in collaboration with funders and partners to reach the start of 11 days of exhilaration, competition and the joy that cycling brings, we look forward to sharing this inaugural spectacle with the world!

The Championships are an event like no other. Not only will it bring over 8000 elite and amateur athletes from 13 UCI Cycling World Championships together for the first time, it will also inspire more people across Scotland and the world to get on a bike. The policy led approach to the delivery of this inaugural event strives for increased participation, better inclusion and accessibility, with sustainability at its heart. Cycling, and the freedom and joy it brings to people, as well as its role in saving the planet are to be embraced, and Scotland, as ever, is the perfect stage for all of this to unfold.

A country of spectacular mountains, extinct volcanos, and world-renowned warmth from its people awaits those elite cyclists and para-cyclists, amateur riders, cycling enthusiasts and fans as part of an unforgettable celebration of the bike.

The 2023 UCI Cycling World Championships has a schedule which will boast a world class line-up of elite cycling competitions, designed to unite Scotland while sharing an inspirational cycling message with the world. It has been created by the UCI, the Organising Committee of the 2023 UCI Cycling World Championships, host cities and key stakeholders to give an unrivalled live spectator and TV viewing experience, packed full of daily elite finals and nonstop action with at least three championships on display each day of the 2023 UCI Cycling Worlds.

In a first for a UCI World Championships, the Women Elite road race will bring the curtain down on the Championships, on Sunday 13 August. In addition to championing female cyclists, the decision to stage the Men Elite road race on the opening weekend and the Women Elite road race on the closing day was taken to ensure the best possible alignment with the UCI Road International Calendar.

The 2023 UCI Cycling World Championships will be set against the backdrop of some of Scotland's most iconic and spectacular cities and locations. Hosted everywhere from metropolitan Glasgow to the Highlands of Fort William, the Championships is proudly a pan-Scotland event. The power of the bike will take a global audience on a breath-taking tour, visiting landmarks rich with history like Stirling and Edinburgh Castle, to jaw dropping landscapes at Nevis Range and Loch Lomond.

Scotland has earned a world-renowned reputation for its major event hosting over the past decade, bringing The Ryder Cup, Commonwealth Games in 2014, World Gymnastics Championships 2015, European Championships 2018, and UEFA EURO 2020.

Scotland is getting ready; our volunteers are getting ready, and our warmest welcome will meet you in Scotland for this inspiring and innovative event. We cannot wait to see you in 2023!

Pal Bust

Paul Bush OBE Chair 2023 UCI Cycling World Championships



UCI MANAGEMENT COMMITTEE

MANAGEMENT COMMITTEE

(Composition at 31 December 2021, in alphabetical order)

PRESIDENT

VICE-PRESIDENTS



Mr David LAPPARTIENT (FRA)





AZZAM (EGY) President of the Confédération Africaine de Cyclisme (CAC)



Mr Enrico DELLA CASA (ITA) President of the Union Européenne de Cyclisme (UEC)



Ms Katerina NASH (CZE)

MEMBERS



Mr Mohammed BEN EL MAHI (MAR)



Mr Michel CALLOT (FRA)



Mr Rocco CATTANEO (SUI)



Mr Amarjit Singh GILL DARSHAN SINGH (MAS)



Ms Anne GRIPPER (AUS)



Ms Daniela ISETTI (ITA)



Mr Henrik Jess JENSEN (DEN)



Ms Agata LANG (POL)



Mr José Luis LÓPEZ CERRÓN (ESP)



Mr Igor Viktorovich MAKAROV (RUS)



Mr Tony MITCHELL (NZL) President of the Oceania Cycling Confederation (OCC)



Mr José Manuel PELAEZ (CUB) President of the Confederacion

Ciclismo (COPACI)



Ms Sonia G. RAMOS ACUÑA (BOL)



Ms Yuan YUAN (CHN)



