# **PART 8 INDOOR CYCLING**

Version 01.01.2023

## **TABLE OF CONTENTS**

		Page
	8 INDOOR CYCLING - ARTISTIC CYCLING	
	ter I GENERAL RULES	
§ 1	Events	
§ 2	UCI World Championships	
§ 3	UCI ranking competitions	
§ 4	World records	
§ 5	Disciplines and age-groups	
§ 6	Competition area	
§ 7	Equipment	11
§ 8	Evaluation sheet	13
§ 9	Commissaires panel	15
Chapte § 1	ter II SPECIFIC RULES Length of riding perfomance	
§ 2	Number of figures	18
§ 3	Riding performance	18
	Complement for pair artistic cycling	19
§ 4	Sequence of the figure	19
	Complement for single and pair artistic cycling	21
	Complement for pair artistic cycling	22
	Complement for pair artistic cycling, ACT4 and ACT6	23
	Complement for ACT4 and ACT6	23
§ 5	Way of stretch	25
	Complement for pair artistic cycling	28
	Complement for ACT4 and ACT6	28
Chapte § 1	ter III EXPLANATIONS OF FIGURESSingle artistic cycling	
§ 2	Pair artistic cycling	49
§ 3	Artistic Cycling Team 4	65
§ 4	Artistic Cycling Team 6 Error! Bookmark no	t defined.
Chapte § 1	ter IV EVALUATIONGeneral rules for evaluation	
§ 2	Evaluation of difficulty	94
Ū	Complement for single and pair	
	Complement for pair	
	Complement for pair, ACT4 and ACT6	
	Complement for ACT4 and ACT6	
<b>§</b> 3	Evaluation of execution	

## **UCI CYCLING REGULATIONS**

•	ter V LIST OF FIGURES	
§ 1	Single artistic cycling	
§ 2	Pair artistic cycling	
§ 3	Artistic Cycling Team 4	
§ 4	Artistic Cycling Team 6 Error! E	
Chapt	ter VI UCI Artistic Cycling World Cup	143
PART	8 INDOOR CYCLING - CYCLE BALL	146
	ter VII TECHNICAL CONDITIONS	146
§ 1	Type of sport	
§ 2	Jury	146
§ 3	Match field and size	146
§ 4	Match field boarding	147
§ 5	Marking of the match field	147
§ 6	Goals	148
§ 7	Ball	149
§ 8	Clothing	149
§ 9	Cycle ball bicycles	150
§ 10	Defects / Changing bicycle	151
§ 11	Planning of the games	151
§ 12	Age categories / Game time and additional playing time.	152
Chapt	ter VIII GAME RULES	154
§ 1	General rules	
§ 2	Kick off	155
§ 3	Start of the match	155
§ 4	Interruption / Whistling signal / Neutral ball	155
§ 5	Advantage rule	156
§ 6	Riding behind goal line / Permission to participate the ga	me 156
§ 7	Scoring a goal	157
§ 8	Out ball	157
§ 9	Corner ball	158
§ 10	Goal defence	158
§ 11	Penalty area	159
§ 12	Free kick	160
§ 13	Penalty kick	160
§ 14	Whistle signals	161
§ 15	Complaints / Improper behavior / Unsporting behavior	162
§ 16	Injuries and suspension of players and teams	163
•	ter IX RESULTS / CLASSIFICATION BY POINTS / O	
§ 1	Results	
§ 2	Classification by points	
§ 3	Ties / Final matches	
§ 4	Penalty kicks	
§ 5	Objections	167

## **UCI CYCLING REGULATIONS**

Hand	dsigns Commissaire	168
Char	oter X CLASSIFICATION OF RACES / UCI RANKINGS	170
	Classification of races	
§ 2	UCI Rankings	170
Char	oter XI WORLD CHAMPIONSHIPS SET UP	172
	oter XII UCI Cycle-ball World Cup	

## PART 8 INDOOR CYCLING - ARTISTIC CYCLING

#### TABLE OF ABBREVIATIONS AND TERMS

Abbreviations and terms used in the regulations:

1 leg with one leg
2 con. connection of 2
3 con. connection of 3
4 con. connection of 4
50cm 50 centimetres
6 con. connection of 6

8 eight

alternate ring(s) a.r. bw. backward circle C. cm centimetres connected con. count. C counter circle count. dir. counter direction count. 8 counter eight dir. direction

f.e.o. following each other

frh. free-hand HC. half circle HD. half drive indiv. individual m metres mm millimetres

n.e.o. next to each other

opposite opp. Ρ. passage regular reg. reverse rev. half eight S sdw. sideward sim. simultaneous 50cm-spinnings spin. single rings s.r. s.r.l. single rings left s.r.r. single rings right tactical figure Т

## Chapter I GENERAL RULES

#### §1 Events

#### **8.1.001** Organisation of competitions

Competitions can be organised by the Union Cycliste International (UCI), the continental federations, the national federations and their subordinate bodies. The rules and regulations of the organising bodies apply as well as the UCI regulations.

(text modified on 01.01.20)

#### **8.1.002** Ranking lists

At all events, the organiser has to publish the results at the end of each discipline.

(text modified on 01.01.16)

#### § 2 UCI World Championships

#### 8.1.003 World Championships

World Championships will be organised in the age-group Elite (women, men, open).

At World Championships, all disciplines are organised with a preliminary round as qualification round and the final.

The riders/teams who achieve rank 1 to 4 in the preliminary round are qualified for the final.

At disciplines with 4 or less registered riders/teams, only a final will be organised.

Each National Federation can register a maximum of riders/teams for the disciplines as follows:

single women: 2 riders
single men: 2 riders
pair women: 2 teams
pair open: 2 teams
Artistic Cycling Team 4: 1 team

The registration procedure for the riders/teams shall be fulfilled by the National Federations according to the announcement by the UCI.

The competition programme will be composed by the UCI technical delegate. The registered difficulty points are valid for the starting order of the preliminary round.

According to article 8.1.023 the riders/coaches are required to check, if needed to correct and to sign the evaluation sheet. The deadline and the procedure for the return of the evaluation sheets are announced by the UCI technical delegate on site.

Registered difficulty points may not be raised for the preliminary round of World Championships and may not be reduced more than 7.5%. The starting order will be kept even if some registered difficulty points have changed.

The riders are allowed to register a new evaluation sheet for the final, without a limit for increasing or reducing the registered difficulty points. The registered difficulty points for the final are valid for the starting order of the final.

(text modified on 01.01.18)

#### § 3 UCI ranking competitions

#### **8.1.004** UCI registration

UCI events can be registered on the UCI calendar in the following categories and the following requirement shall be fulfilled:

#### Class A events:

- Minimum of 4 participating nations
- Minimum of 8 riders for single disciplines (total of age groups elite and juniors)
- Minimum of 4 teams for pair disciplines (total of age groups elite and juniors)
- Minimum of 4 teams for Artistic Cycling Team 4 (total of age groups elite and juniors)
- Members of the commissaires panel according to article 1.2.116 (UCI Regulations, Part I, General organisation of cycling as a sport): 1 UCI international commissaire as president of the commissaires' panel, 2 UCI international commissaires from 2 different nations as announcing commissaires, 2 licensed writing commissaires

Class A event organisers who are unable to fulfil all requirements, will not be entitled to register any class A event for the following two years.

#### Class B events:

- Minimum of 2 participating nations
- Minimum of 5 riders for single disciplines (total of age groups elite and juniors)
- Minimum of 3 teams for pair disciplines (total of age groups elite and juniors)
- Minimum of 3 teams for Artistic Cycling Team 4 (total of age groups elite and juniors)
- Members of the commissaires panel according to article 1.2.116 (UCI Regulations, Part I): 1 UCI international commissaire or national commissaire as president of the commissaires' panel, 2 international commissaires or national commissaires as announcing commissaires, 2 licensed writing commissaires

The procedure, rules and deadlines for the registration are published by the UCI.

(text modified on 01.01.18; 11.02.20)

#### **8.1.005** UCI ranking

The UCI ranking is calculated by adding all the points obtained by riders and teams (pair, Artistic Cycling Team 4) in all events listed below:

1. World Championships (CM)

#### 2. World Cup events (CDM)

Point scale UCI ranking:

Position	World Championships	World Cup				
1	60	50				
2	55	45				
3	50	40				
4	45	35				
5	40	30				
6	35	25				
7	32	20				
8	29	18				
9	26	16				
10	23	14				
11	20	12				
12	18	10				
13	16	8				
14	14	6				
15	12	4				
16	10					
17	9					
18	8					
19	7					
20	6					
21	5					
22	4					
23	3					
24	2					
25	1					

Points can only be awarded to riders and teams (pair, Artistic Cycling Team 4) in the age group elite. For the sake of clarity, no points are awarded for teams in the age groups U13, U15 and/or U19.

If there is a tie for the first place, the ranking of the concerned riders and teams (pair, Artistic Cycling Team 4) shall be decided by their ranking in the most recent event of the season, in the following order:

- 1. World Championships (CM)
- 2. World Cup events (CDM)

(text modified on 01.01.18; 11.02.20; 01.01.21)

#### 8.1.006 Results

The National Federation in charge or the president of the commissaires' panel are required to submit the results according to the UCI DataRide procedure in place for each discipline.

- Results of class A and class B events as well as Continental and National Championships:

The National Federation in charge/president of the commissaires' panel shall submit the results to the UCI.

World Cup and World Championships results:
 The president of the commissaires' panel shall submit the results to the UCI.

(text modified on 01.01.18)

#### **8.1.007** Publication UCI ranking

The UCI ranking will be published on 28 February, 30 April, 30 June, 31 August, 30 September, 31 October and 31 December.

(text modified on 01.01.18)

#### § 4 World records

#### 8.1.008 World records

World records can only be achieved:

- In the age-groups elite and juniors
- At World Championships
- At Continental Championships
- At international competitions registered in the UCI calendar
- When the commissaires' panel is composed as follows:
  - 1 Chief Commissaire, minimum 2 UCI international commissaires from 2 different nations as announcing commissaires, minimum 2 writing commissaires

#### Confirmation of world records:

- The Chief Commissaire shall fill in and sign the appropriate form.
- The request for confirmation shall be sent by the organiser or Chief Commissaire within 48 hours after the end of the event to the UCI Indoor Cycling Coordinator.
- After review by the coordinator the world record will be confirmed and published. World records achieved at *World Championships* can be confirmed and published without any further review.

(text modified on 01.01.18)

#### § 5 Disciplines and age-groups

#### 8.1.009 Disciplines

- Single artistic cycling
- Pair artistic cycling
- Artistic Cycling Team 4 (ACT4)

All disciplines are organised separately for female and male riders.

Mixed-gender teams have to start in the corresponding male discipline.

Each rider is allowed to enter only once per discipline at an event (competition or championship).

International competitions for Artistic Cycling Team 4 are held as an open discipline.

(text modified on 01.01.16; 01.01.17)

#### **8.1.010** Age-groups

Artistic cycling competitions will be announced to:

- A. Elite over 18 years
- B. Juniors, female/male U19
- C. Pupils, female/male, U15
- D. Pupils, female/male, U13
- E. Pupils, female/male, U11

A rider's age-group is determined by the difference between the rider's year of birth and the year that the competition is being held.

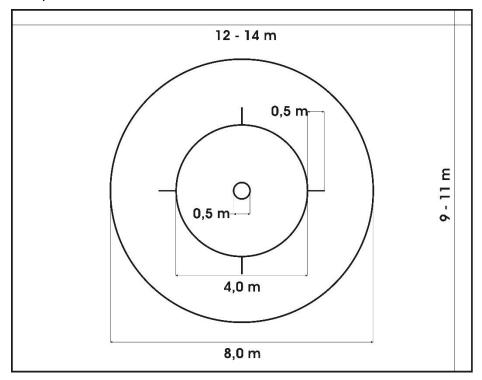
It is possible to compete in the next higher age-group. Pupils of age-group U13 or U11 are also allowed to compete two age-groups higher.

It is possible for 1 rider U23 to compete in ACT4 juniors. It is possible for 1 rider U17 to compete in ACT4 pupils.

(text modified on 01.01.16, 01.01.17, 01.01.23)

#### § 6 Competition area

#### 8.1.011 Competition surface



- **Inner circle:** Circle around the middle point of the competition surface with a diametre of 50 centimetres.
- **Quarter stripes:** The quarter stripes (4) start at the outside of the middle circle and are positioned on the middle lines A and B. They each have a length of 50 centimetres.
- **Middle circle:** Circle in the middle of the competition surface with a diametre of 4.0 metres.
- **Outer circle:** Circle in the middle of the competition surface with a diametre of 8.0 metres.

- All measures are taken at the outside of the markings. All mentioned markings have to be applied at the competition surface exactly according to the drawing above.
- Any markings have to have the width of 3.0 to 5.0 cm. They may be applied by tape, paint or can be inserted in the floor.
- At international championships and competitions, the competition surface must have the maximum dimensions.
- The markings must be visible for all commissaires.
- The matchfield-railings and the goals used for cycle-ball must be placed at least 0.5 metres outside the competition surface markings during artistic cycling competitions.
- The minimum distance of the competition surface from walls, columns or nonremovable objects must be at international championships 2.0 metres, at other competitions 0.5 metres.
- The composition of the competition surface has to allow a correct performance.

(text modified on 01.01.16)

#### **8.1.012** Placement of the commissaires

The commissaires must be placed at the competition surface, where they have a good view to the competition surface and their independence is guaranteed.

(text modified on 01.01.16)

#### 8.1.013 Coaching area

A coaching area (for a coach and an assistant) has to be defined before the start of the competition by the Chief-Commissaire in cooperation with the organiser (at least 2 metres width and with at least a distance of 0.5 metres to the border of the competition surface). In case of electronic judging the display of the official time must be seen from the coaching area.

(text modified on 01.01.16; 01.01.20)

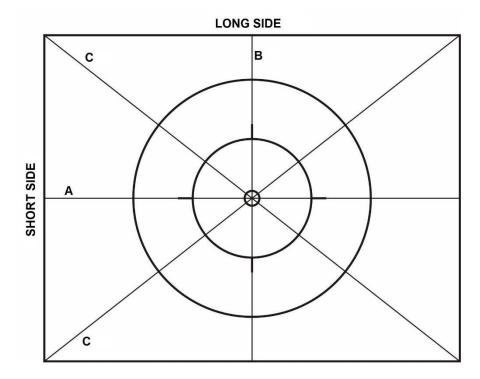
#### **8.1.014** Time measurement

In case of electronic judging the display shows the official time. In case of manual judging the time and the acoustic signal has to occur with another visual display or a timekeeper has to announce the first minute.

(article introduced on 01.01.16)

#### 8.1.015 Support lines

It is not allowed to apply the support lines at the competition surface. They only are used here to understand the following explanations.



- **Middle longitudinal axis (support line A):** Line parallel to the long side of the competition surface through the middle of the competition surface.
- **Middle transversal axis (support line B):** Line parallel to the short side of the competition surface through the middle of the competition surface.
- **Diagonal axis (support line C):** Lines from one corner to the opposite corner through the middle of the competition surface.

(text modified on 01.01.16)

#### § 7 Equipment

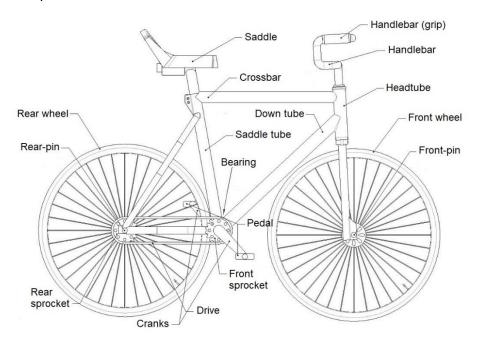
#### **8.1.016** Bicycle

All aids which are not shown in the drawing below are forbidden.

The construction of the bicycles must correspond to the following rules and measures. All deviations which do not correspond with the stated measures have to be approved in advance by the UCI.

11

The bicycle has to be constructed in a way that it is not possible to damage the competition surface.



- **Cranks:** Length from centre bottom bracket bearing to centre pedal pivot shaft 130 170 mm.
- **Handlebar:** The end of the handlebar must be rounded off or closed by grips. The use of handlebar-tape instead of grips is allowed.
- **Saddle:** The saddle must be a manufactured part. Maximum length 300 mm, maximum width 220 mm, maximum bent (without weight) 60 mm.
- **Wheels:** Front and rear wheel must have the same diametre. From the height of frame of 46 cm the wheels must have a diametre of at least 24 inches, from 50 cm height of frame the wheels diametre must be at least 25 inches.
- **Transmission:** The front sprocket may not have fewer teeth than the rear sprocket.
- **Sprocket:** Alternative mechanical drives are permitted, taking into account the transmission ratios.
- **Rear-pin and front-pin:** It is allowed to equipe the axis of both wheels, on both sides, with pins, each with a maximum length of 50 mm.

(text modified on 01.01.16)

#### **8.1.017** Sports wear

At artistic cycling competitions, the riders must wear appropriate clothes.

#### **8.1.018** Musical accompaniment

Any riding performance may be shown accompanied by music. If riders want to perform to a particular piece of music, the riders themselves have to provide the music.

12

#### § 8 Evaluation sheet

# **8.1.019** Completion of the evaluation sheet and compilation of riding performance The top part of the evaluation sheet has to be fully completed.

The figure number, the name of figure and the point values have to be filled in on the evaluation sheet exactly as in the list of figures. The point values have to be added and the total of points have to be filled in into the field difficulty points. Only figures from the corresponding list of figures in chapter V may be used in all disciplines to create the riding performance, taking into account the respective maximum number of figures.

Only one figure of each group of figures (a, b, c etc.) can be listed on the evaluation sheet.

It is free for the riders to sequence the figures on the evaluation sheet according to their wishes, but during the competition the written order has to be followed exactly.

(text modified on 01.01.16)

#### 8.1.020 Exceptions

After a raiser passage a raiser figure according to the corresponding end position of the passage has always to be showed.

Pairs are allowed to show a maximum of 3 turns on the spot.

The same maximum of 3 figures is valid for figures with the affix "separate" (Exception: Passages on two bicycles).

(text modified on 01.01.16)

## **8.1.021** Evaluation sheet sample

In all events or championships, it is only allowed to use the evaluation sheet shown on this page.

**Evaluation-Sheet for artistic-cycling-competition** 

	UCI ID:	Surname, Firs	tname:	Year of birth:	Discipline:				S	Starting-number:
					Pers.record:	Pts. on:				
					Federation:					
					Club:					
					Competition:					
					Date/Place:					
					Organiser:					
Seq. No.	Figure No.		Name o	of figure	In 1997	Tact. points	Point value	Diff	culty Pts.	Execution signs
						points	Value	70	1 10.	Jigiis
1										
2										
3										
4										
5										
6								H		
7								$\vdash$		
8										
9										
10								$\vdash$		
11										
12										
13										
14										
15										
16										
17										
18										
19										
$\rightarrow$								-		
20										
22										
_										
23										
24										
25										
26										
27										
28								_		
29										
30										
heck	ad:									
HECK	su.		DIFFICULTY POINTS:				Deva	luation o	f difficulty:	
nn	2004		+ Tactical points:			_		X x 0,2 =		
nnou	icer.		TOTAL POINTS:				~ x 0,5 =			
			- Total devaluation			x 1,0 =				
Vriter:			RESULT:	RESULT:				O x 2,0 =		
			+ Result commissaires group II			Devaluation of execution				
Chief:			+ Result commissaires group III				Total devaluation:			

(text modified on 01.01.16; 01.01.18)

#### **8.1.022** Check of evaluation sheet

Is an electronic judging system used in a competition the rider/coach is required to check, correct and sign the evaluation sheet he received.

From 1 hour before start of the corresponding discipline it is not allowed to change the evaluation sheet anymore.

Possible disadvantages due to mistakes on the evaluation sheet are in the responsibility of the rider.

(text modified on 01.01.16)

#### **8.1.023** Evaluation of the results

The total points are the result of the difficulty points and the respective tactical points.

The total devaluation is being calculated from the devaluation of difficulty and the devaluation of execution. The total devaluation subtracted from the total points is the result.

Any devaluation of difficulty for tactical figures has to be calculated from the point value of the figure including the attempted tactical points.

The final result is being calculated by the total of the single results from the commissaires groups, divided by the number of commissaires groups and has is to be rounded to two digits after the point.

If two or more riders end up with the same final result, the lower devaluation of execution will decide about the ranking. In the case it is the same, the riders will receive the same place in the ranking.

The final result of each competition has to be published as soon as possible by the Chief Commissaire or organiser.

No results below zero will be published. Only the rankings, based on the subtractions, will be published.

(text modified on 01.01.16; 01.01.18)

#### **8.1.024** Release of evaluation sheets

After finishing a discipline, the evaluation sheets or electronic judging documents have to be submitted to the corresponding person. The evaluation sheets have to be treated confidentially and may only be submitted to the concerning head of delegation, rider or coach.

At World Championships, the evaluation sheets have to be submitted to the head of delegation.

(text modified on 01.01.16)

#### § 9 Commissaires panel

#### **8.1.025** Appointment of commissaires

All commissaires appointed at artistic cycling competitions or championships must hold an adequate license, corresponding to the respective category.

The commissaires for international championships will be appointed by the authorized international federations or corresponding their guidelines. For all other competitions, the national federations or their subordinate bodies will be responsible for the appointment of the commissaires.

#### **8.1.026** Responsibility of commissaires

Any evaluation has to be conducted under the personal responsibility of the commissaire without influence from anybody else and has to be based only on the valid regulations.

All commissaires are obliged to be totally neutral towards riders.

The published result is a total decision of the commissaires' panel. Individual members of the commissaires' panel do not communicate differing opinions towards outside parties.

#### Composition of commissaires panel

#### **8.1.027** International Championships:

- 1 commissaire as Chief Commissaire;
- 3 announcing commissaires;
- 3 writing commissaires;

Each commissaires group consists of 1 announcing commissaire and 1 writing commissaire.

(text modified on 01.01.20)

#### **8.1.028** Other competitions:

bis

- 1 commissaire as Chief Commissaire:
- 2-3 announcing commissaires;
- 2-3 writing commissaires;

Each commissaires group consists of 1 announcing commissaire and 1 writing commissaire.

(text modified on 01.01.20)

#### Tasks of commissaires

#### **8.1.029** Commissaires panel

- Commissaires are responsible for the evaluation and are required to sign the evaluation sheet (not necessary when an electronic judging system is used).
- Commissaires have to check and approve the measures and the condition of the competition surface.
- Commissaires are required to check and to sign the evaluation sheets when the manual judging system (paper) is used. Faults in the evaluation sheet must be corrected in advance of the competition, if possible, together with the rider or his coach.

(text modified on 01.01.16; 01.01.17)

#### **8.1.030** The Chief Commissaire

- decides on the composition of the commissaires groups.
- is allowed to assemble meetings of the commissaires panel to guarantee the performance of the panel.
- Hands over the evaluation sheets to the commissaires.
- gives a signal (acoustically or visually) to enable the start.
- starts the timekeeping and times the length of the performance mechanically or electronically and will give an acoustic signal at the end of the official maximum time. It is possible to transfer this task to a separate time-keeper, who has to be situated next to the Chief Commissaire.
- a second (spare) time system has to be used in case of malfunctions.
- in case a rider forgets the "START" call at the beginning of the performance, the Chief Commissaire will determine the moment of starting the time.
- is observing the performance closely in order to be able to decide in case of interruptions or extra ordinary occurrences.

- after the end of each performance the Chief Commissaire verifies the evaluation sheets.
- is responsible that obvious judging mistakes will be corrected (if possible before the start of the next rider) by majority decision of the entire commissaires panel.
- the Chief Commissaire has to sign the evaluation sheet in case of manual judging. The Chief Commissaire is responsible for publishing the official final result and to release the evaluation sheet.
- in case of a defect bicycle and/or an injured or ill rider the Chief Commissaire has to stop the official time. In such a case the Chief Commissaire has to determine the time left. It is up to the Chief Commissaire to decide whether or not a riding performance can be continued. When the riding performance is continued, the rider who fell, has to stand on the floor, next to his bicycle. The bicycle is in the same place and in the same direction as at the moment of the time stop. In pair artistic cycling and ACT4, the other riders take the positions they had immediately before the interruption.

(text modified on 01.01.16; 01.01.17; 01.01.20, 01.01.2023)

#### **8.1.031** Announcing commissaire

The announcing commissaire follows the progress of the riding performance to evaluate the difficulty and execution of the figures. After each figure he announces the respective devaluations.

(text modified on 01.01.16)

#### **8.1.032** Writing commissaire

- reads the name of the figure according to the sequence on the evaluation sheet to the announcing commissaire.
- writes the announced devaluation on the corresponding line of the figure on the evaluation sheet.

(text modified on 01.01.16; 01.01.17)

## Chapter II SPECIFIC RULES

#### § 1 Length of riding perfomance

#### **8.2.001** Length of the riding performance

For all disciplines and age-groups the maximum time is 5 minutes.

(text modified on 01.01.16)

#### § 2 Number of figures

#### 8.2.002 Age-groups Elite and Junior

- Single artistic cycling: max. 30 figures
- Pair artistic cycling: max. 25 figures (with a minimum of 8, but a maximum of 15 figures on one bicycle). It is required to perform figures on one and on two bicycles.
- Artistic Cycling Team 4: max. 25 figures

#### **8.2.003** Age-group pupils

- Single artistic cycling: max. 25 figures
- Pair artistic cycling: max. 20 figures (with a minimum of 4, but a maximum of 12 figures on one bicycle). It is required to perform figures on one and on two bicycles.
- Artistic Cycling Team 4: max. 25 figures

(text modified on 01.01.23)

#### § 3 Riding performance

#### **8.2.004** Start of the riding performance

As soon as one of the riders enters the competition surface the evaluation will start. Before the start of the riding performance the riders present themselves on the competition surface, standing on the surface. Then the riding performance must be started with the clear call "START"; the riders being on the bicycle without touching the competition surface. With the call "START" the timekeeping starts.

(text modified on 01.01.16)

#### **8.2.005** End of the riding performance and descent from bicycle

At the end of the performance all riders have to descend from their bicycle correctly (**ACT4:** descend correctly and simultaneously) and present themselves, while standing on the competition surface towards the audience. The evaluation ends at this moment (even after the maximum time).

(text modified on 01.01.16; 01.01.17, 01.01.23)

#### **8.2.006** Leaving bicycles

During the riding performance the riders are not allowed to leave the bicycle. **Exception pair artistic cycling:** The one-time change from two bicycles to one, or from one bicycle to two.

#### **8.2.007** Interruption of the riding performance

The rider/coach will announce a defect of his bicycle, an injury or illness by raising the arm or/and by a clear call "STOP".

#### **8.2.008** Commands of execution

Commands of execution can be given only by the respective riders on the competition surface.

(text modified on 01.01.16)

#### **8.2.009** Announcing figures

During all disciplines announcing and/or showing the figures by outsiders is not allowed.

(text modified on 01.01.16)

#### **8.2.010** Tactical figures (T)

For figures which are described as tactical (T) in the tables of figures it is allowed to extend these figures during the performance of this figure as described.

(text modified on 01.01.16)

#### 8.2.011 Final figures

Final figures can only be performed as the last figure before the change of bicycles in pair artistic cycling or as the last figure of the riding performance. Final figures are part of the riding performance.

The riders have to end the final figure standing on the competition surface, holding the bike with one hand, while stretching the other arm sidewards and horizontally (exception: handstand bicycle lying down).

(text modified on 01.01.16)

#### 8.2.012 Deviations

If deviations in these regulations occur between the drawing and the applicable text, the text will prevail in such a case.

#### Complement for pair artistic cycling

## 8.2.013 Changing bicycles pair artistic cycling

The descent from the bicycle has to be performed correctly.

During the hand over / hand in of the bicycle from/to the rider, the coach has to stay within the coaching area. The bicycle has to be stored within the coaching area

The ascent on the bicycle(s) has to be performed without assistance.

(text modified on 01.01.16; 01.01.17)

#### § 4 Sequence of the figure

#### **8.2.014** Execution of the figure

All figures have to be executed within the competition surface and in accordance with chapter II specific rules, the name of the figure and chapter III explanations of the figures.

(text modified on 01.01.16)

#### 8.2.015 Body posture

During the execution of the figures a correct body posture is required in the sense of sportmenlike artistic cycling which may not be changed during the whole execution of a figure. Exceptions are the figures where a changing of the body posture is necessary.

(text modified on 01.01.16)

#### 8.2.016 Free-hand (frh.)

If free-hand (frh.) is written in the name of a figure all riders have to ride the entire way of stretch free-hand.

A way of stretch is considered to be a freehand distance if all riders have no contact with their hands to the handlebar, the bicycle or another rider, unless a grip connection is prescribed in the explanations of figures.

Arms which are not connected by a grip connection have to be stretched, horizontally, sidewards by an angle of 90° to

110° towards the body (see drawing). (ACT4: with exception of door-figures, surrounding and compass).

(text modified on 01.01.16, 01.01.23)

#### 8.2.017 Position of the arms

Figures which do not have the term "frh." in the name of the figure, riders have to be connected with one hand to a rider with a grip connection. The other hand is connected to the handlebar (or frh.). The position of the arms has to be

When riders are not connected to a partner and are connected to the handlebar with a hand, the other hand/arm has to be stretched sidewards. Possible deviations are described in the explanations of figures.

(text modified on 01.01.16)

#### 8.2.018 Stretching of arms and legs

If in the specific rules or in the explanations of figures is mentioned:

- "arm" or "arms", it refers to the elbow, wrist and finger.
- "leg" or "legs", it refers to the knee and ankle.

(text modified on 01.01.16)

#### 8.2.019 Both wheels on floor

Except figures with the text "raiser" all figures have to be performed with both wheels on the floor during the total way of stretch of the figure.

Exceptions are described in the explanations of figures.



(text modified on 01.01.16)

#### 8.2.020 Raiser

If "raiser" is written in the name of a figure, the total way of stretch of the figure has to be performed in the described raiser-position.

Only the rear wheel is in contact with the floor.

#### 8.2.021 Forward

All figures have to be performed in forward direction, if they are not marked in the name of the figure as backward. Exceptions are described in the explanations of figures.

At all figures with both wheels on the floor, turns, squats and jumps forward is determined by the bicycle. At all raiser figures the direction of the riders' face is decisive for the forward direction



(text modified on 01.01.16)

(text modified on 01.01.16)

#### 8.2.022 Backward (bw.)

When figures are marked in the name of the figure with "backward" they have to be performed during the total way of stretch of the figure in the backward direction. Exceptions are described in the explanations of figures.

At all figures with both wheels on the floor, turns, squats and jumps the backward motion is determined by the movement of the rolling bicycle. At all raiser figures the direction against the riders' face is decisive for the backward direction.



(text modified on 01.01.16)

#### Complement for single and pair artistic cycling

#### 8.2.023 Figures with straight line

- Bendstands and backstand: Straight line from head over trunk and free leg. The foot of the free leg has to be at least on the same level as the foot of the supporting leg.
- 2. Knee on saddle: Straight line from head over trunk and free leg.
- Waterscale: Straight line of trunk and legs.

(text modified on 01.01.16; 01.01.20)

#### 8.2.024 Saddle handlebarstands, handlebarstands and saddlestands

These figures have to be performed in an upright, free-hand position, with sidewards stretched arms and hands.

(text modified on 01.01.16)

#### 8.2.025 L-shape hold, scales and straddles

- L-shape hold has to be performed with closed and horizontally 1. stretched legs.
- 2. Scales have to be performed with closed and horizontally stretched legs. The legs and the upper part of the body have to build a straight line.

3. At straddles the stretched legs have to be in a horizontally position to the floor or at right angle to the bicycle. The opening angle of the straddle has to be at least 70°.

(text modified on 01.01.16; 01.01.20)

#### **8.2.026** Squats and turning jumps

All these figures have to be performed without bracing, pushing off and leaning onto the handlebars, frame or saddle with legs or feet.

(text modified on 01.01.16)

#### **8.2.027** Stillstands and handstand bicycle lying down

These figures have to be performed at least 3 seconds.

(text modified on 01.01.16)

#### **8.2.028** Passages (P.)

All passages can be performed in any way, without touching the floor and without any other assistance. The figure has to be shown from the starting position to the endposition without taking another figure position.

If the described endposition is a raiser-position, the following figure must be shown in the same kind of raiser.

The start and the end of the passage has to be shown according the description of the start- and endposition in the explanations of figures.

**Pair artistic cycling:** passages on two bicycles must be performed in grip connection (except the passages backhang raiser headtube reverse / standraiser).

(text modified on 01.01.16)

#### 8.2.029 Counterwise

If the term "counterwise" appears in the text this means the same position is possible with the opposite foot or leg, with opposite pedal and/or opposite rear-or frontpin.

#### Complement for pair artistic cycling

#### **8.2.030** Stands and shoulderseats on one bicycle

All the pin-, saddle handlebar-, handlebar-, saddle-, shoulderstands and shoulderseats must be performed with horizontally, sidewards, stretched arms (except ring-grip), without support from the partner and in an upright body posture.

For the figure Saddle handlebarstand/Saddle handlebarstand, it is not required to have sidewards stretched arms for one rider. During this figure, it is allowed to touch or hold the partner.

For the figure Raiser regular seat/Stand on pins, it is not required to have sidewards stretched arms for the position Stand on pins. It is allowed to touch or hold the partner which is in the raiser-position.

(text modified on 01.01.16)

#### **8.2.031** Headstands, shoulderstands and handstands on one bicycle

Figures with these positions have to be performed without support. It is not allowed to touch or hold the partner during the execution of these figures.

(text modified on 01.01.16)

#### **8.2.032** Simultaneous execution of figures

All the figures on two bicycles have to be performed simultaneously.

(text modified on 01.01.16)

#### **8.2.033** Figures performed "separate"

During circles or half circles, which have to be executed separately (in pair), the distance between the two riders has to be identical.

#### Complement for pair artistic cycling and ACT4

#### 8.2.034 Grip connections

The following kinds of grip connections are allowed:

- hand-in-hand grip,
- double-arm grip,
- double-shoulder grip
- shoulder grip (only ACT4)

Other grip connections are not allowed. Exceptions are described in the explanations of figures.

**Pair artistic cycling:** When in the explanations of figures or in the name of figures the term "separate" is not prescribed for a figure on two bicycles, or in these regulations just a touch of hands is being asked for, the figure must be shown totally or partially in grip connection.

(text modified on 01.01.16, 01.01.23)

#### **8.2.035** Forehead-line

The required number of riders (2 con., 3 con., 4 con., 6 con.) ride and/or stand, side by side, in the same direction. They are connected to each other by a grip connection. The distance between the riders has to be identical.

(text modified on 01.01.16)

#### **Complement for ACT4**

#### **8.2.036** Counter direction (count. dir.)

If the term "counter direction" is prescribed in the name of the figure, a rider or a group of riders have to ride in clockwise direction and the other rider or group of riders have to ride in anti-clockwise direction. The way of execution is described in the respective explanation of the figure. The riding-direction (forward or backward) has to be identical.

(text modified on 01.01.20, 01.01.23)

#### **8.2.037** Figures next to each other and following each other

- 1. Next to each other (n.e.o.)
  - a) For figures, which are performed next to each other, the distance between the riders has to be identical.
  - b) For figures, where riders ride next to each other, the way of stretch is to be measured according to the position of the outside riding rider (exception for line-figures and pull-figures).
- 2. Following each other (f.e.o.)
  - a) For figures, which are performed following each other, the distance between the riders has to be identical.

- b) For line-figures, pull-figures, S and 8, the distance between the riders may not be more than 2 metres. Exceptions are described in the explanations of figures.
- **8.2.038** Rules for figures performed "inside individual", "turn on" and "outside individual" Explanation:

Inside individual, turn on and outside individual are extensions of a figure as it is described in the explanations of figures. The riders ride with a uniform way of riding to the position of the figure, grap simultaneously the position of the figure (inside individual or turn on) and leave the position of the figure uniformly (outside individual). A figure can be performed either only inside individual or turn on or inside and outside individual or turn on and outside individual. For this, the following rules apply:

- 1. Inside individual:
  - a) All riders ride at least 2 metres in the respective way of riding according to the name of figure, separate and without grip connection into the position which is described in the explanation of figures.
  - b) After the inside individual, the grip connections have to be closed simultaneously and in motion. Exception: For "Stars" the grip connection doesn't have to be closed in motion.
  - c) For figures, which have to be performed within the middle circle or around the inner circle, the inside individual has to be started outside of the middle circle.
  - d) For "Stars" which are performed 2 con., 4 con., 6 con. as inside individual, the inside individual has to be performed in grip connection.
- 2. Turn on:
  - a) The turn on has to be executed after the inside individual (see 1. a) within a diametre of maximum 50cm. The turn on motion can be less than 360°.
  - b) After the turn on the riders have to ride free-handed and separate into the position which is described in the explanation of figures. The grip connections have to be closed, simultaneously and in motion.
  - c) The tactical enlargement has to be awarded after closing all grip connections within 2 metres after the turn on.
  - d) For figures, which have to be performed within the 4-metre-circle, the inside individual has to be started outside the middle circle.
- 3. Outside individual:
  - a) After the corresponding figure, the riders have to release the grip connections simultaneously and in motion.
  - b) All riders have to perform the outside individual at least 2 metres in the respective way of riding according to the name of the figure.
  - c) For figures, which have to be performed within the middle circle the outside individual has to end outside of the middle circle.

Rules for the way of riding:

- 1. inside individual or inside and outside individual
  - a) inside individual (inside indiv.) The inside individual and the figure can be executed in any way: free-hand, with one or both hands on the handlebar. The way of riding of all riders has to be uniform.
  - b) inside and outside individual (in- a. outside indiv.)

Execution of inside individual (see a). The outside individual can be executed in any way. The way of riding of all riders has to be uniform.

- 2. free-hand inside individual / free-hand inside and outside individual:
  - a) free-hand inside individual (frh. inside indiv.) The figure which is described in the explanation of figures has to be executed free-hand. The inside individual can be executed in any way. The way of riding of all riders has to be uniform.
  - b) free-hand inside and outside individual (frh. in- a. outside indiv.) Execution of frh. inside individual (see a). The outside individual can be executed in any way. The way of riding of all riders has to be uniform.
- 3. inside individual free-hand / inside and outside individual free-hand
  - a) inside individual free-hand (inside indiv. frh.)

    The inside individual into the figure which is described in the explanation of figures and the figure has to be executed free-hand.
  - b) inside and outside individual free-hand (in- a. outside indiv. frh.) Execution of inside individual frh. (see a). The outside individual has to be executed free-hand, too.
- 4. turn on free-hand / turn on and outside individual free-hand
  - a) turn on free-hand (turn on frh.)
     The turn on into the figure which is described in the explanation of figures and the figure has to be executed free-hand.
  - b) turn on and outside individual free-hand (turn on a. outside indiv. frh.)

The turn on frh. (see a). The outside individual has to be executed free-hand, too.

(text modified on 01.01.16; 01.01.17; 01.01.22)

#### **8.2.039** Lowering and rising of the frontwheel

If riders before the first figure, or between figures obviously lower or rise the frontwheel, it has to occur simultaneously.

(text modified on 01.01.16)

#### **8.2.040** Grab and release of the bicycle

If riders before the first figure, or between figures obviously release or grab the bicycle, it has to occur simultaneously.

(text modified on 01.01.16)

## § 5 Way of stretch

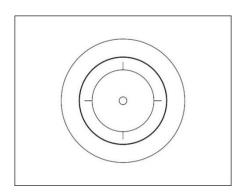
#### **8.2.041** Explanation way of stretch

Way of stretch is the designation for the progress of figures on the competition surface. All figures have to be performed within the competition surface. The distance ridden at the outside of the competition surface has to be repeated inside.

#### **8.2.042** Circle (C.)

Only the distance ridden outside the middle circle is valid for the evaluation. During the execution of a circle the distance to the centre of the competition surface have to stay the same for the total way of stretch. A circle ends after at least one complete drive around the middle circle.

(text modified on 01.01.16)



#### **8.2.043** Half circle (HC.)

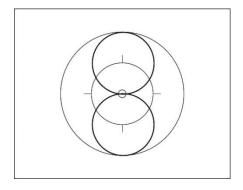
Only the distance ridden outside the middle circle is valid for the evaluation. During the execution of a half circle the distance to the centre of the competition surface have to stay the same for the total way of stretch. A half circle ends after at least a half drive around the middle circle.

(text modified on 01.01.16)

#### **8.2.044** Eight (8)

An eight is formed by two circles. Both circles must have the same diametre with a minimum of 4 metres. One circle has to be performed clockwise, the other circle has to be performed anti-clockwise. The change of direction has to be performed within the inner circle. The inner circle has to be crossed twice during the execution of an 8.

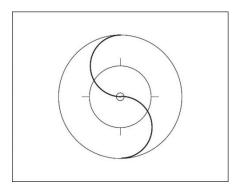
The circles have to be executed each in one half of the competition surface. The competition surface is split in two by an



imaginary straight line, which runs through the inner circle.