OUR PARTNERS

HOST PARTNERS









MAIN PARTNERS



OFFICIAL PARTNERS



OFFICIAL SUPPLIERS





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Belgium	VRT Sporza
Czech Republic	Czech TV
Denmark	TV2
France	France TV
Germany	ZDF
Italy	RAI
Netherlands	NOS
Norway	TV2
Pan Europe	Eurosport
Poland	TVP
Slovakia	RTV
Slovenia	RTV
Spain	TVE
Sweden	SVT
Switzerland	SRG SSR
United Kingdom	BBC
AMERICAS	550
US, Canada	FloSports
Argentina, Bolivia, Brazil, Chile, Colombia, Ecuador, Paraguay, Peru, Uruguay and Venezuela. Mexico, Costa Rica, Dominican Republic, El Salvador, Guatemala, Honduras, Nicaragua and Panama. Bahamas, Bermuda, Turks and Caicos, Trinidad and Tobago, St. Vincent, St. Barthelemy, St. Lucia, St. Kitts and Nevis, Montserrat, Martinique, Jamaica, Haiti, Guadeloupe, Grenada, Dominica, Cayman Islands, British Virgin Islands, Barbados, Bonaire, Curacao, French Guiana, Guyana, St. Maarten, Suriname, Aruba, Antigua and Barbuda, Anguilla, Ascension Island, the Falkland Islands, St. Eustatius, Saba and Tortola.	ESPN
AFRICA	
South Africa (Angola, Bostwana, Cameroon, Ghana, Kenya, Mozambique, Namibia, Nigeria, Sudan, Tanzania, Zambia, Zimbabwe, South Africa)	SuperSport
ASIA PACIFIC	
Australia	SBS
Australia	FOX
Japan	J-sports
Japan	NHK
China	CCTV+5 (and Yang Shipin App)
Singapore	Starhub
Thailand	JKN
Thailand	True Vision
Когеа	JTBC (work in progress)
Malaysia & Brunei	Astro (work in progress)
New Zealand	TVNZ (work in progress)
Philippines	TAP (work in progress)
WORLDWIDE	





Mapei has always been close to the world of sport: a passion that started and continues with cycling and other sports. Mapei supplies products for building projects and sports arenas all around the world, guaranteeing reliability, safety and long-lasting durability.

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CONTACT & IMPORTANT LINKS

The latest up-to-date event information can be found at: granfondo.cyclingworldchamps.com

For further questions please contact the relevant teams via the emails listed below:

GENERAL ENQUIRIES	info@granfondoworlds.com	
MEDIA	media2023@cyclingworldchamps.com	
SPORTS-TECHNICAL	info@ucigranfondoworldseries.com	

KEY LOCATIONS

VENUE	LOCATION
REGISTRATION	Michelin Scotland Innovation Parc, Baldovie Rd, Dundee DD4 8UQ, United Kingdom
START & FINISH LOCATION	West Grange Roundabout, W Grange Rd, Monifieth, Dundee DD5 3TR, United Kingdom
MEDAL CEREMONIES	Michelin Scotland Innovation Parc, Baldovie Rd, Dundee DD4 8UQ, United Kingdom
DOPING CONTROL	Michelin Scotland Innovation Parc, Baldovie Rd, Dundee DD4 8UQ, United Kingdom
RIDER BRIEFING	Michelin Scotland Innovation Parc, Baldovie Rd, Dundee DD4 8UQ, United Kingdom











EVENT SCHEDULE

Please ensure you familiarise yourself with the event schedule to ensure you don't miss anything important. NOTE: Registration and collection of rider packs is NOT possible on Friday, 4 August.

SUNDAY - 6 AUGUST

14:30	EVENT VILLAGE & EXPO OPENS
14:30-18:00	REGISTRATION & INFO DESK
14:30	RIDER BRIEFING (MICHELIN SCOTLAND INNOVATION PARC)
18:00	EVENT VILLAGE & EXPO CLOSES

MONDAY - 7 AUGUST

08:00	EVENT VILLAGE & EXPO OPENS
08:00-17:00	INFO DESK
08:00-12:00	REGISTRATION
FROM 10:00	TIME TRIAL STARTS
FROM 15:00	START PODIUM PRESENTATIONS
11/01/01 10:00	*Subject to change based on final rider numbers
18:00	EVENT VILLAGE & EXPO CLOSES

*Timings are subject to change.



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GETTING HERE – TRAVEL & PARKING

The 2023 UCI Gran Fondo World Championships – Time Trial is hosted in Dundee, Scotland. On raceday (Monday, 7 August) please arrive in good time to avoid queues on the road and possibly missing your race.

Further travel advice can be found at: granfondo.cyclingworldchamps.com

REGISTRATION & RIDER BRIEFING LOCATION

The official event village (including Registration, Expo, Medal Ceremonies, etc.) is located at:

Michelin Scotland Innovation Parc in Dundee

View the detailed location here:

What3Words	w3w.co/duke.loans.flats
Google Maps	<u>goo.gl/maps/kDsUr3Bsf4GTmm4o7</u>
OS Maps	<u>explore.osmaps.com</u>

TRAVEL BY TRAIN

Dundee is served by good rail links with connections through Edinburgh and Glasgow that provide services around Scotland and the UK. Please note trains in Scotland have extremely limited capacity to carry bikes and must be booked in advance. Even with a booking space for your bike is not guaranteed, therefore we recommend you do not plan to travel to the Gran Fondo by train with your bike.



OFFICIAL EVENT CAR PARKING (VEHICLE ACCESS)

The official event car parking on Sunday and Monday is available at the Michelin Scotland Innovation Parc (MSIP). Access is possible via the entrance at:

Beryl St, Dundee DD4 OHX, United Kingdom

You can view the exact vehicle entrance location here:

What3Words	w3w.co/notice.grab.music
Google Maps	<u>goo.gl/maps/3YT29wuWyCqEjnbM8</u>
OS Maps	explore.osmaps.com

Attendees must follow signage and traffic marshal instructions on the day.

MSIP CAR PARK ACCESS TIMES		
SUNDAY, 6 AUGUST	14:30 to 18:00	
MONDAY, 7 AUGUST	08:00 to 18:00	

Please note a free access pass is required to enter the Michelin Scotland Innovation Parc. See "Access Pass" section at the bottom of this page.

PEDESTRIAN & CYCLIST ACCESS

Access in to and out of the Michelin Scotland Innovation Parc is via the entrance gate on Baldovie Rd at (MEP Technology entrance)

Baldovie Rd, Dundee DD4 8UQ, United Kingdom

You can view the exact vehicle entrance location here:

What3Words	w3w.co/views.wedge.holds
Google Maps	<u>goo.gl/maps/YQTnuw5JDZTHjh4s9</u>
OS Maps	<u>explore.osmaps.com</u>

Attendees must follow signage and marshal instructions on the day.

FREE SITE ACCESS PASSES

All attending riders and spectators must show a valid access pass to enter the Michelin Scotland Innovation Parc. Registered riders will receive this via email, other attendees must request a free pass here: granfondo.cyclingworldchamps.com/parking-dundee



REGISTRATION & INFO DESK

REGISTRATION

Once you've arrived on site, you'll need to collect your rider pack from the REGISTRATION area at the Michelin Scotland Innovation Parc. Registration is only possible on Sunday (6 August) and Monday (7 August). Please do not leave it to the last minute to collect your rider pack.

REGISTRATION OPENING TIMES		
SUNDAY, 6 AUGUST	14:30 to 18:00	
MONDAY, 7 AUGUST	08:00 to 12:00	

*Opening times subject to change

All participants will need to bring photo ID (i.e. passport, driving licence, etc.) with you to registration. You will also need to show a valid race licence to a commissaire (see LICENCE section.)

INFO DESK

This is the place to go for all your enquiries during the event. Our team will be on hand ready to deal with any of your questions or queries. The Info Desk is located in the Michelin Scotland Innovation Parc.

INFO DESK OPENING TIMES		
SUNDAY, 6 AUGUST	14:30 to 18:00	
MONDAY, 7 AUGUST	08:00 to 17:00	

*Opening times subject to change



LICENCES

Riders with an elite licence can participate except for:

- Any rider who has during the current year been a member of a UCI registered team.
- Any rider who has taken part in a World Championships, the Olympic Games, Continental Games, Regional Games, the Commonwealth Games, or a World Cup during the current year.
- Any rider who has scored UCI points in the year of the World Championships.