#### **8.2.045** Half eight (S)

A half eight is formed by two half circles. Both half circles must have the same diametre with a minimum of 4 metres. One circle has to be performed clockwise, the other half circle has to be performed anti-clockwise. The change of direction has to be performed within the inner circle. The inner circle has to be crossed once during the execution of a S. The sequence of the figure starts at the longitudinal or transversal axis of the competition surface. The half circles have to



be executed at two, across from each other, placed quarters of the competition surface (one half circle in each quarter).

The competition surface is split in 4 quarters by the longitudinal and transversal axis.

(text modified on 01.01.16)

#### **8.2.046** 50cm-spinnings (spin.)

Spinnings have to be performed on a spot with a maximum diametre of 50cm. The spinnings start being judged when the diametre has been achieved by all riders. At least 3 complete, successive, spinnings, within the mentioned diametre of 50cm, have to be performed simultaneously by all riders.

When spinnings are performed as part of a figure with described grip connection at the beginning and/or at the end of the figure the release and grapple of the grip connection must be performed simultaneously and in motion. For pair artistic cycling it is allowed to change the riding-direction.

**ACT4:** All figures with the term "spinnings" in the name of the figure have to be executed at least 2 metres before and after the 50cm-spinnings in the described position of the figure.

The tactical enlargement has to be awarded after closing all grip connections within 2 metres after the 50cm-spinnings.

Exception "Remmlinger spinnings": This figure has to be executed according to the explanations of the figure.

(text modified on 01.01.16; 01.01.17; 01.01.22, 01.01.23)

#### **8.2.047** Turn on the spot

During the figure, the grip connections have to be released from the corresponding position of the figure simultaneously. Then, all riders have to turn on the spot immediately for ½ turn, 1 turn or multiple times, simultaneously and without pedalling. The riders rotate around their own body longitudinal axis. After the turn on the spot the grip connections have to be closed simultaneously, and the riders have to stand without moving. The distances between the riders have to be identical.

(text modified on 01.01.16)

#### **8.2.048** Single rings (s.r.)

A single ring is a small circle, completely performed around a spot on the competition surface.

The release of the starting position in single rings, and the grapple into the end position have to be performed in motion. The single ring ends, when the point is rounded completely with released grip connection and when the riders have reached the starting position.

For the following figures the riders have to touch one of their hands, before and after the single rings, indicating the start and the end of the figure: Saddlehandlebarstand, Handlebarstand and Saddlestand.

During the performance of single rings in mills the riders have to leave the middle circle.

Single rings may only be as large as the other rider cannot be rounded.

(text modified on 01.01.16)

#### **8.2.049** Figures which may be shown anywhere on the competition surface:

Handlebar spinnings, handlebarstand turns, stillstands, turns, squats, jumps, 50cm-spinnings, turns on the spot, single rings out of forehead-line, passages and final figures.

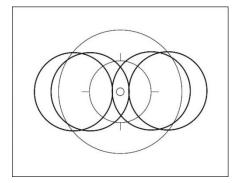
Exceptions for ACT4 are described in chapter II specific rules and in the explanations of figures.

(text modified on 01.01.16, 01.01.23)

#### Complement for pair artistic cycling

#### **8.2.050** Counter eight (Count. 8)

Each rider executes an eight. The sequence of the figure starts on the inner circle, where both riders ride from opposite directions, with a touch of hands of the riders (except handstand). The figure ends after completing the total way of stretch with a touch of hands (except handstand) of the riders, again on the inner circle.

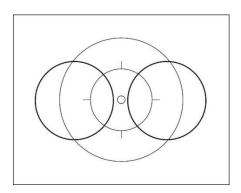


#### **8.2.051** Counter circle (Count. C)

Each rider executes each on a separate half of the competition surface a complete circle with a minimum diametre of 4 metres around a point. The points are located with the same distance to the inner circle on the longitudinal axis.

The competition surface is imaginary split, by the transversal axis.

The sequence of the figure starts and ends on the inner circle with a touch of hands of the riders.



The way of stretch which is executed during the handlebar-turn belongs to the content of the total way of stretch of the counter circle.

(text modified on 01.01.16)

#### **8.2.052** Mill

- Connected by hand-in-hand grip with their left or right hands, the riders show the figure in the middle of the competition surface. A way of stretch with at least one complete drive around the inner circle has to be performed.
- 2. At performing a mill with single-rings (s.r.) or mill-spinnings (mill. spin.) the riders have to show a grip connection at the middle of the competition surface at the start of the figure. Then the riders release their hands; execute the single-rings or mill-spinnings; and grab back to the hand-in-hand grip connection in the middle of the competition surface in motion. For single rings, combined with a mill, the riders have to leave the middle circle during the single ring.

(text modified on 01.01.16)

#### Complement for ACT4 and ACT6

#### **8.2.053** Single ring left (s.r.l.) / single ring left through (s.r.l. through)

1. Single ring left: a single ring left is performed with a way of stretch of a complete drive around a spot. In forward direction the riding direction is anti-clockwise. In backward direction, the riding direction is clockwise. A single ring ends after all riders have performed a complete drive and reached the starting position again.

2. Single ring left through: execution similar to single ring left, except that the single rings of the riders have to overlap.

Execution of single rings left during a figure:

- simultaneously, in same size and form
- before and after the single rings left, at least 2 metres have to be performed in the starting position (exception: stars) The way of stretch has to be measured on the outside riding rider.
- before the single rings left, the required grip connections have to be released simultaneously and in motion.
- after the single rings left, the required grip connections have to be closed simultaneously and in motion.

(article introduced on 01.01.16; text modified on 01.01.17; 01.01.20)

#### **8.2.054** Single ring right (s.r.r.) / single ring right through (s.r.r. through)

- Single ring right: a single ring right is performed with a way of stretch
  of a complete drive around a spot. In forward direction the riding
  direction is clockwise. In backward direction, the riding direction is anticlockwise. A single ring ends after all riders have performed a complete
  drive and reached the starting position again.
- 2. Single ring right through: execution similar to single ring right, except that the single rings of the riders have to overlap.

Execution of single rings right during a figure:

- simultaneously, in same size and form
- before and after the single rings right, at least 2 metres have to be performed in the starting position exception: stars) The way of stretch has to be measured on the outside riding rider.
- before the single rings right, the required grip connections have to be released simultaneously and in motion.
- after the single rings right, the required grip connections have to be closed simultaneously and in motion.

(article introduced on 01.01.16; text modified on 01.01.20)

#### **8.2.055** 2 connected single ring left (2 con. s.r.l.)

A 2 connected single ring left is performed with a way of stretch of a complete drive around a common point. Two riders ride with grip connection and in same direction side by side. In forward direction the riding direction is anti-clockwise. In backward direction the riding direction is clockwise. The single ring ends after all riders have performed a complete drive and reached the starting position again.

Execution of 2 connected single rings left during a figure:

- simultaneously, in same size and form
- before and after the 2 con. single rings left, at least 2 metres have to be performed in the starting position. The way of stretch has to be measured on the outside riding rider.
- before the 2 con. single rings left the required grip connections have to be released simultaneously and in motion.
- after the 2 con. single rings left the required grip connections have to be closed simultaneously and in motion.

(article introduced on 01.01.16)

#### **8.2.056** 2 connected single ring right (2 con. s.r.r.)

A 2 connected single ring right is performed with a way of stretch of a complete drive around a common point. Two riders ride with grip connection and in same direction side by side. In forward direction the riding direction is clockwise. In backward direction the riding direction is anti-clockwise. The single ring ends after all riders have performed a complete drive and reached the starting position again.

Execution of 2 connected single rings right during a figure:

- simultaneously, in same size and form
- before and after the 2 con. single rings right, at least 2 metres have to be performed in the starting position. The way of stretch has to be measured on the outside riding rider.
- before the 2 con. single rings right the required grip connections have to be released simultaneously and in motion.
- after the 2 con. single rings right the required grip connections have to be closed simultaneously and in motion.

(article introduced on 01.01.16)

## **8.2.057** Half alternate ring (half a.r.)

A half alternate ring consists of two half drives, around a spot each. Both half drives have to be performed in same size and uniform. One of the two half drives have to be performed clockwise; the other half drive has to be performed anticlockwise.

(article introduced on 01.01.16; text modified on 01.01.20)

#### **8.2.058** Alternate ring (a.r.) / alternate ring overlapping (a.r. overlapping)

- 1. Alternate ring: An alternate ring consists of two drives, around a spot each. Both drives have to be performed in same size and uniform. One of the two drives has to be performed clockwise; the other drive has to be performed anti-clockwise.
- 2. Alternate ring overlapping: The way of stretch of the second drive overlaps with the first drive of the rider riding behind or riding ahead.

(article introduced on 01.01.16; text modified on 01.01.17, 01.01.20; 01.01.22)

# **8.2.059** Half shortline opposite direction alternate ring (half shortline opp. dir. a.r.) Two or three riders ride, next to each other, without grip connection on an axis which runs parallel to the long side of the competition surface. They form a pair of riders or a group of riders. The pair of riders or group of riders have to perform a half shortline opposite direction alternate ring (see article **8.2.057**) with the same speed during the figure and they ride from one other long side of the border of the competition surface to the respectively opposite side.

#### **8.2.060** Shortline opposite direction alternate ring (shortline opp. dir. a.r.)

Two or three riders ride, next to each other, without grip connection on an axis which runs parallel to the long side of the competition surface. They form a pair of riders or a group of riders. The pair of riders or group of riders have to perform a shortline opposite direction alternate ring (see article **8.2.058** No. 1) with the same speed during the figure and they ride from one other long side of the border of the competition surface to the respectively opposite side and back.

#### **8.2.061** Star inside

All riders are standing, at the same distances between each other, without moving, around the inner circle. All are connected to each other by hand-in-hand grip connection. The bicycle head tubes have to point to the inner circle.

(article introduced on 01.01.16, 01.01.23)

#### **8.2.062** Star outside

All riders are standing, at the same distances between each other, without moving, around the inner circle. All are connected to each other by hand-in-hand grip connection. The bicycle rear wheels have to point to the inner circle.

(article introduced on 01.01.16, 01.01.23)

#### 8.2.063 Alternate-star

All riders stand, without moving and the same distance between each other, around the inner circle. They are connected by a hand-in-hand grip connection. The head tube is alternately directed to the inner circle by a rider and the rear wheel by the following rider.

#### **8.2.064** Shortline

At a shortline the riders, pairs of rider or groups of riders are aligned parallel to the long side of the competition surface. They ride from a long side of the border of the competition surface to the other side on an axis which runs parallel to the short side of the competition surface.

At a shortline following each other all riders ride on a common axis. At a shortline next to each other the riders ride on an own axis each.

All line figures start 1 metre of the riders' distance to the border of the competition surface and they end 1 metre from the opposite border of the competition surface. The way of stretch has to be straight. At line figures the way of stretch has to be measured at the front wheel or rear wheel which is the nearest to the border of the competition surface.

(article introduced on 01.01.16)

#### **8.2.065** Shortline opposite direction

At a shortline opposite direction the riders, pairs of rider or groups of riders are aligned parallel to the long side of the competition surface. They ride from one other long side of the border of the competition surface to the respectively opposite side, on an axis which runs parallel to the short side of the competition surface, at the same speed in the opposite direction, passing each other.

At a shortline opposite direction following each other all riders ride on a common axis. At a shortline opposite direction next to each other the riders ride on an own axis each.

All line figures start 1 metre from the riders' distance to the border of the competition surface, and they end 1 metre from the opposite border of the competition surface. The way of stretch has to be straight. For line figures the way of stretch has to be measured from the front wheel or rear wheel which is the nearest to the border of the competition surface.

E0221 Indoor Cycling 31

#### 8.2.066 Longline

At a longline the riders, pairs of rider or groups of riders are aligned parallel to the short side of the competition surface. They ride from a short side of the border of the competition surface to the other side, on an axis which runs parallel to the long side of the competition surface.

At a longline following each other all riders ride on a common axis. At a longline next to each other the riders ride on an own axis each.

All line figures start 1 metre from the riders' distance to the border of the competition surface, and they end 1 metre from the opposite border of the competition surface. The way of stretch has to be straight. For line figures the way of stretch has to be measured from the front wheel or rear wheel which is the nearest to the border of the competition surface.

#### **8.2.067** Longline opposite direction

At a longline opposite direction, the riders, pairs of rider or groups of riders are aligned parallel to the short side of the competition surface. They ride from one other short side of the border of the competition surface to the respectively opposite side, on an axis which runs parallel to the long side of the competition surface, at the same speed in the opposite direction, passing each other.

At a longline opposite direction following each other all riders ride on a common axis. At a longline opposite direction next to each other the riders ride on an own axis each.

All line figures start 1 metre from the riders' distance to the border of the competition surface, and they end 1 metre from the opposite border of the competition surface. The way of stretch has to be straight. For line figures the way of stretch has to be measured from the front wheel or rear wheel which is the nearest to the border of the competition surface.

#### 8.2.068 Diagonal pull

At a diagonal pull, the riders, pairs of rider or groups of riders, ride in a straight line from one corner of the border of the competition surface to the diagonal opposite corner. All line figures start 1 metre from the riders' distance to the border of the competition surface, and they end 1 metre from the opposite border of the competition surface. The way of stretch has to be straight. For line figures the way of stretch has to be measured from the front wheel or rear wheel which is the nearest to the border of the competition surface.

#### **8.2.069** Diagonal pull opposite direction

At a diagonal pull opposite direction the riders, pairs of rider or groups of riders, ride in a straight line from one corner of the border of the competition surface to the diagonal opposite corner, at the same speed in the opposite direction, passing each other. All line figures start 1 metre from the riders' distance to the border of the competition surface, and they end 1 metre from the opposite border of the competition surface. The way of stretch has to be straight. For line figures the way of stretch has to be measured from the front wheel or rear wheel which is the nearest to the border of the competition surface.

#### 8.2.070 Mill

For a mill all riders have to ride, with same distances and following each other, a complete drive around the inner circle. They are connected by a grip connection with their left hands. The figure has to be performed within the middle circle.

#### 8.2.071 2 Mills / 3 Mills

Two or three riders have to ride, with same distances and following each other, a complete drive around one point each. They are connected by a grip connection

with their left hands. All mills have to be performed uniformly distributed on the longitudinal or transversal axis. The mills start when all riders are connected. Each rider has to be on a common axis, which runs parallel to the long or short side of the competition surface, with one rider of the other mill/s. The mills have to be performed simultaneously.

Exceptions applicable to the end of the figure are described in the explanations of figures.

(article modified on 01.01.20)

#### **8.2.072** 2 con. wingmill / 3 con. wingmill

Two or three riders have to ride with grip connection, next to each other on an axis. They form a pair of riders or a group of riders. The pairs or groups of riders have to ride with same distances and following each other, a half / a complete drive around the inner circle. The inside riding riders are connected with their left hands by a hand-in-hand grip connection, which is located above the inner circle. Exceptions applicable to the end of the figure are described in the explanations of figures.

#### 8.2.073 Insidering

For insidering all riders have to ride, with same distances and following each other a complete drive around the inner circle. Each rider has to take his right hand forward and grip the left hand of the rider in front of him. The insidering starts when all riders are connected. The insidering has to be performed within the middle circle.

Exceptions applicable to the end of the figure are described in the explanations of figures.

#### **8.2.074** 2 insiderings / 3 insiderings

Two or three riders have to ride, with same distances and following each other, a complete drive around one point each. They form a pair of riders or a group of riders. Each rider has to take his right hand forward and grip the left hand of the rider in front of him. All rings have to be performed uniformly distributed on the longitudinal or transversal axis. The insiderings start when all riders are connected. Each rider has to be on a common axis, which runs parallel to the long or short side of the competition surface, with one rider of the other ring/s. The insiderings has to be performed simultaneously.

Exceptions applicable to the end of the figure are described in the explanations of figures.

(article modified on 01.01.20)

#### **8.2.075** 2 con. wingring / 3 con. wingring

Two or three riders have to ride, with grip connection, next to each other on an axis. They form a pair of riders or a group of riders. The pairs or groups of riders, ride with same distances and following each other, a complete drive around the inner circle. Each inside riding rider grip with the right hand to the left hand of the rider in front of him. The outside riding riders grip with the left hand on the shoulder of one of the inside riding rider.

Exceptions applicable to the end of the figure are described in the explanations of figures.

#### 8.2.076 Outsidering

For outsidering all riders have to ride, with same distances and following each other, a complete drive around the inner circle. Each rider has to take his left

hand forward and grip the right hand of the rider in front of him. The outsidering starts when all riders are connected. The outsidering has to be performed within midlle circle.

Exceptions applicable to the end of the figure are described in the explanations of figures.

#### 8.2.077 2 outsidering / 3 outsidering

Two or three riders have to ride, with same distances and following each other, a complete drive around one point each. They form a pair of riders or a group of riders. Each rider takes his left hand forward and grips the right hand of the rider in front of him. All rings have to be performed uniformly distributed on the longitudinal or transversal axis. The outsiderings start when all riders are connected. Each rider has to be on a common axis, which runs parallel to the long or short side of the competition surface, with one rider of the other ring/s. The outsiderings have to be performed simultaneously.

Exceptions applicable to the end of the figure are described in the explanations of figures.

(article modified on 01.01.20)

#### **8.2.078** Ring with alternate grips

For ring with alternate grips all riders have to ride, with same distances and following each other, a complete drive around the inner circle. Rider 1, 3 and (5) have to take their left hand forward and grip the left hand of the rider in front of them. Rider 2, 4 and (6) grip with the right hand the right hand of the rider in front of them. The ring with alternate grips starts when all riders are connected. The figure has to be performed within the middle circle.

Exceptions applicable to the end of the figure are described in the explanations of figures.

#### 8.2.079 Door

Two riders have to stand on the longitudinal or transversal axis. They are connected by a hand-in-hand grip connection. The arms which are not connected have to be stretched sideward and horizontally. The grip connections are above the inner circle. Thus, the riders form a door.

#### **8.2.080** Double door

Three riders have to stand on the longitudinal or transversal axis, the central rider has to stand on the inner circle. The three riders are connected by a hand-in-hand grip connection. The arms which are not connected have to be stretched sideward and horizontally. Thus, the riders form a double door. The distance between the riders has to be identical.

#### 8.2.081 Turbine

Three riders have to ride on a common axis, the center rider has to be located on the inner circle. The two outside riders are connected by a hand-in-hand grip with the center rider and ride around him. The center rider has to turn on his spot without pedalling, while the two outside riders rotate the center rider around his body longitudinal axis. Thus, the riders form a turbine.

(article modified on 01.01.20)

#### 8.2.082 2 turbines

Each three riders have to ride on a common axis, each center rider has to be located on a point on the longitudinal or transversal axis. Both points have equal

distances to the inner circle. Each two outside riders are connected by a hand-in-hand grip with the center rider and ride around him. The center rider has to turn on his spot without pedalling, while the two outside riders rotate the center rider around his body longitudinal axis. Thus, the riders form a turbine. Each rider has to ride on a common axis, which runs parallel to the long or short side of the competition surface, with one rider of the other turbine.

(article modified on 01.01.20)

## **Chapter III EXPLANATIONS OF FIGURES**

## § 1 Single artistic cycling

#### **8.3.001** Figures with both wheels on the floor

#### Reg. seat

Seat on the saddle, chest directed to the handlebar, feet on the pedals.

**1002c:** with continuous handlebarspinning, a complete single ring has to be performed free-hand.



1001 1002

#### Reg. seat rev.

Seat on the saddle, back directed to the handlebar, feet on the pedals.

**1004e:** with continuous handlebarspinning, a complete single ring has to be performed free-hand.



1003 1004

#### Steering with feet

Seat on the saddle, chest directed to the handlebar, feet on the handlebar.



1011

#### Lady seat

Seat on the saddle, chest directed to the handlebar, one foot on a pedal. The free leg stretched over the crossbar to the opposite side of the bicycle and below the handlebar, without touching the handlebar with the leg.



1012 1013

#### Handlebarseat

Seat on the handlebar, back directed to the saddle. The free leg stretched forward, horizontally. Other foot on the down tube.



1016

#### Handlebarseat rev.

Seat on the handlebar, chest directed to the saddle, feet on the pedals.



1017

#### **Split**

Left foot standing on the left rear-pin, right foot standing on the right front-pin (or counterwise). Chest directed to the handlebar, without touching the handlebar with the leg.



1021 1022

#### Split rev.

Right foot standing on the left rear-pin, left foot standing on the right-frontpin (or counterwise). Chest directed to the saddle, without touching the handlebar with the leg.



1023 1024

#### **Frontstand**

Stand in front of the handlebar, back directed to the saddle. One foot on the frontpin, other foot on the down tube.



1031

#### **Backstand**

Stand with one foot on the frontpin, handlebar in front of the rider, chest directed to the saddle. The free leg has to be stretched in moving direction, without touching the handlebar with the legs.



1032

## Side pedal stand

Stand with feet and closed legs on one pedal, chest directed to the handlebar.



1036

## Sidestand foot cranking

Stand with one foot on the left rear-pin, other foot on the left pedal (or counterwise), chest directed to the handlebar.



1037

#### **Sidestand**

Stand with one foot on the left rear-pin, other foot on the left front-pin (or counterwise), chest directed to the handlebar, without touching the handlebar with the leg.



1038

#### Sidestand rev.

Stand with one foot on the left rear-pin, other foot on the left front-pin (or counterwise), chest directed to the saddle, without touching the handlebar with the leg.



1039

## Side kneeling foot cranking

Knee of one leg across the saddle, without extending the outer edge of the saddle. Foot of the other leg on a pedal.



1040

## **Frameseat**

Pushing one foot through the frame and placing foot on the front-pin. Free leg stretched forward, seat in the frame.



1041

### Stand on pins

Stand with feet each on a rear-pin. Both knees behind the saddle.



1046

#### Stand bent on pin

Stand with one foot on the rear-pin, trunk bent-forward to the handlebar, free leg stretched backwards.



1047 1048

E0221 Indoor Cycling 37

#### Bent knee seat

In squat position with one foot on the crossbar, free leg horizontally stretched forward, back directed to the saddle.



1051

#### Knee on saddle

Knee on the saddle, trunk bent-forward to the handlebar, free leg stretched backwards in straight line with trunk and head.



1053 1054

#### Stand bent on saddle

Stand with one foot on the saddle, trunk bent-forward to the handlebar, free leg stretched backwards.



1061 1062

#### Stand bent on frame

Stand with one foot on the crossbar, trunk bent-forward to the handlebar, free leg stretched backwards.



1063 1064

## Stand bent on frame rev.

Stand with one foot on the crossbar, trunk bent-forward to the saddle, free leg stretched in moving direction.



1065

#### Stand bent on handlebar rev.

Stand with one foot on the handlebar, trunk bent-forward to the saddle, free leg stretched in moving direction, one hand on the saddle, other hand on the handlebar.



1066

#### Pedal side stand rev.

One leg through the frame, feet standing on the pedals, chest directed to the saddle.



1071

#### **Framestand**

Standing upright with one foot solely on the down tube, other foot solely on the saddle tube, chest directed to the handlebar. Without touching the feet each other and without touching the handlebar with the leg.



1076

### Framestand rev.

Standing upright with one foot solely on the down tube, other foot solely on the saddle tube, chest directed to the saddle. Without touching the feet each other and without touching the handlebar with the leg.



1077

## **Fronthang**

Both hands behind the back on the handlebar, frontwheel between the legs, feet on the pedals.



1081 1082

### **Backhang**

In front of the headtube hanging on the handlebar, chest directed to the saddle, frame between the legs, feet on the pedals.



1083 1084

### Lying on handlebar

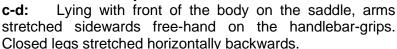
Lying with front of the body on the handlebar, head directed to the saddle, closed legs stretched horizontally in moving direction.



1091

### Lying on saddle, Lying on saddle and handlebar

**a-b:** Lying with front of on the saddle, closed legs stretched horizontally backwards.





1092

#### Waterscale

Lying with back of the body in a straight line on the handlebar, stretched legs or feet under (**a** and **b**), or on (**c** and **d**) the saddle.



1093

#### Walk on front wheel 1/4 circle

Walking with feet on the front wheel tyre, both hands on the handlebar, chest directed to the saddle. The way of stretch for this figure has to be ½ circle.



1096

## Saddle handlebarstand

Stand free with one foot on the saddle and the other foot on the handlebar.



1101 1102

#### Saddlestand

Stand free with feet on the saddle.

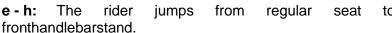


1103

## Fronthandlebarstand, Fronthandlebarstand turn (T)

Stand free with feet on the handlebar-grips, back directed to the saddle.

From one turn a tactical enlargement of the fronthandlebarstand turn(s) is possible up to four half-turns in maximum.



**i - I:** From fronthandlebarstand with half or multiple front wheel turn(s) to the fronthandlebarstand or handlebarstand reverse. After the last turn, the end position has to be held for at least 2 metres.



1104

E0221 Indoor Cycling 39

m - p: The rider jumps from regular seat to the fronthandlebarstand; further according figure i - I.

#### Handlebarstand rev.

Stand free with feet on the handlebar-grips, chest directed to the saddle.



1105

## Saddle support scale

One hand on the saddle, elbow supporting the body, other hand on the handlebar (handlebar-grip may be used as support for the forearm). Head in moving direction, legs stretched backwards.



1111

#### Handlebar support scale

One hand on the handlebar, elbow supporting the body, other hand on the saddle. Head to the saddle, legs stretched in moving direction.



1112 a 1112 b 1112 c

#### Handlebar grip scale, legs front

Both hands on the handlebar, elbows supporting the body. Head to the saddle, legs stretched in moving direction.



1112 d

1112 e 1112 f

1112 g

## Handlebar grip scale, legs rear

Both hands on the handlebar, elbows supporting the body. Head in moving direction, legs stretched above the saddle.



1112 h 1112 i

1112 j 1112 k

## Handlebar L-shape hold

Arms stretched, hands placed on the handlebar-grips, legs stretched, back directed to the saddle.



1115

#### Handlebar L-shape hold rev.

Arms stretched, hands placed on the handlebar-grips, legs stretched, chest directed to the saddle.



1116

#### L-shape hold sidewards

touching the handlebar.

Arms stretched, one hand placed on the saddle, other hand placed on the handlebar. Legs stretched, without leaning against the handlebar-grip with the forearm or wrist.



## Handlebar support straddle, Saddle support straddle.

a-b: Arms stretched, hands placed on the handlebargrips. Legs stretched, straddled on the outside of the arms.
c-d: Arms stretched, hands placed on the saddle. Legs stretched, straddled on the outside of the arms, without



1118

#### Headstand

Headstand on the saddle, both hands on the handlebar. Legs closed and stretched straight upwards.



1121

#### **Shoulderstand**

Shoulderstand with one shoulder on the saddle or crossbar. boths hands on the handlebar. Legs closed and stretched straight upwards.



1122

#### Saddle handlebar handstand

Handstand with one hand on the handlebar and other hand on the saddle. Arms stretched, legs closed and stretched straight upwards, without leaning against the handlebar-grip with the forearm or wrist.



1123 a 1123 b 1123 c

## L-shape hold sidewards saddle handlebar handstand (T)

From L-shape hold sidewards, which has to be performed for at least 2 metres, going directly to the handstand without touching the frame with foot/feet. The handstand has to be performed as described in 1123a-d. The way of stretch HC., C., S or 8 starts in the position of the saddle handlebar handstand.

The tactical enlargement is possible for the kind of execution as Swiss saddle handlebar handstand which has to be performed as described in 1123i-I.

The tactical enlargement is possible for the kind of execution as German saddle handlebar handstand which has to be performed as described in 1123m-p.

## L-shape hold sidewards Swiss saddle handlebar handstand

From L-shape hold sidewards, which has to be performed for at least 2 metres, going directly to the handstand with stretched legs over the frame but without touching the frame with foot/feet. After passing the frame, with stretched and straddled legs and stretched arms to the handstand, which has to be performed as described in 1123a-d. The way of stretch HC., C., S or 8 starts in the position of the saddle handlebar handstand.

## L-shape hold sidewards German saddle handlebar handstand

From L-shape sidewards, which has to be performed for at least 2 metres, going directly to the handstand with stretched legs over the frame without touching the frame or else with foot/feet. After passing the frame with stretched, closed legs 1123 d

1123 e

1123 f

1123 g

1123 h

1123m

1123 n 1123 o

1123 p

1123 i 1123 i

1123 k

1123 I

and stretched arms to the handstand, which has to be performed as described in 1123a-d. The way of stretch HC., C., S or 8 starts in the position of the saddle handlebar handstand.

#### Handlebar handstand

Handstand with both hands on the handlebar-grips. Arms stretched, legs closed and stretched straight upwards.



1124 a 1124 b 1124 c 1124 d

## L-shape hold handlebar handstand (T)

From L-shape hold or L-shape hold rev., which has to be performed for at least 2 metres, going directly to the handstand without touching the handlebar and/or frame with foot/feet. The handstand has to be performed as described in 1124a-d. The way of stretch HC., C., S or 8 starts in the position of the handlebar handstand.

The tactical enlargement is possible for the kind of execution as Swiss handlebar handstand, which has to be performed as described in 1124i-I.

The tactical enlargement is possible for the kind of execution as German handlebar handstand, which has to be performed as described in 1124m-p.

#### L-shape hold Swiss handlebar handstand

From L-shape hold or L-shape hold rev., which has to be performed for at least 2 metres, going directly to the handstand with stretched legs over the handlebar without touching the handlebar and/or frame with foot/feet. After passing the handlebar, with stretched and straddled legs and stretched arms to the handstand, which has to be performed as described in 1124a-d. The way of stretch HC., C., S or 8 starts in the position of the handlebar handstand.

## L-shape hold German handlebar handstand

From L-shape hold or L-shape hold rev., which has to be performed for at least 2 metres, going directly to the handstand with stretched legs over the handlebar without touching the handlebar or else with foot/feet. After passing the handlebar with stretched, closed legs and stretched arms to the handstand, which has to be performed as described in 1124a-d. The way of stretch HC., C., S or 8 starts in the position of the handlebar handstand.

## Handlebar support straddle handlebar handstand

From handlebar support straddle, which has to be performed for at least 2 metres, with stretched legs and stretched arms directly to the handstand, which has to be performed as described in 1124a-d. The way of stretch of HC., C., S or 8 starts in the position of the handlebar handstand.

1124 e

1124 f

1124 g

1124 h

1124m

1124 n

1124 o

1124 p

1124 q

1124 r

1124 s

1124 t

1124 i

1124 i

1124 k

11241

## Stillstand on pedals, Stillstand pedal front wheel

**a-b:** Stand with feet, solely, on the pedals, back directed to the saddle. The stillstand has to be performed for at least 3 seconds.



1141

**c-d:** Standing with one foot, solely, on a pedal, the other foot on the front wheel tyre, back directed to the saddle. The stillstand has to be performed for at least 3 seconds.

(text modified on 01.01.12; 01.01.16; 01.01.17; 01.01.20)

## **8.3.002** Sidestand turn, squats and jumps

#### Sidestand turn

Chest directed to the handlebar, right foot on the right frontpin, left foot on the right pedal (or counterwise). With half turn of the handlebar and the front wheel to the backhang. While performing the turn, the foot must not leave the pedal.



1151 a

## Reg. seat squat

Squat from regular seat over the handlebar to the fronthang.



1156

#### Fronthang squat

**a**: Squat from fronthang over the handlebar to the regular seat. Pushing off with one foot from a front-pin is allowed.



1157

**b-c**: Like **a**: but without pushing off from the front-pin.

#### **Backhang squat**

**a:** Squat from backhang over the handlebar to the handlebarseat reverse. Pushing off with one foot from a frontpin is allowed.



1158

**b-c:** Like **a:** but without pushing off from the front-pin.

#### Handlebarseat rev. squat

Squat from handlebarseat reverse over the handlebar to the backhang.



1159

## Handlebarseat rev. scissors jump

From handlebarseat reverse crossing stretched legs above the saddle. Then changing grips to regular seat. Turning the upper part of the body while crossing or grip-changing. Intermediate sitting, after crossing, on the frame or the handlebar is allowed.



1171 a

#### Backhang scissors jump

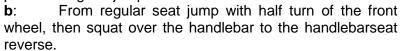
Squat from backhang over the handlebar without an intermediate seat in position handlebarseat rev., crossing stretched legs above the saddle. Then changing grips to regular seat. Turning the upper part of the body while

1171 b

crossing or grip-changing. Intermediate sitting, after crossing, on the frame or the handlebar is allowed.

## Turning jump / Turning-scissors jump

**a:** From sidestand foot-cranking jump with half turn of the front wheel, then squat over the handlebar to handlebarseat reverse. The foot has to be removed from the pedal during the jump.



**c**: From handlebarseat reverse squat over the handlebar, immediately followed by jump with half turn of the front wheel to the regular seat.

**d**: From regular seat jump with half turn of the front wheel to stand bent on frame reverse.

**e:** From regular seat jump with half turn of the front wheel over the handlebar, without an intermediate seat in position handlebarseat rev., crossing stretched legs above the saddle, and changing grips to the regular seat. Turning the upper part of the body while crossing or grip-changing. Intermediate sitting, after crossing, on the frame or the handlebar is allowed.

## **Turning jump**

**a:** From sidestand foot cranking jump with half turn of the front wheel to walking on the front wheel. The foot has to be removed from the pedal during the jump.

**b:** From regular seat jump with half turn of the front wheel to walking on the front wheel.

## **Turning jump**

**a:** From sidestand foot cranking with half turn of the front wheel to backhang. The foot has to be removed from the pedal during the jump.

**b:** From regular seat with half turn of the front wheel to the backhang.

**c:** From backhang with half turn of the front wheel to the regular seat.

#### Turning jump (T)

The tactical enlargement of the turning jumps is possible from two to seven, three to eight, from four to nine and from five to ten turning jumps.

**a:** From regular seat jump with complete turn of the front wheel to the regular seat.

**b-e:** From regular seat jump with, continuous multiple turns to the regular seat.



1172



1173



1174



1175

#### Pedal jump

From side pedal stand jump simultaneously with feet over the crossbar to side pedal stand on the other side of the bicycle.



1181

## Maute jump

Jump from the saddlestand to the fronthandlebarstand which has to be performed, after the jump, for at least 2 metres.



(text modified on 01.01.16)

#### 8.3.003 Raiser figures

#### Raiser reg. seat

a-d/i: Seat on the saddle, chest directed to the handlebar, feet on the pedals.

Seat on the saddle, chest directed to the handlebar, one foot on a pedal. The free leg has to be stretched without touching the bicycle.



1201 1202

### Raiser reg. seat rev.

**a-d/q**: Seat on the saddle, back directed to the handlebar, feet on the pedals.

1203e-f: Seat on the saddle, back directed to the handlebar, one foot on a pedal. The free leg has to be stretched without touching the bicycle.



1203

1204

#### Raiser lady seat

Seat on the saddle, chest directed to the handlebar, one foot on a pedal. The free leg has to be stretched over the crossbar to the opposite side of the bicycle and below the handlebar without holding on the front wheel with the foot.



1211 1212

## Raiser stand on pin / raiser stand on pin bw.

**1216a-d/1217a-e:** Stand with the left foot on the left rear-pin and with the right foot on the right pedal (or counterwise), chest directed to the handlebar.



1216

1217

## Raiser sidestand / raiser sidestand bw.

1216e-h/1217f-g: Stand with one foot on the right rear-pin and with the other 1217 on the right pedal (or counterwise), chest directed to the handlebar.

1216

#### Raiser stand on pin rev.

Stand with the right foot on the left rear-pin and the left foot on the right pedal (or counterwise), back directed to the handlebar.



1219a 1219b

### Raiser sidestand rev.

Stand with one foot on the right rear-pin and the other foot on the right pedal (or counterwise), back directed to the handlebar.

1219 c 1219 d

#### Raiser handlebarseat

Seat in the lower part of the handlebar, chest directed to the front wheel, feet on the pedals.



1226 1227

#### Raiser handlebarseat rev.

Seat in the lower part of the handlebar, back directed to the front wheel, feet on the pedals.



1228 1229

#### Raiser head tube

Seat on the head tube, front wheel in front of oneself, feet on the pedals.



1236 a 1236 b 1236 e

1237

### Raiser head tube 1 leg

Seat on the head tube, front wheel in front of oneself, one foot on the pedal. The free leg has to be stretched, whithout touching the bicycle.

## 1236 c 1236 d

#### Raiser head tube rev.

Seat on the head tube, front wheel behind oneself, feet on the pedals.



1238 1239

#### Standraiser

Saddle directed downwards, holding the front wheel in front of oneself, standing with feet on the pedals.



1246 1247

## Standraiser rev.

Saddle directed downwards, holding the front wheel behind oneself, standing with feet on the pedals.



1248 1249

(text modified on 01.01.17)

## 8.3.004 Raiser passages

Passages 1281-Execution according 8.2.028. 1293

## **8.3.005** Final figures

A final figure can only be performed as last figure of the riding performance. The rider has to finish the figure standing on the competition surface (except for figure  $\bf o$  and  $\bf p$ ), holding the bicycle in one hand. The other arm has to be stretched, horizontally sidewards.

## Reg. seat handlebar squat

1301 a

From position regular seat squat over the handlebar with feet standing on the floor. During the jump, the handlebar has to be held with both hands.

#### Side pedal stand squat over the bicycle

1301 b

Feet on one pedal, squat over the frame with feet standing on the floor. During the jump the handlebar has to be held with both hands.

## Reg. seat handlebar straddle

1301 c

From position regular seat jump with straddled legs over the handlebar to with feet standing on the floor. The handlebar has to be released during the jump.

#### Reg. seat handlebar squat ½ twist

1301 d

From position regular seat squat over the handlebar with a  $\frac{1}{2}$  twist with feet standing on the floor. The  $\frac{1}{2}$  twist has to end before the rider is standing on the floor. After the jump over the handlebar the rider has to release the handlebar until the end of the  $\frac{1}{2}$  twist.

### Handlebarseat rev. handlebar squat

1301 e

From position handlebarseat reverse squat over the handlebar with feet standing on the floor. During the jump the handlebar has to be held with both hands.

#### Handlebarseat rev. handlebar straddle

1301 f

From position handlebarseat reverse jump with straddled legs over the handlebar with feet standing on the floor. The handlebar has to be released during the jump.

#### Stand bent on saddle handstandloop

1301 g

From position stand bent on saddle with handstandloop with feet standing on the floor in front of the handlebar. The handstand has to be performed with stretched arms, stretched and closed legs above the handlebar. A short stop of the loop at this position is no obligation. After the handstand both hands have to be released from the handlebar, after the following rotation around the body width axis the rider has to land on the floor.

#### Reg. seat handstandloop

1301 h

From position regular seat jump, without an intermediate position, with handstandloop to standing with feet on the floor in front of the handlebar. The handstand has to be performed with stretched arms, stretched and closed legs above the handlebar. A short stop of the loop at this position is no obligation. After the handstand both hands have to be released from the handlebar, after the following rotation of the body the rider has to land with feet on the floor.

E0221 Indoor Cycling 47

## Fronthandlebarstand stretchjump behind the bicycle

1301 i

From position fronthandlebarstand with stretchjump upwards, with complete stretched body and closed legs, to stand on the floor with feet behind the bicycle. At the highest position of the jump the arms have to be stretched vertically upwards.

### Fronthandlebarstand stretchjump ½ twist in front of the bicycle

1301 j

From position fronthandlebarstand with stretchjump upwards, with complete stretched body and closed legs, and a ½ twist to stand on the floor with feet in front of the bicycle. At the highest position of the jump the arms have to be stretched vertically upwards.

#### Fronthandlebarstand straddlejump behind the bicycle

1301 k

From position fronthandlebarstand with straddle-jump, with straddled and horizontally stretched legs, to stand on the floor with feet behind the bicycle. At the stretched-straddled position the hands have to touch the feet.

#### Handlebarstand rev. stretchjump in front of the bicycle

1301 I

From position handlebarstand reverse with stretchjump upwards, with complete stretched body and closed legs, to stand on the floor with feet in front of the bicycle. At the highest position of the jump the arms have to be stretched vertically upwards.

## Handlebarstand rev. stretchjump 1 twist in front of the bicycle

1301 m

From position handlebarstand reverse with stretchjump upwards, with complete stretched body and closed legs, and 1 twist, to stand on the floor with feet in front of the bicycle. At the highest position of the jump the arms have to be stretched vertically upwards.

## Handlebarstand rev. somersault bw. hooked legs

1301 n

From position handlebarstand reverse somersault-jump backwards with hooked legs, to stand on the floor with feet in front of the bicycle.

## Handstand bicycle lying down

1301 o

Handstand, on the frame of the bicycle, which is lying on the floor, with stretched arms, legs closed and stretched straight upwards without leaning on the handlebar, saddle or pedal with the forearms or wrists. The handstand has to be performed for at least 3 seconds.

## L-shape hold swiss handstand bicycle lying down

1301 p

From position L-shape hold performed on the frame of the the bicycle, which is lying-on the floor. The L-shape hold has to be shown for at least 3 seconds, then going to the handstand with stretched legs, without touching the bicycle with foot/feet. After passing the frame/bicycle, with stretched and straddled legs and stretched arms direct to the handstand, which has to be performed as described in **1301o**. The handstand has to be performed for at least 3 seconds.

(text modified on 01.01.16; 01.01.17)

## § 2 Pair artistic cycling

## **8.3.006** Figures with both wheels on floor on two bicycles

#### Reg. seat

Seat on the saddle, chest directed to the handlebar, feet on the pedals.