Riders with a masters', amateur or cycling for all licence must have a UCI ID (11 digits code starting with 100xxxxxxx or 101xxxxxxx) and make sure that their respective national federation have uploaded their UCI ID to the UCI Dataride system so we can validate your licence online. Riders should also bring a proof of their licence (physical licence, printed form, online proof) showing their UCI ID.

Participation with a day licence or a licence of a federation not affiliated to the UCI is not possible.

JERSEYS

All riders must wear a jersey representing their nationality. This is preferably the official national kit from your national federation, but you are also entitled to have your own custom jersey designed if it respects the colours and layout of the original. Private / club sponsors are allowed. This rule also applies for the time trial.

Riders must always wear the jersey of their nationality but can race with a race license of the country of their residence.

BIKES

Bikes must conform with UCI regulations and will be checked prior to the start.

The bike check before the start is mandatory. Riders are asked to come 15 minutes prior to their start to the protected started area for their mandatory bike check. They cannot leave the start zone anymore after their bike has been checked.

There is an optional bike check on Sunday before the time trial (at Michelin Scotland Innovation Parc) to make sure your bike conforms with the regulations.

OPTIONAL BIKE CHECK

SUNDAY (6 AUGUST), 14:30 to 18:00

Summary of the time trial regulations can be found by clicking here.

BEWARE OF THE POTENTIAL FOR BIKE THEFT IN THE AREA

Do not leave your bike unattended and unlocked at any time. There is no secure bike storage provision at the event.





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RIDER PACKS

Your rider pack contains all the essential items for your race. Please ensure you take time to go through it all before your ride.

Your Rider Pack is available for collection in the REGISTRATION area at Michelin Scotland Innovation Parc. You will need to collect it ahead of your ride.

Your Rider Pack contains the following:

- Coloured jersey number
- Coloured number stickers
- Timing Chip (see separate section)

YOUR BIB NUMBER

Please pin your bib number to the back of your jersey. This number must be clearly visible throughout your entire race. Safety pins will be available at Registration.

It is essential that you fill out the emergency and medical details on the back of your jersey number. In the event of an emergency, we will use this information to assist you.

COLOURED NUMBER STICKERS

You will find two stickers in your Rider Pack. Both must be used as instructed.

Seat Post: The long sticker is for your seat post. It is there to ensure that if your bike is misplaced and found we can return it. This MUST be attached to your bike for the duration of the race.

Helmet: The small sticker should be placed on the front of your helmet. This helps race officials identify you during the race and will also ensure you find all the great pictures of your ride from our official photography partners at Sportograf.



TIMING CHIPS

All riders will need to attach a timing chip to their bike. Details of how and where to mount will be provided upon collection.

Timing chips must be picked up during registration hours from the dedicated desk and returned at the same location in the Michelin Scotland Innovation Parc.

TRANSPONDER DEPOSIT

All riders will be required to give a deposit of £25 by credit card (or £35 by debit card) which will be credited back when the transponder is returned. No cash payments accepted.

QUALIFICATION & ONLINE ENTRIES

ONLINE ENTRIES FOR QUALIFIERS

All riders who have qualified in one of the UCI Gran Fondo World Series qualifier events will receive a direct email with a link to register.

Riders who think they qualified but didn't get their invitation email should check their spam folder and get in touch with <u>info@ucigranfondoworldseries.com</u>.

Registration deadline is 30 July 2023 at 23:59 GMT+1. It's not possible to register on the day.

REGISTRATION FEES

Road Race (Gran Fondo & Medio Fondo) entries are available for £90 (plus a £3.50 admin fee). Time Trial entries are available for £75 (plus a £3.50 admin fee).

OTHER METHODS FOR QUALIFICATION

- ✓ Defending world champions are qualified direct for both disciplines.
- ✓ Reigning national and continental masters' champions are qualified directly for both disciplines.
- ✓ Every country not hosting a qualifier event receives 10 wildcards (5 for men and 5 for women) which can be used for both disciplines or for one of both. These wildcards are to be allocated by the respective national federations.
- \checkmark The national federation of the home country has 20 wildcards which can be used for both





START LOCATION & START TIMES

The Time Trial Start and Finish are located at the West Grange Roundabout on the outskirts of Dundee.