#### Reg. seat rev.

Seat on the saddle, back directed to the handlebar, feet on the pedals.



2005

#### Steering with feet

Seat on the saddle, chest directed to the handlebar, feet on the handlebar.



2011

### Lady seat

Seat on the saddle, chest directed to the handlebar, one foot on a pedal. The free leg stretched over the crossbar to the opposite side of the bicycle and below the handlebar, without touching the handlebar with the leg.



2012 2013

Handlebarseat

Seat on the handlebar, back directed to the saddle. The free leg stretched forward, horizontally. Other foot on the down tube.



2021

#### Handlebarseat rev.

Seat on the handlebar, chest directed to the saddle, feet on the pedals.



2022

## Split

Left foot standing on the left rear-pin, right foot standing on the right front-pin (or counterwise). Chest directed to the handlebar, without touching the handlebar with the leg.



2026

### Split rev.

Right foot standing on the left rear-pin, left foot standing on the right-frontpin (or counterwise). Chest directed to the saddle, without touching the handlebar with the leg.



2027

#### **Frontstand**

Stand in front of the handlebar, back directed to the saddle. One foot on the frontpin, other foot on the down tube.



2031

## Sidestand foot cranking

Stand with one foot on the left rear-pin, other foot on the left pedal (or counterwise), chest directed to the handlebar.



2036

#### **Sidestand**

Stand with one foot on the left rear-pin, other foot on the left front-pin (or counterwise), chest directed to the handlebar, without touching the handlebar with the leg.



2037

### Stand on pins

Stand with feet each on a rear-pin. Both knees behind the saddle.



2046

## Stand bent on pin

Stand with one foot on the rear-pin, trunk bent forward directed to the handlebar, free leg stretched backwards.



2047

#### Bent knee seat

In squat position with one foot on the crossbar, free leg horizontally stretched forward, back directed to the saddle.



2051

#### Knee on saddle

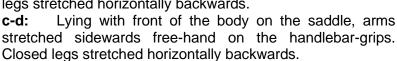
Knee on the saddle, trunk bent-forward to the handlebar, free leg stretched backwards in straight line with trunk and head.



2052

#### Lying on saddle; Lying on saddle and handlebar

**a-b:** Lying with front of the body on the saddle, closed legs stretched horizontally backwards.





2061

#### **Waterscale**

Lying with back of the body in a straight line on the handlebar, stretched legs or feet under (**a** and **b**), or on (**c** and **d**) the saddle.



2062

#### **Framestand**

Stand upright with one foot solely on the down tube, other foot solely on the saddle tube, chest directed to the handlebar. Without touching the feet each other and without touching the handlebar with the leg.



2066

#### Saddle handlebarstand

Stand free with one foot on the saddle and the other foot on the handlebar.



2067 2068

#### Saddlestand

Stand free with feet on the saddle.



2069

2070

## Fronthandlebarstand, Fronthandlebarstand turn (T)

From one turn a tactical enlargement of the fronthandlebarstand turn(s) is possible up to four half-turns in maximum.

**a-f:** Stand free with feet on the handlebar-grips, back directed to the saddle.

**g-j:** From fronthandlebarstand after releasing grip connection with half or multiple front wheel turn(s) to the fronthandlebarstand or handlebarstand reverse. After the last turn, the end position has to be held for at least 2 metres in grip connection.

**aa-ja:** The riders jump simultaneously from regular seat to fronthandlebarstand; further according figure **a-f**; **g-j.** 



**k-n:** From fronthandlebarstand with half or multiple front wheel turn(s) to the fronthandlebarstand or handlebarstand reverse. Execution of the figure according to the rule for counter circle **8.2.051**. After the last handlebarstand turn, but before the required hand touch, the end position has to be held for at least 2 metres.

**ka-na:** The riders jump simultaneously from regular seat to the fronthandlebarstand; further according figure **k-n**.

## Handlebarstand rev.

Stand free with feet on the handlebar-grips, chest directed to the saddle.



2071

2070 k

2070 l 2070 m

2070 n

#### Headstand

Separate performed headstand on the saddle, both hands on the handlebar. Legs closed and stretched straight upwards.



2073

#### **Shoulderstand**

Separate performed shoulderstand with one shoulder on the saddle or crossbar, both hands on the handlebar. Legs closed and stretched straight upwards.



2074

#### Saddle handlebar handstand

Separate performed handstand with one hand on the handlebar and the other hand on the saddle. Arms stretched, legs closed and stretched straight upwards, without leaning against handlebar-grip with the forearm and wrist.



2076 a 2076 b 2076 c

## L-shape hold sidewards saddle handlebar handstand (T)

From L-shape hold sidewards, which has to be performed for at least 2 metres, going directly to the handstand without touching the frame with foot/feet. The handstand has to be performed as described in **2076a-c.** The way of stretch HC., C. or count. 8 starts in the position of the saddle handlebar handstand.

The tactical enlargement is possible for the kind of execution as Swiss saddle handlebar handstand, which has to be performed as described in **2076g-i**. The tactical enlargement is possible for the kind of execution as German saddle handlebar handstand, which has to be performed as described in **2076j-l**.

## L-shape hold sidewards Swiss saddle handlebar handstand

From L-shape hold sidewards, which has to be performed for at least 2 metres, going directly to the handstand with stretched legs over the frame but without touching the frame and/or handlebar with foot/feet. After passing the frame, with stretched and straddled legs and stretched arms to the handstand, which has to be performed as described in **2076a-c.** The way of stretch HC., C. or count. 8 starts in the position of the saddle handlebar handstand.

## L-shape hold sidewards German saddle handlebar handstand

From L-shape sidewards, which has to be performed for at least 2 metres, going directly to the handstand with stretched legs over the frame without touching the frame or else with foot/feet. After passing the frame with stretched, closed legs and stretched arms to the handstand, which has to be performed as described in **2076a-c.** The way of stretch HC., C. or count. 8 starts in the position of the saddle handstand.

2076 d 2076 e 2076 f

2076 g 2076 h 2076 i

2076 j 2076 k 2076 l

#### Handlebar handstand

Separate performed handstand with both hands on the handlebar-grips. Arms stretched, legs closed and stretched straight upwards.



2077 a 2077 b 2077 c

## L-shape hold handlebar handstand (T)

From L-shape hold or L-shape hold rev, which has to be performed for at least 2 metres, going directly to the handstand without touching the handlebar and/or frame with foot/feet. The handstand has to be performed as described in **2077a-c.** The way of stretch HC., C. or count. 8 starts in the position of the handlebar handstand.

The tactical enlargement is possible for the kind of execution as Swiss handlebar handstand, which has to be performed as described in **2077g-i**. The tactical enlargement is possible for the kind of execution as German handlebar handstand, which has to be performed as described in **2077j-l**.

## L-shape hold Swiss handlebar handstand

From L-shape hold or L-shape hold rev, which has to be performed for at least 2 metres, going directly to the handstand with stretched legs over the handlebar without touching the handlebar and/or frame with foot/feet. After passing the handlebar, with stretched and straddled legs and stretched arms to the handstand, which has to be performed as described in **2077a-c.** The way of stretch HC, C or count. 8 starts in the position of the handlebar handstand.

#### L-shape hold German handlebar handstand

From L-shape hold or L-shape hold rev, which has to be performed for at least 2 metres, going directly to the handstand with stretched legs over the handlebar without touching the handlebar or else with foot/feet. After passing the handlebar with stretched, closed legs and stretched arms to the handstand, which has to be performed as described in **2077a-c.** The way of stretch HC., C. or count. 8 starts in the position of the handlebar handstand.

#### Handlebar support straddle handlebar handstand

From handlebar support straddle, which has to be performed for at least 2 metres with stretched legs and stretched arms directly to the handstand, which has to be performed as described in **2077a-c**. The way of stretch of HC., C., S or 8 starts in the position of the handlebar handstand.

2077 e 2077 f

2077 d

2077 g 2077 h 2077 i

2077 j 2077 k 2077 l

2077 m 2077 n 2077 o

## Maute jump

Jump from the saddlestand separate to the fronthandlebarstand which has to be performed, after the jump, for at least 2 metres. It is only allowed to perform the jumps riding opposite to each other during execution of a circle or after a counter eight. The jumps have to be performed simultaneously. Riders do not have to touch hands before and after the jump.



2081

2091

## Stillstand on pedals, Stillstand pedal front wheel

**a-b:** Stand with feet, solely, on the pedals, back directed to the saddle. The stillstand has to be performed for at least 3 seconds.



**c-d:** Stand with one foot, solely, on a pedal, the other foot on front wheel tyre, back directed to saddle. The stillstand has to be performed for at least 3 seconds.

(text modified on 01.01.12; 01.01.16; 01.01.17; 01.01.20)

## **8.3.007** Raiser figures on two bicycles

#### Raiser reg. seat

Seat on the saddle, chest directed to the handlebar, feet on the pedals.



2131

2132 2133

2134

## Raiser reg. seat rev.

Seat on the saddle, back directed to the handlebar, feet on the pedals.



2135 2136

2137 2138

## Raiser lady seat

Seat on the saddle, chest directed to the handlebar, one foot on a pedal. The free leg has to be stretched over the crossbar to the opposite side of the bicycle and below the handlebar without holding on the front wheel with the foot.



2147

## Raiser stand on pins

Stand with the left foot on the left rear-pin and with the right foot on the right pedal (or counterwise), chest directed to the handlebar.



2151 2152

2154

#### Raiser handlebarseat

Seat in the lower part of the handlebar, chest directed to the front wheel, feet on the pedals.



2161 2162

2163 2164

## Raiser handlebarseat rev.

Seat in the lower part of the handlebar, back directed to the front wheel, feet on the pedals.



#### Raiser head tube

Seat on the head tube, front wheel in front of oneself, feet on the pedals.



2176 2177 2178

2179

#### Raiser head tube rev.

Seat on the head tube, front wheel behind oneself, feet on the pedals.



2180 2181 2182

2183

## **Standraiser**

Saddle directed downwards, holding front wheel in front of oneself, standing with feet on the pedals.



2191

2192

2193 2194

#### Standraiser rev.

Saddle directed downwards, holding front wheel behind oneself, standing with feet on the pedals.



2195 2196 2197

2198

(text modified on 01.01.17)

8.3.008 Turns on the spot on two bicycles

Turns on the spot (T)	2211
The tactical enlargement of the turns on the spot is possible	2212
from 2 turns up to 4 turns.	2213
Execution according 8.2.047.	2214
	2215
	2216
Passages on two bicycles	

8.3.009

Passages on two bicycles	
Passages	2236
Execution according 8.2.028.	2237
	2238
	2239
	2240
	2241
	2242
	2243

## 8.3.010 Final figures on two bicycles

#### Handlebarstand rev. somersault bw. hooked legs

2250 a

From position handlebarstand reverse somersault-jump backwards with hooked legs to stand on the floor with feet in front of the bicycle. Both somersaults have to be performed simultaneously. It is only allowed to perform the somersault riding opposite to each other during execution of a circle or after a counter eight. It is not necessary to touch hands before and after the somersault.

(text modified on 01.01.16)

## 8.3.011 Figures on one bicycle

## Reg. seat / Stand on pins; Saddlestand

**a-b:** Seat on the saddle, chest directed to the handlebar, feet on the pedals. / Stand with feet each on a rear-pin. Both knees behind the saddle.

**c-d:** Like **a-b** until slash / Stand with feet on the saddle.



2261

## Reg. seat / Shoulderseat

Seat on the saddle, chest directed to the handlebar, feet on the pedals. / Seat on the partner's shoulders.



2266 2267

Reg. seat / Shoulderstand

Seat on the saddle, chest directed to the handlebar, feet on the pedals. / Stand with feet on the partner's shoulders.



2268 2269

#### Reg. seat / Chest suspended hang

Seat on the saddle, chest directed to the handlebar, feet on the pedals. / Hanging with chest-grip on the partner's back, head downwards, upwards stretched and closed legs in straight line with the body.



2270 2271

#### Reg. seat / Handlebarstand

Seat on the saddle, chest directed to the handlebar, feet on the pedals. / Stand with feet on the handlebar-grips.



2276

## Reg. seat / Handlebar handstand

Seat on the saddle, chest directed to the handlebar, feet on the pedals. / Handstand with both hands on the handlebargrips, arms stretched, legs closed and stretched straight upwards.



2277 a 2277 b

## Reg. seat / Handlebar support straddle handlebar handstand

2277 c 2277 d

Seat on the saddle, chest directed to the handlebar, feet on the pedals / From handlebar support straddle, which has to be performed for at least 2 metres, with stretched legs and stretched arms directly to the handstand. The handstand has to be performed as described in **2277a-b.** The way of stretch of HC. or C. starts in the position of the handlebar handstand.

## Reg. seat rev. / Shoulderseat

Seat on the saddle, back directed to the handlebar, feet on the pedals. / Seat on the partner's shoulders.



2281 2282

#### Reg. seat rev. / Shoulderstand

Seat on the saddle, back directed to the handlebar, feet on the pedals. / Stand with feet on the partner's shoulders.



2283

## Reg. seat rev. / Chest suspended hang

Seat on the saddle, back directed to the handlebar, feet on the pedals. / Hanging with chest-grip on the partner's back, head downwards, upwards stretched and closed legs in straight line with the body.



2285 2286

#### Handlebarseat / Stand on pins; Saddlestand

**a-d:** Seat on the handlebar, back directed to the saddle. The free leg stretched forward, horizontally. Other foot on the down tube. / Stand with feet each on a rear-pin. Both knees behind the saddle.



2296

**e-h:** Like **a-d** until slash / Stand with feet on the saddle.

## Handlebarseat rev. / Stand on pins

Seat on the handlebar, chest directed to the saddle, feet on the pedals. / Stand with feet each on a rear-pin. Both knees behind the saddle.



2301

## Handlebarseat rev. / Saddle handlebarstand; Saddlestand

**a-d:** Seat on the handlebar, chest directed to the saddle, feet on the pedals. / Stand with one foot on the saddle and with the other foot on the handlebar.



**e-h:** Like **a-d** until slash / Stand with both feet on the saddle.

2302

#### Handlebarseat rev. / Shoulderseat

Seat on the handlebar, chest directed to the saddle, feet on the pedals. / Seat on the partner's shoulders.



2303

#### Handlebarseat rev. / Shoulderstand

Seat on the handlebar, chest directed to the saddle, feet on the pedals. / Stand with feet on the partner's shoulders.



2304

### Handlebarseat rev. / Chest suspended hang

Seat on the handlebar, chest directed to the saddle, feet on the pedals. / Hanging with chest-grip on the partner's back, head downwards, upwards stretched and closed legs in straight line with the body.



2305

#### Handlebarseat rev. / Headstand

Seat on the handlebar, chest directed to the saddle, feet on the pedals. / Headstand on the saddle, both hands on the handlebar. Legs closed and stretched straight upwards.



2306

#### Frontstand / Stand on pins; Saddlestand

**a-d:** Stand in front of the handlebar, back directed to the saddle. One foot on the front-pin, other foot on the down tube. / Stand with feet each on a rear-pin. Both knees behind the saddle.



2311

**e-h:** Like **a-d** until slash / Stand with feet on the saddle.

## Split / Shoulderseat

Left foot standing on the left rear-pin, right foot standing on the right front-pin (or counterwise). Chest directed to the handlebar, without touching the handlebar with the leg. / Seat on the partner's shoulders.



2316

## Sidestand / Sidestand, Ring grip

Stand with one foot on the left rear-pin, other foot on the left front-pin (or counterwise). Chest directed to the handlebar, without touching the handlebar with the leg. / Similar stand on the opposite side of the bicycle. Partners are connected by hand-in-hand grip to a ring, with stretched arms.



2317

#### Stand bent on saddle / Stand bent on handlebar rev.

Stand with one foot on the saddle, trunk bent-forward to the handlebar, free leg stretched backwards. / Stand with one foot on the handlebar, trunk bent-forward to the saddle, free leg stretched in moving direction, one hand on the saddle, other hand on the handlebar.



2319

#### Frameseat / Stand bent on saddle

Pushing one foot through the frame and placing the foot on the front-pin. Free leg stretched forward, seat in the frame. / Stand with one foot on the saddle, trunk bent-forward to the handlebar, free leg stretched backwards.



2321

#### Frameseat / Saddle handlebarstand; Saddlestand

**a-b:** Pushing one foot through the frame and placing the foot on the front-pin. Free leg stretched forward, seat in the frame. / Stand with one foot on the saddle and the other foot on the handlebar.



2322

**c-d:** Like **a-b** until slash / Stand with feet on the saddle.

#### Frameseat / Saddle support scale

Pushing one foot through the frame and placing the foot on the front-pin. Free leg stretched forward, seat in the frame. / One hand on the saddle, elbow supporting the body, other hand on the handlebar (handlebar-grip may be used as support for the forearm). Head in moving-direction, legs stretched backwards.



2323

#### Fronthang / Stand bent on saddle

Both hands behind the back on the handlebar, front wheel between the legs, feet on the pedals. / Stand with one foot on the saddle, trunk bent-forward to the handlebar, free leg stretched backwards.



2331

2332

#### Fronthang / Saddle handlebarstand; Saddlestand

**a-b:** Both hands behind the back on the handlebar, front wheel between the legs, feet on the pedals. / Stand with one foot on the saddle and the other foot on the handlebar.



**c-d:** Like **a-b** until slash / Stand with feet on the saddle.

Fronthang / Headstand; Saddle handlebar handstand

**a-b:** Both hands behind the back, on the handlebar, front wheel between the legs, feet on the pedals. / Headstand on the saddle, both hands on the handlebar. Legs closed and stretched straight upwards.



2334

**c-d:** Like **a-b** until slash / Handstand with one hand on the handlebar and the other hand on the saddle. Arms stretched, legs closed and stretched straight upwards, without leaning against the handlebar-grip with the forearm or wrist.

## Backhang / Stand on pins

In front of the headtube hanging on the handlebar, chest directed to the saddle, frame between the legs, feet on the pedals. / Stand with feet each on a rear-pin. Both knees behind the saddle.



2341

2342

## Backhang / Saddle handlebarstand; Saddlestand

**a-b:** In front of the headtube hanging on the handlebar, chest directed to the saddle, frame between the legs, feet on the pedals. / Stand with one foot on the saddle and the other foot on the handlebar.



**c-d:** Like **a-b** until slash / Stand with feet on the saddle.

## Backhang / Handlebarstand

In front of the headtube hanging on the handlebar, chest directed to the saddle, frame between the legs, feet on the pedals. / Stand with feet on the handlebar-grips.



2343

2346

## Backhang / Headstand; Saddle handlebar handstand

**a-b:** In front of the headtube hanging on the handlebar, chest directed to the saddle, frame between the legs, feet on the pedals. / Headstand on the saddle, both hands on the handlebar. Legs closed and stretched straight upwards.



**c-d:** Like **a-b** until slash / Handstand with one hand on the handlebar and the other hand on the saddle. Arms stretched, legs closed and stretched straight upwards, without leaning against the handlebar-grips with the forearm or wrist.

Lying on handlebar / Stand bent on saddle; Saddlestand

**a-b:** Lying with front of the body on the handlebar, head directed to the saddle, closed legs stretched horizontally in moving direction. / Stand with one foot on the saddle, trunk bent-forward directed to the handlebar, free leg stretched backwards.



2351

**c-d:** Like **a-b** until slash / Stand with feet on the saddle.

## Lying on saddle / Handlebarstand; Handlebar handstand

**a-b:** Lying with front of the body on the saddle, closed legs stretched horizontally backwards. / Stand with feet on the handlebar-grips.



**c-d:** Like **a-b** until slash / Handstand with both hands on the handlebar-grips. Arms stretched, legs closed and stretched straight upwards.

2352

#### Waterscale / Stand bent on saddle; Saddlestand

Saddle handlebarstand / Saddle handlebarstand

Lying with back of the body in a straight line on the handlebar, stretched legs or feet under the saddle. / Stand with one foot on the saddle, trunk bent-forward to the handlebar, free leg stretched backwards.

c-d: Like **a-b**: until slash / Stand with feet on the saddle.



2353

## Both stand with one foot on the saddle and the other foot on

2356



### Saddle handlebarstand / Stand on pins; Saddlestand; Handlebarstand

a-b: Stand with one foot on the saddle and the other foot on the handlebar. / Stand with feet each on a rear-pin. Both knees behind the saddle.

Like **a-b** until slash / Stand with feet on the saddle. c-d:

e-f: Like a-b: until slash / Stand with feet on the handlebar-grips.



2357

## Handlebarstand / Stand on pins

the handlebar.

Stand with feet on the handlebar-grips. / Stand with feet each on a rear-pin. Both knees behind the saddle.

The rider iumps from regular seat fronthandlebarstand; further according a-b.



2358 a 2358 b 2358 g 2358 h

2358 f

2358 i

2358 i

2358 k

2358 I

## Handlebarstand-turn ½ to multiple (T) / Stand on pins

From one turn a tactical enlargement of the handlebarstand turn(s) is possible up to four half-turns in maximum.

c-f: From the respective handlebarstand with half or multiple front wheel turn(s) to the fronthandlebarstand or handlebarstand reverse. After the last turn, the end position has to be held for at least 2 metres. / Stand with feet each on a rear-pin. Both knees behind the saddle, during the complete sequence of the figure.

The rider jumps from regular seat to the fronthandlebarstand; further according c-f.

# 2358 c 2358 d 2358 e

#### Handlebarstand / Saddlestand

Stand with feet on the handlebar-grips. / Stand with feet on the saddle. Riders are connected by hand-in-hand grip connection to a ring with stretched arms.

c-f: Like **a-b** but without grip-connection.



2359

## Handlebar L-shape hold / Stand on pins; Saddlestand; Saddle support straddle

**a-b:** Arms stretched, hands placed on the handlebargrips, legs stretched, back directed to the saddle. / Stand with feet each on a rear-pin. Both knees behind the saddle.

**c-d:** Like **a-b** until slash / Stand with feet on the saddle.

**e-f:** Like **a-b** until slash / Arms stretched, hands placed on the saddle. Legs horizontally stretched, straddled on the outside of the arms, without touching the partner or the handlebar.



2366 a 2366 b 2366 c 2366 d 2366 e 2366 f

## Handlebar support straddle / Saddle support straddle

Arms stretched, hands placed on the handlebar-grips. Legs stretched, straddled on the outside of the arms. / Arms stretched, hands placed on the saddle. Legs stretched, straddled on the outside of the arms, without touching the partner or the handlebar.



2366 g 2366 h

#### Headstand / Handlebarstand

Headstand on the saddle, both hands on the handlebar. Legs closed and stretched straight upwards. / Stand with feet on the handlebar-grips.



2371

#### Headstand / Frame shoulderstand

Headstand on the saddle, both hands on the handlebar. Legs closed and stretched straight upwards. / Shoulderstand with one shoulder on the crossbar, boths hands on the handlebar. Legs closed and stretched straight upwards.



2372

2373

## Headstand / Handlebar support straddle

Headstand on the saddle, both hands on the handlebar. Legs closed and stretched straight upwards. / Arms stretched, hands placed on the handlebar-grips. Legs horizontally stretched, straddled on the outside of the arms.



## Headstand / Handlebar handstand

Headstand on the saddle, both hands on the handlebar. Legs closed and stretched straight upwards. / Handstand with both hands on the handlebar-grips. Arms stretched, legs closed and stretched straight upwards.



62

2374 a 2374 b 2374 c 2374 d

## Headstand / Handlebar support straddle handlebar handstand

Headstand on the saddle, both hands on the handlebar. Legs closed and stretched straight upwards. / From handlebar support straddle, which has to be performed for at least 2 metres (partner in headstand), with stretched legs and stretched arms directly to the handstand. The handstand has to be performed as described in **2374a-d.** The way of stretch of HC., C., S or 8 starts in the position of the handlebar handstand.

2374 e 2374 f 2374 g 2374 h

## Saddle handlebar handstand / Handlebarstand

Handstand with one hand on the handlebar and other hand on the saddle. Arms stretched, legs closed and stretched straight upwards without leaning against the handlebar-grip with the forearm or wrist. / Stand with feet on the handlebar-grips.



2376 a 2376 b

### Handlebar handstand / Saddlestand

Handstand with both hands on the handlebar-grips. Arms stretched, legs closed and stretched straight upwards. / Stand with feet on the saddle.



2376 c 2376 d

#### Handlebar handstand / Saddle handlebar handstand

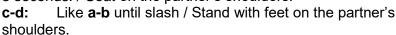
Handstand with both hands on the handlebar-grips. Arms stretched, legs closed and stretched straight upwards. / Handstand with one hand on the handlebar and the other hand on the saddle. Arms stretched, legs closed and stretched straight upwards, without leaning against handlebar-grip with the forearm or wrist.



2377

## Stillstand on pedals / Shoulderseat, Shoulderstand

**a-b:** Stand with feet, solely on the pedals, back directed to the saddle. The stillstand has to be performed for at least 3 seconds. / Seat on the partner's shoulders.





2391

(text modified on 01.01.16; 01.01.17; 01.01.20)

## **8.3.012** Raiser figures on one bicycle

#### Raiser reg. seat / Stand on pins

Seat on the saddle, chest directed to the handlebar, feet on the pedals. / Stand with one foot on a rear-pin or stand with feet each on a rear-pin.



2411

## Raiser reg. seat / Shoulderseat

Seat on the saddle, chest directed to the handlebar, feet on the pedals. / Seat on the partner's shoulders.



2412 2413

#### Raiser reg. seat / Chest suspended hang

Seat on the saddle, chest directed to the handlebar, feet on the pedals. / Hanging with chest-grip on the partner's back, head downwards, upwards stretched and closed legs in straight line with the body.



2414 2415

#### Raiser reg. seat / Shoulderstand

Seat on the saddle, chest directed to the handlebar, feet on the pedals. / Stand with feet on the partner's shoulders.



2416

2417

#### Raiser reg. seat rev. / Shoulderseat

Seat on the saddle, back directed to the handlebar, feet on the pedals. / Seat on the partner's shoulders.



2418 2419

#### Raiser reg. seat rev. / Chest suspended hang

Seat on the saddle, back directed to the handlebar, feet on the pedals. / Hanging with chest-grip on the partner's back, head downwards, upwards stretched and closed legs in straight line with the body.



2420

2421

#### Raiser reg. seat rev. / Shoulderstand

Seat on the saddle, back directed to the handlebar, feet on the pedals. / Stand with feet on the partner's shoulders.



2422

#### Raiser handlebarseat / Shoulderseat

Seat in the lower part of the handlebar, chest directed to the front wheel, feet on the pedals. / Seat on the partner's shoulders.



2426

2427

#### Raiser handlebarseat / Shoulderstand

Seat in the lower part of the handlebar, chest directed to the front wheel, feet on the pedals. / Stand with feet on the partner's shoulders.



2428 2429

## Raiser head tube / Shoulderseat

Seat on the head tube, front wheel in front of oneself, feet on the pedals. / Seat on the partner's shoulders.



2436 2437

#### Raiser head tube / Shoulderstand

Seat on the head tube, front wheel in front of oneself, feet on the pedals. / Stand with feet on the partner's shoulders.



2438 2439

#### Raiser head tube rev. / Shoulderseat

Seat on the head tube, front wheel behind oneself, feet on the pedals. / Seat on the partner's shoulders.



2446 2447

#### Raiser head tube rev. / Shoulderstand

Seat on the head tube, front wheel behind oneself, feet on the pedals. / Stand with feet on the partner's shoulders.



2448 2449

(text modified on 01.01.16; 01.01.17; 01.01.20)

8.3.013 Passages on one bicycle

Passages Execution according 8.2.028.

2471 2472 2473

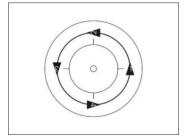
## § 3 Artistic Cycling Team 4

## 8.3.014 Artistic Cycling Team 4

## 4 f.e.o. half circle / circle

All riders have to ride, following each other, a half circle / a circle.

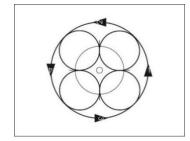
Half circle (8.2.043) Circle (8.2.042)



## A 4 f.e.o. half circle / circle 4 s.r.l.

During the figure, each rider has to perform a single ring left.

Single ring left (8.2.053)

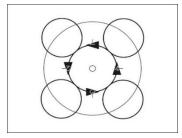


4001 c-d 4002 c-d 4003 e-f 4003 g-h 4004 c-d

## B 4 f.e.o. half circle / circle 4 s.r.r.

During the figure, each rider has to perform a single ring right.

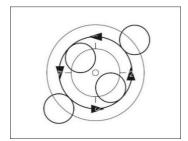
Single ring right (8.2.054)



4001 e-f 4004 e-f

## C 4 f.e.o. half circle / circle 2 s.r.l. 2 s.r.r.

During the figure, two riders have to perform each a single ring left and two riders have to perform each a single ring right. The riders who ride on the same axis have to perform the same type of single ring.



4001 g-h 4004 g-h

Single ring left (8.2.053) Single ring right (8.2.054)

#### 4 f.e.o. alternate ring overlapping

All riders have to ride with equal distances between each other and at same distances to the middle circle, outside of the middle circle.

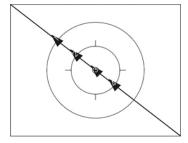
During the figure, each rider has to perform an alternate ring. Each second ring has to overlap with the first ring of the rider riding behind or riding ahead.

Alternate ring (8.2.058)

## 4 f.e.o. diagonal pull

All riders have to ride, following each other, performing a diagonal pull.

Diagonal pull (8.2.068)



4006

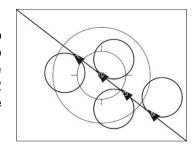
4001 i

4002 e

4004 i

## A 4 f.e.o. diagonal pull 2 s.r.l. 2 s.r.r.

During the figure, two riders have to perform each a single ring left and two riders have to perform each a single ring right. Rider 1 and 3 and rider 2 and 4 have to perform the same type of single ring.



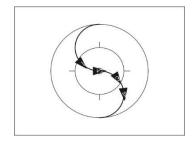
4006 b

Single ring left (8.2.053) Single ring right (8.2.054)

## 4 f.e.o. half eight (S)

All riders have to ride, following each other, performing a half eight (S).

Half eight (8.2.045)

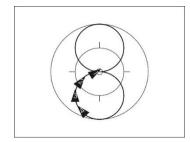


4007 a 4008 a 4010 a

## 4 f.e.o. eight (8)

All riders have to ride, following each other, performing an eight (8).

Eight (8.2.044)

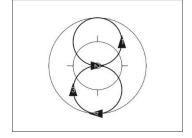


4007 b 4008 b 4010 b

#### 4 f.e.o. eight through

All riders have to ride, following each other, around a spot on a half of the competition surface (starting position).

Rider 1 and 3 have to perform an eight without changing the distances between each other. After completing the eight they have to circle the spot at least once.



4007 c 4008 c 4010 c

Rider 2 and 4 have to circle the spot at least

once. After circling the spot, they perform an eight without changing the distance between each other.

**End of figure:** When all riders have reached the starting position again.

Eight (8.2.044)

## 4 f.e.o. longline

4011

All riders have to ride, following each other, performing a longline.

Longline (8.2.066)

## A 4 f.e.o. longline 2 s.r.l. 2 s.r.r.

4011 b

During the figure, two riders have to perform each a single ring left and two riders have to perform each a single ring right. Rider 1 and 3 and rider 2 and 4 have to perform the same type of single ring.

Single ring left (8.2.053) Single ring right (8.2.054)

## 2 f.e.o. longline opposite direction

4012

Each two riders have to ride, following each other, performing a longline opposite direction.

Lonline opposite direction (8.2.067)

## A 2 f.e.o. longline opposite direction 2 mills

4012 b

During the figure, two mills have to be performed. At the moment that all riders are on the same level, they have to connect into two mills.

2 mills (8.2.071)

#### 2 n.e.o. longline opposite direction

4013

Each two riders have to ride, next to each other, without grip connection performing a longline opposite direction.

Lonline opposite direction (8.2.067)

## A 2 n.e.o. longline opposite direction 4 s.r.l.

4013 b

During the figure, each rider has to perform a single ring left.

Single ring left (8.2.053)

## B 2 n.e.o. longline opposite direction through

4013 c

After half of the way of stretch one rider of each group has to ride through the space between the two other riders.

## C 2 n.e.o. longline opposite direction through 4 s.r.l.

4013 d

After half of the way of stretch one rider of each group has to ride through the space between the two other riders. During the figure, each rider has to perform a single ring left.

Single ring left (8.2.053)

#### D 2 n.e.o. longline opposite direction through 4 s.r.r.

4013 e

After half of the way of stretch one rider of each group has to ride through the space between the two other riders. During the figure, each rider has to perform a single ring right.

Single ring right (8.2.054)

## E 2 n.e.o. longline opposite direction through 2 mills

4013 f

After half of the way of stretch one rider of each group has to ride through the space between the two other riders. During the figure, two mills have to be performed. At the moment that all riders are on the same level, they have to connect into two mills.

2 mills (8.2.071)

## 2 f.e.o diagonal pull opposite direction

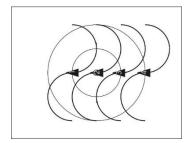
4014

Each two riders have to ride, following each other, performing a diagonal pull opposite direction.

Diagonal pull opp. dir. (8.2.069)

## 4 n.e.o. half shortline alternate ring

All riders have to ride, next to each other, without grip connection on a common axis which runs parallel to the long side of the competition surface to the other side. Each rider has to perform a half alternate ring.

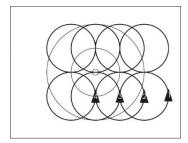


4015 a 4016 a

Half alternate ring (8.2.057)

## 4 n.e.o. shortline alternate ring

All riders have to ride, next to each other, without grip connection on a common axis which runs parallel to the long side of the competition surface. Each rider has to perform an alternate ring.



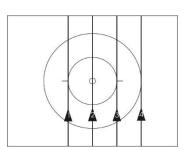
4015 b 4016 b

Alternate ring (8.2.058)

#### 4 n.e.o. shortline

All riders have to ride, next to each other, without grip connection performing a shortline.

Shortline (8.2.064)

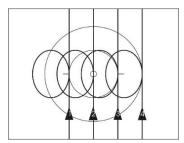


4017 4018

## A 4 n.e.o shortline 4 s.r.l.

During the figure, each rider has to perform a single ring left.

Single ring left (8.2.053)

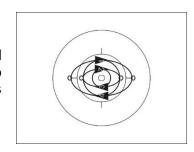


4017 b 4018 b

## 2 con wingmill HD. spinnings (T) / 2 con. wingmill spinnings (T)

All riders have to perform a 2 connnected wingmill. During the figure, each rider has to perform 50cm-spinnings on a common axis which runs through the inner circle.

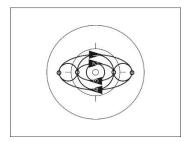
2 con. wingmill **(8.2.072)** 50cm-spinnings **(8.2.046)** 



4024 a 4024 b

## **Remmlinger spinnings (T)**

All riders have to form the grip connection of a 2 connected wingmill and have to release the grip connection in motion, then all riders have to perform 50cm-spinnings on the longitudinal axis or on the transversal axis. After completing the 50cm-spinnings the inside riders have to grip each other with their left hands above the inner circle and have to



4024 c

perform one mill. Then they release the grip connection again and all riders perform one 50cm-spinning (360°) on a common axis. The outside riders have to perform the 50cm-spinnings continuously. All spinnings have to be performed on the same axis.

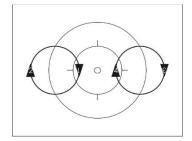
The tactical enlargement has to be awarded after all grip connections have been closed within 2 metres after all 50cm-spinnings.

**End of figure:** At the moment that all riders have reached the grip connection to the position 2 mills, simultaneously.

2 con. wingmill (8.2.072) 50cm-spinnings (8.2.046) 2 mills (8.2.071)

#### 2 f.e.o. half double circle / double circle

Two riders each have to ride, with same distances, following each other, a half circle / a complete circle around a common point, thus they form a group of riders. The points are located on the longitudinal or transversal axis with equal distances to the inner circle. One rider of each group has to ride with a rider on the other half of the competition surface on

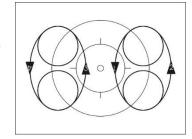


a common axis which runs parallel to the long side of the competition surface. The diametre of each half double circle / double circle has to be at least 4 metres.

## A 2 f.e.o. half double circle / double circle 4 s.r.l.

During the figure, each rider has to perform a single ring left.

Single ring left (8.2.053)



4026 d-e 4027 d-e 4028 g-h 4028 j-k 4029 d-e

## B 2 f.e.o. double circle through

During the figure, each rider has to ride through the space between the other group of riders. 4026 c 4027 c 4028 c

4028 f 4029 c

### C 2 f.e.o. double circle through 4 s.r.l.

During the figure, each rider has to ride through the space between the other group of riders. During the figure, each rider has to perform a single ring left.

4027 f 4028 i

4026 f

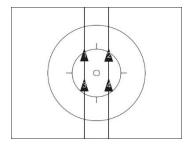
4028 I 4029 f

Single ring left (8.2.053)

#### 2 f.e.o. shortline

Two riders each have to ride, following each other, without grip connection performing a shortline, next to each other.

Shortline (8.2.064)

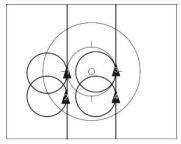


4031 4032

#### A 2 f.e.o. shortline 4 s.r.l.

During the figure, each rider has to perform a single ring left.

Single ring left (8.2.053)



4031 b 4032 b

4031 c 4032 c

## B 2 f.e.o. shortline 2 s.r.l. 2 s.r.r.

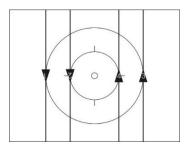
During the figure, two riders have to perform each a single ring left and two riders have to perform each a single ring right. Rider 1 and 3 and rider 2 and 4 have to perform the same type of a single ring.

Single ring left (8.2.053) Single ring right (8.2.054)

#### 2 n.e.o. shortline opposite direction

Two riders each have to ride, next to each other, without grip connection performing a shortline opposite direction.

Shortline opposite direction (8.2.065)



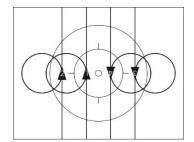
4044 a-e 4045 a-c

E0221 Indoor Cycling 71

#### Α 2 n.e.o. shortline opposite direction 4 s.r.l.

During the figure, each rider has to perform a single ring left.

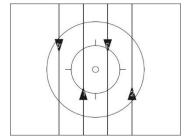
Single ring left (8.2.053)



4044 b 4045 c

#### В 2 n.e.o. shortline opposite direction through

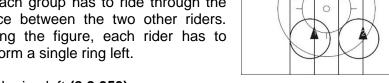
After half of the way of stretch one rider of each group has to ride through the space between the two other riders.



4044 c 4045 b

#### С 2 n.e.o. shortline opposite direction through 4 s.r.l.

After half of the way of stretch one rider of each group has to ride through the space between the two other riders. During the figure, each rider has to perform a single ring left.



4044 d

Single ring left (8.2.053)

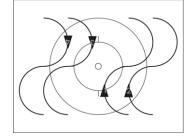
#### D 2 n.e.o. shortline opposite direction through 2 mills

After half of the way of stretch one rider of each group has to ride through the space between the two other riders. During the figure two mills have to be performed. At the moment that all riders are on the same level, they have to connect into two mills.

2 mills (8.2.071)

## 2 n.e.o. half shortline opposite direction alternate ring

Two riders each have to ride, next to each other, without grip connection performing a half shortline opposite direction alternate ring.



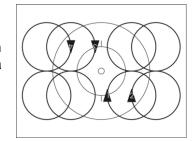
4044 f 4045 d 4048 a

4044 e

Half alternate ring (8.2.057) Half shortline opp. dir. alternate ring (8.2.059)

# 2 n.e.o. shortline opposite direction alternate ring

Two riders each have to ride, next to each other, without grip connection performing a shortline opposite direction alternate ring.



4044 g 4045 e 4048 b

Alternate ring (8.2.058)

Shortline opp. dir. alternate ring (8.2.060)

# 2 n.e.o. shortline opposite direction alternate ring through (T)

4048 c

Two riders each have to ride, next to each other, without grip connection performing a shortline opposite direction alternate ring. During the figure, one rider each has to ride through the space between the two other riders. At that moment all riders have to be situated on the longitudinal axis (= crossing).

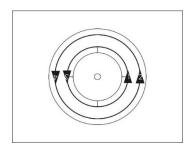
The tactical enlargement has to be awarded after all riders have crossed within the middle circle. For each crossing a tactical enlargement is possible.

Alternate ring (8.2.058)

Shortline opp. dir. alternate ring (8.2.060)

#### 2 con. half circle / circle

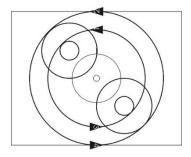
Two riders each have to ride, next to each other, and are connected by a grip connection, thus they form a pair of riders. Both pairs have to ride a half circle / circle, following each other.



Half circle (8.2.043) Circle (8.2.042)

# A **2 con. half circle / circle 2 con. s.r.l.**During the figure, each pair of riders have to perform a 2 connected single ring left.

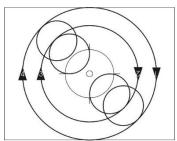
2 con. single ring left (8.2.055)



4071 c-d 4072 c-d 4073 e-h 4074 c-d

# B **2 con. half circle / circle 4 s.r.l.**During the figure, each rider has to perform a single ring left.

Single ring left **(8.2.053)** 



4071 e-f 4072 e-f 4073 i-l 4074 e-f

# C 2 con. half circle / circle 4 s.r.l. through

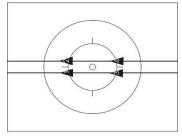
4073 m-p 4074 g-h

During the figure, each rider has to perform a single ring left. The single rings left of the riders have to overlap. During the single rings one rider of each pair of riders has to ride through the space which is formed by the other pair of riders.

Single ring left through (8.2.053)

#### 2 con. f.e.o. longline

Two riders each have to ride, next to each other, and are connected by a grip connection, thus they form a pair of riders. Both pairs have to perform a longline, following each other.



4081 4082

Longline (8.2.066)

### A 2 con f.e.o. longline 2 con. s.r.l.

4081 b

During the figure, each pair of riders have to perform a 2 connected single ring left.

2 con. single ring left (8.2.055)

# B 2 con. f.e.o. longline 2 con s.r.r.

4081 c

During the figure, each pair of riders have to perform a 2 connected single ring right.

2 con. single ring right (8.2.056)

#### C 2 con. f.e.o. longline 4 s.r.l.

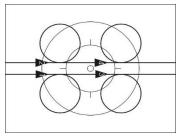
4081 d

During the figure, each rider has to perform a single ring left.

Single ring left (8.2.053)

#### D 2 con. f.e.o. longline 2 s.r.l. 2 s.r.r.

During the figure, two riders each have to perform a single ring left and two riders each have to perform a single ring right. Rider 1 and 3 and rider 2 and 4 have to perform the same type of single ring.



4082 b

Single ring left (8.2.053) Single ring right (8.2.054)

# 2 con. longline opposite direction

4083

Two riders each have to ride, next to each other, and are connected by a grip connection, thus they form a pair of riders. Both pairs have to perform a longline opposite direction.

Longline opposite direction (8.2.067)

# A 2 con longline opposite direction through 4 s.r.l.

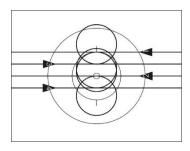
4083 a

During the figure, each rider has to perform a single ring left on the transversal axis. During the single ring left each pair has to ride through the space between the two other riders.

Single ring left (8.2.053)

# B 2 con. longline opposite direction through 4 s.r.r.

During the figure, each rider has to perform a single ring right on the transversal axis. During the single ring right, each pair has to ride through the space between the two other riders.



4083 b

Single ring right (8.2.054)

# C 2 con. longline opposite direction through 2 mills

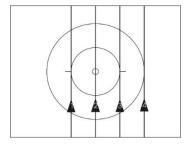
4083 c

After half of the way of stretch, one rider each has to ride through the space between the two other riders. During the figure, two mills have to be performed. At the moment that all riders are on the same level, they have to connect into 2 mills.

2 mills (8.2.071)

#### 2 con. shortline

Two riders each have to ride, next to each other, and are connected by a grip connection, thus they form a pair of riders. Both pairs have to perform a shortline.

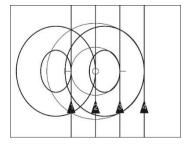


Shortline (8.2.064)

#### A 2 con. shortline 2 con. s.r.l.

During the figure, each pair of riders has to perform a 2 connected single ring left.

2 con. single ring left (8.2.055)

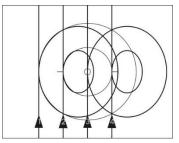


4086 b 4087 b 4088 c-d 4089 b

### B 2 con. shortline 2 con. s.r.r.

During the figure, each pair of riders has to perform a 2 connected single ring right.

2 con. single ring right (8.2.056)

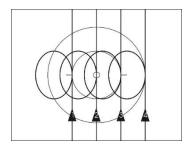


4086 c 4088 e 4089 c

#### C 2 con. shortline 4 s.r.l.

During the figure, each rider has to perform a single ring left.

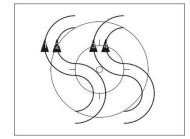
Single ring left (8.2.053)



4086 d 4087 c 4088 f-g 4089 d

# 2 con. half shortline alternate ring

Two riders each have to ride, next to each other, and are connected by a grip connection, thus they form a pair of riders. Both pairs of riders, ride on a common axis which runs parallel to the long side of the competition surface, from the long side of the competition surface to the other side. Both pairs have to perform a half alternate ring.

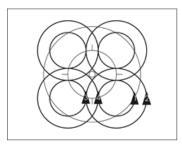


4096 a 4097 a 4098 a 4098 c 4099 a

Half alternate ring (8.2.057)

# 2 con. shortline alternate ring

Two riders each have to ride, next to each other, and are connected by a grip connection, thus they form a pair of riders. Both pairs of riders, ride on a common axis which runs parallel to the long side of the competition surface and have to perform an alternate ring.



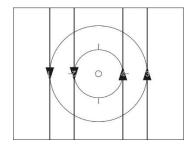
4096 b 4097 b 4098 b 4098 d 4099 b

Alternate ring (8.2.058)

#### 2 con. shortline opposite direction

Two riders each have to ride, next to each other, and are connected by a grip connection, thus they form a pair of riders. Both pairs perform a shortline opposite direction.

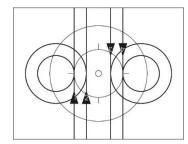
Shortline opposite direction (8.2.065)



# A 2 con. shortline opposite direction 2 con. s.r.l.

During the figure, each pair of riders has to perform a 2 connected single ring left.

2 con. single ring left (8.2.055)

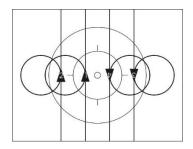


4105 b 4106 b 4107 c-d

# B 2 con. shortline opposite direction 4 s.r.l.

During the figure, each rider has to perform a single ring left.

Single ring left (8.2.053)



4105 c 4106 c 4107 e-f 4108 b

# C 2 con. shortline opposite direction 2 s.r.l. 2 s.r.r.

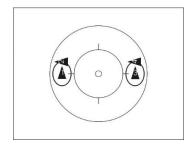
4108 c

During the figure, two riders have to perform each a single ring left and two riders have to perform each a single ring right. From each pair of riders one rider has to perform a single ring left and the other rider has to perform a single ring right.

Single ring left (8.2.053) Single ring right (8.2.054)

# Surrounding 1 around 1

Two riders each are connected by hand-inhand-grip, thus they form a pair of riders. Both pairs of riders are on the same, imaginary axis, which runs through the inner circle or parallel to the long or short side of the competition surface. The distance between the pairs of riders has to be equal. One rider of each pair has to stand on a spot, without



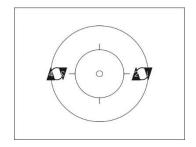
4116 4117

pedalling, while the partner has to circle the standing rider completely. The way of riding has to be identical.

#### 2 mills

Two riders each have to perform a mill.

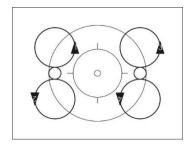
2 mills (8.2.071)



#### A Two mills 4 s.r.r.

During the figure, each rider has to perform a single ring right.

Single ring right (8.2.054)

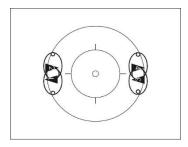


4121 b 4124 e

# B Two mills spinnings (T)

During the figure, each rider has to perform 50cm-spinnings.

50cm-spinnings (8.2.046)

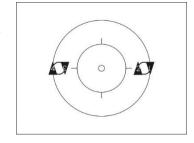


4124 d

# Two insiderings

Two riders each have to perform an insidering.

2 insiderings (8.2.074)



4133 4134

# A Two insiderings 4 s.r.r.

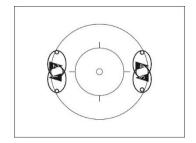
During the figure, each rider has to perform a single ring right.

Single ring right (8.2.054)

# B Two insiderings spinnings (T)

During the figure, each rider has to perform 50cm-spinnings.

50cm-spinnings (8.2.046)



4134 e

4134 d

# Two outsiderings

Two riders each have to perform an outsidering.

4135 4136

2 outsiderings (8.2.077)

# A Two outsiderings 4 s.r.r.

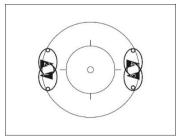
During the figure, each rider has to perform a single ring right.

Single ring right (8.2.054)

# B Two outsiderings spinnings (T)

During the figure, each rider has to perform 50cm-spinnings.

50cm-spinnings (8.2.046)



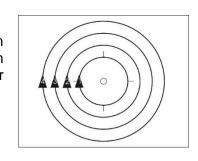
4136 e

4136 d

# 4 con. half circle / circle

All riders are connected by a grip connection and have to ride, next to each other, on an imaginary axis which runs through the inner circle, a half circle / circle.

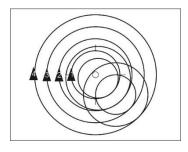
Half circle (8.2.043) Circle (8.2.042)



A 4 con. half circle / circle 2 con. s.r.l.

During the figure, the grip connection between rider 2 and 3 has to be released. Thus, two pairs of riders are formed, and each pair has to perform a 2 connected single ring left.

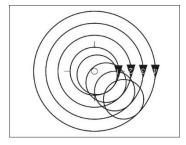
2 con. single ring left (8.2.055)



4151 c-d 4152 c-d 4153 e-h 4154 c-d

B **4 con. half circle / circle 4 s.r.l.**During the figure, each rider has to perform a single ring left.

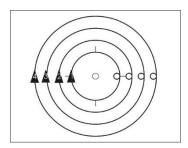
Single ring left (8.2.053)



4151 e-f 4152 e-f 4153 i-l 4154 e-f

C 4 con. half circle / circle spinnings
During the figure, each rider has to perform 50cm-spinnings.

50cm-spinnings (8.2.046)

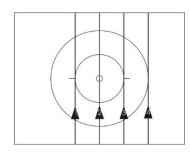


4154 g-h

### 4 con. shortline

All riders are connected by a grip connection performing a shortline, next to each other.

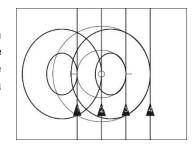
Shortline (8.2.064)



79

#### A 4 con. shortline 2 con s.r.l.

During the figure, the grip connection between rider 2 and 3 has to be released. Thus, two pairs of riders are formed, and each pair has to perform a 2 connected single ring left.

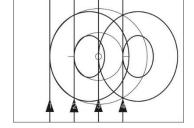


4161 b 4162 b 4163 c-d 4164 b

2 con. single ring left (8.2.055)

#### B 4 con. shortline 2 con. s.r.r.

During the figure, the grip connection between rider 2 and 3 has to be released. Thus, two pairs of riders are formed, and each has to perform a 2 connected single ring right.



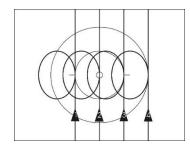
4161 c 4162 c

2 con. single ring right (8.2.056)

### C 4 con. shortline 4 s.r.l.

During the figure, each rider has to perform a single ring left.

Single ring left (8.2.053)

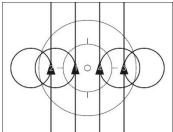


4161 d 4162 d 4163 e-f 4164 c

#### D 4 con. shortline 2 s.r.l. 2 s.r.r.

During the figure, rider 1 and 2 have to perform each a single ring left. Rider 3 and 4 have to perform each a single ring right.

Single ring left (8.2.053) Single ring right (8.2.054)



4164 d

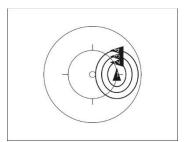
# E 4 con. shortline spinnings

During the figure, each rider has to perform 50cm-spinnings.

50cm-spinnings (8.2.046)

# Surrounding 3 around 1

All riders are connected by a grip connection. One rider has to stand on a spot, without pedalling, while the other riders have to circle the standing rider completely. The other three riders have to ride, next to each other on the same, imaginary axis, which runs through the standing rider.



4164 e

#### Coach half circle / circle

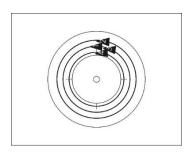
All riders have to ride around the middle circle. Rider 1 has to grip with the right hand to the left handlebar-grip of rider 2.

Rider 2 has to grip with the left hand backwards to the right shoulder of rider 3.

Rider 3 has to grip with the left hand forward to the right shoulder of rider 4.

Rider 4 has to grip with the right hand to the left shoulder of rider 1.

Half circle (8.2.043) Circle (8.2.042)



#### Coach raiser half circle / circle

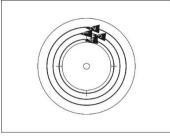
All riders have to ride around the middle circle. Rider 1 has to grip with the right hand to the right hand of rider 2.

Rider 2 has to grip with the left hand to the right hand of rider 3.

Rider 3 has to grip with the left hand to the right hand of rider 4.

hand of rider 1.

Rider 4 has to grip with the left hand to the left



4182

4181

Half circle (8.2.043) Circle (8.2.042)

#### Snake half circle / circle

All riders have to ride around the middle circle in a left-right position, shifted in steps to the

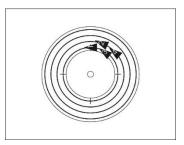
Rider 1 has to grip with the right hand to the left handlebar-grip of rider 2.

Rider 2 has to grip with the left hand to the right handlebar-grip of rider 3.

Rider 3 has to grip with the right hand to the left handlebar-grip of rider 4.

Rider 4 has to grip with both hands to the handlebar.

Half circle (8.2.043) Circle (8.2.042)



4183

#### Chain half circle / circle

All riders have to ride around the middle circle in right-left position, shifted in steps to the back.

Rider 1 has to grip with both hands to the own handlebar-grip.

Rider 2 has to grip with the left hand the right shoulder of rider 1.

Rider 3 has to grip with the right hand the left shoulder of rider 2.

Rider 4 has to grip with the left hand the right shoulder of rider 3.

Half circle (8.2.043) Circle (8.2.042)

#### Chain raiser half circle / circle

4192

4196

4197

4191

All riders have to ride around the middle circle in right-left position, shifted in steps to the back.

Rider 1 has to grip with the right hand to the right hand of rider 2.

Rider 2 has to grip with the left hand to the left hand of rider 3.

Rider 3 has to grip with the right hand the right hand of rider 4. The arms which are not connected have to be stretched sidewards.

Half circle (8.2.043) Circle (8.2.042)

# Saddlegrip half circle / circle

All riders have to ride around the middle circle, shifted in steps to the back.

Rider 1 has to grip with both hands to the handlebar.

Rider 2 has to grip with the left hand to the saddle of rider 1.

Rider 3 has to grip with the left hand to the saddle of rider 2.

Rider 4 has to grip with the left hand to the saddle of rider 3.

Half circle (8.2.043) Circle (8.2.042)



Starting position is the saddlegrip.

Rider 1 and 2 are connected by their left hands.

Rider 2, 3, and 4 are still connected to each other by saddlegrip and have to pass rider 1 at the inside.

Thus, the riders perform a pass through.

4197 a

**End of figure:** When the saddlegrip or saddlegrip-ring is reached (see figure 4198).

# Saddlegrip-ring

All riders have to ride, following each other, around the inner circle.

Rider 1 has to grip with the left hand to the saddle of rider 4.

Rider 2 has to grip with the left hand to the saddle of rider 1.

Rider 3 has to grip with the left hand to the saddle of rider 2.

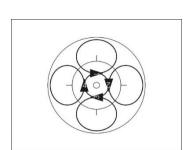
Rider 4 has to grip with the left hand to the saddle of rider 3.

**End of figure:** After a complete drive around the inner circle.

# A Saddlegrip-ring 4 s.r.r.

During the figure, each rider has to perform a single ring right.

Single ring right (8.2.054)



4198 b

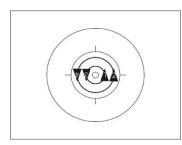
4198

4199

### 2 con. wingmill

All riders have to perform a 2 con. wingmill.

2 con. wingmill (8.2.072)



4211 4212

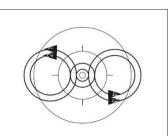
4213 4214

4233 c

# A 2 con. wingmill HD. 2 con. s.r.r. / 2 con. wingmill 2 con s.r.r.

During the figure, the grip connection between the inside riders has to be released. Each of the two pairs has to perform a 2 connected single ring right.

2 con. single ring right **(8.2.056)** 

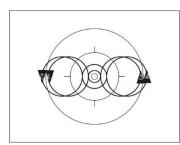


4211 b-c 4212 b-c 4214 e-f

# B 2 con. wingmill HD. 4 s.r.r. / 2 con. wingmill 4 s.r.r.

During the figure, each rider has to perform a single ring right.

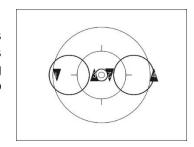
Single ring right (8.2.054)



4211 d-e 4214 g-l

# C 2 con. wingmill HD. mill with 2 s.r.r.

During the figure, the two outside riders have to release their grip connections and have to perform each a single ring right. The two inside riders have to perform a mill.

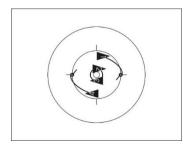


4214 d

Mill (8.2.070) Single ring right (8.2.054)

# D 2 con. wingmill HD. mill with spinnings (T)

During the figure, the two outside riders have to release their grip connections and have to perform 50cm-spinnings each, on a common axis which runs through the inner circle. The two inside riders have to perform a mill.



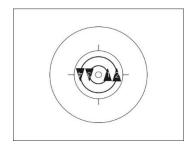
4233 c

50cm-spinnings (8.2.046) Mill (8.2.070)

# 2 con. wingring

All riders have to perform a 2 connected wingring.

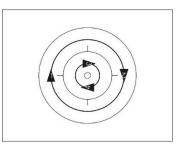
2 con. wingring (8.2.075)



4223 4224

# 2 con. wingmill mill with 2 f.e.o circle

The riders have to connect to the grip connection of a 2 connected wingmill. The two outside riders have to release their grip connections simultaneously and in motion and have to perform, following each other, one complete circle. The two inside riders have to perform a mill.



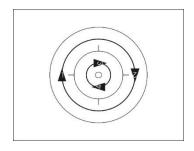
4230 4231 4232 a-b 4233 a

**End of figure:** When the riders have reached the starting position simultaneously and in motion again.

Mill (8.2.070) Circle (8.2.042)

# 2 con. wingring insidering with 2 f.e.o. circle

The riders have to connect to the grip connection of a 2 connected wingring. The two outside riders have to release their grip connections simultaneously and in motion and have to perform, following each other, one complete circle. The two inside riders have to perform an insidering.



4232 c-d 4233 b

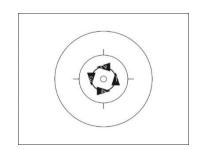
**End of figure:** When the riders have reached the starting position simultaneously and in motion again.

Insidering (8.2.073) Circle (8.2.042)

#### Mill

All riders have to perform a mill.

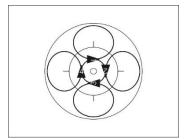
Mill (8.2.070)



### A Mill 4 s.r.r.

During the figure, each rider has to perform a single ring right.

Single ring right (8.2.054)

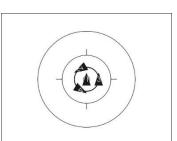


4241 b 4244 d-e

#### Insidering around 1

Three riders have to perform an insidering around the fourth rider. The fourth rider is connected by any grip with one of the three other riders and turns on the spot around his longitudinal axis, without pedalling.

The figure has to be performed within the middle circle.



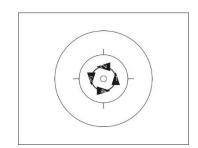
4251 4252

Insidering (8.2.073)

# Insidering / Insidering (T)

All riders have to perform an insidering.

Insidering (8.2.073)

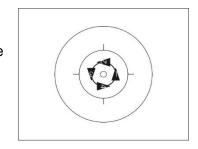


4258 4259

# Ring with alternate grips / Ring with alternate grips (T)

All riders have to perform a ring with alternate grips.

Ring with alternate grips (8.2.078)

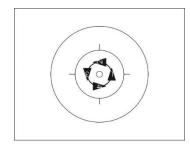


4267 a 4267 c-f 4268 a 4268 c-e

# Ring with alternate grips HD. / insidering HD.

Starting position is the ring with alternate grips. After a half drive all riders have to change their grip connection into the position insidering. The change of grips has to be performed simultaneously and in motion.

**End of figure:** After a further half drive in the position insidering.



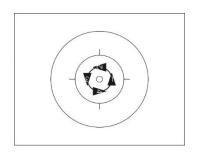
4267 b 4268 b

Ring with alternate grips (8.2.078) Insidering (8.2.073)

# **Outsidering**

All riders have to perform an outsidering.

Outsidering (8.2.076)

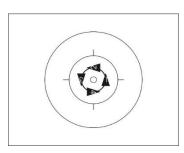


4272 a-e 4273 a-c

# Outsidering HD. / insidering HD.

Starting position is the outsidering. After a half drive all riders have to change their grip connection into the position insidering. The change of grips has to be performed simultaneously and in motion.

**End of figure:** After a further half drive in the position insidering.



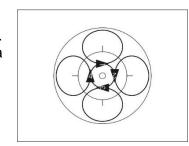
4272 f 4273 d

Outsidering **(8.2.076)** Insidering **(8.2.073)** 

# Outsidering 4 s.r.r.

All riders have to perform an outsidering. During the figure, each rider has to perfom a single ring right.

Outsidering (8.2.076) Single ring right (8.2.054)



4273 e

E0221 Indoor Cycling 86

# Door / synchronous door / opposite direction door simultaneously / Single-ring-door simultaneously

Two riders have to form a door.

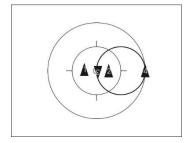
**Start of figure:** 2 metres before the first passing through the door.

**End of figure:** 2 metres after the last rider passing through. The door has to stand at least until the riders who are passing the door, have finished the total way of stretch.

# Door (8.2.079)

#### A Half door / door

The two other riders have to ride, with equal distances, following each other, through the door each once (half door) / each twice (door). These two riders have to ride around one of the two riders who are forming the door.



4280 a-b 4281 a-b 4282 a-d 4283 a-b

4280

4282

4283

4285 4286

4287

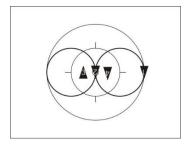
4290

4284 a

4281 a-e

# B Half synchronous door / synchronous door

The two other riders have to ride on a common axis, which runs parallel to the short or long side of the competition surface. Both riders have to pass through the door once (half synchronous door) / twice (synchronous door). These two riders

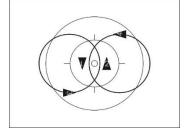


4280 c-d 4281 c-d 4285 a-d 4286 a-b

have to ride each around one rider, who are forming the door.

# C Opposite direction door simultaneously

The two other riders have to ride each around one of the two riders, who are forming the door and they pass twice simultaneously through the space between the door.



4280 e 4281 e 4284 a 4287 a-b

4290 a

# D Single-ring-door simultaneously

One of the two other riders has to ride around one of the riders who are forming the door, performing two single rings left. The other rider has to ride around the other rider who is forming the door, performing two single rings right. Thus, both riders have to ride simultaneously through the space between the door.

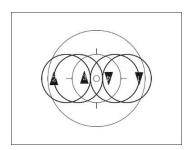
Single ring left (8.2.053) Single ring right (8.2.054)

E0221 Indoor Cycling 87

# Opposite direction door alternate rings simultaneously

Two riders have to form a door.

The two other riders have to perform a counter single ring with same size and same form. They each pass twice and simultaneously the space between the door. Each of the alternate rings has to start on one half of the competition surface. The competition surface is divided by the longitudinal or transversal axis.



4281 f 4298 a

Start of figure: At the latest 2 metres before the first passing through the door.

**End of figure:** At the earliest 2 metres after the last rider passing through. The door has to stand at least until the riders who are passing the door, have reached the starting position again.

Door (8.2.079)

Alternate ring (8.2.058)

# Mill with half synchronous door / with synchronous door / with 4284 b opposite direction door simultaneously

Two riders have to perform a mill.

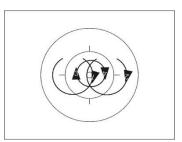
**Start of figure:** 2 metres before the first passing through the space which is formed by the mill.

**End of figure:** 2 metres after the last rider passing through. The mill has to ride at least until the riders who are passing through the space, which is formed by the mill, have finished the total way of stretch.

Mill (8.2.070)

#### Α Mill with half synchronous door

The two other riders are shifted a half way of their stretch, each on one half of the competition surface. Each rider is riding once through the space between the mill. The competition surface is split by the longitudinal or transversal axis. To pass the mill the own half of the competition surface may be left.



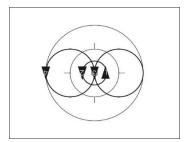
4288 a

4288

4289

#### В Mill with synchronous door

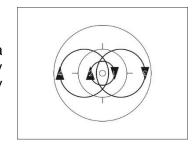
The two other riders are shifted a half way of their stretch, each on one half of the competition surface. Each rider is riding twice through the space between the mill. The competition surface is split by the longitudinal or transversal axis. To pass the door, the own half of the competition surface may be left.



4288 b 4289 a

# C Mill with opposite direction door simultaneously

The two other riders ride each around a point, passing twice simultaneously through the space which is formed by the mill.



4284 b 4289 b

#### Double door

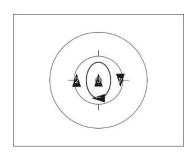
Three riders have to form a double door.

The fourth rider has to pass each of the two spaces between the doors twice and alternately.

**Start of figure:** 2 metres before the first passing through the double door.

**End of figure:** 2 metres after the the last rider passing through. The double door has to

stand at least until the rider who is passing the double door, has finished the total way of stretch.



4291 a 4292 a 4293 a

Double door (8.2.080)

#### Snake double door

Three riders have to form a double door.

The fourth rider has to pass each of the two spaces between the double door twice and has to change the moving direction each time he is passing the door.

**Start of figure:** 2 metres before the first passing through the double door.

End of figure: 2 metres after the last rider

passing through. The double door has to stand at least until the rider who is passing the double door, has finished the total way of stretch.

Double door (8.2.080)

### **Turbine double door counter direction**

Three riders have to perform a turbine.

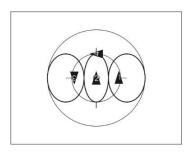
The fourth rider has to pass each of the two moving spaces between the turbine alternately. During the figure, both spaces have to be passed through at least twice.

**Start of figure:** 2 metres before the first passing through the turbine.

End of figure: 2 metres after the last rider

passing through. The turbine has to ride at least until the rider who is passing the turbine, has finished the total way of stretch.

Turbine **(8.2.081)**Counter direction **(8.2.036)** 



4292 b 4294 a

4293 b

#### Turbine snake double door counter direction

4294 b

Three riders have to perform a turbine.

The fourth rider has to pass each of the two moving spaces between the turbine twice and has to change the moving direction each time he is passing through.

**Start of figure:** 2 metres before the first passing through the turbine.

**End of figure:** 2 metres after the last rider passing through. The turbine has to ride at least until the rider who is passing the turbine has finished the total way of stretch.

Turbine (8.2.081)

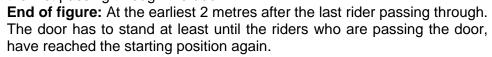
Counter direction (8.2.036)

### Alternate ring door

Two riders have to form a door.

The two other riders have to perform, following each other with equal distances, an alternate ring which has to have the same size and same form. Thus, they have to pass the space between the door twice.

**Start of figure:** At the latest 2 metres before the first passing through the door.



Door (8.2.079) Alternate ring (8.2.058)

# Mill with opposite direction door alternate ring simultaneous

Two riders have to perform a mill.

The two other riders have to perform an alternate ring which has to have the same size and same form. They have to pass the space between the mill twice and simultaneously. The alternate rings have to start each on one half of the competition surface. The

competition surface is split by the longitudinal or transversal axis.

**Start of figure:** At the latest 2 metres before the first passing through the mill.

**End of figure:** At the earliest 2 metres after the last rider passing through. The mill has to ride at least until the riders who are passing the mill have reached the starting position again.

Mill (8.2.070)

Alternate ring (8.2.058)

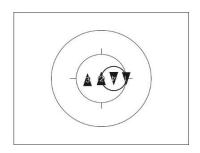
4296 a 4297 a

4298 b

# Half door ring / door ring

Two riders have to form a door.

The two other riders have to ride at equal distances, following each other, each once (half door ring) / each twice (door ring) through the space between the door. Thus, the riders who are passing the door perform an insidering.



End of figure: The door has to stand at least

until the riders who are passing the door have finished the total way of stretch.

Door (8.2.079) Insidering (8.2.073)

# Compass with insidering counter direction

4307 c

4307 a-b

Two riders are within the middle circle. They are connected by hand-in-hand-grip. The inside compass rider has to stand in the inner circle and turn on a spot around his longitudinal axis without pedalling, while the outside compass rider has to perform a complete circle around the stationary inside compass rider. Thus, the riders form a compass. The two ring riders have to ride in counter direction at equal distances following each other each once through the space which is formed by the compass. They form an insidering around the compass rider in the inner circle. One part of the figure has to be performed in clockwise direction, the other part of the figure has to be performed in anti-clockwise direction.

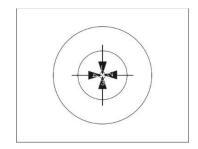
**End of figure:** After a complete rotation of the compass and after the insidering riders have finished the total way of stretch.

Insidering (8.2.073)
Counter direction (8.2.036)

#### Star inside

All riders have to perform a star inside.

Star inside (8.2.061)



4316 a 4317 a-f

#### Star inside 4 s.r.l.

All riders have to ride with equal distances, following each other, around the middle circle. During the figure all riders have to perform a single ring left. After finishing the single ring left all riders have to form a star inside around the inner circle.

4316 b 4317 g

Single ring left **(8.2.053)** Star inside **(8.2.061)**  Star inside 4.s.r.r. 4317 h

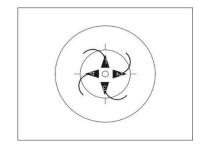
All riders have to ride with equal distances, following each other, around the middle circle. During the figure, all riders have to perform a single ring right. After finishing the single ring right all riders have to form a star inside around the inner circle.

Single ring right **(8.2.054)** Star inside **(8.2.061)** 

#### Star outside

All riders have to perform a star outside.

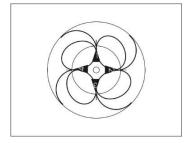
Star outside (8.2.062)



4326 a-b 4328 a-d

#### Star outside 4 s.r.l.

All riders have to ride with equal distances, following each other, around the middle circle. During the figure, all riders have to perform a single ring left. After finishing the single ring left all riders have to form a star outside around the inner circle.



4326 c 4328 e

4328 f

Single ring left **(8.2.053)** Star outside **(8.2.062)** 

#### Star outside 4.s.r.r.

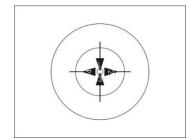
All riders have to ride with equal distances, following each other, around the middle circle. During the figure, all riders have to perform a single ring right. After finishing the single ring right all riders have to form a star outside around the inner circle.

Single ring right (8.2.054) Star outside (8.2.062)

#### Alternate-star

All riders have to perform an alternate-star.

Alternate-star (8.2.063)



4327

# Star inside ½ / 1 turn on the spot

Starting position is the star inside. During the figure, all riders have to release the grip connection and each rider has to perform ½ / 1 turn on the spot.

End of figure: In the position star outside / star inside.

Star inside (8.2.061) Star outside (8.2.062) Turn on the spot (8.2.047)

#### 2 con. raiser turn on the spot

Each two riders are connected by a grip connection. During the figure, the grip connections have to be released, and all riders have to turn on the spot ½ turn up to 4 half turns.

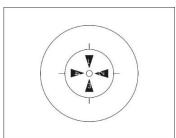
Turn on the spot (8.2.047)

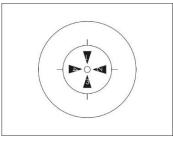
# 4 con. raiser turn on the spot

All riders are connected by a grip connection and have to stand on a common axis. During the figure, the grip connections have to be released, and all riders have to turn on the spot ½ turn up to 4 half turns.

Turn on the spot (8.2.047)

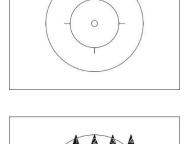
(text modified on 01.01.16; 01.01.17; 01.01.20; 01.02.21)





4341

4331



4342

# Chapter IV EVALUATION

# § 1 General rules for evaluation

#### **8.4.001** Start of the evaluation

As soon as one of the riders enter the competition surface the evaluation starts (see article **8.2.004**).

#### **8.4.002** End of the evaluation

Regulations regarding the end of the evaluation, see article **8.2.005**.

(article introduced on 01.01.16)

# § 2 Evaluation of difficulty

# **8.4.003** Decisive for the evaluation of difficulty are:

The general rules (chapter I), the specific rules (chapter II) and the explanations of figures (chapter III). With the evaluation of difficulty all faults have to be devalued if they occur during the performance.

(text modified on 01.01.16)

### **8.4.004** Sequence

If the sequence of figures is not performed according to the riding performance, the left out figures have to be devalued with: **100**%

If there are mixed up figures the commissaires panel will decide about the devaluations by majority decision.

(text modified on 01.01.16)

#### 8.4.005 Presentation

If the riders are not presenting themselves standing on the competition surface, the first figure will be devalued by: **100**%

(text modified on 01.01.16)

### **8.4.006** Start of riding performance

The riding performance will start with a clear "START" call, announced by the performing rider. If not, the first figure has to be devalued by: **100%** 

(text modified on 01.01.16; 01.01.20)

### **8.4.007** Start of a figure

- 1. Each figure starts with its prescribed position, if necessary, with its prescribed grip connection and described conditions in the explanations of figures. Deviations from this have to be devalued:
- Line figures start independently of the riders' distance to the border of the competition surface, but they end 1 metre before the end of the border of the competition surface. A devaluation occurs corresponding the missing way of stretch.
- 3. Half eights start independently from the longitudinal or transverse axis after reaching the starting position of the figure, a devaluation occurs corresponding the missing way of stretch.

- 4. Counter circles and counter eights start independently from the touch of hands always on the inner circle, a devaluation occurs corresponding the missing way of stretch.
- 5. If a touch of hands over the inner circle at the beginning and/or at the end of a figure is required, but is not shown, devaluation of: **10%**

(text modified on 01.01.16)

#### **8.4.008** Not recognisability of figures

All figures listed on the evaluation sheet have to be shown according to the explanations in these regulations. Figures which cannot be recognised have to be devalued: **100%** 

(text modified on 01.01.16)

### **8.4.009** Way of stretch

"Way of stretch" is the description for the whole process of a figure which is determined in chapter II specific rules, in the explanations of figures (chapter III) or in the corresponding list of figures (chapter V).

All figures on the evaluation sheet must be entirely shown by all riders together from beginning until the end of a figure in the defined manner of riding and modality over the entire way of stretch. For the start and end of a figure, the body balance point is relevant.

- 1. If the figure is shown less than half of the way of stretch, devaluation of: **100**%
- 2. If the figure is shown less than 9/10 of the way of stretch, devaluation of: **50%**
- 3. If the figure is shown less than the total way of stretch, devaluation of: 10%
- 4. With an incorrect descending of the front wheel over more than 1 second, the way of stretch ends.
- 5. With falling or standing on the floor over more than 1 second the way of stretch ends.
- 6. With forbidden leaning and/or pushing of over more than 1 second the figure ends.
- 7. If a rider at a half eight or 8 is missing the middle point more than 75 centimetres, a devaluation occurs corresponding the missing way of stretch.
- 8. If a rider touches the handlebar, the bicycle, or other riders during freehand figures for more than 1 second, the way of stretch ends.

(text modified on 01.01.16; 01.01.20)

# **8.4.010** Tactical figures (single and pair artistic cycling)

The tactical enlargement has to be awarded as soon as it has become recognisable that the tactical enlargement is being attempted. A devaluation of difficulty occurs corresponding to the rules for the missing way of stretch according article **8.4.009**. The required way of stretch includes the tactical enlargement.

(article introduced on 01.01.18; text modified on 01.01.22)

#### **8.4.011** Announced figures

Figures which are announced or shown from outside the competition surface have to be devalued: **100**%

(text modified on 01.01.16)

#### **8.4.012** End of maximum time

All figures of a riding performance have to be performed within the maximum time. After the maximum time has elapsed the missing way of stretch of the corresponding figure/figures has to be devalued (**Exception**: star figures, article **8.4.025** applies).

The maximum time ends with finishing the last figure.

(text modified on 01.01.16; 01.01.20)

# Complement for single and pair

# **8.4.013** Body posture

- 1. Stretched legs: Deviations of stretched knees (that means straight line) of more than 20° have to be devalued: **100**%
- Bendstands, backstand and knee on saddle: Deviations of the free leg more than 20° downwards in comparison with the prescribed straight line have to be devalued: 100%
- 3. Bendstands and backstand: the foot of the free leg is lower than the foot of the supporting leg, it has to be devalued: **100**%
- 4. Waterscale: Deviations of the upper part of the body more than 10° of the prescribed straight line have to be devalued: **100%**
- 5. Scales: Deviations of the prescribed straight line from more than 10° have to be devalued: **100**%
- 6. L-shape holds and all other figures with a mandatory horizontally, stretched position of the leg(s):
  - a) Deviations of the position of the legs downwards in comparison with the prescribed position have to be devalued: **100%**
  - b) Deviations of the position of the legs more than 20° upwards in comparison with the prescribed position have to be devalued: **100%**

### 7. Straddles

- a) Deviations of the position of the legs downwards in comparison with the prescribed position have to be devalued: **100%**
- b) Deviations of the position of the legs more than 20° upwards in comparison with the prescribed position have to be devalued: **100%**
- c) The angle of the straddle ("opening angle" of the legs) must have a minimum of 70°. Deviations have to be devalued: **100%**

(text modified on 01.01.16; 01.01.20)

# **8.4.014** Passages

- During a passage, it is not allowed according to chapter II specific rules and chapter V list of figures – to stay (show) longer than 1 second in a position which is a known figure. Deviations have to be devalued: 50%
- 2. During passages, it is not allowed to stay (show) longer, in a position which is an unknown figure (according to chapter II specific rules and chapter V list of figures) more than a way of stretch of 2 metres. Deviations have to be devalued: **50**%

(text modified on 01.01.16)

#### **8.4.015** Maute jump and fronthandlebarstand turn

- 1. If the rider does not reach the handlebar with his feet or only with one foot while performing the Maute jump. Devaluation: **100%**
- 2. If the rider reaches the handlebar with his feet while performing the Maute jump but can't stand. Devaluation: **50%**
- 3. If the two metres or parts of it are missing. Devaluation: 10%

(article introduced on 01.01.16; text modified on 01.01.20)

# 8.4.016 Final figures

- 1. If during a straddlejump one or both hands do not touch the feet. Devaluation: **100**%
- 2. Stretchjumps have to be performed with closed legs. At the highest position of the jump the arms have to be stretched vertically upwards. If not, devaluation: **100**%
- 3. If the handstandloop is not performed above the handlebars with closed legs (a stop is not required). Devaluation: **100%**
- 4. If at the end of a final figure, the rider is standing, but the bicycle cannot be held. Devaluation: **10**%

(text modified on 01.01.16; 01.01.20)

# **Complement for pair**

#### **8.4.017** Figures within the middle circle

If part of figures which have to be performed according to chapter II § 5 way of stretch with a grip connection above the inner circle are executed outside the middle circle, they have to be devalued: **50%** 

The centre of the figure is decisive.

(text modified on 01.01.16)

# **8.4.018** Simultaneous performance of figures on two bicycles

- 1. Passages / jumps out of regular seat
  - a) Passages and jumps out of regular seat on two bicycles which are performed one after another have to be devalued: **50%**
  - b) If one rider has reached the end position before the partner has started with the passage/jump out of regular seat, the figure is perfored one after another.
- 2. Maute jump and fronthandlebarstand turn
  - a) The second rider has to start performing the Maute jump before the first rider has finished the described 2 metres way of stretch after the Maute jump otherwise devaluation: 50%
  - b) The second rider has to start performing the fronthandlebarstand turn before the first rider has finished the described 2 metres way of stretch after the fronthandlebarstand turn otherwise devaluation: 50%
- 3. Somersault

The second rider is required to jump before the first rider is standing on the competition surface. If not devaluation: **50%** 

(text modified on 01.01.12; 01.01.16)

# **8.4.019** Grip connection into starting position

If the grip connection back to the starting position is not executed in motion (exception turns on the spot), devaluation: 10%

(text modified on 01.01.16)

# **8.4.020** Single rings

Single rings may not be performed rounding the partner. Deviations have to be devalued: **50%** 

# Complement for pair and ACT4

### **8.4.021** Turns on the spot

- 1. Pedalling during turning from one or more riders more than ¼ crankturn, a devaluation occurs corresponding the missing way of stretch.
- 2. Turns on the spot have to be performed by each rider on an own spot with a maximum diametre of 50 cm. Deviations have to be devalued corresponding the missing way of stretch.
- 3. If the required standing after the turns on the spot is missing, it has to be devalued: **10**%

(text modified on 01.01.12; 01.01.16, 01.01.23)

# **Complement for ACT4**

# **8.4.022** Simultaneous performance of figures

Simultaneous releasing and closing of grip connection: If the releasing and closing of grip connections are not performed simultaneously, only a devaluation of difficulty has to be made.