West Grange Roundabout, W Grange Rd, Monifieth, Dundee DD5 3TR, United Kingdom

View the start location here:

What3Words	w3w.co/salmon.canal.custard
Google Maps	<u>goo.gl/maps/ACN93tpZLF3zA9WT6</u>
OS Maps	explore.osmaps.com

Please pay attention to signage and marshal instructions on the day of the event and do not attempt to park your vehicle near the start house (there is no parking available).

START TIMES

Time Trial start lists with your personal start time will be published closer to the event. The first rider is expected to start around 10:00am on Monday, 7 August.

CYCLE ROUTE TO START

There will be a marked and marshalled cycle path leading from the main Event Village (at the Michelin Scotland Innovation Parc) to the Start area.

Please allow enough time for this ahead of your start time. It will take 10 to 15 mins to ride to the start. Riders must follow the marked and marshalled route along the existing cycle path. The same route should be taken after the finish.

BAG DROP

A bag drop will be available to all registered riders on event day. Bag drop off will be located at Warm-Up area (near the Start Area – see Event Map) and bags can then be collected from the same location. This service is free of charge. Random bag checks may be carried out for security reasons. Please do not leave valuables in your bag. Suitcases and large bags will not be accepted. See Event Map for detailed drop off and collection locations.

REGISTRATION OPENING TIMES		
BAG DROP @ WARM-UP AREA	Open from 09:00	

WARM-UP AREA



Prepare like a pro at the Wahoo Warm-Up Zone

Wahoo will provide a fleet of KICKR ROLLRs for all riders to warm-up before the Gran Fondo TT at no cost. The ROLLR secures the front wheel of your bike so there's no need to worry about balance! With no wheel removal or any adjustments needed to your bike, this is the perfect warm-up trainer in the minutes before your race. The Wahoo team will be on-hand to take you through how simple it is to get your bike on and off the ROLLR in seconds. All you have to think about is spinning the legs and getting ready to race the Worlds!

Warm-up area usage will be limited to 15 minutes per rider.

OPENING TIMES			
WAHOO WARM-UP AREA	09:00 until 15:00*		
*Warm-up area will close after the final start time			

ea will close after the final start time



CLASSIFICATIONS

Each age category has a different colour of race numbers. The colours are to indicate to riders who they are competing against during the race. Men and Women of the same age category have the same colours of race number.



TIMING & RESULTS

All timing and results are determined by electronic timing using a timing chip attached to your bike. Please do not remove or damage your timing chip. If damaged you may not receive a finishing time (thus marked as DNF in the results).

TIMING FORMAT

Each rider's time will start when they cross the timing mat. The exact location of this will be confirmed in the Rider Briefing. The three fastest riders across the finish line in each category will be invited to the podium presentations and medal ceremonies.

RESULTS

Live results will be available on the event day.

Results will be available at: granfondo.cyclingworldchamps.com/results





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ROUTES

TIME TRIAL

Against the clock, and one for the purists, a classic British time trial route, out and back along a major road, but with no lorries. With the sea close by it'll be windy, the ultimate test of rider and machine.

GPX files and further route descriptions are available at: granfondo.cyclingworldchamps.com/routes/time-trial













MEDAL CEREMONIES

Medal ceremonies will take place for each age and gender group.

UCI regulations state all riders finishing in the top three of their age group must attend the podium presentation.

Cycling kit must be worn on the podium. Cycling shoes or suitable sports shoes are permitted. No hats, caps, sunglasses, open shoes.

Due to broadcast coverage all medal ceremonies will take place in one extended session. Final age group order and timings will be confirmed closer to the day.

LOCATION	TIME
Finish Village @ Michelin Scotland	FROM 15:00
Innovation Parc	*Subject to change based on final rider numbers

You must arrive and check-in at the PODIUM WAITING AREA next to the main stage a minimum of 15 minutes before the indicated start time for your medal ceremony. Failure to do so will mean you can not appear on the podium.

PHOTOGRAPHY

Sportograf is the Official Photography Partner of the UCI Gran Fondo World Championships.

Covering your special moments from start to finish and in between! They will capture your ups and downs, your smiles and tough times. Once the event is over your photos will be online soon after the event - sorted by bib number and professionally post-processed.

You want personalised photos telling the story of YOUR race? Then make sure you've got your helmet sticker clearly visible on the front of your helmet, give your best and Sportograf will do everything else.

Visit <u>sportograf.com</u> now and sign up to receive an e-mail alert when your event photos are available online.



HOST LOCATIONS

MICHELIN SCOTLAND INNOVATION PARC

Michelin Scotland Innovation Parc (MSIP) is an ambitious joint venture between Michelin, Dundee City Council, and Scottish Enterprise, created to generate economic growth in Scotland and support a fair and just transition to a net zero economy.

With a 32-hectare site and excellent physical connectivity, they offer dynamic space for all sizes of businesses to locate. As well as large, flexible space, tenants will have access to an innovation campus, a Skills Academy, business, innovation and skills support, and competitive, green energy delivered from sustainable sources.

They are committed to working in partnership with industry, academia, government and the local community to transform Dundee into a key location for innovation that will progress emerging technology for a greener future.

Join us on Sunday, 6 August for exciting activities at MSIP including adaptive cycle taster session with the team from Dundee Dragons Wheelchair Sports, live coverage of the Men's Road Race and much more. A great day out awaits.



DUNDEE & ANGUS

The wonderful Dundee and splendid Angus combine the country's first UNESCO City of Design and the countryside that brought us Aberdeen Angus beef, Arbroath Smokies and Peter Pan? Dundee & Angus - a beautiful, historic and vibrant region.

Dundee is a dynamic and compact city that's becoming a modern wonder. This is a city with science, historic ships and museums for kids (and big kids), plenty of culture with theatres, arts centres, coffee shops and cool bars for grown-ups, and walking routes past interesting architecture for everyone who visits.

An absolute must see is the V&A Dundee. It is Scotland's first design museum and one of the world's most anticipated cultural attractions.

V&A Dundee is the only V&A museum in the world outside London and has become the global home for Scotland's design heritage. The museum gives you an introduction to over 500 years of brilliance, ingenuity and achievement in Scottish creativity and the best examples of design from around the world. It's genius galore!







- Tours and Weekenders in the best cycling destinations
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RULES & REGULATIONS

UCI GRAN FONDO WORLD CHAMPIONSHIPS REGULATIONS

The UCI Gran Fondo World Series is a 'cycling for all' series where cyclists from all over the world can participate in events where they can obtain their ticket for the official UCI Gran Fondo World Championships in different age groups. There are qualifier events for both road-races and time-trial. The UCI Gran Fondo World Championships will crown the new UCI World Champions in Road racing and Time-trial.

1. PARTICIPATION RIGHTS

Riders taking part in the UCI Gran Fondo World Championships must hold a valid licence issued by their respective national federation (day licences being excluded), must hold a UCI ID (from 2020 onwards) and must be adequately insured against accidents and civil responsibility in the country in which the UCI Gran Fondo World Championships are held.

QUALIFICATION

Each UCI Gran Fondo World Series event grants qualification rights for the UCI Gran Fondo World Championships. Based on the results of each race, the first 25% of athletes in each age group will be qualified for the UCI Gran Fondo World Championships. The 25% is calculated based on the number of starters in each age group, and not on the number of riders having finished the race.

In addition, the first three riders of each official age category will qualify directly for the UCI World Championships, independently of the number of starters in that age group. Riders must finish the race to gain qualification.

As qualification for the UCI Gran Fondo World Championships starts as of September in the preceding calendar year, any riders who qualify before January 1st and who change age groups during the year of the UCI Gran Fondo World Championships will qualify as per their age group during the year of the qualifier event, but will be registered in their new age category for the UCI Gran Fondo World Championships.

At the UCI Gran Fondo World Championships, medals and titles will be awarded for men and/or women as soon as 1 rider is registered in the respective 5-year age category.

Qualification for the individual time trial and road race is determined as follows:

- Qualifier events of the UCI Gran Fondo World Series hosting only a road race will grant qualification for both the road race and time trial at the UCI Gran Fondo World Championships.
- Qualifier events of the UCI Gran Fondo World Series hosting a time trial and a road race will grant qualification for each respective event at the UCI Gran Fondo World Championships i.e. time trial or road race.