- 1. If the connection and disconnection process of the grips at the start and/or the end of the figure and if described during the figure are not performed simultaneously, this has to be devalued: **10%**
- 2. If the last grip connection is connected, after the first rider already has performed 2 metres, devaluation: **50%**
- If the grip connection(s) as described is not performed while the bicycle is riding (chapter II specific rules and chapter III explanations of figures), devaluation: 10%

Simultaneous passing through at door and mill with door:

If the simultaneous passing or crossing through is performed more than 25cm outside of the door, this has to be devalued:

- 4. If maximum half of the passing through is not simultaneous: **50%**
- 5. If more than half of the passing through is not simultaneous: 100%

(text modified on 01.01.16; 01.01.20; 01.01.22, 01.01.23)

# **8.4.023** Figures within the middle circle

- 1. If figures which have to be performed in the middle circle are executed outside the middle circle, they have to be devalued: **50%**. The centre of the figure is decisive.
- 2. If the prescribed inside individual of figures, which has to be performed inside the middle circle, did not start outside the middle circle, devaluation: **100%**

3. If the prescribed outside individual of figures, which has to be performed inside the middle circle, is not leading out of the middle circle, devaluation: 10%

(text modified on 01.01.16)

#### **8.4.024** Turn on, inside and outside individual

- 1. If the required 2 metres of inside individual have not been performed, then the figure didn't start, devaluation: **100%**
- 2. If the required 2 metres of inside individual have not been performed completely, devaluation: **10%**
- 3. If the required 2 metres of outside individual have not been performed completely, devaluation: **10%**
- 4. If the required 2 metres of inside individual and of outside individual have not been performed completely, devaluation **10%**
- 5. If the turn on has not been performed within a diametre of 50 cm, devaluation:
  - a) more than a half of the riders, devaluation: 100%
  - b) a maximum of a half of the riders, devaluation: 50%

(article introduced on 01.01.16; text modified on 01.01.17; 01.01.20; 01.01.22)

#### 8.4.025 Stars

- 1. If in the required endposition of the figure the headtubes of the bicycle resp. the back wheels (star outside resp. alternate-star) are not directed to the inner circle, a positional error occurs
  - a) more than a half of the riders, devaluation: 100%
  - b) a maximum of a half of the riders, devaluation: 50%
- 2. If in the required endposition of the figure the required grip connection doesn't occur from all riders, devaluation: **100**%
- 3. Riding in grip connection to the endposition of the figure, it has to be devalued: **100**%
- 4. If the required standing after the turns on the spot is missing, it has to be devalued: **10**%

(article introduced on 01.01.16)

# 8.4.026 Mill with door

If during a "mill with door", the riders performing the mill are standing, it has to be devalued:

- 1. Standing at maximum half of the passing through: **50%**
- 2. Standing at more than half of the passing through: 100%

(article introduced on 01.01.20; text modified 01.01.22)

#### § 3 Evaluation of execution

# **8.4.027** The following elements are decisive for the evaluation of execution:

The general rules (chapter I), specific rules (chapter II), the explanations of figures (chapter III), and the following elements of the evaluation of execution which have to be used when noted mistakes occur during the performance of the riders.

**Exceptions:** 

- mistake-group 1f-1g (valid from entering until leaving the competition surface)

- mistake-group 2 and 3 (valid from entering the competition surface until the end of the maximum time).

Touching the floor or standing on the floor which is part of the presentation cannot be devalued.

(text modified on 01.01.16)

#### **8.4.028** Mistake-groups 1a, 1b and 1f

Mistakes of these mistake-groups have to be devalued as they happen.

- A. Slight, short, arising shortly:
  - mistake sign x (X) devaluation value: 0.2 point
- B. Fierce, permanently, arising longer: mistake sign ~ (wave) devaluation value: 0.5 point

# **8.4.029** Mistake-groups 1c, 1d, 1e and 1g

A. Mistakes of these mistake-groups have to be devalued by: mistake sign ~ (wave) devaluation value: 0.5 point

# **8.4.030** Mistake-group 2

A. Mistakes of this mistake group have to be devalued by: mistake sign I (line) devaluation value: 1.0 point

# **8.4.031** Mistake-group 3

A. Mistakes of this mistake-group have to be devalued by: mistake sign O (circle) devaluation value: 2.0 points

#### **8.4.032** Remark on mistake-groups 1 and 2

If mistakes which are described in mistake-groups 1 and 2 are directly followed by mistakes of mistake-group 3, only the devaluation of mistake-group 3 may be devalued.

# Mistake-group 1

# **8.4.033** Mistake-group 1a (x, ~)

Devaluation per kind of mistake, per rider and figure only once:

- 1. Hands and/or arms not stretched, or having an incorrect position;
- 2. Rowing or rotating movements of arms:
- 3. Jerky pedalling;
- 4. Incorrect posture of the upper part of the body;
- 5. Unsteadiness:
- 6. Wandering during 50 cm spinnings;
- 7. Post motion of bicycle, correction step, or hopping at final figures;
- 8. Incorrect position of legs, less than 20°;
- 9. Knee not stretched, less than 20°
- 10. Feet not stretched or having an incorrect position.

(text modified on 01.01.16; 01.01.17)

#### **8.4.034** Mistake-group 1b (x, ~)

Devaluation per kind of mistake and figure only once:

- Different sizes of circles during half eight and all kinds of an eight;
- 2. Different size at half alternate rings, alternate rings and all kind of single rings;
- 3. Displacement of circles during a half eight and all kinds of an eight;
- 4. Non-simultaneous execution of figures:

- 5. Incorrect direction;
- 6. Unequal distances;
- 7. Correction movings within grip connections during standing after turns on the spot and stars.

(text modified on 01.01.16; 01.01.20)

### **8.4.035** Mistake-group 1c (~)

Devaluation per kind of mistake and figure only once:

- Only once or not crossing the inner circle during an eight;
- 2. Not crossing the inner circle during a half eight;
- 3. Wrong positions on the competition surface:
- 4. Deviation of the constant distance to the inner circle during circles or half circles (only single and pair) from more than 2 metres.

(text modified on 01.01.16; 01.01.17)

# **8.4.036** Mistake-group 1d (~)

Devaluation per kind of mistake per rider only once:

- Incorrect changing of the bicycle(s) (only pair);
- 2. Incorrect descending from the bicycle;
- 3. Incorrect presentation of the rider(s) before the start of the maximum time:
- 4. Incorrect descending from the bicycle after the end of the maximum time:
- 5. Incorrect presentation of the rider(s) after the end of the maximum time.

(text modified on 01.01.16; 01.01.20)

#### **8.4.037** Mistake-group 1e (~)

Devaluation of this kind of mistake as often as it appears; only between the figures.

1. Crossing the border of the competition surface.

(text modified on 01.01.16)

#### **8.4.038** Mistake-group 1f (x, ~)

Devaluation when this kind of mistake occurs, before the first and between the figures, only once:

1. Unsteadiness.

(text modified on 01.01.16; 01.01.20)

#### **8.4.039** Mistake-group 1g (~) (valid for ACT4)

**bis** Devaluation when this kind of mistake occurs, before the first and between the figures, only once:

- 1. Arms not stretched, or have a wrong position between free-hand figures;
- 2. Non-synchronous grapple and/or release of the bicycle:
- 3. Non-synchronous lowering and/or rising of the frontwheel during raiser figures.

(text modified on 01.01.16; 01.01.17; 01.01.20, 01.01.23)

#### Mistake-group 2

# 8.4.040 Mistake-group 2 (I)

**bis** Devaluation of mistakes per rider and kind of mistake, as often they arise (also before the first and between the figures):

- 1. Grab and release the handlebar, bicycle or team members with, one or two hands, during free-hand figures (not more than 1 second);
- 2. Lowering and raising of the front wheel during raiser figures (not more than 1 second):
- 3. Lowering and raising of the front wheel during raiser passages;
- 4. Touching the floor or standing on the competition surface, each foot (not more than 1 second);
- 5. Leaning on/pushing of, resting on handlebar, frame or saddle with either leg(s) or foot/feet during squats and turning jumps;
- 6. Catching (with parts of body) the frame after finishing a turning jump before taking the pedals;
- 7. Rider is standing, but the bicycle falls on the competition surface (only final figures);
- 8. Unauthorised touching of the partner (not more than 1 second and only during the performance of a figure).

(text modified on 01.01.16; 01.01.17; 01.01.20)

# Mistake-group 3

# **8.4.041** Mistake-group 3 (O)

**bis** Devaluation of mistakes per rider and kind of mistake, as often they arise, also before the first and between the figures:

- 1. Falling; from entering the competition surface until the end of the maximum time;
- 2. Standing on the floor (more than 1 second) from start of the maximum time until the end of the maximum time;
- 3. Holding on objects not belonging to the team;
- 4. Persons entering the competition surface in order to hand over the bicycle(s) during the change of bicycle(s) at pair artistic cycling;
- 5. Rider ends not standing on the competition surface (final figures);
- 6. Parking or leaving the bicycle(s) outside the coaching area in pair artistic cycling (the bicycle is parked when the riders have started the next figure).

(text modified on 01.01.16; 01.01.17)

# **Chapter V LIST OF FIGURES**

**8.5.001** The values mentioned after "T" can be reached by tactical enlargement of the belonging figure.

# § 1 Single artistic cycling

8.5.002	•		h both wheels on the floor / Name of figure	Point value
	•		•	
	1001	a	Reg. seat HC.	0,5
	1001	b	Reg. seat C.	0,7
	1001 1001	c d	Reg. seat frh. HC.	0,7
	1001	u	Reg. seat frh. C.	0,9
	1002	а	Reg. seat bw. HC.	2,1
	1002	b	Reg. seat bw. C.	2,3
	1002	С	Reg. seat bw. frh. handlebar spinning s.r.	3,0
	1003	а	Reg. seat rev. HC.	1,2
	1003	b	Reg. seat rev. C.	1,4
	1004	а	Reg. seat rev. bw. HC.	1,9
	1004	b	Reg. seat rev. bw. C.	2,1
	1004	С	Reg. seat rev. bw. S	2,8
	1004	d	Reg. seat rev. bw. 8	3,6
	1004	е	Reg. seat rev. bw. frh. handlebar spinning s.r.	3,6
	1011	а	Steering with feet HC.	0,7
	1011	b	Steering with feet C.	0,9
	1011	С	Steering with feet frh. HC.	0,9
	1011	d	Steering with feet frh. C.	1,1
	1012	а	Lady seat HC.	0,8
	1012	b	Lady seat C.	1,0
	1012	С	•	1,2
	1012	d	Lady seat frh. C.	1,4
	1013	а	Lady seat bw. HC.	2,5
	1013	b	Lady seat bw. C.	2,7
	1016	а	Handlebarseat HC.	1,8
	1016	b	Handlebarseat C.	2,0
	1016	С	Handlebarseat frh. HC.	2,0
	1016	d	Handlebarseat frh. C.	2,2
	1016	е	Handlebarseat frh. S	2,6
	1016	f	Handlebarseat frh. 8	3,4
	1017	а	Handlebarseat rev. HC.	1,2
	1017	b	Handlebarseat rev. C.	1,4
	1017	С	Handlebarseat rev. frh. HC.	1,4
	1017	d	Handlebarseat rev. frh. C.	1,6
	1021	а	Split HC.	0,9

Figure	No.	/ Name of figure	Point value
1021	b	Split C.	1,1
1021	С	Split frh. HC.	1,1
1021	d	Split frh. C.	1,3
1021	u	Split III. C.	1,0
1022	а	Split bw. HC.	2,6
1022	b	Split bw. C.	2,8
		·	
1023	а	Split rev. HC.	1,3
1023	b	Split rev. C.	1,5
1023	С	Split rev. frh. HC.	1,5
1023	d	Split rev. frh. C.	1,7
1024	а	Split rev. bw. HC.	2,6
1024	b	Split rev. bw. C.	2,8
1024	D	Split lev. bw. C.	2,0
1031	а	Frontstand HC.	1,8
1031	b	Frontstand C.	2,0
1031	С	Frontstand frh. HC.	2,0
1031	d	Frontstand frh. C.	2,2
1031	е	Frontstand frh. S	2,6
1031	f	Frontstand frh. 8	3,4
			,
1032	а	Backstand HC.	2,0
1032	b	Backstand C.	2,2
1026	•	Side nodel stand UC	1.2
1036	a	Side pedal stand HC.	1,3
1036	b	Side pedal stand C.	1,5
1037	а	Sidestand foot cranking HC.	1,2
1037	b	Sidestand foot cranking C.	1,4
1001	~	Classiana root oraniung c.	.,.
1038	а	Sidestand HC.	1,2
1038	b	Sidestand C.	1,4
1038	С	Sidestand frh. HC.	1,4
1038	d	Sidestand frh. C.	1,6
1039	а	Sidestand rev. HC.	1,6
1039	b	Sidestand rev. C.	1,8
1039	С	Sidestand rev. frh. HC.	1,8
1039	d	Sidestand rev. frh. C.	2,0
1040	•	Side kneeling foot cranking HC.	1.0
	a	S S	1,2
1040	b	Side kneeling foot cranking C.	1,4
1041	а	Frameseat HC.	1,3
1041	b	Frameseat C.	1,5
1046	а	Stand on pins HC.	1,3
1046	b	Stand on pins C.	1,5
1046	С	Stand on pins frh. HC.	2,1
1046	d	Stand on pins frh. C.	2,3
1046	е	Stand on pins frh. S	2,7

Figure	No.	Name of figure	Point value
1047	a	Stand bent on pin HC. Stand bent on pin C. Stand bent on pin frh. HC. Stand bent on pin frh. C.	1,6
1047	b		1,8
1047	c		3,0
1047	d		3,2
1048	a	Stand bent on pin bw. HC. Stand bent on pin bw. C.	3,0
1048	b		3,2
1051	a	Bent knee seat HC.	1,3
1051	b	Bent knee seat C.	1,5
1053	a	Knee on saddle HC.	1,9
1053	b	Knee on saddle C.	2,1
1054	a	Knee on saddle bw. HC.	3,8
1054	b	Knee on saddle bw. C.	4,0
1061	a	Stand bent on saddle HC. Stand bent on saddle C.	1,7
1061	b		1,9
1062	a	Stand bent on saddle bw. HC.	3,4
1062	b	Stand bent on saddle bw. C.	3,6
1063	a	Stand bent on frame HC. Stand bent on frame C.	1,7
1063	b		1,9
1064	a	Stand bent on frame bw. HC.	3,4
1064	b	Stand bent on frame bw. C.	3,6
1065	a	Stand bent on frame rev. HC.	2,1
1065	b	Stand bent on frame rev. C.	2,3
1066	a	Stand bent on handlebar rev. HC.	2,2
1066	b	Stand bent on handlebar rev. C.	2,3
1071	a	Pedal side stand rev. HC,	1,2
1071	b	Pedal side stand rev. C.	1,4
1076	a	Framestand HC. Framestand C. Framestand frh. HC. Framestand frh. C. Framestand frh. S	1,1
1076	b		1,3
1076	c		2,5
1076	d		2,7
1076	e		3,1
1077	a	Framestand rev. frh. HC. Framestand rev. frh. C.	3,1
1077	b		3,3
1081	a	Fronthang HC. Fronthang C.	1,5
1081	b		2,1
1082	а	Fronthang bw. HC.	3,4
1083	а	Backhang HC.	1,3

Figure I	No. /	Name of figure	Point value
1083	b	Backhang C.	1,5
1083	С		1,5
1083	d	Backhang frh. C.	1,7
	-		,,,
1084	а	Backhang bw. HC.	2,4
1091	а	Lying on handlebar HC.	2,1
1091	b	Lying on handlebar C.	2,3
1092	a	Lying on saddle HC.	1,3
1092	b	Lying on saddle C.	1,5
1092	С	Lying on saddle handlebar HC.	1,5
1092	d	Lying on saddle handlebar C.	1,7
1093	а	Waterscale under saddle HC.	1,6
1093	b	Waterscale under saddle C.	1,8
1093	С	Waterscale on saddle HC.	1,8
1093	d	Waterscale on saddle C.	2,0
1096	а	Walk on frontwheel ¼ circle	2,4
			,
1101	а	Saddle handlebarstand HC.	2,9
1101	b	Saddle handlebarstand C.	3,1
1101	С	Saddle handlebarstand S	3,6
1101	d	Saddle handlebarstand 8	4,1
1102	а	Saddle handlebarstand bw. HC.	6,5
1102	b	Saddle handlebarstand bw. C.	6,9
1102	С	Saddle handlebarstand bw. S	7,8
1102	d	Saddle handlebarstand bw. 8	9,2
1103	а	Saddlestand HC.	5,7
1103	b	Saddlestand C.	6,1
1103	С	Saddlestand S	6,5
1103	d	Saddlestand 8	7,3
	-		,,,
1104	a	Fronthandlebarstand HC.	4,0
1104	b	Fronthandlebarstand C.	4,2
1104	С	Fronthandlebarstand S	4,7
1104	d	Fronthandlebarstand 8	5,2
1104	е	Fronthandlebarstand HC. out of reg. seat	4,6
1104	f	Fronthandlebarstand C. out of reg. seat	4,8
1104	g	Fronthandlebarstand S out of reg. seat	5,3
1104	h	Fronthandlebarstand 8 out of reg. seat.	5,8
1104	į	Fronthandlebarstand ½ turn	5,1
1104	j	Fronthandlebarstand 1 turn T (6,4 - 6,9 - 7,4 - 7,9)	5,9
1104	k	Fronthandlebarstand 1½ turn T (7,2 - 7,7 - 8,2 - 8,7)	6,7
1104		Fronthandlebarstand 2 turns T (8,0 - 8,5 - 9,0 - 9,5)	7,5
1104	m	Fronthandlebarstand ½ turn out of reg. seat	5,7
1104	n	Fronthandlebarstand 1 turn out of reg. seat T (7,0 - 7,5 - 8,0 - 8,5)	6,5
1104	0	Fronthandlebarstand 1½ turn out of reg. seat T	7,3
	•	(7.8 - 8.3 - 8.8 - 9.3)	.,0

Figure No. / Name of figure

Point value

1104 p Fronthandlebarstand 2 turns out of reg. seat T (8,6 - 9,1 - 9,6 - 10,1)

_	_	
8,	1	

	Given							
		1104i	1104j	1104k	1104l			
		1/2	1	1 ½	2			
	1/2	5,1						
_	1		5,9					
Shown	1½		6,4	6,7				
Sho	2		6,9	7,2	7,5			
	2½		7,4	7,7	8,0			
	3		7,9	8,2	8,5			
	3½			8,7	9,0			
	4				9,5			

	Given								
		1104m	1104n	1104o	1104p				
		1/2	1	1 ½	2				
	1/2	5,7							
_	1		6,5						
Shown	1½		7,0	7,3					
Sho	2		7,5	7,8	8,1				
•	2½		8,0	8,3	8,6				
	3		8,5	8,8	9,1				
	3½			9,3	9,6				
	4				10,1				

Figure	No.	/ Name of figure	Point value
1105	а	Handlebarstand rev. HC.	4,4
1105	b	Handlebarstand rev. C.	4,6
1105	С	Handlebarstand rev. S	5,1
1105	d	Handlebarstand rev. 8	5,6
1111	а	Saddle support scale HC.	2,5
1111	b	Saddle support scale C.	3,1
1111	С	Saddle support scale S	3,5
1111	d	Saddle support scale 8	5,1
1112	a	Handlebar support scale HC.	2,5
1112	b	Handlebar support scale C.	3,1
1112	C	Handlebar support scale S	3,5
1112	d	Handlebar grip scale, legs front HC.	3,5
1112	e	Handlebar grip scale, legs front C.	4,2
1112	f	Handlebar grip scale, legs front S	4,6
1112	g	Handlebar grip scale, legs front 8	6,4
1112 1112	h i	Handlebar grip scale, legs rear HC.	4,1
1112	j	Handlebar grip scale, legs rear C. Handlebar grip scale, legs rear S	4,8 5,2
1112	J k	Handlebar grip scale, legs rear 8	7,0
1112	ĸ	riandiebai grip scale, legs real o	7,0
1115	а	Handlebar L-shape hold HC.	2,8
1115	b	Handlebar L-shape hold C.	3,2
1115	С	Handlebar L-shape hold S	3,6
1115	d	Handlebar L-shape hold 8	4,8
1116	а	Handlebar L-shape hold rev. HC.	3,2
1116	b	Handlebar L-shape hold rev. C.	3,6
1116	С	Handlebar L-shape hold rev. S	4,0
1116	d	Handlebar L-shape hold rev. 8	5,2
1117	а	L-shape hold sidewards HC.	3,8

Figure No. / Name of figure Point					
11	17	b	L-shape hold sidewards C.	4,4	
11	17		L-shape hold sidewards bw. HC.	6,5	
11	17	d	L-shape hold sidewards bw. C.	7,1	
11	18	2	Handlebar support straddle HC.	3,3	
	18	a b	Handlebar support straddle C.	3,9	
	18	C	Saddle support straddle HC.	4,2	
	18	d	Saddle support straddle C.	4,8	
		-		1,2	
	21	а	Headstand HC.	4,4	
11	21	b	Headstand C.	4,6	
11	22	а	Shoulderstand HC.	4,2	
	22	b	Shoulderstand C.	4,4	
	23	а	Saddle handlebar handstand HC.	7,0	
	23	b	Saddle handlebar handstand C.	7,8	
	23	С	Saddle handlebar handstand S	8,6	
	23	d	Saddle handlebar handstand 8	10,2	
11	23	е	L-shape hold sdw. saddle handlebar handstand HC. T (9,8 - 10,4)	8,6	
11	23	f	L-shape hold sdw. saddle handlebar handstand C. T (10,6 - 11)	,2) 9,4	
11	23	g	L-shape hold sdw. saddle handlebar handstand S T (11,4 - 12,6	. ,	
11	23	ĥ	L-shape hold sdw. saddle handlebar handstand 8 T (13,0 - 13,6	3) 11,8	
11	23	i	L-shape hold sdw. Swiss saddle handlebar handstand HC.	10,4	
11	23	j	L-shape hold sdw. Swiss saddle handlebar handstand C.	11,2	
11	23	k	L-shape hold sdw. Swiss saddle handlebar handstand S	12,0	
11	23	ı	L-shape hold sdw. Swiss saddle handlebar handstand 8	13,6	
11	23	m	L-shape hold sdw. German saddle handlebar handstand HC.	11,0	
	23	n	L-shape hold sdw. German saddle handlebar handstand C.	11,8	
	23	0	L-shape hold sdw. German saddle handlebar handstand S.	12,6	
11	23	р	L-shape hold sdw. German saddle handlebar handstand 8.	14,2	

	Given							
		1123e	1123f	1123g	1123h			
	1123i	9,8						
	1123j		10,6					
<b>E</b>	1123k			11,4				
Shown	11231				13,0			
S	1123m	10,4						
	1123n		11,2					
	11230			12,0				
	1123p				13,6			

Figure	Point value		
1124	а	Handlebar handstand HC.	7,2
1124	b	Handlebar handstand C.	8,0
1124	С	Handlebar handstand S	8,8
1124	d	Handlebar handstand 8	10,4
1124	е	L-shape hold handlebar handstand HC. T (10,0 - 10,6)	8,8

Figure No. / Name of figure					
	1124	f	L-shape hold handlebar handstand C. T (10,8 - 11,4)	9,6	
	1124	g	L-shape hold handlebar handstand S T (11,6 - 12,2)	10,4	
	1124	h	L-shape hold handlebar handstand 8 T (13,2 – 13,8)	12,0	
	1124	i	L-shape hold Swiss handlebar handstand HC.	10,6	
	1124	j	L-shape hold Swiss handlebar handstand C.	11,4	
	1124	k	L-shape hold Swiss handlebar handstand S	12,2	
	1124	I	L-shape hold Swiss handlebar handstand 8	13,8	
	1124	m	L-shape hold German handlebar handstand HC.	11,2	
	1124	n	L-shape hold German handlebar handstand C.	12,0	
	1124	0	L-shape hold German handlebar handstand S.	12,8	
	1124	р	L-shape hold German handlebar handstand 8.	14,4	
	1124	q	Handlebar support straddle handlebar handstand HC.	10,0	
	1124	r	Handlebar support straddle handlebar handstand C.	10,8	
	1124	S	Handlebar support straddle handlebar handstand S	11,6	
	1124	t	Handlebar support straddle handlebar handstand 8	13,2	

	Given							
		1124e	1124f	1124g	1124h			
	1124i	10,0						
	1124j		10,8					
5	1124k			11,6				
Shown	11241				13,2			
S	1124m	10,6						
	1124n		11,4					
	11240			12,2				
	1124p				13,8			

Figure	Point value		
1141	а	Stillstand on pedals	1,0
1141	b	Stillstand on pedals frh.	1,2
1141	С	Stillstand pedal frontwheel	1,3
1141	d	Stillstand pedal frontwheel frh.	1,5

(text modified on 01.01.12; 01.01.16; 01.01.20)

# 8.5.003 Sidestand turn, squats and jumps

Figure N	Point value		
1151	1,7		
1131	а	Sidestand turn	1,7
1156	а	Reg. seat squat	1,7
1156	b	Reg. seat squat bw.	3,1
1100	~	rog. ooat oquat bw.	3,1
1157	а	Fronthang squat with use of pin	1,8
1157	b	Fronthang squat	2,0
1157	С	Fronthang squat bw.	3,5
		3 1	,
1158	а	Backhang squat with use of pin	1,7
1158	b	Backhang squat	1,9
1158	С	Backhang squat bw.	3,5

Figure No. / Name of figure Po					
1159	а	Handlebarseat rev. squat	1,7		
1159	b	Handlebarseat rev. squat bw.	2,9		
1171	а	Handlebarseat rev. scissors jump	2,2		
1171	b	Backhang scissors jump	2,6		
1172	а	Turning jump sidestand handlebarseat rev.	2,0		
1172	b	Turning jump reg. seat handlebarseat rev.	2,3		
1172	С	Turning jump handlebarseat rev. reg. seat	2,3		
1172	d	Turning jump reg. seat stand bent on frame rev.	2,8		
1172	е	Turning reg. seat, jump, scissors jump	3,8		
1173	а	37 1	2,2		
1173	b	Turning jump reg. seat front wheel walk	2,8		
1174		0, 1	1,8		
1174	b	37 1 3	2,2		
1174	С	Turning jump backhang reg. seat	2,3		
1175	а	Turning jump 1 turn	4,8		
1175	b	Turning jump 2 turns T (7,5 - 8,2 - 8,9 - 9,6 - 10,3)	6,8		
1175	С	Turning jump 3 turns T (9,5 - 10,2 - 10,9 - 11,6 - 12,3)	8,8		
1175	d	Turning jump 4 turns T (10,7 - 11,4 - 12,1 - 12,8 - 13,5)	10,0		
1175	е	Turning jump 5 turns T (11,8 - 12,5 - 13,2 - 13,9 - 14,6)	11,1		

	Given						
		1175a	1175b	1175c	1175d	1175e	
		1	2	3	4	5	
	1	4,8					
	2		6,8				
⊆	3		7,5	8,8			
≥	4		8,2	9,5	10,0		
Shown	5		8,9	10,2	10,7	11,1	
S	6		9,6	10,9	11,4	11,8	
	7		10,3	11,6	12,1	12,5	
	8			12,3	12,8	13,2	
	9				13,5	13,9	
	10					14,6	

Figure	No	. / Name of figure	Point value
1181	а	Pedal jump	1,9
1186	а	Maute jump	7,3

(text modified on 01.01.16)

### 8.5.004 Raiser figures

Raiser	igur	es	
Figure I	Point value		
1201	а	Raiser reg. seat HC.	2,4
1201	b	Raiser reg. seat C.	2,6
1201	С	Raiser reg. seat frh. HC.	2,5
1201	d	Raiser reg. seat frh. C.	2,7

Figure	No.	/ Name of figure	Point value
1201	е	Raiser reg. seat 1 leg HC.	3,1
1201	f		3,3
1201	g	Raiser reg. seat 1 leg frh. HC.	3,4
1201	h	Raiser reg. seat 1 leg frh. C.	3,6
1202	а	Raiser reg. seat bw. HC.	4,3
1202	b	Raiser reg. seat bw. C.	4,5
1202	С	Raiser reg. seat bw. frh. HC.	4,6
1202	d	Raiser reg. seat bw. frh. C.	4,8
1202	е	Raiser reg. seat bw. 1 leg HC.	5,7
1202	f	Raiser reg. seat bw. 1 leg C.	6,5
1202	g	Raiser reg. seat bw. 1 leg frh. HC.	6,7
1202	h	Raiser reg. seat bw. 1 leg frh. C.	7,5
1202	i	Raiser reg. seat spin. bw. frh.	5,3
1203	а	Raiser reg. seat rev. frh. HC.	3,1
1203	b	Raiser reg. seat rev. frh. C.	3,5
1203	C	Raiser reg. seat rev. frh. S	3,9
1203	d	Raiser reg. seat rev. frh. 8	5,1
1203	e	Raiser reg. seat rev. frh. 1 leg frh. HC.	3,9
1203	f	Raiser reg. seat rev. frh. 1 leg frh. C.	4,6
1203	g	Raiser reg. seat rev. spin. frh.	5,7
1204	а	Raiser reg. seat rev. bw. frh. HC.	4,8
1204	b	Raiser reg. seat rev. bw. frh. C.	5,2
1204	С	Raiser reg. seat rev. bw. frh. S	6,3
1204	d	Raiser reg. seat rev. bw. frh. 8	7,8
1211	а	Raiser lady seat HC.	3,1
1211	b	Raiser lady seat C.	3,3
1211	С	Raiser lady seat frh. HC.	3,4
1211	d	Raiser lady seat frh. C.	3,6
1212	а	Raiser lady seat bw. HC.	5,4
1212	b	Raiser lady seat bw. C.	6,2
1212	С	Raiser lady seat bw. frh. HC.	6,4
1212	d	Raiser lady seat bw. frh. C.	7,2
1216	а	Raiser stand on pin HC.	3,0
1216	b	Raiser stand on pin C.	3,2
1216	С	Raiser stand on pin frh. HC.	3,3
1216	d	Raiser stand on pin frh. C.	3,5
1216	e	Raiser sidestand HC.	3,2
1216	f	Raiser sidestand C.	3,4
1216 1216	g h	Raiser sidestand frh. HC. Raiser sidestand frh. C.	3,5 3,7
1217	а	Raiser stand on pin bw. HC.	5,2
1217	b	Raiser stand on pin bw. C.	6,0
1217	С	Raiser stand on pin bw. c.	6,2
1217	d	Raiser stand on pin bw. frh. C.	7,0
1217	e	Raiser stand on pin spin. bw.	7,2
1217	f	Raiser sidestand bw. HC.	4,8

Figure I	No.	/ Name of figure	Point value
1217	g	Raiser sidestand bw. C.	5,6
1219	а	Raiser stand on pin rev. bw. HC.	3,9
1219	b	Raiser stand on pin rev. bw. C.	4,7
1219	С	Raiser sidestand rev. bw. HC.	4,2
1219	d	Raiser sidestand rev. bw. C.	5,0
1226	а	Raiser handlebarseat HC.	2,5
1226	b	Raiser handlebarseat C.	2,7
1226	С	Raiser handlebarseat frh. HC.	2,6
1226	d	Raiser handlebarseat frh. C.	2,8
1227	а	Raiser handlebarseat bw. HC.	4,3
1227	b	Raiser handlebarseat bw. C.	4,5
1227	C C	Raiser handlebarseat bw. frh. HC.	4,4
1227 1227	d	Raiser handlebarseat bw. frh. C. Raiser handlebarseat spin. bw. frh.	4,6
1221	е	Raisei Handiebaiseat Spiri. bw. iiri.	5,1
1228	a	Raiser handlebarseat rev. frh. HC.	3,0
1228	b	Raiser handlebarseat rev. frh. C.	3,4
1228	C	Raiser handlebarseat rev. frh. S	3,8
1228	d	Raiser handlebarseat rev. frh. 8	5,0
1228	е	Raiser handlebarseat rev. spin. frh.	5,5
1229	а	Raiser handlebarseat rev. bw. frh. HC.	4,8
1229	b	Raiser handlebarseat rev. bw. frh. C.	5,2
1229	С	Raiser handlebarseat rev. bw. frh. S	5,9
1229	d	Raiser handlebarseat rev. bw. frh. 8	7,4
1236	а	Raiser headtube frh. HC.	2,6
1236	b	Raiser headtube frh. C.	2,8
1236	С	Raiser headtube 1 leg frh. HC.	3,0
1236	d	Raiser headtube 1 leg frh. C.	3,2
1236	е	Raiser headtube spin. frh.	5,1
1237	а	Raiser headtube bw. frh. HC.	4,4
1237	b	Raiser headtube bw. frh. C.	4,6
1237	С	Raiser headtube spin. bw. frh.	5,1
1238	а	Raiser headtube rev. frh. HC.	3,0
1238	b	Raiser headtube rev. frh. C.	3,4
1238	С	Raiser headtube rev. spin. frh.	5,5
1239	а	Raiser headtube rev. bw. frh. HC.	4,8
1239	b	Raiser headtube rev. bw. frh. C.	5,2
1246	а	Standraiser HC.	4,0
1246	b	Standraiser C.	4,6
1247	а	Standraiser bw. HC.	5,3
1247	b	Standraiser bw. C.	5,9
1247	С	Standraiser spin. bw.	6,5

	Figure	No.	/ Name of figure	Point value
	1248	а	Standraiser rev. HC.	4,2
	1248	b	Standraiser rev. C.	4,8
	1248	С	Standraiser rev. spin.	6,5
	1249	а	Standraiser rev. bw. HC.	5,5
	1249	b	Standraiser rev. bw. C.	6,1
	1249	С	Standraiser rev. bw. S	6,8
	1249	d	Standraiser rev. bw. 8	8,8
	(text m	odifi	ed on 01.01.16; 01.01.17)	
8.5.005	Raiser Figure		sages / Name of figure	Point value
	1281	а	P. fronthang raiser headtube	5,0
	1281	b	P. raiser headtube fronthang	2,4
	1282	а	P. fronthang standraiser rev.	7,0
	1282	b	P. standraiser rev. fronthang	3,0
	1283	а	P. raiser reg. seat raiser handlebarseat	3,1
	1283	b	P. raiser handlebarseat raiser reg. seat	2,1
	4004		-	
	1284 1284	a b	P. raiser reg. seat raiser headtube P. raiser headtube raiser reg. seat	5,3 4,3
	1204	b	r. Taisei Headiube Taisei Teg. Seat	4,3
	1285	a	P. raiser reg. seat standraiser rev.	6,4
	1285	b	P. standraiser rev. raiser reg. seat	4,7
	1286	а	P. raiser handlebarseat raiser headtube	3,6
	1286	b	P. raiser headtube raiser handlebarseat	2,7
	1287	а	P. raiser headtube standraiser rev.	4,1
	1287	b	P. standraiser rev. raiser headtube	1,9
	4000			
	1288 1288	a b	P. backhang raiser headtube rev. P. raiser headtube rev. backhang	3,7 1,4
	1200	D	F. Talsel Headlube Tev. backhang	1,4
	1289	а	P. backhang standraiser	6,1
	1289	b	P. standraiser backhang	2,4
	1290	а	P. reg. seat rev. raiser handlebarseat rev.	5,1
	1290	b	P. raiser handlebarseat rev. reg. seat rev.	1,7
	1291	а	P. raiser handlebarseat rev. standraiser	6.0
	1291	a b	P. standraiser raiser handlebarseat rev.	6,8 5,1
	1292	а	P. raiser headtube rev. raiser handlebarseat rev.	3,9
	1292	b	P. raiser handlebarseat rev. raiser headtube rev.	5,8
	1293	а	P. standraiser raiser headtube rev.	1,8
	1293	b	P. raiser headtube rev. standraiser	3,6
	(text m	odifi	ed on 01.01.16; 01.01.17)	

E0221

#### 8.5.006 Final figures Figure No. / Name of figure Point value 1301 Reg. seat handlebar squat 1,4 1301 Side pedal stand squat over the bicycle 1,9 1301 С Reg. seat handlebar straddle 3,5 1301 d Reg. seat handlebar squat ½ twist 2,5 Handlebarseat rev. handlebar squat 1301 1.6 1301 f Handlebarseat rev. handlebar straddle 3,7 1301 Stand bent on saddle handstandloop 6.6 g 1301 Reg. seat handstandloop 7,7 1301 Fronthandlebarstand stretchjump behind the bicycle 4,3 Fronthandlebarstand stretchjump ½ twist in front of the bicycle 1301 5,1 1301 Fronthandlebarstand straddlejump behind the bicycle 4.7 1301 Handlebarstand rev. stretchjump in front of the bicycle 4.6 1 1301 Handlebarstand rev. stretchjump 1 twist in front of the bicycle 6,2 1301 Handlebarstand rev. somersault bw. hooked legs 8,6 n 1301 Handstand bicycle lying down 4,1 0 1301 L-shape hold Swiss handstand bicycle lying down 6,1 (text modified on 01.01.16) § 2 Pair artistic cycling 8.5.007 Figures with both wheels on the floor on two bicycles Figure No. / Name of figure Point value 2001 0,4 а Reg. seat HC. 2001 b Reg. seat C. 0,5 8,0 2001 С Reg. seat frh. HC. 2001 d Reg. seat frh. C. 0.9 2001 Reg. seat mill 0,5 е 2001 Reg. seat mill frh. 0,9 f 2001 g Reg. seat mill s.r. frh. 1,5 2002 Reg. seat bw. HC. 8,0 а 2002 b Reg. seat bw. C. 1,0 2002 Reg. seat s.r. bw. 2.4 С 2004 Reg. seat mill bw. 0.9 а 2004 2,0 b Reg. seat mill s.r. bw. 2005 Reg. seat rev. HC. 0,7 а 2005 Reg. seat rev. C. 8.0 b 2005 С Reg. seat rev. frh. HC. 1,1 2005 d Reg. seat rev. frh. C. 1,2 2011 а Steering with feet HC. 8.0 2011 Steering with feet C. 0,9 b 2011 Steering with feet frh. HC. 1,0 С 2011 d Steering with feet frh. C. 1,2 0,7 2012 а Lady seat HC. 2012 b Lady seat C. 8.0

E0221 Indoor Cycling 114

1,1

Lady seat frh. HC.