• Qualifier events of the UCI Gran Fondo World Series only hosting a time trial will grant qualification for the time trial only at the UCI Gran Fondo World Championships.

The names of riders having gained qualification through the UCI Gran Fondo World Series will be communicated on the UCI Gran Fondo World Series website <u>www.ucigranfondoworldseries.com</u> and will receive an official email from the UCI inviting them to register for the UCI Gran Fondo World Championships via the dedicated online registration portal.

WILDCARD

- There are different types of wildcards which allow riders to participate directly in the World Championships without qualification:
- The outgoing UCI World Champions in the time trial and road race may take part in the first UCI Gran Fondo World Championships following their title, in both the time trial and road race.
- All Masters national champions from the current year (in road race and individual time trial only) may enter the UCI Gran Fondo World Championships without qualification via the UCI Gran Fondo World Series. The Masters national champions in road race and time trial are confirmed to the UCI by the respective National Federation.
- The National Federation of the country of the UCI Gran Fondo World Championships may award an additional 20 wildcards (to 10 women and 10 men), which allow athletes to participate in both the time trial and road race. These wildcards are confirmed to the UCI by the respective National Federation.
- Each UCI Gran Fondo World Series qualifier events may grant 5 wildcards to riders who participated in their respective qualification event. These wildcards are confirmed to the UCI by each UCI Gran Fondo World Series organiser.
- All countries not hosting a UCI Gran Fondo World Series qualifier event may grant 10 wildcards (5 men / 5 women) to riders of their choice. These wildcards are confirmed to the UCI by the respective National Federation.

AGE GROUP

The age categories of the UCI Gran Fondo World Championships are:

- 19-34
- 35-39
- 40-44
- 45-49
- 50-54
- 55-59
- 60-64
- 65-69
- 70-74
- 75-79
- Etc...

Age groups applicable to the UCI Gran Fondo World Championships are defined by the rider's age on December 31st of the year of the World Championships.



2. THE COURSE

FEED ZONE

The local organiser must provide a feed zone where participants have access to drinks and food.

All feed zones must have:

- Beverages: water, isotonic drinks and, if the temperature is low, a hot drink
- Food: fruits, cereal bars, a food item with high nutritional content
- A sufficient number of mobile toilets must be provided.

For time trial:

• A beverage per rider is given at the finish.

<u>BIKES</u>

In the World Championships, all bikes will be checked for compliance with the UCI's regulations. For more information see the <u>bike specifications document</u>

Summary of the bike regulations:

- The minimum weight of the bike shall be 6.8 kilograms (without bottles and computers)
- The peak of the saddle shall be a minimum of 5 cm to the rear of a vertical plane passing through the bottom bracket spindle. For morphological reasons, the rider may request to place the peak of his saddle up to 0cm from the bottom bracket axle.
- For time trials, a fixed extension may be added to the steering system; in this instance, the height difference between the elbow support points and the highest and lowest points of the handlebar extension (including gear levers in the most vertical position) must be less than 10 cm.
- The distance between the vertical line passing through the bottom bracket axle and the extremity of the handlebar extensions may not exceed 75 cm. For morphological reasons, the rider may request to place the extensions up to 80cm from the bottom bracket axle. In any case, the rider must choose between positioning the saddle to 0cm, or place the extensions up to 80cm, because only one morphological exception is granted.
- For a rider who is 190cm tall or taller, it is possible to place the extensions up to 85cm. In that case, it is necessary to present itself to the Commissaires' Panel sufficiently in advance before the start of the race, in order that the commissaires proceed to a verification of the size of the rider.

JERSEYS

It is mandatory for a rider to wear their national kit at the UCI Gran Fondo World Championships Time Trial and Road Race. Although the official national jersey is not required, a jersey representing their country with a similar design and colors as the original national team jersey is required. Private or club sponsors are allowed to be featured on the national jersey.

BACK NUMBER AND NUMBER PLATE



Race number must be attached to the back of the jersey (on the lower part of the back for better visibility). Each age group will receive a different coloured race number.