2012

С

Figure	No. /	Name of figure	Point value
2012	d	Lady seat frh. C.	1,2
2013	a	Lady seat bw. HC.	1,4
2013	b	Lady seat bw. C.	1,5
2021	a	Handlebarseat HC. Handlebarseat C. Handlebarseat frh. HC. Handlebarseat frh. C.	1,8
2021	b		2,0
2021	c		2,0
2021	d		2,2
2022	a	Handlebarseat rev. HC. Handlebarseat rev. C. Handlebarseat rev. frh. HC. Handlebarseat rev. frh. C.	0,9
2022	b		1,0
2022	c		1,3
2022	d		1,5
2026	a	Split HC. Split C. Split frh. HC. Split frh. C.	0,7
2026	b		0,8
2026	c		1,1
2026	d		1,2
2027	a	Split rev. HC. Split rev. C. Split rev. frh. HC. Split rev. frh. C.	1,3
2027	b		1,5
2027	c		1,5
2027	d		1,7
2031	a	Frontstand HC. Frontstand C. Frontstand frh. HC. Frontstand frh. C.	1,8
2031	b		2,0
2031	c		2,0
2031	d		2,2
2036	a	Sidestand foot cranking HC. Sidestand foot cranking C.	0,9
2036	b		1,0
2037	a	Sidestand HC. Sidestand C. Sidestand frh. HC. Sidestand frh. C.	0,8
2037	b		1,0
2037	c		1,2
2037	d		1,4
2046	a	Stand on pins HC. Stand on pins C. Stand on pins frh. HC. Stand on pins frh. C.	0,8
2046	b		1,0
2046	c		1,7
2046	d		1,9
2047	a	Stand bent on pin HC. Stand bent on pin C. Stand bent on pin frh. HC. Stand bent on pin frh. C.	1,1
2047	b		1,2
2047	c		1,9
2047	d		2,1
2051	a	Bent knee seat HC.	1,2
2051	b	Bent knee seat C.	1,3
2052	a	Knee on saddle HC.	1,2
2052	b	Knee on saddle C.	1,3

Figure	Point value		
2061 2061 2061	a b	Lying on saddle HC. Lying on saddle C. Lying on saddle handlebar HC.	1,1 1,2 1,9
2061	c d	Lying on saddle handlebar C.	2,1
2062	a	Waterscale under saddle HC.	1,5
2062	b	Waterscale under saddle C.	1,7
2062 2062	c d	Waterscale on saddle HC. Waterscale on saddle C.	2,2 2,4
2066	а	Framestand HC.	1,1
2066	b	Framestand frh. HC.	1,9
2066	С	Framestand frh. C.	2,1
2067	a	Saddle handlebarstand separate HC.	2,9
2067	b	Saddle handlebarstand separate C.	3,3
2067 2067	C C	Saddle handlebarstand HC. Saddle handlebarstand C.	2,9
2067	d e	Saddle handlebarstand c. Saddle handlebarstand s.r.	3,3 3,9
2067	f	Saddle handlebarstand count. 8	4,4
2068	а	Saddle handlebarstand bw. separate HC.	5,8
2068	b	Saddle handlebarstand bw. separate C.	6,4
2069	а	Saddlestand separate HC.	4,2
2069	b	Saddlestand separate C.	4,5
2069	С	Saddlestand HC.	4,1
2069	d	Saddlestand C.	4,3
2069	e	Saddlestand s.r.	5,8
2069	f	Saddlestand count. 8	6,7
2070	а	Fronthandlebarstand separate HC.	3,7
2070	aa	Fronthandlebarstand separate HC. out of regular seat	4,5
2070	b	Fronthandlebarstand separate C.	3,9
2070	ba	Fronthandlebarstand separate C. out of regular seat Fronthandlebarstand HC.	4,7
2070 2070	c ca	Fronthandlebarstand HC. out of regular seat	3,7 4,5
2070	d	Fronthandlebarstand C.	3,9
2070	da	Fronthandlebarstand C. out of regular seat	4,7
2070	e	Fronthandlebarstand s.r.	4,8
2070	ea	Fronthandlebarstand s.r. out of regular seat	5,6
2070	f	Fronthandlebarstand count. 8	5,4
2070	fa	Fronthandlebarstand count. 8 out of regular seat	6,2
2070	g	Fronthandlebarstand ½ turn	6,8
2070	ga	Fronthandlebarstand ½ turn out of regular seat	7,6
2070	ĥ	Fronthandlebarstand 1 turn T (8,0 - 8,5 - 9,0 - 9,5)	7,5
2070	ha	Fronthandlebarstand 1 turn out of reg. seat T (8,8 - 9,3 - 9,8 - 10,3)	8,3
2070	i	Fronthandlebarstand 1½ turns T (8,8 - 9,3 - 9,8 - 10,3)	8,3
2070	ia	Fronthandlebarstand 1½ turns out of reg. seat T	9,1
		(9,6 - 10,1 - 10,6 - 11,1)	,
2070	j	Fronthandlebarstand 2 turns T (9,5 - 10,0 - 10,5 - 11,0)	9,0

Figure I	No. / <b>1</b>	Name of figure	Point value
2070	ja	Fronthandlebarstand 2 turns out of reg. seat T	9,8
		(10,3 - 10,8 - 11,3 - 11,8)	
2070	k	Count. C fronthandlebarstand ½ turn	6,5
2070	ka	Count. C fronthandlebarstand ½ turn out of reg. seat	7,3
2070	I	Count. C fronthandlebarstand 1 turn T (7,7 - 8,2 - 8,7 - 9,2)	7,2
2070	la	Count. C fronthandlebarstand 1 turn out of reg. seat T	8,0
		(8,5 - 9,0 - 9,5 - 10,0)	
2070	m	Count. C fronthandlebarstand 1½ turns T	8,0
		(8,5 - 9,0 - 9,5 - 10,0)	
2070	ma	Count. C fronthandlebarstand 1½ turns out of regular seat T	8,8
		(9,3 - 9,8 - 10,3 - 10,8)	
2070	n	Count. C fronthandlebarstand 2 turns T	8,7
		(9,2 - 9,7 - 10,2 - 10,7)	
2070	na	Count. C fronthandlebarstand 2 turns out of regular seat T	9,5
		(10,0 - 10,5 - 11,0 - 11,5)	

		Given				
		2070g	2070h	2070i	2070j	
		1/2	1	1 ½	2	
	1/2	6,8				
	1		7,5			
Shown	1½		8,0	8,3		
	2		8,5	8,8	9,0	
	2½		9,0	9,3	9,5	
	3		9,5	9,8	10,0	
	3½			10,3	10,5	
	4				11,0	

		Given					
		2070k	20701	2070m	2070n		
		1/2	1	1 ½	2		
	1/2	6,5					
	1		7,2				
Shown	1½		7,7	8,0			
	2		8,2	8,5	8,7		
	2½		8,7	9,0	9,2		
	3		9,2	9,5	9,7		
	3½			10,0	10,2		
	4				10,7		

		Given					
		2070ga	2070ha	2070ia	2070ja		
		1/2	1	1 ½	2		
	1/2	7,6					
_	1		8,3				
Shown	1½		8,8	9,1			
	2		9,3	9,6	9,8		
	2½		9,8	10,1	10,3		
	3		10,3	10,6	10,8		
	3½			11,1	11,3		
	4				11,8		

	Given					
		2070ka	2070la	2070ma	2070na	
		1/2	1	1 ½	2	
	1/2	7,3				
Shown	1		8,0			
	1½		8,5	8,8		
	2		9,0	9,3	9,5	
	2½		9,5	9,8	10,0	
	3		10,0	10,3	10,5	
	3½			10,8	11,0	
	4				11,5	

Figure	No	Point value	
2071	а	Handlebarstand rev. separate HC.	3,9
2071	b	Handlebarstand rev. separate C.	4,1
2071	С	Handlebarstand rev. HC.	3,9
2071	d	Handlebarstand rev. C.	4,1
2071	е	Handlebarstand rev. s.r.	5,0
2071	f	Handlebarstand rev. count. 8	5.7

Figure	Figure No. / Name of figure				
2073 2073	a b	Headstand separate HC. Headstand separate C.	4,4 4,6		
2074 2074	a b	Shoulderstand separate HC. Shoulderstand separate C.	4,2 4,4		
2076 2076 2076 2076	a b c d	Saddle handlebar handstand separate HC. Saddle handlebar handstand separate C. Saddle handlebar handstand count. 8 L-shape hold sdw. saddle handlebar handstand	9,2 9,6 11,4 10,8		
2076	е	separate HC. T (12,0 - 12,6) L-shape hold sdw. saddle handlebar handstand separate C. T (12,4 - 13,0)	11,2		
2076	f	L-shape hold sdw. saddle handlebar handstand count. 8 T (14,2 - 14,8)	13,0		
2076	g	L-shape hold sdw. Swiss saddle handlebar handstand separate HC.	12,6		
2076	h	L-shape hold sdw. Swiss saddle handlebar handstand separate C.	13,0		
2076	i	L-shape hold sdw. Swiss saddle handlebar handstand count.	8 14,8		
2076	j	L-shape hold sdw. German saddle handlebar handstand separate HC.	13,2		
2076	k	L-shape hold sdw. German saddle handlebar handstand separate C.	13,6		
2076	I	L-shape hold sdw. German saddle handlebar handstand coul	nt. 8 15,4		

	Given				
		2076d	2076e	2076f	
	2076g	12,0			
Ę	2076h		12,4		
Shown	2076i			14,2	
	2076j	12,6			
	2076k		13,0		
	20761			14,8	

Figure No. / Name of figure Poir			Point value
2077	а	Handlebar handstand separate HC.	9,1
2077	b	Handlebar handstand separate C.	9,5
2077	С	Handlebar handstand count. 8	11,3
2077	d	L-shape hold handlebar handstand separate HC. T (11,9 - 12,5	
2077	е	L-shape hold handlebar handstand separate C. T (12,3 - 12,9)	11,1
2077	f	L-shape hold handlebar handstand count. 8 T (14,1 - 14,7)	12,9
2077	g	L-shape hold Swiss handlebar handstand separate HC.	12,5
2077	h	L-shape hold Swiss handlebar handstand separate C.	12,9
2077	i	L-shape hold Swiss handlebar handstand count. 8	14,7
2077	j	L-shape hold German handlebar handstand separate HC.	13,1
2077	k	L-shape hold German handlebar handstand separate C.	13,5
2077	I	L-shape hold German handlebar handstand count. 8	15,3
2077	m	Handlebar support straddle handlebar handstand HC.	11,9
2077	n	Handlebar support straddle handlebar handstand separate C.	12,3

Figure No. / Name of figure Point value
2077 o Handlebar support straddle handlebar handstand separate count. 8

	Given					
		2077d	2077e	2077f		
	2077g	11,9				
uwous	2077h		12,3			
	2076i			14,1		
	2076j	12,5				
	2076k		12,9			
	20761			14,7		

Figure No. / Name of figure			Point value
2081	а	Maute jump separate	10,2
2091	а	Stillstand on pedals	0,8
2091		Stillstand on pedals frh.	1,2
2091	С	Stillstand pedal frontwheel	1,1
2091	d	Stillstand pedal frontwheel frh.	1,6

(text modified on 01.01.12; 01.01.16; 01.01.20)

# **8.5.008** Raiser figures on two bicycles

Figure	No.	/ Name of figure	Point value
2131	а	Raiser reg. seat HC.	1,5
2131	b	Raiser reg. seat C.	1,7
2131	С	Raiser reg. seat frh. HC.	1,9
2131	d	Raiser reg. seat frh. C.	2,1
2131		Raiser reg. seat s.r.	3,1
2131	f	Raiser reg. seat s.r. frh.	3,6
2132	а	Raiser reg. seat bw. frh. HC.	2,3
2132	b	Raiser reg. seat bw. frh. C.	2,5
2132	С	Raiser reg. seat s.r. bw. frh.	4,5
2133	а	Raiser reg. seat mill	1,6
2133	b	Raiser reg. seat mill frh.	2,0
2133	С	Raiser reg. seat mill s.r.	2,7
2133	d	Raiser reg. seat mill s.r. frh.	3,3
2134	а	Raiser reg. seat mill bw. frh.	2,3
2134	b	Raiser reg. seat mill bw. s.r. frh.	4,1
2134	С	Raiser reg. seat mill spin. bw. frh.	5,5
2135	а	Raiser reg. seat rev. frh. HC.	2,3
2135	b	Raiser reg. seat rev. frh. C.	2,5
2135	С	Raiser reg. seat rev. s.r. frh.	4,7
2136	а	Raiser reg. seat rev. bw. frh. HC.	2,9
2136	b	Raiser reg. seat rev. bw. frh. C.	3,1

Figure I	No.	/ Name of figure	Point value
2136	С	Raiser reg. seat rev. s.r. bw. frh.	5,7
2137	а	Raiser reg. seat rev. mill frh.	2,4
2137	b	Raiser reg. seat rev. mill s.r. frh.	4,3
2137	С	Raiser reg. seat rev. mill spin. frh.	6,0
2138	а	Raiser reg. seat rev. mill bw. frh.	2,9
2138	b	Raiser reg. seat rev. mill s.r. bw. frh.	5,3
2147	а	Raiser lady seat s.r. bw. frh.	6,6
2151	а	Raiser stand on pin HC.	2,2
2151	b	Raiser stand on pin C.	2,4
2152	а	Raiser stand on pin s.r. bw.	5,4
2154	а	Raiser stand on pin mill s.r. bw.	5,0
2161	а	Raiser handlebarseat HC.	1,7
2161	b	Raiser handlebarseat C.	1,9
2161	С	Raiser handlebarseat frh. HC.	2,1
2161	d	Raiser handlebarseat frh. C.	2,3
2161	е	Raiser handlebarseat s.r. frh.	3,8
2162	а	Raiser handlebarseat bw. frh. HC.	2,5
2162	b	Raiser handlebarseat bw. frh. C.	2,7
2162	С	Raiser handlebarseat s.r. bw. frh.	4,7
2163	а	Raiser handlebarseat mill	1,8
2163	b	Raiser handlebarseat mill frh.	2,2
2163	С	Raiser handlebarseat mill s.r. frh.	3,4
2164	а	Raiser handlebarseat mill bw. frh.	2,9
2164	b	Raiser handlebarseat mill s.r. bw. frh.	4,3
2164	С	Raiser handlebarseat mill spin. bw. frh.	5,5
2165	а	Raiser handlebarseat rev. frh. HC.	2,3
2165	b	Raiser handlebarseat rev. frh. C.	2,5
2165	С	Raiser handlebarseat rev. s.r. frh.	4,4
2166	а	Raiser handlebarseat rev. bw. frh. HC.	2,8
2166	b	Raiser handlebarseat rev. bw. frh. C.	3,0
2166	С	Raiser handlebarseat rev. s.r. bw. frh.	5,0
2167	а	Raiser handlebarseat rev. mill frh.	2,4
2167	b	Raiser handlebarseat rev. mill s.r. frh.	4,0
2167	С	Raiser handlebarseat rev. mill spin. frh.	5,6
2168	а	Raiser handlebarseat rev. mill bw. frh.	3,2
2168	b	Raiser handlebarseat rev. mill s.r. bw. frh.	4,8
2176	а	Raiser headtube frh. HC.	1,6
2176	b	Raiser headtube frh. C.	1,8

Figure I	No.	/ Name of figure	Point value
2176	С	Raiser headtube s.r. frh.	3,2
2177	а	Raiser headtube bw. frh. HC.	2,1
2177	b	Raiser headtube bw. frh. C.	2,3
2177	С	Raiser headtube s.r. bw. frh.	4,1
2178	а	Raiser headtube mill frh.	1,8
2178	b	Raiser headtube mill s.r. frh.	2,7
2179	а	Raiser headtube mill bw. frh.	2,1
2179	b		3,7
2179	С	Raiser headtube mill spin. bw. frh.	5,0
2180	а	Raiser headtube rev. frh. HC.	2,4
2180	b	Raiser headtube rev. frh. C.	2,6
2180	С	Raiser headtube rev. s.r. frh.	4,2
2181	а	Raiser headtube rev. bw. frh. HC.	2,9
2181	b	Raiser headtube rev. bw. frh. C.	3,1
2181	С	Raiser headtube rev. s.r. bw. frh.	5,1
2182	а	Raiser headtube rev. mill frh.	2,5
2182	b	Raiser headtube rev. mill s.r. frh.	3,8
2182	С	Raiser headtube rev. mill spin. frh.	5,9
2183	а	Raiser headtube rev. mill bw. frh.	3,0
2183	b	Raiser headtube rev. mill s.r. bw. frh.	4,7
2191	а	Standraiser HC.	2,6
2191	b	Standraiser C.	2,8
2191	С	Standraiser s.r.	4,4
2192	а	Standraiser bw. HC.	2,9
2192	b	Standraiser bw. C.	3,1
2192	С	Standraiser s.r. bw.	4,9
2193	а	Standraiser mill	2,7
2193	b	Standraiser mill s.r.	4,0
2194	а	Standraiser mill bw.	2,9
2194	b	Standraiser mill s.r. bw.	4,5
2194	С	Standraiser mill spin. bw.	5,9
2195	а	Standraiser rev. HC.	2,9
2195	b	Standraiser rev. C.	3,1
2195	С	Standraiser rev. s.r.	4,7
2196	а	Standraiser rev. bw. HC.	3,2
2196	b	Standraiser rev. bw. C.	3,4
2196	С	Standraiser s.r. bw.	5,4
2197	a	Standraiser rev. mill	3,0
2197	b	Standraiser rev. mill s.r.	4,3

	Figure	No.	/ Name of figure	Point value
	2197	С	Standraiser rev. mill spin.	6,3
	2198 2198	a b	Standraiser rev. mill bw. Standraiser rev. mill s.r. bw.	3,2 5,0
8.5.009			ne spot on two bicycles / Name of figure	Point value
	2211 2211 2211	a b c	Raiser handlebarseat 1 turn Raiser handlebarseat 2 turns T (6,8 - 7,3) Raiser handlebarseat 3 turns T (7,8)	4,6 6,3 7,2
	2212 2212 2212	a b c	Raiser handlebarseat rev. 1 turn Raiser handlebarseat rev. 2 turns T (7,0 - 7,5) Raiser handlebarseat rev. 3 turns T (8,1)	4,9 6,5 7,5
	2213 2213 2213	a b c	Raiser headtube 1 turn Raiser headtube 2 turns T (6,5 - 7,0) Raiser headtube 3 turns T (7,6)	4,4 6,0 7,0
	2214 2214 2214	a b c	Raiser headtube rev. 1 turn Raiser headtube rev. 2 turns T (7,0 - 7,5) Raiser headtube rev. 3 turns T (8,1)	4,9 6,5 7,5
	2215 2215 2215	a b c	Standraiser 1 turn Standraiser 2 turns T (7,4 - 7,9) Standraiser 3 turns T (8,4)	5,2 6,9 7,8
	2216 2216 2216	a b c	Standraiser rev. 1 turn Standraiser rev. 2 turns T (7,7 - 8,2) Standraiser rev. 3 turns T (8,7)	5,5 7,2 8,1
	(text m	odifi	ied 01.01.12)	
8.5.010			on two bicycles / Name of figure	Point value
	2236 2236	a b	P. raiser reg. seat raiser handlebarseat P. raiser handlebarseat raiser reg. seat	1,9 1,9
	2237 2237	a b	P. raiser reg. seat raiser headtube P. raiser headtube raiser reg. seat	2,9 2,9
	2238 2238	a b	P. raiser handlebarseat raiser headtube P. raiser headtube raiser handlebarseat	2,4 2,4
	2239 2239	a b	P. raiser headtube standraiser rev. P. standraiser rev. raiser headtube	2,1 2,1
	2240 2240	a b	P. standraiser raiser headtube rev. P. raiser headtube rev. standraiser	2,1 2,2
	2241 2241	a b	P. raiser headtube rev. raiser handlebarseat rev. P. raiser handlebarseat rev. raiser headtube rev.	3,4 3,5

	Figure	No.	/ Name of figure	Point value
	2242	а	P. backhang standraiser separate	5,7
	2243	а	P. backhang raiser headtube rev. separate	4,6
	(text m	odifi	ed on 01.01.17)	
8.5.011			s on two bicycles / Name of figure	Point value
	2250	а	Handlebarstand rev. somersault bw. hooked legs	12,1
	(text m	odifi	ed on 01.01.16)	
8.5.012			one bicycle / Name of figure	Point value
	2261 2261	a b	Reg. seat / Stand on pins HC. Reg. seat / Stand on pins C.	0,3 0,4
	2261 2261	c d	Reg. seat / Saddlestand HC. Reg. seat / Saddlestand C.	0,7 0,9
	2266 2266	a b	Reg. seat / Shoulderseat HC. Reg. seat / Shoulderseat C.	0,7 0,9
	2266 2266	c d	Reg. seat frh. / Shoulderseat HC. Reg. seat frh. / Shoulderseat C.	1,6 1,9
	2267 2267	a b	Reg. seat bw. / Shoulderseat HC. Reg. seat bw. / Shoulderseat C.	1,9 2,2
	2268 2268	a b	Reg. seat / Shoulderstand HC. Reg. seat / Shoulderstand C.	2,0 2,3
	2268 2268	c d	Reg. seat frh. / Shoulderstand HC. Reg. seat frh. / Shoulderstand C.	3,0 3,4
	2269 2269	a b	Reg. seat bw. / Shoulderstand HC. Reg. seat bw. / Shoulderstand C.	3,7 4,1
	2270 2270 2270 2270	a b c d	Reg. seat / Chest suspended hang HC. Reg. seat / Chest suspended hang C. Reg. seat frh. / Chest suspended hang HC. Reg. seat frh. / Chest suspenden hang C.	1,3 1,5 2,1 2,4
	2271 2271	a b	Reg. seat bw. / Chest suspended hang HC. Reg. seat bw. / Chest suspended hang C.	2,3 2,6
	2276 2276	a b	Reg. seat / Handlebarstand HC. Reg. seat / Handlebarstand C.	1,2 1,3
	2277 2277 2277	a b c	Reg. seat / Handlebar handstand HC. Reg. seat / Handlebar handstand C. Reg. seat / Handlebar support straddle handlebar handstand HC.	5,0 5,4 6,5
	2277	b	Reg. seat / Handlebar support straddle handlebar handstand C.	6,9

Figure I	No.	/ Name of figure	Point value
2281	a	Reg. seat rev. / Shoulderseat HC.	1,1
2281	b	Reg. seat rev. / Shoulderseat C.	1,3
2282	a	Reg. seat rev. bw. / Shoulderseat HC.	1,9
2282	b	Reg. seat rev. bw. / Shoulderseat C.	2,1
2283	a	Reg. seat rev. / Shoulderstand HC.	2,7
2283	b	Reg. seat rev. / Shoulderstand C.	3,0
2285	a	Reg. seat rev. / Chest suspended hang HC. Reg. seat rev. / Chest suspended hang C.	1,7
2285	b		1,9
2286	a	Reg. seat rev. bw. / Chest suspended hang HC. Reg. seat rev. bw. / Chest suspended hang C.	2,5
2286	b		2,7
2296 2296 2296 2296 2296 2296 2296 2296	a b c d e f g h	Handlebarseat / Stand on pins HC. Handlebarseat / Stand on pins C. Handlebarseat frh. / Stand on pins HC. Handlebarseat frh. / Stand on pins C. Handlebarseat / Saddlestand HC. Handlebarseat / Saddlestand C. Handlebarseat frh. / Saddlestand HC. Handlebarseat frh. / Saddlestand C.	1,1 1,2 1,6 1,8 1,8 2,0 2,3 2,5
2301	a	Handlebarseat rev. / Stand on pins HC. Handlebarseat rev. / Stand on pins C. Handlebarseat rev. frh. / Stand on pins HC. Handlebarseat rev. frh. / Stand on pins C.	0,8
2301	b		0,9
2301	c		1,3
2301	d		1,4
2302 2302 2302 2302 2302 2302 2302 2302	a b c d e f g h	Handlebarseat rev. / Saddle handlebarstand HC. Handlebarseat rev. / Saddle handlebarstand C. Handlebarseat rev. frh. / Saddle handlebarstand HC. Handlebarseat rev. frh. / Saddle handlebarstand C. Handlebarseat rev. / Saddlestand HC. Handlebarseat rev. / Saddlestand C. Handlebarseat rev. frh. / Saddlestand HC. Handlebarseat rev. frh. / Saddlestand C.	1,3 1,4 1,8 1,9 1,4 1,7 2,0 2,3
2303	a	Handlebarseat rev. / Shoulderseat HC. Handlebarseat rev. / Shoulderseat C. Handlebarseat rev. frh. / Shoulderseat HC. Handlebarseat rev. frh. / Shoulderseat C.	1,3
2303	b		1,5
2303	c		1,9
2303	d		2,2
2304	a	Handlebarseat rev. / Shoulderstand HC. Handlebarseat rev. / Shoulderstand C. Handlebarseat rev. frh. / Shoulderstand HC. Handlebarseat rev. frh. / Shoulderstand C.	2,9
2304	b		3,2
2304	c		3,6
2304	d		3,9
2305	a	Handlebarseat rev. / Chest suspended hang HC. Handlebarseat rev. / Chest suspended hang C. Handlebarseat rev. frh. / Chest suspended hang HC. Handlebarseat rev. frh. / Chest suspended hang C.	1,8
2305	b		2,0
2305	c		2,4
2305	d		2,6

Figure I	No.	/ Name of figure	Point value
2306	a	Handlebarseat rev. / Headstand HC.	2,7
2306	b	Handlebarseat rev. / Headstand C.	2,9
2311 2311 2311 2311 2311 2311 2311 2311	a b c d e f g h	Frontstand / Stand on pins HC. Frontstand / Stand on pins C. Frontstand frh. / Stand on pins HC. Frontstand frh. / Stand on pins C. Frontstand / Saddlestand HC. Frontstand / Saddlestand C. Frontstand frh. / Saddlestand HC. Frontstand frh. / Saddlestand C.	0,9 1,0 1,4 1,6 1,6 1,8 2,1 2,3
2316	a	- '	1,0
2316	b		1,2
2316	c		1,6
2316	d		1,8
2317	a	Sidestand / Sidestand ring grip HC.	1,4
2317	b	Sidestand / Sidestand ring grip C.	1,6
2319	a	Stand bent on saddle / Stand bent on handlebar rev. HC. Stand bent on saddle / Stand bent on handlebar rev. C.	1,8
2319	b		2,0
2321	a	Frameseat / Stand bent on saddle HC. Frameseat / Stand bent on saddle C.	1,1
2321	b		1,2
2322	a	Frameseat / Saddle handlebarstand HC. Frameseat / Saddle handlebarstand C. Frameseat / Saddlestand HC. Frameseat / Saddlestand C.	1,5
2322	b		1,7
2322	c		1,8
2322	d		2,0
2323	a	Frameseat / Saddle support scale HC. Frameseat / Saddle support scale C.	2,4
2323	b		2,8
2331	a	Fronthang / Stand bent on saddle HC. Fronthang / Stand bent on saddle C.	1,0
2331	b		1,2
2332	a	Fronthang / Saddle handlebarstand HC. Fronthang / Saddle handlebarstand C. Fronthang / Saddlestand HC. Fronthang / Saddlestand C.	1,5
2332	b		1,7
2332	c		1,8
2332	d		2,0
2334	a	Fronthang / Headstand HC. Fronthang / Headstand C. Fronthang / Saddle handlebar handstand HC. Fronthang / Saddle handlebar handstand C.	2,8
2334	b		3,0
2334	c		6,1
2334	d		6,5
2341	a	Backhang / Stand on pins HC. Backhang / Stand on pins C.	0,9
2341	b		1,0
2342	a	Backhang / Saddle handlebarstand HC. Backhang / Saddle handlebarstand C. Backhang / Saddlestand HC.	1,4
2342	b		1,5
2342	c		1,7

Figure I	No.	/ Name of figure	Point value
2342	d	Backhang / Saddlestand C.	1,9
2343 2343	a b	Backhang / Handlebarstand HC. Backhang / Handlebarstand C.	1,8 1,9
2346	а	Backhang / Headstand HC.	2,7
2346	b	Backhang / Headstand C.	2,9
2346 2346	c d	Backhang / Saddle handlebar handstand HC. Backhang / Saddle handlebar handstand C.	6,1 6,5
2351	а	Lying on handlebar / Stand bent on saddle HC.	1,3
2351	b	Lying on handlebar / Stand bent on saddle C.	1,5
2351	C C	Lying on handlebar / Saddlestand HC.	2,2
2351	d	Lying on handlebar / Saddlestand C.	2,4
2352	a	Lying on saddle / Handlebarstand HC.	1,9
2352 2352	b	Lying on saddle / Handlebarstand C. Lying on saddle / Handlebar handstand HC.	2,0
2352	c d	Lying on saddle / Handlebar handstand C.	5,5 5,9
2353	а	Waterscale / Stand bent on saddle HC.	1,5
2353	b	Waterscale / Stand bent on saddle C.	1,6
2353	С	Waterscale / Saddlestand HC.	2,2
2353	d	Waterscale / Saddlestand C.	2,4
2356	a	Saddle handlebarstand / Saddle handlebarstand HC.	3,0
2356	b	Saddle handlebarstand / Saddle handlebarstand C.	3,2
2356	C C	Saddle handlebarstand / Saddle handlebarstand S Saddle handlebarstand / Saddle handlebarstand 8	3,6
2356	d	Saddle Handlebarstand / Saddle Handlebarstand 6	4,1
2357	а	Saddle handlebarstand / Stand on pins HC.	2,5
2357	b	Saddle handlebarstand / Stand on pins C.	2,6
2357	C C	Saddle handlebarstand / Saddlestand HC.	3,1
2357 2357	d e	Saddle handlebarstand / Saddlestand C. Saddle handlebarstand / Handlebarstand HC.	3,2 3,7
2357	f	Saddle handlebarstand / Handlebarstand C.	3,8
2358	а	Handlebarstand / Stand on pins HC.	3,2
2358	b	Handlebarstand / Stand on pins C.	3,4
2358	С	Handlebarstand ½ turn / Stand on pins	5,9
2358	d	Handlebarstand 1 turn / Stand on pins T (7,2 - 7,7 - 8,2 - 8,7)	
2358	е	Handlebarstand 1½ turns / Stand on pins T (8,0 - 8,5 - 9,0 - 9,5)	7,5
2358	f	Handlebarstand 2 turns / Stand on pins T (8,8 - 9,3 - 9,8 - 10,	,3) 8,3
2358	g	Handlebarstand out of reg. seat / Stand on pins HC.	4,0
2358	h	Handlebarstand out of reg. seat / Stand on pins C.	4,1
2358	į	Handlebarstand ½ turn out of reg. seat / Stand on pins	6,7
2358	j	Handlebarstand 1 turn out of reg. seat / Stand on pins T (8,0 - 8,5 - 9,0 - 9,5)	7,5
2358	k	Handlebarstand 1½ turns out of reg. seat / Stand on pins T	8,3
2250	ı	(8,8 - 9,3 - 9,8 - 10,3)	0.4
2358	I	Handlebarstand 2 turns out of reg. seat / Stand on pins T (9,6 - 10,1 - 10,6 - 11,1)	9,1

	Given						
		2358c	2358d	2358e	2358f		
		1/2	1	1 ½	2		
	1/2	5,9					
_	1		6,7				
Shown	1½		7,2	7,5			
Shc	2		7,7	8,0	8,3		
	2½		8,2	8,5	8,8		
	3		8,7	9,0	9,3		
	3½			9,5	9,8		
	4				10,3		

	Given						
		2358i	2358j	2358k	23581		
		1/2	1	1 ½	2		
	1/2	6,7					
l _	1		7,5				
WI	1½		8,0	8,3			
Shown	2		8,5	8,8	9,1		
0,	2½		9,0	9,3	9,6		
	3		9,5	9,8	10,1		
	3½			10,3	10,6		
	4				11,1		

Figure	No	. / Name of figure	Point value
2359	а	Handlebarstand / Saddlestand ring grip HC.	3,6
2359	b	Handlebarstand / Saddlestand ring grip C.	3,7
2359	С	Handlebarstand / Saddlestand HC.	4,9
2359	d	Handlebarstand / Saddlestand C.	5,1
2359	e	Handlebarstand / Saddlestand S	5,6
2359	f	Handlebarstand / Saddlestand 8	6,1
2366	а	Handlebar L-shape hold / Stand on pins HC.	3,0
2366	b	Handlebar L-shape hold / Stand on pins C.	3,5
2366	С	Handlebar L-shape hold / Saddlestand HC.	3,8
2366	d	Handlebar L-shape hold / Saddlestand C.	4,2
2366	е	Handlebar L-shape hold / Saddle support straddle HC.	5,0
2366	f	Handlebar L-shape hold / Saddle support straddle C.	5,4
2366	g	Handlebar support straddle / Saddle support straddle HC.	6,0
2366	h	Handlebar support straddle / Saddle support straddle C.	6,4
2371	а	Headstand / Handlebarstand HC.	3,8
2371	b	Headstand / Handlebarstand C.	4,1
2372	а	Headstand / Frame shoulderstand HC.	5,1
2372	b	Headstand / Frame shoulderstand C.	5,5
2373	а	Headstand / Handlebar support straddle HC.	6,1
2373	b	Headstand / Handlebar support straddle C.	6,5
2374	а	Headstand / Handlebar handstand HC.	8,5
2374	b	Headstand / Handlebar handstand C.	9,0
2374	С	Headstand / Handlebar handstand S	9,8
2374	d	Headstand / Handlebar handstand 8	10,6
2374	е	Headstand / Handlebar support straddle handlebar handstand HC.	11,0
2374	f	Headstand / Handlebar support straddle handlebar handstand	d C. 11,5
2374	g	Headstand / Handlebar support straddle handlebar handstand	
2374	h	Headstand / Handlebar support straddle handlebar handstand	
2376	а	Saddle handlebar handstand / Handlebarstand HC.	7,7
2376	b	Saddle handlebar handstand / Handlebarstand C.	8,1

	Figure	No.	. / Name of figure	Point value
	2376	С	Handlebar handstand / Saddlestand HC.	7,6
	2376	d	Handlebar handstand / Saddlestand C.	8,0
	2377	а	Handlebar handstand / Saddle handlebar handstand HC.	10,6
	2377	b	Handlebar handstand / Saddle handlebar handstand C.	11,0
	2391	a	Stillstand on pedals / Shoulderseat	1,3
	2391 2391	b C	Stillstand on pedals frh. / Shoulderseat Stillstand on pedals / Shoulderstand	1,8 2,7
	2391	d	Stillstand on pedals frh. / Shoulderstand	3,2
				5,=
	•		ed on 01.01.16; 01.01.20)	
8.5.013			res on one bicycle / Name of figure	Point value
	2411	a a	•	
	2411	b	Raiser reg. seat / Stand on pins HC. Raiser reg. seat / Stand on pins C.	2,2 2,4
	2412	а	Raiser reg. seat / Shoulderseat HC.	2,9
	2412	b	Raiser reg. seat / Shoulderseat C.	3,1
	2412	С	Raiser reg. seat frh. / Shoulderseat HC.	3,5
	2412	d	Raiser reg. seat frh. / Shoulderseat C.	3,8
	2413	а	Raiser reg. seat bw. frh. / Shoulderseat HC.	4,1
	2413	b	Raiser reg. seat bw. frh. / Shoulderseat C.	4,4
	2413	С	Raiser reg. seat spin. bw. frh. / Shoulderseat	6,1
	2414	а	Raiser reg. seat / Chest suspended hang HC.	3,1
	2414	b	Raiser reg. seat / Chest suspended hang C.	3,3
	2414	C	Raiser reg. seat frh. / Chest suspended hang HC.	3,8
	2414	d	Raiser reg. seat frh. / Chest suspended hang C.	4,2
	2415	а	Raiser reg. seat bw. frh. / Chest suspended hang HC.	4,4
	2415	b	Raiser reg. seat bw. frh. / Chest suspended hang C.	4,6
	2416	а	Raiser reg. seat / Shoulderstand HC.	4,8
	2416	b	Raiser reg. seat / Shoulderstand C.	5,1
	2416	C	Raiser reg. seat frh. / Shoulderstand HC.	5,6
	2416	d	Raiser reg. seat frh. / Shoulderstand C.	6,0
	2417	а	Raiser reg. seat bw. frh. / Shoulderstand HC.	6,5
	2417	b	Raiser reg. seat bw. frh. / Shoulderstand C.	7,0
	2418	а	Raiser reg. seat rev. frh. / Shoulderseat HC.	3,9
	2418	b	Raiser reg. seat rev. frh. / Shoulderseat C.	4,3
	2418	С	Raiser reg. seat rev. spin. frh. / Shoulderseat	6,5
	2419	а	Raiser reg. seat rev. bw. frh. / Shoulderseat HC.	4,9
	2419	b	Raiser reg. seat rev. bw. frh. / Shoulderseat C.	5,3
	2420	а	Raiser reg. seat rev. frh. / Chest suspended hang HC.	4,1
	2420	b	Raiser reg. seat rev. frh. / Chest suspended hang C.	4,5

Figure	No.	/ Name of figure	Point value
2421 2421	a b	Raiser reg. seat rev. bw. frh. / Chest suspended hang HC. Raiser reg. seat rev. bw. frh. / Chest suspended hang C.	5,1 5,5
2422 2422	a b	Raiser reg. seat rev. frh. / Shoulderstand HC. Raiser reg. seat rev. frh. / Shoulderstand C.	6,7 7,1
2426	а	Raiser handlebarseat / Shoulderseat HC.	3,4
2426	b	Raiser handlebarseat / Shoulderseat C.	3,7
2426	С	Raiser handlebarseat frh. / Shoulderseat HC.	4,0
2426	d	Raiser handlebarseat frh. / Shoulderseat C.	4,4
2427	а	Raiser handlebarseat bw. frh. / Shoulderseat HC.	4,7
2427	b	Raiser handlebarseat bw. frh. / Shoulderseat C.	5,0
2427	С	Raiser handlebarseat spin. bw. frh. / Shoulderseat	6,9
2428	а	Raiser handlebarseat / Shoulderstand HC.	5,5
2428	b	Raiser handlebarseat / Shoulderstand C.	5,9
2428	C C	Raiser handlebarseat frh. / Shoulderstand HC.	6,3
2428	d	Raiser handlebarseat frh. / Shoulderstand C.	6,7
2429	а	Raiser handlebarseat bw. frh. / Shoulderstand HC.	7,4
2429	b	Raiser handlebarseat bw. frh. / Shoulderstand C.	8,0
2436	а	Raiser headtube frh. / Shoulderseat HC.	3,6
2436	b	Raiser headtube frh. / Shoulderseat C.	4,0
2437	а	Raiser headtube bw. frh. / Shoulderseat HC.	4,2
2437	b	Raiser headtube bw. frh. / Shoulderseat C.	4,6
2437	С	Raiser headtube spin. bw. frh. / Shoulderseat	6,4
2438	а	Raiser headtube frh. / Shoulderstand HC.	6,0
2438	b	Raiser headtube frh. / Shoulderstand C.	6,4
2439	а	Raiser headtube bw. frh. / Shoulderstand HC.	7,0
2439	b	Raiser headtube bw. frh. / Shoulderstand C.	7,6
2446	а	Raiser headtube rev. frh. / Shoulderseat HC.	4,3
2446	b	Raiser headtube rev. frh. / Shoulderseat C.	4,7
2446	С	Raiser headtube rev. spin. frh. / Shoulderseat	7,0
2447	а	Raiser headtube rev. bw. frh. / Shoulderseat HC.	5,3
2447	b	Raiser headtube rev. bw. frh. / Shoulderseat C.	5,7
2448	а	Raiser headtube rev. frh. / Shoulderstand HC.	6,4
2448	b	Raiser headtube rev. frh. / Shoulderstand C.	6,8
2449	а	Raiser headtube rev. bw. frh. / Shoulderstand HC.	7,9
2449	b	Raiser headtube rev. bw. frh. / Shoulderstand C.	8,5

8.5.014	Passag Figure	Point value		
	2471 2471	a b	P. raiser reg. seat raiser handlebarseat / Shoulderseat P. raiser reg. seat raiser handlebarseat / Shoulderstand	4,8 6,7
	2472 2472	a b	P. raiser reg. seat raiser headtube / Shoulderseat P. raiser reg. seat raiser headtube / Shoulderstand	7,0 9,7
	2473 2473	a b		5,9 8,2
§ 3	Artisti	c C	ycling Team 4	
8.5.015	Artistic	Сус	sling Team 4	
	Figure	No.	/ Name of figure	Point value
	4001	а	4 f.e.o. HC.	0,8
	4001	b		1,0
	4001	С	4 f.e.o. HC. 4 s.r.l.	1,4
	4001	d	4 f.e.o. C. 4 s.r.l.	1,6
	4001	е	4 f.e.o. HC. 4 s.r.r.	1,4
	4001	f		1,6
	4001	g		1,6
	4001	h		1,8
	4001	İ	4 f.e.o. 4 a.r. overlapping	2,7
	4002	a		1,6
	4002 4002	b		2,0
	4002	c d		2,7 3,1
	4002	e	4 f.e.o. 4 a.r. overlapping bw.	4,9
	4003	а	4 f.e.o. HC. raiser	2,0
	4003	b	4 f.e.o. C. raiser	2,5
		C		2,6
	4003	d	4 f.e.o. C. raiser frh.	3,3
	4003	e	4 f.e.o. HC. 4 s.r.l. raiser	3,4
	4003 4003	f	4 f.e.o. C. 4 s.r.l. raiser	3,9
	4003	g h	4 f.e.o. HC. 4 s.r.l. raiser frh. 4 f.e.o. C. 4 s.r.l. raiser frh.	4,4 5,1
	4004	а	4 f.e.o. HC. raiser bw. frh.	3,4
	4004	b	4 f.e.o. C. raiser bw. frh.	4,3
	4004	C	4 f.e.o. HC. 4 s.r.l. raiser bw. frh.	5,8
	4004	d	4 f.e.o. C. 4 s.r.l. raiser bw. frh.	6,6
	4004	e	4 f.e.o. HC. 4 s.r.r raiser bw. frh.	6,0
	4004	f	4 f.e.o. C. 4 s.r.r. raiser	6,8
	4004	g	4 f.e.o. HC. 2 s.r.l. 2 s.r.r. raiser bw. frh.	6,6
	4004 4004	h i	4 f.e.o. C. 2 s.r.l. 2 s.r.r. raiser bw. frh.	7,5 9.4
		1	4 f.e.o. a.r. overlapping raiser bw. frh.	9,4
	4006 4006	a b	4 f.e.o. diagonal pull 4 f.e.o. diagonal pull 2 s.r.l. 2 s.r.r.	1,0 1,8

Figure	No.	/ Name of figure	Point value
4007	а	4 f.e.o. S	1,8
4007	b	4 f.e.o. 8	2,2
4007	С	4 f.e.o. 8 through	2,6
4008	а	4 f.e.o. S bw.	3,6
4008		4 f.e.o. 8 bw.	4,4
4008	С	4 f.e.o. 8 through bw.	5,2
4010	a	4 f.e.o. S raiser bw. frh.	7,7
4010		4 f.e.o. 8 raiser bw. frh.	9,4
4010	С	4 f.e.o. 8 through raiser bw. frh.	10,6
4011	а	4 f.e.o. longline	1,0
4011	b	4 f.e.o. longline 2 s.r.l. 2 s.r.r.	1,8
4012	а	2 f.e.o. longline opp. dir.	1,6
4012	b	2 f.e.o. longline opp. dir. two mills	2,7
4013	а	2 n.e.o. longline opp. dir.	1,2
4013	b	2 n.e.o. longline opp. dir. 4 s.r.l.	1,7
4013	С	2 n.e.o. longline opp. dir. through	1,6
4013	d	2 n.e.o. longline opp. dir. through 4 s.r.l.	2,1
4013	e	2 n.e.o. longline opp. dir. through 4 s.r.r.	2,2
4013	f	2 n.e.o. longline opp. dir. through two mills	2,7
4014	а	2 f.e.o. diagonal pull opp. dir.	1,6
4015	а	4 n.e.o. half shortline a.r.	2,0
4015	b	4 n.e.o. shortline a.r.	2,4
4016	а	4 n.e.o. half shortline a.r. raiser bw. frh.	8,7
4016	b	4 n.e.o. shortline a.r. raiser bw. frh.	10,4
4017	а	4 n.e.o. shortline	1,0
4017	b	4 n.e.o. shortline 4 s.r.l.	1,6
4018	а	4 n.e.o. shortline bw.	2,1
4018	b	4 n.e.o. shortline 4 s.r.l. bw.	3,2
4024	а	2 con. wingmill HD.spin. raiser bw. frh. T (10,3)	9,3
4024	b	2 con. wingmill spin. raiser bw.frh. T (11,2)	10,2
4024	С	Remmlinger spin. raiser bw. frh. T (13,6)	12,6
4026	а	2 f.e.o. half double circle	0,8
4026	b	2 f.e.o. double circle	1,2
4026	С	2 f.e.o. double circle through	1,6
4026	d	2 f.e.o. half double circle 4 s.r.l.	1,4
4026	e	2 f.e.o. double circle 4 s.r.l.	1,8
4026	f	2 f.e.o. double circle through 4 s.r.l.	2,2
4027 4027	a	2 f.e.o. half double circle bw.	1,7
4027 4027	b c	<ul><li>2 f.e.o. double circle bw.</li><li>2 f.e.o. double circle through bw.</li></ul>	2,5 3,3
7021	C	2 1.0.0. adable direte tilldagil bw.	3,3

Figure	No.	/ Name of figure	Point value
4027	d	2 f.e.o. half double circle 4 s.r.l. bw.	2,8
4027	е	2 f.e.o. double circle 4 s.r.l. bw.	3,6
4027	f	2 f.e.o. double circle through 4 s.r.l. bw.	4,4
4028	а	2 f.e.o. half double circle raiser	2,1
4028		2 f.e.o. double circle raiser	3,1
4028	С	2 f.e.o. double circle through raiser	4,1
4028	d	2 f.e.o. half double circle raiser frh.	2,7
4028 4028	e f		3,5
4028	g	2 f.e.o. double circle through raiser frh. 2 f.e.o. half double circle 4 s.r.l. raiser	5,3 3,5
4028	h	2 f.e.o. double circle 4 s.r.l. raiser	4,5
4028	i	2 f.e.o. double circle through 4 s.r.l. raiser	5,5
4028	i		4,6
4028	•	2 f.e.o. double circle 4 s.r.l. raiser frh.	5,4
4028	I	2 f.e.o. double circle through 4 s.r.l. raiser frh.	7,2
4029	а	2 f.e.o. half double circle raiser bw. frh.	4,1
4029	b	2 f.e.o. double circle raiser bw. frh.	5,3
4029	С	<u> </u>	7,0
4029	d	2 f.e.o. half double circle 4 s.r.l. raiser bw. frh.	6,5
4029 4029	e f	2 f.e.o. double circle 4 s.r.l. raiser bw. frh. 2 f.e.o. double circle through 4 s.r.l. raiser bw. frh.	7,7 9,4
4029	'	2 i.e.o. double circle tillough 4 s.r.i. raiser bw. iiii.	9,4
4031	а	2 f.e.o. shortline	1,0
4031		2 f.e.o. shortline 4 s.r.l.	1,6
4031	С	2 f.e.o. shortline 2 s.r.l. 2 s.r.r.	1,8
4032	а	2 f.e.o. shortline bw.	2,0
4032	b		3,1
4032	С	2 f.e.o. shortline 2 s.r.l. 2 s.r.r. bw.	3,5
4044	a	2 n.e.o. shortline opp. dir.	1,2
4044	b	2 n.e.o. shortline opp. dir. 4 s.r.l.	1,7
4044 4044	G C	2 n.e.o. shortline opp. dir. through	1,6
4044	d e	2 n.e.o. shortline opp. dir. through 4 s.r.l. 2 n.e.o. shortline opp. dir. through 2 mills	2,1 2,7
4044	f	2 n.e.o. half shortline opp. dir. a.r.	2,0
4044	g	2 n.e.o. shortline opp. dir. a.r.	2,4
4045	а	2 n.e.o. shortline opp. dir. bw.	2,3
4045	b	2 n.e.o. shortline opp. dir. through bw.	3,1
4045	С	2 n.e.o. shortline opp. dir. 4 s.r.l. bw.	3,4
4045	d	2 n.e.o. half shortline opp. dir. a.r. bw.	3,9
4045	е	2 n.e.o. shortline opp. dir. a.r. bw.	4,7
4048	а	2 n.e.o. half shortline opp. dir. a.r. raiser bw. frh.	9,0
4048	b	2 n.e.o. shortline opp. dir. a.r. raiser bw. frh.	10,0
4048	С	2 n.e.o. shortline opp. dir. a.r. through raiser bw. frh. T (11,3 - 12,1)	10,5

Figure No. / Name of figure

# Point value

	Given	
_		4048c
W	no crossing	10,5
Shown	1 x crossing	11,3
•	2 x crossing	12,1

4071 4071 4071 4071 4071 4071	a b c d e f	2 con. HC. 2 con. C. 2 con. HC. 2 con. s.r.l. 2 con. C. 2 con. s.r.l. 2 con. HC. 4 s.r.l. 2 con. C. 4 s.r.l.	0,4 0,6 0,6 1,0 1,2 1,4
4072 4072 4072 4072 4072 4072	a b c d e f	2 con. HC. bw. 2 con. C. bw. 2 con. HC. 2 con. s.r.l. bw. 2 con. C. 2 con. s.r.l. bw. 2 con. HC. 4 s.r.l. bw. 2 con. C. 4 s.r.l. bw.	0,8 1,2 1,1 1,5 2,9 3,3
4073 4073 4073 4073 4073 4073 4073 4073	a b c d e f g h i j k l m n o p	2 con. HC. raiser 2 con. C. raiser 2 con. HC. raiser frh. 2 con. C. raiser frh. 2 con. HC. 2 con. s.r.l. raiser 2 con. HC. 2 con. s.r.l. raiser 2 con. HC. 2 con. s.r.l. raiser frh. 2 con. HC. 2 con. s.r.l. raiser frh. 2 con. C. 2 con. s.r.l. raiser frh. 2 con. HC. 4 s.r.l. raiser 2 con. HC. 4 s.r.l. raiser 2 con. HC. 4 s.r.l. raiser frh. 2 con. C. 4 s.r.l. through raiser 2 con. HC. 4 s.r.l. through raiser	1,0 1,5 1,3 2,0 1,9 2,4 2,3 3,0 2,9 3,4 3,6 4,3 3,9 4,4 4,4 5,1
4074 4074 4074 4074 4074 4074 4074 4074	a b c d e f g h	2 con. HC. raiser bw. frh. 2 con. C. raiser bw. frh. 2 con. HC. 2 con. s.r.l. raiser bw. frh. 2 con. C. 2 con. s.r.l. raiser bw. frh. 2 con. HC. 4 s.r.l. raiser bw. frh. 2 con. C. 4 s.r.l. raiser bw. frh. 2 con. HC. 4 s.r.l. through raiser bw. frh. 2 con. C. 4 s.r.l. through raiser bw. frh.	1,7 2,6 2,4 3,2 5,1 5,9 6,8 7,6
4081 4081 4081 4081 4082	a b c d	2 con. f.e.o. longline raiser frh. 2 con. f.e.o. longline 2 con. s.r.l. raiser frh. 2 con. f.e.o. longline 2 con. s.r.r. raiser frh. 2 con. f.e.o. longline 4 s.r.l. raiser frh. 2 con. f.e.o. longline raiser bw. frh.	2,0 2,5 2,7 3,8

Figure	No.	/ Name of figure	Point value
4082	b	2 con. f.e.o. longline 2 s.r.l. 2 s.r.r. raiser bw. frh.	6,8
4083	а	2 con. longline opp. dir. through 4 s.r.l. raiser bw. frh.	9,2
4083	b	2 con. longline opp. dir. through 4 s.r.r. raiser bw. frh.	10,4
4083	С	2 con. longline opp. dir. through 2 mills raiser bw. frh.	11,6
4086	а	2 con. shortline	0,6
4086	b	2 con. shortline 2 con. s.r.l.	0,8
4086	С	2 con. shortline 2 con. s.r.r.	0,8
4086	d	2 con. shortline 4 s.r.l.	1,7
4087	а	2 con. shortline bw.	1,2
4087		2 con. shortline 2 con. s.r.l. bw.	1,7
4087	С	2 con. shortline 4 s.r.l. bw.	2,5
4088	a	2 con. shortline raiser	1,5
4088	b		2,0
4088	С		1,9
4088	d		2,5
4088 4088	e	2 con. shortline 2 con. s.r.r. raiser frh. 2 con. shortline 4 s.r.l. raiser	2,7
4088	f	2 con. shortline 4 s.r.l. raiser 2 con. shortline 4 s.r.l. raiser frh.	3,9 4,8
4000	g	2 con. shortine 4 s.r.i. raiser im.	4,0
4089	а	2 con. shortline raiser bw. frh.	2,6
4089	b		3,2
4089	С	2 con. shortline 2 con. s.r.r. raiser bw. frh.	3,6
4089	d	2 con. shortline 4 s.r.l. raiser bw. frh.	6,4
4096	а	2 con. half shortline a.r.	0,7
4096	b	2 con. shortline a.r.	1,1
4097	а	2 con. half shortline a.r. bw.	1,4
4097	b	2 con. shortline a.r. bw.	2,2
4098	а	2 con. half shortline a.r. raiser	1,8
4098	b	2 con. shortline a.r. raiser	2,8
4098	С	2 con. half shortline a.r. raiser frh.	2,3
4098	d	2 con. shortline a.r. raiser frh.	3,6
4099	а	2 con. half shortline a.r. raiser bw. frh.	3,0
4099	b	2 con. shortline a.r. raiser bw. frh.	4,7
4105	а	2 con. shortline opp. dir.	1,2
4105	b	2 con. shortline opp. dir. 2 con. s.r.l.	1,4
4105	С	2 con. shortline opp. dir. 4 s.r.l.	1,8
4106	a	2 con. shortline opp. dir. bw.	2,4
4106	b	2 con. shortline opp. dir. 2 con. s.r.l. bw.	2,7
4106	С	2 con. shortline opp. dir. 4 s.r.l. bw.	3,5
4107	a	2 con. shortline opp. dir. raiser	3,0
4107	b	2 con. shortline opp. dir. raiser frh.	3,9
4107	С	2 con. shortline opp. dir. 2 con. s.r.l. raiser	3,4

Figure	No.	/ Name of figure	Point value
4107	d	2 con. shortline opp. dir. 2 con. s.r.l. raiser frh.	4,4
4107		2 con. shortline opp. dir. 4 s.r.l. raiser	4,9
4107	f	2 con. shortline opp. dir. 4 s.r.l. raiser frh.	5,7
			-,
4108	а	2 con. shortline opp. dir. raiser bw. frh.	4,1
4108		2 con. shortline opp. dir. 4 s.r.l. raiser bw. frh.	7,5
4108	С	2 con. shortline opp. dir. 2 s.r.l. 2 s.r.r. raiser bw. frh.	8,3
	Ū		3,3
4116	а	Surrounding 1 around 1	1,6
4117	а	Surrounding 1 around 1 bw.	2,2
4121	а	Two mills	0,8
4121	b	Two mills 4 s.r.r.	1,4
7121	D	1 WO 1111113 4 3.1.1.	1,4
4122	а	Two mills bw.	1,7
4122	b		2,6
4122	C	Two mills bw. in- a. outside indiv.	3,1
7122	C	Two mins bw. iii- a. oatside maiv.	5,1
4123	а	Two mills raiser	2,1
4123	b		2,7
4123	С		4,3
4123	d		4,3
4123	e	Two mills raiser frh. in- a. outside indiv.	4,6
4123	f	Two mills raiser in- a. outside indiv. frh.	5,1
7120	•	Two mine raiser in a. oatside maiv. im.	0,1
4124	а	Two mills raiser bw. frh.	3,6
4124	b	Two mills raiser bw. inside indiv. frh.	5,6
4124	С	Two mills raiser bw. in- a. outside indiv. frh.	6,6
4124	d	Two mills spin. raiser bw. in- a. outside indiv. frh. T (10,4)	9,4
4124	e	Two mills 4 s.r.r. raiser bw. in- a. outside indiv. frh.	7,7
7127	C	Two mind 4 s.r.r. raiser bw. iii a. oatsiae indiv. iiii.	,,,
4133	а	Two insiderings raiser	1,7
4133	b	Two insiderings raiser inside indiv.	2,9
4133	С	Two insiderings raiser inside indiv. frh.	3,8
4133	d	Two insiderings raiser in- a. outside indiv.	3,5
4133	e	Two insiderings raiser in- a. outside indiv. frh.	4,6
+100	C	Two moldomigo raisor in a. oatside maiv. iiii.	4,0
4134	а	Two insiderings raiser bw.	2,4
4134	b	Two insiderings raiser bw. inside indiv. frh.	4,9
4134	C	Two insiderings raiser bw. in- a. outside indiv. frh.	6,0
4134	d	Two insiderings 4 s.r.r. raiser bw. in- a. outside indiv. frh.	8,5
4134	e	Two insiderings spin. raiser bw. in- a. outside indiv. frh.	10,7
1101	Ü	T (11,7)	10,7
4135	а	Two outsiderings raiser	2,5
4135	b	Two outsiderings raiser inside indiv.	3,7
4135	С	Two outsiderings raiser inside indiv. frh.	4,8
4135	d	Two outsiderings raiser in- a. outside indiv.	4,3
4135	е	Two outsiderings raiser in- a. outside indiv. frh.	5,6
		-	•
4136	а	Two outsiderings raiser bw.	3,5
4136	b	Two outsiderings raiser bw. inside indiv. frh.	6,3

Figure	No.	/ Name of figure	Point value
4136	С	Two outsiderings raiser bw. in- a. outside indiv. frh.	7,3
4136	d	Two outsiderings 4 s.r.r. raiser bw. in- a. outside indiv. frh.	9,9
4136	е	Two outsiderings spin. raiser bw. in- a. outside indiv. frh.	12,1
		T (13,1)	,
4151	а	4 con. HC.	0,8
4151	b	4 con. C.	1,0
4151	C		1,2
4151	d	4 con. C. 2 con. s.r.l.	1,4
4151	e		2,4
4151	f	4 con. C. 4 s.r.l.	2,8
4152	а	4 con. HC. bw.	1,7
4152	b	4 con. C. bw	2,1
4152	С		2,4
4152	-	4 con. C. 2 con. s.r.l. bw.	2,8
4152	e		3,8
4152	f	4 con. C. 4 s.r.l. bw.	4,2
4153	а	4 con. HC. raiser	2,1
4153		4 con. C. raiser	2,6
4153	С	4 con. HC. raiser frh.	2,7
4153	d	4 con. C. raiser frh.	3,4
4153	e	4 con. HC. 2 con. s.r.l. raiser	3,0
4153	f	4 con. C. 2 con. s.r.l. raiser	3,5
4153		4 con. HC. 2 con. s.r.l. raiser frh.	
4153	g h	4 con. C. 2 con. s.r.l. raiser frh.	3,9
4153	i	4 con. HC. 4 s.r.l. raiser	3,6
4153	i	4 con. C. 4 s.r.l. raiser	4,5
4153	•	4 con. HC. 4 s.r.l. raiser frh.	5,0
4153	k I	4 con. C. 4 s.r.l. raiser frh.	5,6 6,2
4154	а	4 con. HC. raiser bw. frh.	3,6
4154	b	4 con. C. raiser bw. frh.	4,4
4154	С	4 con. HC. 2 con. s.r.l. raiser bw. frh.	5,1
4154	d	4 con. C. 2 con. s.r.l. raiser bw. frh.	6,0
4154	е	4 con. HC. 4 s.r.l. raiser bw. frh.	7,0
4154	f	4 con. C. 4 s.r.l. raiser bw. frh.	7,8
4154	g	4 con. HC. spin. raiser bw. frh.	9,3
4154	h	4 con. C. spin. raiser bw. frh.	10,2
4161	а	4 con. shortline	1,0
4161	b	4 con. shortline 2 con. s.r.l.	1,4
4161	С	4 con. shortline 2 con. s.r.r.	1,5
4161	d	4 con. shortline 4 s.r.l.	1,6
4162	а	4 con. shortline bw.	2,1
4162	b	4 con. shortline 2 con. s.r.l. bw.	2,8
4162	С	4 con. shortline 2 con. s.r.r. bw.	3,0
4162	d	4 con. shortline 4 s.r.l. bw.	3,2
4163	а	4 con. shortline raiser	2,6
4163	b	4 con. shortline raiser frh.	3,4

Figure	No.	/ Name of figure	Point value
4163 4163 4163	c d e f	4 con. shortline 2 con. s.r.l. raiser 4 con. shortline 2 con. s.r.l. raiser frh. 4 con. shortline 4 s.r.l. raiser 4 con. shortline 4 s.r.l. raiser frh.	3,5 4,1 5,0 5,2
4164 4164	a b	4 con. shortline raiser bw. frh. 4 con. shortline 2 con. s.r.l. raiser bw. frh	3,4 5,0
4164	С	4 con. shortline 4 s.r.l. raiser bw. frh.	6,8
4164	d	4 con. shortline 2 s.r.l. 2 s.r.r. raiser bw. frh.	7,7
4164	е	4 con. shortline spin. raiser bw. frh.	10,2
4171	а	Surrounding 3 con. around 1	1,1
4172	а	Surrounding 3 con. around 1 bw.	2,2
4173	а	Surrounding 3 con. around 1 raiser	2,8
4173	b	Surrounding 3 con. around 1 raiser frh.	3,6
4174	а	Surrounding 3 con. around 1 raiser bw. frh.	4,8
4181	a	Coach HC.	0,6
4181	b	Coach C.	0,8
4182 4182	a b	Coach HC. raiser Coach C. raiser	1,5 2,0
4183 4183	a b	Snake HC. Snake C.	0,6 0,8
4191	а	Chain HC.	0,6
4191	b	Chain C.	0,8
4192	a	Chain HC. raiser frh.	2,0
4192	b	Chain C. raiser frh.	2,6
4196 4196	a b	Saddlegrip HC. Saddlegrip C.	1,0 1,2
4197	а	Saddlegrip pass through	1,2
4198 4198	a b	Saddlegripring Saddlegripring 4 s.r.r.	0,8 1,8
4199	а	Saddlegripring bw.	1,6
4199	b	Saddlegripring bw. inside indiv.	2,6
4199	С	Saddlegripring bw. in- a. outside indiv.	3,0
4211	а	2 con. wingmill	1,3
4211	b	2 con. wingmill HD. 2 con. s.r.r.	1,7
4211	C	2 con. wingmill 2 con. s.r.r.	1,9
4211	d	2 con. wingmill HD. 4 s.r.r.	2,1
4211	е	2 con. wingmill 4 s.r.r.	2,4

Figure	No.	/ Name of figure	Point value
4212	а	2 con. wingmill bw.	1,6
4212	b	2 con. wingmill HD. 2 con. s.r.r. bw.	2,4
4212	С	2 con. wingmill 2 con. s.r.r. bw.	3,1
4212	d	2 con. wingmill bw. inside indiv.	2,6
4212	е	2 con. wingmill bw. in- a. outside indiv.	3,0
4213	а	2 con. wingmill raiser	2,0
4213	b	2 con. wingmill raiser frh.	2,6
4213	С	2 con. wingmill raiser frh. inside indiv.	4,2
4213	d	2 con. wingmill raiser inside indiv. frh.	4,2
4213	е	2 con. wingmill raiser frh. in- a. outside indiv.	4,4
4213	f	2 con. wingmill raiser in- a. outside indiv. frh.	4,9
4214	а	2 con. wingmill raiser bw. frh.	3,4
4214	b	2 con. wingmill raiser bw. inside indiv. frh.	5,4
4214	С	2 con. wingmill raiser bw. in- a. outside indiv. frh.	6,0
4214	d	2 con. wingmill HD. mill with 2 s.r.r. raiser bw. frh.	5,1
4214	е	2 con. wingmill HD. 2 con. s.r.r. raiser bw. frh.	4,1
4214	f	2 con. wingmill 2 con. s.r.r. raiser bw. frh.	5,4
4214	g	2 con. wingmill HD. 4 s.r.r. raiser bw. frh.	5,6
4214	h	2 con. wingmill HD. 4 s.r.r. raiser bw. inside indiv. frh.	6,6
4214	İ	2 con. wingmill HD. 4 s.r.r. raiser bw. in- a. outside indiv. frh.	7,2
4214	j	2 con. wingmill 4 s.r.r. raiser bw. frh.	6,0
4214	k	2 con. wingmill 4 s.r.r. raiser bw. inside indiv. frh.	7,5
4214	I	2 con. wingmill 4 s.r.r. raiser bw. in- a. outside indiv. frh.	8,5
4223	а	2 con. wingring raiser	2,0
4223	b	2 con. wingring raiser frh.	2,6
4223	С	2 con. wingring raiser frh. inside indiv.	3,7
4223	d	2 con. wingring raiser inside indiv. frh.	4,2
4223	е	2 con. wingring raiser frh. in- a. outside indiv.	4,4
4223	f	2 con. wingring raiser in- a. outside indiv. frh.	4,9
4224	a	2 con. wingring raiser bw. frh.	3,4
4224	b	2 con. wingring raiser bw. inside indiv. frh.	5,4
4224	С	2 con. wingring raiser bw. in- a. outside indiv. frh.	6,5
4230	а	2 con. wingmill mill with 2 f.e.o. C.	1,7
4231	а	2 con. wingmill mill with 2 f.e.o. C. bw.	3,4
4232	а	2 con. wingmill mill with 2 f.e.o. C. raiser	3,8
4232	b	2 con. wingmill mill with 2 f.e.o. C. raiser frh.	4,6
4232	С	2 con. wingring insidering with 2 f.e.o. C. raiser	3,9
4232	d	2 con. wingring insidering with 2 f.e.o. C. raiser frh.	4,9
4233	а	2 con. wingmill mill with 2 f.e.o. C. raiser bw. frh.	5,3
4233	b	2 con. wingring insidering with 2 f.e.o. C. raiser bw. frh.	5,6
4233	С	2 con. wingmill mill HD. with spin. raiser bw. frh. T (9,0)	8,2
4241 4241	a b	Mill Mill 4 s.r.r.	2,0 2,6
	-		_,-

Figure	No.	/ Name of figure	Point value
4242	а	Mill bw.	3,1
4242		Mill bw. inside indiv.	4,0
		Mill bw. in- a. outside indiv.	4,5
4243	а	Mill raiser	2,6
4243	b	Mill raiser frh.	3,4
4243	С	Mill raiser frh. inside indiv.	4,4
4243	d	Mill raiser inside indiv. frh.	4,9
4243	е	Mill raiser frh. in- a. outside indiv.	5,2
4243	f	Mill raiser in- a. outside indiv. frh.	5,7
4244	а	Mill raiser bw. frh.	4,4
4244	b		6,5
4244		Mill raiser bw. in- a. outside indiv. frh.	7,0
4244		Mill 4 s.r.r. raiser bw. frh.	8,0
4244	е	Mill 4 s.r.r. raiser bw. in- a. outside indiv. frh.	9,0
4251	a	Insidering around 1 raiser	2,8
4251	b	Insidering around 1 raiser inside indiv.	4,0
4251	C	Insidering around 1 raiser inside indiv. frh.	4,7
4251 4251	d	Insidering around 1 raiser in- a. outside indiv.	4,6
4251	е	Insidering around 1 raiser in- a. outside indiv. frh.	5,5
4252	а	Insidering around 1 raiser bw.	3,9
4252	b	Insidering around 1 raiser bw. inside indiv. frh.	6,8
4252	С	Insidering around 1 raiser bw. in- a. outside indiv. frh.	7,8
4258	а	Insidering raiser	2,2
4258	b	Insidering raiser inside indiv.	3,4
4258	С	Insidering raiser inside indiv. frh.	3,9
4258	d	Insidering raiser in- a. outside indiv.	4,0
4258	е	Insidering raiser in- a. outside indiv. frh.	5,2
4259	а	Insidering raiser bw.	3,1
4259	b	Insidering raiser bw. inside indiv. frh.	5,8
4259	С	Insidering raiser bw. in- a. outside indiv. frh.	6,3
4259	d	Insidering raiser by, turn on frh. T (8,0)	7,0
4259	е	Insidering raiser bw. turn on a. outside indiv. frh. T (8,5)	7,5
4267	а	Ring with alternate grips raiser	2,7
4267	b	Ring with alternate grips HD. / Insidering HD. raiser	4,1
4267	С	Ring with alternate grips raiser inside indiv.	3,9
4267	d	Ring with alternate grips raiser inside indiv. frh.	4,6
4267	е	Ring with alternate grips raiser in- a. outside indiv.	4,5
4267	f	Ring with alternate grips raiser in- a. outside indiv. frh.	5,9
4268	а	Ring with alternate grips raiser bw.	3,8
4268	b	Ring with alternate grips HD. / Insidering HD. raiser bw.	5,7
4268	С	Ring with alternate grips raiser bw. inside indiv. frh.	6,6
4268	d	Ring with alternate grips raiser bw. in- a. outside indiv. frh.	7,7
4268	е	Ring with alternate grips raiser bw. turn on a. outside indiv. frh T (8,8)	. 7,8

Figure	No.	/ Name of figure	Point value
4272	а	Outsidering raiser	3,0
4272	b	Outsidering raiser inside indiv.	4,2
4272	С	Outsidering raiser inside indiv. frh.	5,0
4272	d	Outsidering raiser in- a. outside indiv.	4,8
4272	e	Outsidering raiser in- a. outside indiv. frh.	5,7
4272	f	Outsidering HD. / Insidering HD. raiser	4,4
4212	'	Outsidering Fib. / Insidering Fib. Taiser	7,7
4273	а	Outsidering raiser bw.	4,2
4273	b	Outsidering raiser bw. inside indiv. frh.	7,1
4273	С	Outsidering raiser bw. in- a. outside indiv. frh.	8,2
4273	d	Outsidering HD. / Insidering HD. raiser bw.	6,2
4273	е	Outsidering 4 s.r.r. raiser bw. in- a. outside indiv. frh.	10,7
4280	а	Half door	0,8
4280	b	Door	1,2
4280	С		1,4
4280	d	·	2,8
4280	e	Opp. dir. door sim.	3,4
1001			4.0
4281	a	Half door bw.	1,6
4281	b	Door bw.	2,4
4281	С	Half synchronous door bw.	2,8
4281	d	Synchronous door bw.	3,6
4281	е	Opp. dir. door sim. bw.	4,8
4281	f	Opp. dir. door a.r. sim. bw.	6,6
4282	а	Half door raiser	2,0
4282		Door raiser	3,0
4282		Half door raiser frh.	2,6
4282	d	Door raiser frh.	3,9
4000			
4283	а	Half door raiser bw. frh.	4,4
4283	b	Door raiser bw. frh.	5,1
4284	а	Opp. dir. door sim. raiser bw. frh.	8,2
4284	b	Mill with opp. dir. door sim. raiser bw. frh.	9,2
4285	_	Half cynchronous door raisor	3,0
	a	Half synchronous door raiser Synchronous door raiser	
4285	b		4,0
4285	C	Half synchronous door raiser frh.	4,1
4285	d	Synchronous door raiser frh.	4,9
4286	а	Half synchronous door raiser bw. frh.	6,0
4286	b	Synchronous door raiser bw. frh.	6,7
4287	а	Opp. dir. door sim. raiser	6,0
4287	b	Opp. dir. door sim. raiser frh.	6,8
4200	_	Mill with half evachronous door raises had feb	6.0
4288	a	Mill with half synchronous door raiser bw. frh.	6,0
4288	b	Mill with synchronous door raiser bw. frh.	7,2
4289	а	Mill with synchronous door raiser	5,1
4289	b	Mill with opp. dir. door sim. raiser	6,6

Figure No. / Name of figure		Point value	
4290	а	Single-ring-door sim. raiser bw. frh.	9,4
4291	а	Double door	1,4
4292	a	Double door bw.	3,8
4292	b	Snake double door bw.	5,1
4293	a	Double door raiser bw. frh. Turbine double door count. dir. raiser bw. frh.	7,0
4293	b		9,9
4294	a	Snake double door raiser bw. frh. Turbine snake double door count dir. raiser bw. frh.	7,7
4294	b		9,6
4296	а	Alternate ring door bw.	5,2
4297	а	Alternate ring door raiser bw. frh.	9,6
4298	a	Opp. dir. door a.r. sim. raiser bw. frh. Mill with opp. dir. door a.r. sim. raiser bw. frh.	11,2
4298	b		12,2
4307	a	Half doorring raiser bw. Doorring raiser bw. Compass with insidering count. dir. raiser bw.	5,1
4307	b		6,5
4307	c		8,4
4316	a	Star inside	1,7
4316	b	Star inside 4 s.r.l.	2,2
4317 4317 4317 4317 4317 4317 4317	a b c d e f g h	Star inside raiser Star inside raiser 2 con. inside indiv. frh. Star inside raiser 4 con. inside indiv. frh. Star inside raiser inside indiv. Star inside raiser inside indiv. frh. Star inside raiser bw. inside indiv. frh. Star inside 4 s.r.l. raiser bw. inside indiv. frh. Star inside 4 s.r.r. raiser bw. inside indiv. frh.	3,2 4,2 5,2 5,4 6,0 9,2 10,6 11,2
4326	a	Star outside Star outside bw. inside indiv. Star outside 4 s.r.l. bw. inside indiv.	1,0
4326	b		3,0
4326	c		4,1
4327	a	Alternate-star Alternate-star raiser Alternate-star raiser inside indiv. Alternate-star raiser inside indiv. frh. Alternate-star raiser bw. inside indiv. frh.	1,4
4327	b		3,5
4327	c		4,7
4327	d		5,1
4327	e		8,0
4328	a	Star outside raiser Star outside raiser bw. 2 con. inside indiv. frh. Star outside raiser bw. 4 con. inside indiv. frh. Star outside raiser bw. inside indiv. frh. Star outside 4 s.r.l. raiser bw. inside indiv. frh. Star outside 4 s.r.r. raiser bw. inside indiv. frh.	2,5
4328	b		4,6
4328	c		3,9
4328	d		6,3
4328	e		8,2
4328	f		8,8

Figure No. / Name of figure		Point value	
4331 4331	a b	Star inside raiser ½ turn on the spot Star inside raiser 1 turn on the spot	6,7 9,7
4341	а	2 con. raiser ½ turn on the spot	6,0
4341	b	2 con. raiser 1 turn on the spot	7,0
4341	C	2 con. raiser 1½ turns on the spot	8,0
4341	d	2 con. raiser 2 turns on the spot	9,0
4342	а	4 con. raiser ½ turn on the spot	7,1
4342	b	4 con. raiser 1 turn on the spot	8,1
4342	С	4 con. raiser 11/2 turns on the spot	9,1
4342	d	4 con. raiser 2 turns on the spot	10,1

(text modified on 01.01.16; 01.01.17; 01.01.20; 01.01.22)

## **Chapter VI UCI Artistic Cycling World Cup**

- **8.6.001** The UCI Artistic Cycling World Cup shall be the exclusive property of the UCI.
- **8.6.002** The UCI Artistic Cycling World Cup is contested over a maximum of 4 events. The World Cup Series is about three preliminaries and a World Cup final.
- **8.6.003** UCI Artistic Cycling World Cup events shall be organised in the age-group Elite. The disciplines shall be as follows:
  - Single Women
  - Single Men
  - Pair Women
  - Pair Open
  - Artistic Cycling Team 4 (ACT4)

#### **Participation**

#### 8.6.004 Preliminaries

The eligibility of participation in the preliminaries of the UCI Artistic Cycling World Cup depends on the highest ranking of the National Federations in the respective discipline of competition at the recent UCI Indoor Cycling World Championships. The National Federations are entitled to register a maximum number of riders or teams for the UCI Artistic Cycling World Cup as follows:

	Ranking UCI Indoor Cycling World Championships			
Dissiplins	place 1 to 3	place 4 to 5	from place 6	
Discipline	Maximum number of riders / teams for			
Single Women	3	2	1	
Single Men	3	2	1	
Pair Women	3	2	1	
Pair Open	3	2	1	
ACT4	2	1	1	

If the maximum entries are not fully used by the eligible National Federations, other National Federations that have no or only one entry may register for the available entries. In this case a National Federation may only get a maximum of 2 entries per discipline. The application for additional entries is made by the registration for the respective preliminary round.

The allocation of the free entries is as follows:

- National Federations which do not have a regular entry in the corresponding discipline will be considered with one entry first.
- 2. Then all National Federations with one regular entry will receive one additional entry.
- 3. Then National Federations from 1) can get a second entry.
- 4. If there are more registrations than there are free entries available, the date of receipt of the registration is decisive.

(text modified on 11.02.20)

8.6.005 Final

Riders or teams (pairs, ACT4) who achieve place 1 to 10 in the World Cup rankings after the three preliminaries are qualified for the final event in the respective discipline.

**8.6.006** The registration procedure for the riders and teams shall be fulfilled by the National Federations as requested by the UCI.

#### **World Cup rankings**

- **8.6.007** The World Cup rankings are drawn up on the basis of the points won by each rider or team (pair, ACT4) in accordance with the tables in articles 8.12.012 and 8.12.013.
- **8.6.008** The points awarded to the riders and teams (pair, ACT4) in the preliminaries are also valid for the final.
- **8.6.009** In the event of a tie on points, the ranking of riders and teams shall be determined based on the final results obtained at World Cup events in the respective discipline.

#### Organisation

**8.6.010** The commissaires' panel shall comprise 2 UCI international commissaires and 3 national commissaires.

#### Leader's jersey

**8.6.011** For each discipline, the UCI shall award a leader's jersey at each event of the series.

The leader's jersey may only be worn at UCI Artistic Cycling World Cup events, and in no other event.

The colors of the leader's jerseys are determined by the UCI.

Further details are regulated in article 1.3.055 bis.

#### Point scale

**8.6.012** Points scale preliminaries

Place	Points	Place	Points
1	100	16	23
2	80	17	21
3	70	18	19
4	65	19	17
5	60	20	15
6	55	21	13
7	50	22	11
8	45	23	9
9	40	24	7
10	35	25	6
11	33	26	5
12	31	27	4
13	29	28	3
14	27	29	2

15	25	30	1

# 8.6.013 Points scale final

Place	Points
1	200
2	160
3	140
4	130
5	120
6	110
7	100
8	90
9	80
10	70

(chapter introduced on 01.11.18)

# PART 8 INDOOR CYCLING - CYCLE BALL

# **Chapter VII TECHNICAL CONDITIONS**

#### § 1 Type of sport

**8.7.001** Cycle-ball is played in gyms or sport halls. The following surfaces are suitable for cycle-ball: wood, parquet, chipboard, triplex and synthetic floors. The game is played by two teams of two players.

# § 2 Jury

- **8.7.002** Cycle-ball competitions shall have a competition jury which consists of at least one commissaire, one time-keeper and a secretary. There can be several commissaires as well as linesmen. Linesmen must hold a commissaires license.
- **8.7.003** If no President of the Commissaire is appointed before the competition one should be appointed before the start of the competition. The President of the Commissaire is responsible for the running of the competitions or tournament in accordance with the regulations.
- **8.7.004** The commissaire is responsible for ensuring that the games are played according the regulations.
- 8.7.005 The linesmen have the task of following the entire game. They sit on the elongated goal line diagonal opposite the coaching zone. (See match field plan). They shall inform the commissaire and make observations by raising their hand. The Commissaire and linesmen assure communication and use, if necessary, hand signs. The commissaire may consult the linesman.

(text modified on 1.01.18)

- 8.7.006 The time-keeper is responsible for the length of both halves and should indicate the end of each half with a clearly audible whistle. He shall stop the clock when determined by the commissaire. The time recorded by the time-keeper shall be definitive. He shall keep track of the time between the two halves and inform the commissaire after 1'45".
- **8.7.007** The secretary shall record the goals and make up the results list. The secretary or the hall speaker shall announce the result or other relevant information.

#### § 3 Match field and size

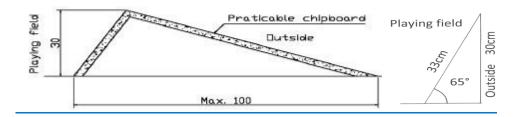
- **8.7.008** The size of the field for international competitions must be 14 x 11 metres.
- **8.7.009** For national competitions however a minimum size of 12 x 9 metres is permissible.
- **8.7.010** On each side of the goal (elongated goal line) there must be a free zone of 0.60 metres over the whole width. The dimension is measured between the outer site of the elongated goal line and the boarding.

**8.7.011** On each edge of the field there should be a free zone of at least 0.60 metres in width (distance between field boarding and wall or crowd).

# § 4 Match field boarding

- **8.7.012** Slanted wood or plastic boarding shall surround the entire field.
- **8.7.013** The boarding must have the following dimensions: Height 0.30 metres Angle towards horizontal surface 65° to 70° (see sketch below).

The upper edge must be rounded and free of burrs.



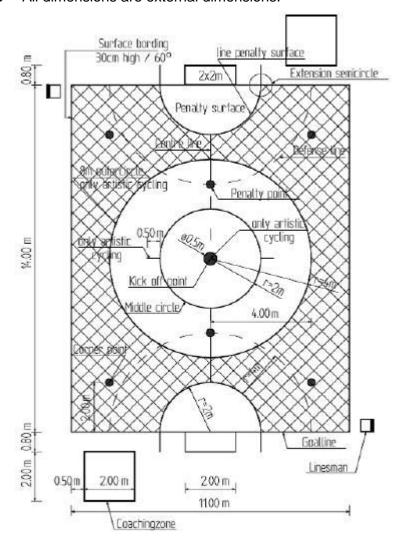
(text modified on 1.01.18)

- **8.7.014** The boarding must not be fastened to the floor.
- **8.7.015** Advertising may be displayed on the boarding.

#### § 5 Marking of the match field

- **8.7.016** The field must be marked according the regulations and should be drawn up with clear lines and points as shown on the drawing below.
- **8.7.017** The width of the lines should be between 3 and 5 cm. The dots (points) should have a diameter between 10 and 15 cm.

E0221



#### **8.7.018** All dimensions are external dimensions.

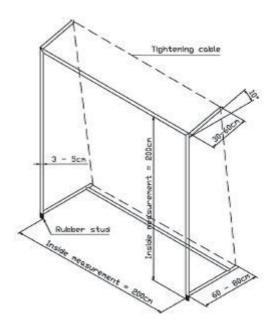
The 8 meter and 0.5 meter circles are only used for artistic cycling. Advertising is allowed in the shaded area as long as the surface conditions are equal to the none shaded area

#### § 6 Goals

- **8.7.019** The goals must have the dimensions and construction as shown in the drawing below.
- **8.7.020** The goals must be fitted with a net (no wire). The net meshes must be capable of stopping the ball.
- **8.7.021** The goals must not be fixed to the floor.
- **8.7.022** Cycle-ball goal

The internal measurements must be 2x2 metres. The diameter of the tubes must be between 3 and 5 cm. The fixing of the net must be constructed in a way that no injuries occur.

(the following sketch serves as an example)



(text modified in 1.01.18)

#### § 7 Ball

**8.7.023** A cycle-ball ball should have a textile surface and have a diameter between 17 and 18 cm. It must be spherical.

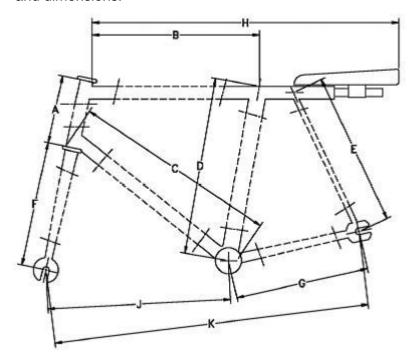
The weight shall be between 500 and 600 gram. It is the responsibility of the commissaire to decide if the condition of the ball is acceptable.

# § 8 Clothing

- **8.7.024** Clothing shall consist of a jersey or T-shirt, shorts or cycling shorts. The top must be tucked into the shorts (to avoid accidents). A one piece skinsuit is permissible. Where cycling shorts are worn, the jersey may be worn on top of the shorts. Both team members must wear identical outfits.
- **8.7.025** High-top sports shoes or ankle protections should be worn in order to protect the ankles.
- **8.7.026** Knee-high socks or stockings must be worn. Shinbone protectors are recommended.
- **8.7.027** Gloves, sweat-band and cycling helmets are permitted.
- **8.7.028** No articles which might endanger other players may be worn. Piercings must be taped.
- **8.7.029** If both teams are dressed identically, one team should change their outfit. If neither volunteers the commissaire shall decides by the toss of a coin. If the team still refuses it shall be deemed to have lost the game by 5 goals to 0.
- **8.7.030** Advertising on sportswear is allowed as long as it meets the UCI regulations.