Number plates can also be produced by the organised but are not mandatory.

MECHANICAL ASSISTANCE

Mechanical assistance is provided on all the routes. At least 1 vehicles and/or motorcycles for service purposes are available to the cyclists per 2 start groups. Private cars with spare parts/bikes/wheels are forbidden in the UCI Gran Fondo World Championships

Riders are advised to bring their own spare tire or tubular to the race due to the difficulty of serving all concerned riders in UCI Gran Fondo World Championships with neutral support. The neutral support cars will start in front of the peloton and will only serve the break once the commissar in charge decides that it's safe to go behind the break.

TIMEKEEPING AND RANKING

The event must be timed for all the participants, for the entire length of the course. The timing of the event must start with the gun, and not when each individual rider crosses the starting carpet (GUN time principle).

<u>SIGNAGE</u>

All signage on the World Championships course will be marked at least the Tuesday before the event so that riders can train on the course.

3. THE START AND FINISH AREA

START BOXES AND START GRID

All riders will be placed in boxes per age category with the younger riders in front and the older in the back. Winners of the different qualifier events in their age group get first row access and will be called to the start line from the sideboard of the starting grid.

4. AWARDS CEREMONY

CEREMONY FOR WOMEN AND MEN

The three first riders of every age category (women and men) will be called to the podium to be awarded prizes and receive the medals and the new rainbow jersey for the new World Champion. During an official UCI Gran Fondo World Championships podium ceremony, riders are obliged to wear



a cycling outfit (cycling shirt + bib), without hat, caps, glasses. It's also forbidden to wear open shoes or to put publicity on the world champion jersey during the ceremony.

SCHEDULING

A rigorous schedule and presentation will be arranged to inform riders.

5. SAFETY REGULATIONS

PARTICIPANTS

- Mandatory helmet: The UCI takes a very hard line on the wearing of a helmet. Wearing a helmet will be compulsory during the UCI Gran Fondo World Championships, throughout the whole race. Participants are barred from the start or their race number will be immediately withdrawn if they are caught by a member of the organisation without their helmet.
- Medical certificate: To confirm the physical capability of a cyclist to take part in the UCI Gran Fondo World Championships, the organiser requires a medical certificate for all participants to take part in the race, next to a national year license from a UCI affiliated cycling federation.
- Each rider is responsible for ensuring that sufficient insurance has been taken out for eventual accidents which may occur during the race. This can be ensured either through an individual race license covering races abroad or through a private insurance policy. Neither the UCI nor the local organiser of the qualifier event must take out insurance for in-race accidents and crashes.

SAFETY ON THE COURSE

- Safety plan: The organiser prepares a full safety plan.
- Identification of danger points: The organiser takes care to indicate all the danger points.
- Following vehicles: For sporting fairness and to avoid possible problems, riders will be eliminated immediately if they are caught benefiting from vehicular assistance from a third party not belonging to the organisation.
- For road race events, full road closures are advised but not mandatory. For a Time Trial event, full road closures are mandatory.

FIRST AID

Emergency system:

At least 2 ambulances are available for an event of up to 4'000 participants with 1 further ambulance for each 4'000 additional participants. To facilitate the arrival of assistance in an accident, 2 ambulances will be positioned as follows: 1 ambulance follows the big pack or peloton and 1 ambulance follows the last participant as the broom wagon. Additional ambulances will be positioned by the organiser depending on requirements.

• The organiser provides a first aid kit to provide minor assistance to cyclists at the start, finish and at all feed zones.



- Information on the reverse side of the race numbers: Cycling is unfortunately not a risk-free sport. To deal as effectively as possible with accidents which may affect a participant during the event, and to facilitate the work of the doctors as far as possible, the organiser produces race numbers which will include on the reverse side a form to be completed. The minimum information required by the UCI, which shall be written on the reverse side of the race numbers, is as follows:
- Last name and first name Blood group Present physical condition (asthma, diabetes, allergy(ies), epilepsy, etc.) Any current medication Last name, first name and telephone number (with national dialing code) of the emergency contact.

For the complete UCI regulations, please click: www.uci.ch



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