#### § 9 Cycle ball bicycles

# **8.7.031** The bicycles used shall be constructed in accordance with following guidelines and dimensions:



Dimensions:	A = 150 - 180  mm	B = 395 - 455  mm
	C = 560 - 610  mm	D = 500 - 550  mm
	E = 400 - 500  mm	F = 370 - 410 mm
	G = 360 - 410  mm	H = 815 - 960  mm
	J = 530 - 580 mm	K = 920 - 970  mm

For smaller bicycles these dimensions can be adapted in line with the wheel sizes.

Frame tubes may be round or oval. Curved tubes are allowed. The largest cross section of the tubes may not exceed 50 mm.

Tube fittings may not have reinforcements or supports which are bigger than the diameter of the ball itself.

New developments of bicycles which deviate from these norms may only be used with approval by the UCI.

#### 8.7.032 Bottom bracket

The distance between the lowest point of the front gear and the floor must be at least 220 mm +- 2 mm.

#### 8.7.033 Cranks

The length of the cranks between center of the bracket axle and pedal spindle centre must be between 135 to 170 mm.

#### 8.7.034 Handlebars

The overall width of the handlebars may not exceed 380 mm. The ends of the handlebars shall be plugged to prevent accidents.

#### **8.7.035** Saddle

Saddles made of leather or plastic may be used. The maximum length shall be 300 mm and the maximum width 200 mm. The saddle should be fitted directly above the seat tube (an extension of the top tube of the frame). The highest point of the saddle must be above the top-edge of the horizontal frame tube, with a maximum of 100mm. Playing without a saddle is forbidden.

#### 8.7.036 Pedals

The pedals shall have rubber or plastic coverings over all exposed metal surfaces.

#### **8.7.037** Wheels

The diameter of the front and rear wheels shall be equal. In no circumstances shall the diameter be bigger than 26 inches or smaller than 20 inches. Only wheels with spokes are permitted; disc wheels may not be used. Wheel diameter front and rear may vary according to DIN norm 7168. i.e. for 26 " wheel +- 3 mm.

#### **8.7.038** Gearing

For one complete turn of the cranks, the bicycle must moved at least 2.0 metres and no more than 3.20 m metres.

#### **8.7.039** In general

Dangerous equipment or any other aids like additional frame members, footholds etc. are not allowed. The front and rear axle ends and the chain tensioners must be well protected with enclosed nuts.

#### § 10 Defects / Changing bicycle

**8.7.040** It is not permissible to continue playing with a damaged bicycle which might be dangerous to the other players. If the commissaire decides that the bicycle should be replaced because of the risk of injury to other players, the time will be stopped during the replacement.

The player concerned shall continue to play immediately after having changed the bicycle. It is not permitted to wait until the bicycle has been repaired.

8.7.041 A change of bicycle must be take place outside the match field area behind the player's own pro longed goal line (coaching area) without impeding the opponent. If the player does not live up to this he will be warned and in case of repetition a yellow card will be given. No coaches nor mechanics may enter the match field area (pass the match field boarding) during the match (unless the game is interrupted by the commissaire) nor may they interfere. If they do so, and the game will be influenced, the team shall be penalized with a penalty kick (4 meters).

#### § 11 Planning of the games

**8.7.042** Prior to the competition each team should be informed on the enrolment of the competition i.e. split up into groups, sequence and timing.

# § 12 Age categories / Game time and additional playing time

**8.7.043** Cycle ball is divided into following age categories:

A.	Pupils league	up to 14 years	= under 15
B.	Youth league	up to 16 years	= under 17
C.	Junior league	up to 18 years	= under 19
D.	Young Elite league	up to 23 years	= under 23
E.	Elite league	from 19 years on	= from 19 on

The league depends on the year of birth, i.e. throughout the year of a player's 18th birthday he may play in the Junior league.

The leagues may if necessary, at the discretion of the national federations, be divided further in order to restrict the number of competitors or be combined where there are too few.

**8.7.044** The game (match) time depends on the different age categories:

Α.	Elite and young elite	2 x 7 minutes
B.	Juniors	2 x 6 minutes
C.	All others	2 x 5 minutes

The match times can be reduced to a minimum of  $2 \times 5$  minutes for certain tournaments or prequalifying rounds. The game time shall be taken to mean the two halves excluding a two minute break between halves.

- **8.7.045** A game of decision shall comprise only a single half (without changing ends). 1 x 7, 1 x 6 or 1 x 5 minutes as per normal game time.
- **8.7.046** The maximum time allowed to change ends may not exceed 2 minutes. Infractions of the rule should, after two verbal warnings, be penalized by an official warning to the team (both players).

Should the team ignore the official warning a second warning should be given and as a consequence the match be stopped.

8.7.047 Intentional time-wasting, match breaks or interruptions to the game attributable to one player or a team may lead to a stoppage after a warning by the commissaire. In such a case the commissaire announce via the time-keeper the additional time to be played (minimum of 20 seconds).

The remaining time must be clearly announced. Where the time is displayed electronically, a verbal announcement is not required.

The commissaire shall restart the game by blowing a whistle. He shall also whistle at an out ball, in order to give the time-keeper the precise signal.

**8.7.048** If the finishing signal of the first half is given too early or too late, the second half shall be extended or shortened by the appropriate time to compensate.

In case of differences of opinion regarding the exact time remaining it shall always be the time keepers' time that is definitive. At half time and the end of the match it is the beginning of the timekeeper's signal which determines the end of play.

#### **UCI CYCLING REGULATIONS**

Any goal scored during an accidental extension of play shall not be cancelled. If the end signal is given too early, the remaining match time shall be played after an announcement of the remaining time. In case of a dispute concerning the time the commissaire shall decide after consulting the timekeeper.

# Chapter VIII GAME RULES

#### § 1 General rules

- **8.8.001** Match field marking is neutral.
- **8.8.002** The players may drive the ball into the opponent goal by knocking the ball with the bicycles. One hand must be on the handlebars and one foot on the bicycle pedal. If such is not the case, the goal is not valid and the action cannot lead to a penalty or a corner. The game must continue with an out ball from the right corner marking.

A ball which rebounds from a bicycle or the body of a player shall be considered as a valid kick. Headers are allowed.

(text modified in 1.01.18)

**8.8.003** Obstruction of the opponent (purposely riding into his bicycle, pushing or grasping), leaning on a goal-post or wall, leaning on the other player with hands or body, loud shouting (within the team, towards the coach, towards the opponent or any other person), objections (against a fellow player, opponent, commissaire, jury, coaches or public), shall be considered as against the rules and will be penalized.

For the sake of clarity and as a matter of example, if a player of the attacking team, not controlling the ball, is riding actively in the direct path of the defender towards the ball and hinders him, is blocking the opponent, then such a behaviour is considered an obstruction and will lead to a free kick.

(text modified on 01.01.21)

- **8.8.004** Only the ball and never the opponent or his bicycles may be tackled. A player having the ball may only be tackled on the ball side.
- 8.8.005 Inside the match field or on the field boarding the ball may not be blocked or played back and forwards unless an opponent is obstructing.If a player is not obstructed by an opponent and fails to continue the game after the commissaire gives a warning it shall be considered a breach of the rules.
- **8.8.006** If the ball is stuck to the bicycle or to the body of a player, this causes a neutral ball.

(text modified in 1.01.18)

- **8.8.007** It is not permissible to jump from the bicycle in order to catch an unreachable ball. In the event that this occurs repeatedly it shall be penalized with an official warning.
- 8.8.008 Coaching area

Only two responsible persons of the team are allowed to take place on the chairs in the coaching area (see sketch point 8.1.018).

8.8.009 Time-wasting

If a commissaire is convinced that a team is trying to keep the ball, and by doing this gain time, he shall inform the players with a hand signal (picture 4). The team shall have 20 seconds to attempt an attack. Should the team not finish the attack within this time, the commissaire decides on foul, which will be

penalized by a free kick in the centre of the match field.

#### § 2 Kick off

**8.8.010** To start a game the commissaire shall toss a coin to determine which team shall start the game. The winning team shall begin the first half. The other team shall start the second half.

After each goal the team against which the goal was scored shall have the right to restart the game.

#### § 3 Start of the match

- **8.8.011** The ball shall be placed on the centre point at the beginning of a game and after each valid goal scored.
- **8.8.012** At the start of the first or the second half and after each goal the players may stay wherever they want in the field except in the centre circle and in the penalty area of the opposing team.
- **8.8.013** After the starting whistle the attacking team may ride into the centre circle and move the ball. The ball may be touched more than once by the first player. The defending team may enter the centre circle as soon as one of the attackers have touched the ball.
- 8.8.014 If a member of the defending team enters the centre circle and remains there at starting of the game (touch of the ball), the defender will be penalized by a free kick on the nearest place of the defenders goal (center line). The commissaire may optionally give advantage to the attacking team if the attack can be continued without delay.

#### § 4 Interruption / Whistling signal / Neutral ball

- 8.8.015 The start of each half time and any other interruption shall be given by whistle by the commissaire. On each goal the commissaire shall blow a long whistle. Half time and the end of the game shall be given by a signal from the timekeeper. The commissaire shall whistle to confirm the end of the first half and the end of the game with two long whistles but the definitive signal is that from the timekeeper.
- **8.8.016** The commissaire must interrupt the game in the event of:
  - Any breach of the rules.
  - The ball leaving the match field.
  - A goal.
  - The ball hitting the ceiling.

The commissaire must interrupt the game and stop the time by giving a hand sign (according to picture nr 6) and a short whistle in the event of:

- A player, the jury or other persons have to be verbally notified.
- The score or time is not clear.
- A player is injured or an injury is suspected.

- Official warnings
- Disqualification.
- The match field being not set up properly or in line with the rules.

(text modified in 1.01.18)

**8.8.017** The time shall not be stopped in the event of a problem to bicycle equipment or incorrect sportswear.

An exception shall be made if any scattered object is on the match field or if sportswear has become indecent.

8.8.018 If the match has been interrupted for some reason and the ball has not left the match field, or no offence against the rules has been noticed, the game should be continued by means of a neutral ball. A neutral ball shall be given in the event that the ball hits the ceiling or any other foreign object. In all cases the neutral ball shall be given on the centre point of the field. The players have to wait outside the centre circle and can enter the centre circle and touch the ball after the commissaires whistle. A player may touch the ball several times.

# § 5 Advantage rule

**8.8.019** Since a player who commits an offence should never gain an advantage from the situation; the commissaire may decide not to interrupt the game and to give the advantage to the none-offending team although the other team has committed an offence.

If advantage is given, the commissaire shall give a signal by showing the direction of the gameand to say "Go on" (see picture number 2). If the advantage is lost during the same game situation, the commissaire may decide to withdraw the advantage by interrupting the game in favour of the team which is not at fault.

(text modified in 1.01.18)

#### § 6 Riding behind goal line / Permission to participate the game

- **8.8.020** If during a match (except at interruptions or at half time) a player falls, touches the floor, leans against an other player, leans against the wall, leans on the match field boarding, leans on the ball or the goal that player shall not be permitted to continue playing.
- **8.8.021** To become eligible to play again, the player concerned has to ride or walk immediately behind his goal line and re-enter the match field on the same side. He must cross the goal line with one wheel outside the penalty area.
- **8.8.022** If a player who is not allowed to participate in the game disrupts the game by lying down or standing, or by covering or holding his opponent or touching the ball with the intention of disadvantaging his opponent, the player shall be penalized with a free kick.

(text modified in 1.01.18)

**8.8.023** If a player in his own penalty area touches the floor or leans against the goal, he must leave his penalty area immediately and cross the goal line in order to get permission to return to the game.

The player concerned has to cross the goal line in such a way that both wheels have left the penalty area and at least one wheel has crossed the goal line outside the penalty area.

- **8.8.024** Should an ineligible defender remain in the penalty area, a penalty (4 m.) kick shall be given if he touches the ball or impedes his opponents.
- **8.8.025** Offences against riding behind the goal line in the field shall be penalized with a free kick, in the penalty area with a penalty kick.

# § 7 Scoring a goal

**8.8.026** A goal shall be valid if the ball passes the goal line between the goal posts.

If the ball rolls on the floor the central contact point of the ball has to pass the back of the goal line.

The same principle shall apply to any ball in the air.

The goal is still valid even if the player falls off his bicycle after striking.

- **8.8.027** If a goal is being moved from its normal position during the game and a goal is scored, the determining item shall be the imaginary line between goal posts and not the floor marking. If the ball passes an imaginary line between the goal posts, the goal shall be valid.
- **8.8.028** A ball struck or deviated into a player's own goal shall count towards his opponent's score.
- **8.8.029** After a disallowed goal the ball shall be put on the right corner point and may be played by the defending team.

#### § 8 Out ball

- 8.8.030 If the ball leaves the match field over the long sidelines on the ground or in the air the match should be interrupted. The commissaire should collect the ball and place it 1 meter away from the sideline where the ball crossed. The team which did not put the ball out of play shall serve. The opponent must keep a distance of at least 2 meters from the ball and the commissaire shall allow the game to restart without any signal. If the opponent is less than 2 meters from the ball a free kick shall be given.
- **8.8.031** If the attacking team kicks the ball over the goal line outside the goal, the ball shall be put on the corner marking on the side where the ball went out. When the ball crosses the goal line the commissaire shall whistle. The defending team may restart the game without any signal from the commissaire.
- **8.8.032** An out ball may be touched several times by the serving player.
- **8.8.033** Should the half time or match time be finished the out ball regardless on the goal line or sideline is not executed.

#### § 9 Corner ball

**8.8.034** If a ball is hit by a defending player, or comes off the defenders body or bicycle and crosses his own goal line, the commissaire shall whistle to stop the game and a corner will be awarded to the opponent.

A corner ball must be served from the corner point after a whistle signal from the commissaire.

All players should be on their correct position.

**8.8.035** For the execution of a corner ball the defending player (goalkeeper) should have both wheels in his penalty area while his partner should stay behind the centre line on the opposite side of the corner point. Outside the dotted defense line he should keep a minimum distance of 4 meters.

After the ball has been touched the defenders are allowed to leave their position. The ball is considered as being hit as soon as the ball is touched by the attacking player after the whistle from the commissaire. The second attacking player is not allowed to be in the defending teams' penalty area nor on the opposite side between the penalty area and the dotted defence line.

The middle line between the penalty spot and the centre of the penalty area is considered as being a "wall" even in the penalty area. This means that this "wall" may not be passed by neither the offence nor the defensive player prior to the serve of the corner. This does not only concern the floor contact area of the wheel but also the foremost point of the wheel, bicycle or body.

- **8.8.036** The corner ball may be touched only once. A served corner ball being bounced on the goal frame or the boarding may not be touched for a second time by the serving player as long until some other player has touched the ball.
- **8.8.037** A corner must be executed even if the match time (half and full time) is over. (last kick)

A goal by last kick shall only count, if the goal is scored directly or because of a mistake at the goalkeeper's defence.

During execution of a last kick the other players may not interfere, not even pretending an action.

**8.8.038** A last kick corner may not lead to a further corner.

If the corner is not defended according to the rules a penalty kick shall be awarded and executed.

#### § 10 Goal defence

- **8.8.039** All offences against the rules of the goalkeeper within the penalty area should be penalized by a penalty kick.
- **8.8.040** The goal defense can be executed by either player of the team. The goalkeeper is entitled to use one or both hands to defend his goal as long as both wheels are in the penalty area, both feet are on the bicycle pedals and he is eligible.
- **8.8.041** A ball caught by the goalkeeper within the penalty area may not be thrown out further than the dotted defence line and the ball must touch the floor within 3

seconds. The ball may not be thrown towards the co-player (the head, the body or the bicycle) as long as the he is outside the defence line.

Should a beaten off ball bounce off in front of the defense line and then roll over this line, no offence has been committed.

- **8.8.042** The ball may be beaten away with the hands (even a double beat), even if it passes the defense line as long as the ball has not been caught first with one or two hands.
- **8.8.043** A ball that was beaten off with hands and continues to roll, either inside or outside the defense line, may only lead to a goal if it was defended correctly and touched by another player.

Thus a direct goal from the hand cannot occur, except for an own goal resulting from incorrect defense from the goalkeeper.

**8.8.044** If the goalkeeper catches the ball he may bounce it once on the floor and catch it again. Then the ball must be thrown or kicked.

#### § 11 Penalty area

- **8.8.045** During the game only one player of the team may be in the penalty area and act as goalkeeper. A player is considered as being in the penalty area as soon as a part of his bicycle or body touches the floor in the penalty area.
- **8.8.046** At any time only one player from the attacking team may be in the opponents' penalty area providing the ball is in the penalty area. A player is considered as being in the opponents' penalty area as soon as a part of his bicycle or body touches the floor in the penalty area.

If a player gains possession of the ball, on the floor, from inside the penalty area although he stays outside the penalty area he shall be considered as being inside the penalty area.

The elongated line from the penalty area behind the goal line is not considered as part of the penalty area.

**8.8.047** If a ball is kicked away from the penalty area so that the attacking player is left inside the penalty area without a ball, this shall not constitute an offence as long as the ball rolls away from the goal and the goalkeeper is not hindered by the attacker in any way.

Should the attacking team gain the ball, no advantage shall be given but considered as "offside". The attacking player in the opponents' penalty area shall regain his eligibility if he leaves the penalty area.

- **8.8.048** If the commissaire decides that there has been a breach of the rules, this offence will be penalized with a free kick from the centre of the penalty area at the beginning of the middle line (off side point).
- **8.8.049** If both attacking players are in the opponents' penalty area, even if the ball is inside, it is considered as an offence to the rules and be penalised with a free kick on the off side point. The ball has to be kicked after the whistle from the commissaire by one of the defending players. He may touch the ball only once.
- **8.8.050** The goal area is considered as being part of the penalty area

#### § 12 Free kick

**8.8.051** A free kick is granted for offences committed outside the penalty area. The ball is placed at the point the offence happened, but at least one meter from the boarding. After the defender has reached a distance of at least 4 meters from the ball, the commissaire whistles. Should this distance not be kept, before the ball is kicked, a new offence against the rules shall be given.

If the free kick is less than 4 meters from the goalkeeper the following is obligated: Before the whistle, the defending goalkeeper has to stay in the penalty area parallel to the goal line, and no more than 15 cm in front of his goal line. He may leave this position only after the ball is has been hit by his opponent.

A free kick may only be served once; prior to a second serve, the ball must be touched by another player or his bicycle. A player shall not be eligible for a second serve if the ball touches the goal frame or the field boarding.

**8.8.052** A free kick must be served even if the normal time (half and full time) is over. There will be a "last kick".

A last kick results in a goal, if kicked directly on the goal or through a defensive error.

A last kick will not lead to a corner. During execution of a one shot the other players may not interfere, not even pretending an action.

Offences against the defense rules must be penalized with a penalty kick.

#### § 13 Penalty kick

**8.8.053** A penalty is the punishment for offences committed within a player's own penalty area.

A player is considered to be within his own penalty area as soon as part of his bicycle or his body touches the floor of the penalty area even if the offence is done outside the penalty area.

Offences outside a player's own penalty area leading to a penalty kick:

- A. If a player, not having the possibility to reach for the ball, stops his opponent with the intention to prevent a goal with a ruthless foul (e.g. fouling the not ball-keeping opponent)
- B. If a player who is not allowed to participate in the game stops an opponent or the ball by walking, running, jumping or using the bicycle to avoid an attack. (leaving a stable position)
- C. Playing the ball purposely by hand outside the penalty area.
- D. Purposely pushing or pulling the goal away by a defending player or his coach or teammates.
- E. When a player does not hold his bike and on purpose holds or deviates the ball or obstruct the opponent.
- F. When a player is ready to kick the ball in an empty goal and is obstructed by his opponent.

(text modified on 01.01.21)

**8.8.054** At a penalty kick all players with exception of the goalkeeper and the player kicking the ball should take up position behind the penalty spot. After the whistle the ball has to be directed directly towards the goal. The other two players may in no circumstances interfere.

The defending player (not the goalkeeper) must keep a distance from 4 meters towards the ball and has to be on the other side from where the attacking player is going towards the ball. Both non active players can come into the game as soon as the ball has been touched.

If the defending player breaks the rule a new penalty kick shall be given. If the second attacking player commits an offence he will be penalized by a free kick.

**8.8.055** A penalty kick can only be served once and must be kicked directly towards the goal. Riding past the ball and "breaking" during the attack is not permitted. Offences hereto are penalized by a free kick.

The rebound of the ball from the goal post does not entitle the penalty kicker to a second serve.

**8.8.056** The defense against a penalty kick must be such that the goalkeeper prior to the whistle signal is situated with front and rear wheel parallel to the goal line and maximum 15 cm in front of it.

The defender may leave this position from the moment on the ball has been served.

Offences against are penalized by a new penalty kick.

8.8.057 A penalty kick must be executed even if the half or full time has been reached. If the finishing signal sounds before the execution of the penalty kick, the commissaire will give a whistle signal to serve if the goalkeeper is in position. If the finishing signal sounds when the ball is in the air but has not past the goal line, the goal does not count and the penalty kick will not be repeated.

A penalty kick goal executed after the end of game time will only be counted if the ball goes into the goal without help of the other players not involved in the execution of the penalty kick. The players directly involved in a penalty kick are the serving player and the defending goalkeeper. The serving player may not kick a second time if the ball rebounds from the goal post or goalkeeper.

A penalty kick correctly executed after regular time which crosses the goal out line will not lead to a corner ball.

If a penalty kick has been defended incorrectly and no goal has been scored a new penalty kick shall be given.

Should the penalty kick not be executed correctly while served after the regular time, e.g. like stopping, braking during the attack etc, there will be no further punishment. The penalty kick shall not be repeated and the game is over.

#### § 14 Whistle signals

**8.8.058** At the start of the half, a corner, a penalty kick, a free kick and a neutral ball the ball will be put into play after a whistle signal.

E0221 Indoor Cycling 161

A corner ball, penalty kick and free kick can only be served once, after which the ball has to be touched by another player or his bicycle. After serving all other players are allowed to continue playing.

- **8.8.059** If any ball which can only be served after a whistle signal is served prior to that signal, it shall be repeated.
- **8.8.060** If the ball goes out of play during the match, a whistling signal is given to interrupt the game. The ball will be put by the commissaire on the spot that the ball left the match field. If the ball went out on the extended goal line the ball shall be placed on that corner spot on the side where the ball went out. Under no circumstances shall a whistle signal be given to restart the game.

The release of the ball does not depend on the security of the goal; it is playable immediately.

- **8.8.061** In case of any offence, the commissaire must very clearly show against which team a free kick or penalty kick is given. The same procedure has to be followed for corner ball and out balls.
- **8.8.062** The signals for free kick, penalty ball, corner ball and neutral ball shall be given as soon as all players have taken their positions at the required distances from the ball.

#### § 15 Complaints / Improper behavior / Unsporting behavior

- 8.8.063 In the event of improper behavior of a player or team the commissaire should warn the concerned party by a verbal warning or a yellow card.

  Improper behavior shall include cases when:
  - One player or more players repeatedly criticizes a decision taken by the commissaire.
  - A player seeks to argue with his opponent, partner, the tournament jury and/or spectators.
  - Repeated unjustified protest by raising one hand.
  - Repeated on purpose violations of the rules.
  - Quitting the game or leaving the match field without justified reason.

(text modified in 1.01.18)

**8.8.064** Should the coach of a team repeatedly disrupt the progress of a match or repeatedly criticize a commissaire, the commissaire may sanction the coach with a yellow or red card. In the case of a red card, the coach must leave the hall.

(text modified in 1.01.18)

- 8.8.065 If warnings are being issued the match must be interrupted, the time stopped (picture 6) and the concerned person(s) shown the yellow card. The commissaire must inform the jury of the reason of this yellow card. The jury must announce the warning and the remaining match time. With electronic time panel the time announcement has not to be given. After this the commissaire can continue the game.
- **8.8.066** If the behavior of a player is cause for a second yellow card during the same game, the commissaire must act as per article 8.2.066.

The referee will then show him the red card and the concerned player has to leave the match field.

The result of the game will be 5:0 against the team in question, unless the score of the opponent is already higher.

**8.8.067** In case of extreme unsportmanship the concerned player may be sent off without prior warning and should receive directly the red card.

Unsporting behavior includes:

- A player stopping or holding back his opponent violently, not having a possibility to reach for the ball and consciously acknowledging the risk of causing an injury for his opponent.
- Violence against players, jury, commissaires or public.
- Insulting the commissaire.
- Throwing or kicking the ball at the commissaire.
- Purposely riding the bicycle towards or pushing the commissaire.

In the above cases the game will be stopped and the game lost 0:5 unless the opponent's score at that point is better.

(text modified on 01.01.21)

- **8.8.068** A warning shall always be followed by a yellow card.
  - § 16 Injuries and suspension of players and teams
- **8.8.069** In case of non-attendance or late arrival or the elimination of a team the following rules are applicable.
- **8.8.070** Any game where both players are not on the match field at the starting signal of the game shall be considered as lost with a score of 0:5.
- **8.8.071** The jury is permitted to change the order of play where a team arrives late due to force majeure.
- **8.8.072** A team which arrives late at the contest hall may play their remaining matches if not all games of his group have been played. The matches already missed shall however still be considered as 0:5 defeats.
- **8.8.073** If a team stops competition by not appearing in a tournament or series, all games shall be deemed lost by 0:5 goals.
- **8.8.074** Should a team or a player be suspended under article 8.2.067 the player or team may start the next game.
- 8.8.075 If a player is suspended according art. 8.2.068 he may not play in the next two games. He can be replaced by a substitute. In the event of very serious infractions disciplinary procedures can be started against the person concerned in line with chapter 12 "Discipline and Procedures" of the UCI Regulations
- **8.8.076** If both players are suspended under article 8.2.068 all games for this team should be abandoned.

The team shall be excluded from rankings and prizes.

- **8.8.077** If both players are suspended during a championship series or ranking series under article 8.2.068 they retain the points already scored. The remaining games shall be lost with a score of 0:5.
- **8.8.078** If a team drops out of the tournament due to injuries, illness or lack of a substitute, the team's results up to that point shall be counted. The remaining games shall be lost 0:5.
- **8.8.079** If a player indicates an injury by raising his hand the commissaire may stop the game.

If the commissaire can not clearly identify the injury, he has to give a signal by raising his hand showing that he noticed his signal but there is no obligation to stop the game. The commissaire must be sure that the wound is not feigned for diverse reasons such as a damaged bicycle. In the latter case, there is no interruption of the game.

If the commissaire comes to the conclusion that there is a real injury, he has to interrupt the game. He gives by hand the signal to the responsible person (coach) or and to the doctor that he can enter the field. Only one responsible person, a doctor or another person belonging to the medical service is authorized to enter on the field of play.

If the responsible person or the doctor enters the field before the commissaire gives the signal by raising his hand, the team concerned shall be punished with a penalty kick (4 meters).

During time interruptions due to injuries, bicycles can be exchanged and or repaired outside the boarding (coaching zone)

The linesmen shall follow these actions very scrupulously in order to recognize any irregularity or to clarify the situation.

**8.8.080** If a player is seriously injured and has to leave the field, the substitute player may replace him immediately. The game shall continue within the next 5 minutes (time of interruption). In some special cases, the commissaire may increase the time of interruption to a maximum of 10 minutes.

The injured player can, after having been replaced by a substitute, continue the tournament after having informed the commissaire or President of the Commissaire. If the same player gets injured for the second time he may not participate in the tournament any longer.

One player from the original team must always remain in the team. None of the other players are allowed to leave the field.

During the injury-interruption, responsible members of the adversary team are not allowed to enter the field. They shall stay behind the boarding surface.

# Chapter IX RESULTS / CLASSIFICATION BY POINTS / OBJECTIONS

#### §1 Results

- **8.9.001** Every valid kick into the goal shall be counted as being scored.
- **8.9.002** After each valid goal and after each half the score should be clearly announced.
- 8.9.003 The goals scored must be recorded as they happen by the secretary of the tournament jury.

  The scoreboard should display the actual score to players and spectators.
- **8.9.004** The winner of a game is the team who score the most goals. In the event of equal scores the match shall be drawn.

# § 2 Classification by points

- **8.9.005** For each game won the winners are awarded 3 points. For a drawn game both teams are awarded 1 point. The losing team is awarded no points.
- **8.9.006** The result for a tournament or championship is calculated by summing up all the points scored by each team.
- **8.9.007** If qualifying matches etc. are played, the points awarded for them are only calculated for that particular round. It is however permissible to add points from the preliminary or semi-finals together if participants are notified in advance.
- **8.9.008** The winner shall be the team with highest points total.

#### § 3 Ties / Final matches

**8.9.009** Days of matches, rounds of a competition over several days In the event of a tie on points, goal difference shall determine the ranking. Goal difference is calculated by subtracting goals scored against the team from the goals scored by the team. The goal difference may be positive, negative or zero.

If two teams are still tied on goal difference, the team with the highest number of goals scored shall be given the higher ranking.

Should the result remain tied, a game of decision under article 8.1.046 should be arranged if the result determines the next round or promotion or relegation between divisions.

#### (text last modified on 01.01.23)

**8.9.010** Final round in championships, national and international competitions In the event that two teams are tied on points for first place a game of decision will be played under article 8.7.045. Is the result of this game is also tied, the result shall be determined by penalty kicks as per paragraph 4.

Should more than two teams be tied for first place, the results of games between these teams shall be considered. The two highest in this ranking shall play a

game of decision under article 8.7.045. Should this match be drawn the result shall be determined by penalty kicks under paragraph 4.

If more than two teams are equal on points after the above calculation the two teams with the best goal difference shall be placed first and second. In the event of a tie on goal difference the team with the highest number of goals scored shall be the winner.

The top two teams shall play a game of decision as per article 8.7.045 to determine the winner. Should this match be drawn the result shall be determined by penalty kicks under paragraph 4.

If more than two teams are still tied after considering goal difference, the result in the total final round shall determine the leading team. The two teams with the highest goal difference, if it should be the same between more than two teams, and the highest total number of goals scored shall play a game of decision as per article 8.7.045. Should this match be drawn, once again the result shall be determined by penalty kicks under paragraph 4.

If and only if more than two teams in this final round are tied on points and the top two teams cannot be determined as described above, then all these teams shall play a game of decision against each other as per article 8.7.045, etc.

The order in which these matches are played shall be determined by draw, as well as the right to serve.

The team with the most points from the games of decision shall be the winner.

If two or more teams are equal in points after the games of decision, then penalty kicks shall determine the winner as per paragraph 4.

In each penalty kick competition the winners shall be awarded three points, and the loser no points. The team with the highest points total shall be the winner.

In the event that the teams are still tied on points the winner shall be the team with the best goal difference of the penalty kick decision and should that not be decisive the team with most goals scored. In the event of a tie further penalty kicks shall be taken until the winner is known.

The teams taking part in the games of decision shall be ranked after the games of decision are completed. The other teams shall be ranked according to points scored, goal difference and total goals scored. Should that method result in a tie, the matches between the tied teams shall be considered. Should that fail to break the tie, a games of decision will be played should the result be critical in determining which team progresses to the next round or is promoted or relegated in a division.

(text last modified on 01.01.23)

**8.9.011** World and continental *championships* / world and continental cups
During these competitions the procedure in article 8.9.010 shall be followed for all medal places.

Teams not in a medal-winning position shall be classified by points, goal difference and goals scored. If two teams are still tied then the direct result between them shall be counted. If that game was a draw then a game of decision must be played.

(text last modified on 01.01.23)

#### § 4 Penalty kicks

- 8.9.012 In the event that two or more teams have equal points after deciding matches, penalty kicks shall be taken. In the first penalty kick round each player of the team has to attempt two penalty kicks on the opponent's goal.
- 8.9.013 The commissaire shall determine which team goes first by draw., Each team shall then announce which player is to kick first, and then they will alternate. The players must serve their kicks in the same order towards the goal as their opponent.

The goalkeeper may be changed within the team.

**8.9.014** The winning team shall be awarded three points.

If after the first round of penalty kicks does not produce a result, the teams it shall continue to alternate kicks until a result has been reached.

# § 5 Objections

**8.9.015** Objections against facts and decisions by the commissaire may not be submitted.

No objections may be made to the allocation of commissaires to games.

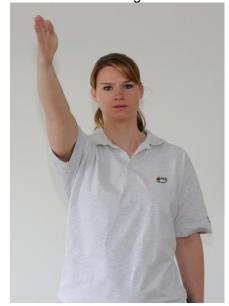
- **8.9.016** Objections against the groupings for a series or group, the arrangements for or order of matches must be submitted as soon as they are received.
- **8.9.017** Objections concerning the field of play, ball, goals etc. must be submitted prior to the matches.

# **Handsigns Commissaire**

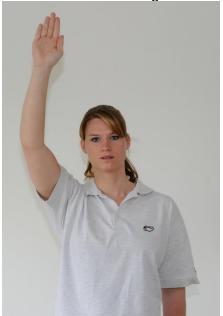
Picture 1 - Goal



Picture 2 - Advantage



Picture 4 - Time wasting



Picture 5 – Goal not valid



Picture 6 - Time out



# Chapter X CLASSIFICATION OF RACES / UCI RANKINGS

# §1 Classification of races

#### 8.10.001 Category A events

- minimum of 4 participating nations;
- minimum of 8 participating teams;
- one president, UCI international commissaire;
- two UCI or national commissaires from two different countries;
- results list signed by the president of commissaires' panel to be sent to the UCI within 48 hours, at the organizers expense (stamped envelope handed to the president, or sent by fax or e-mail).

Note: Any organizer who, when registering his event, asks to be put in Category A and is unable to fulfill all the requirements, will not be able to register any Category A events for the following two years.

(article introduced on 1.01.05; text modified on 1.01.13; 11.02.20)

#### **8.10.002** Category B events

- minimum of 2 participating nations;
- minimum of 5 participating teams;
- one president, UCI international or national commissaire;
- one UCI or national commissaire;
- results list signed by president of commissaires' panel to be sent to the UCI within 4 days, at the organizers expense (stamped envelope handed to the president, or sent by fax or e-mail).

(article introduced on 1.01.05; text modified on 1.01.13; 11.02.20)

# § 2 UCI Rankings

#### **8.10.003** UCI ranking

The UCI ranking is calculated by adding all the points obtained by teams in all events listed below:

- 1. World Championships (CM)
- 2. World Cup events (CDM)

Points can only be awarded to teams in the age group elite. For teams with riders in the age groups U13, and/or U15 and/or U19 no points can be awarded.

The UCI shall be the sole owner of this ranking.

(article introduced on 1.01.05; text modified on 01.02.20)

**8.10.004** The classifications shall be published on 30 June, 30 September, 30 November and 31 December.

(article introduced on 1.01.05)

**8.10.005** National federations and organizers are required to send full results to the UCI immediately by fax.

Any national federation must immediately notify the UCI of any fact or decision resulting in an alteration to the points scored.

In the event of a failure to do so, the UCI Management Committee may downgrade the event in question or exclude it from the calendar, without prejudice to other penalties applicable under the regulations.

(article introduced on 1.01.05; text modified on 1.01.13)

#### **8.10.006** Points scale

Place	World Championships	World Cup
1	60	50
2	55	45
3	50	40
4	45	35
5	40	30
6	35	25
7	32	20
8	29	18
9	26	16
10	23	14
11	20	12
12	18	10
13	16	8
14	14	6
15	12	4
16	10	
17	9	
18	8	
19	7	
20	6	
21	5	
22	4	
23	3	
24	2	
25	1	

(text modified on 1.01.05; 11.02.20)

# **Chapter XI WORLD CHAMPIONSHIPS SET UP**

8.11.001 Split up of leagues

Number of teams	12	13	14	15	16	17	18	19	20	21
A league	6	6	6	6	6	6	6	6	6	6
1 <sup>st</sup> round	15	15	15	15	15	15	15	15	15	15
2 <sup>nd</sup> round	2	2	2	2	2	2	2	2	2	2
3 <sup>rd</sup> round	2	2	2	2	2	2	2	2	2	2
Final	1	1	1	1	1	1	1	1	1	1
Total	20	20	20	20	20	20	20	20	20	20
B league 1	6	7	4	5	5	6	6	5	6	5
1 <sup>st</sup> round	15	21	6	10	10	15	15	10	15	10
B league 2			4	4	5					
1 <sup>st</sup> round			6	6	10					
B league ranking			4	4	5					
C league 1						5	6	4	4	5
1 <sup>st</sup> round						10	15	6	6	10
C league 2								4	4	5
1 <sup>st</sup> round								6	6	10
Ranking								4	4	5
Promotion						1	1	1	1	1
Grand total	36	42	37	41	46	47	52	48	53	57
Commissaires	6	6	6	6	6	6	7	7	7	7
Games / Commissaire Chief not included	6	6	6.2	7	7.7	7.8	7.5	7	7.5	8.1

(article introduced on 1.01.13)

**8.11.002** World Championships mode New mode: valid as from 2015 UCI Indoor Cycling World Championships

1 <sup>st</sup> round	2 <sup>nd</sup> round	3 <sup>rd</sup> round	1 <sup>st</sup> half- final	2 <sup>nd</sup> half- final	Match 3 <sup>rd</sup> place	Final
1.				Winners 1 <sup>st</sup> round	Loosers 1 <sup>st</sup> half- final	Winners 1 <sup>st</sup> half- final
2.	2 <sup>nd</sup> - 5 <sup>th</sup>	Loosers match 2.	Winners match 2.			
3.	$3^{rd} - 4^{th}$	against	against	against	against	against
4.		Loosers match 3.	Winners match 3.			
5.				Lucky looser	Loosers 2 <sup>nd</sup> half- final	Winnsers 2 <sup>nd</sup> half- final
6.						
		Lucky looser > 2 <sup>nd</sup> half- final	Winners > Final	Winners > Final		
			Loosers > match for the 3 <sup>rd</sup> place	Loosers > match for the 3 <sup>rd</sup> place		
	* Penalty shooting	* Penalty shooting	* Penalty shooting	* Penalty shooting	* overtime then penalty shooting	* overtime then penalty shooting

<sup>\*</sup> Decision in case of a draw

# **Chapter XII UCI Cycle-ball World Cup**

- **8.12.001** The UCI Cycle-ball World Cup shall be the exclusive property of the UCI.
- **8.12.002** The UCI Cycle-ball World Cup is contested over a maximum of 9 events. The last event of the World Cup Series is the World Cup Final.
- **8.12.003** UCI Cycle-ball World Cup events shall be organised in the age-group Elite. The discipline shall be Cycle-ball.

#### **Participation**

8.12.004 The eligibility of participation in the preliminaries of the UCI Cycle-ball World Cup depends on the highest ranking of the National Federations in the respective discipline of competition at the recent UCI Indoor Cycling World Championships. The National Federations are entitled to register a maximum number of riders or teams for the UCI Cycle-ball World Cup as follows:

Ranking UCI Indoor Cycling World Championships					
place 1 to 4 place 5 from place 6					
Max	Maximum number of teams				
3	2	1			

If the maximum entries are not fully used by the eligible National Federations, other National Federations that have no or only one entry may register for the available entries. In this case a National Federation may only get a maximum of 2 entries per discipline. The application for additional entries is made by the registration for the respective preliminary round.

The allocation of the additional entries is as follows:

- 1. National Federations which do not have a regular entry in the corresponding discipline will be considered with one entry first.
- 2. Then all National Federations with one regular entry will receive one additional entry.
- 3. Then National Federations from 1) can get a second entry.
- 4. If there are more registrations than there are additional entries available, the date of receipt of the registration is decisive.

#### 8.12.005 Final

Teams who achieve place 1 to 8 in the World Cup rankings after the preliminary rounds are qualified for the UCI Cycle-ball World Cup Final. The organizer of the Final gets one wild card and the best ranked Asian team qualifies for the Final as well.

**8.12.006** The registration procedure for the riders and teams shall be fulfilled by the National Federations as requested by the UCI.

#### **World Cup rankings**

- **8.12.007** The World Cup rankings are drawn up based on the points won by each team in accordance with the table in article 8.10.006.
- **8.12.008** In the event of a tie-on points, the ranking of teams shall be determined based on the individual ranking obtained at World Cup events.

In the event of a tie of points and same individual rankings the individual ranking of a UCI World Cup round that both teams competet at decides over the overall ranking.

#### **Organisation**

8.12.009

The commissaires' panel shall comprise 4 UCI International Commissaires. At the UCI Cycle-ball World Cup Final one additional UCI International Commissaire shall be appointed.

# Leader's jersey

**8.12.010** The UCI shall award a leader's jersey at each event of the series.

The leader's jersey may only be worn at UCI Cycle-ball World Cup events, and in no other event.

The colors of the leader's jerseys are determined by the UCI as well as other details regulated in article 1.3.055 bis.

#### **Tournament mode**

8.12.011

At a UCI Cycle-ball World Cup event 10 teams compete against each other. Each UCI Cycle-ball World Cup event consists of a preliminary round and a final. For the preliminary round the teams are separated in 2 groups, 5 teams each. The ranking in the preliminary round is determined as follows:

The points achieved are decisive for the placement in the preliminary round.

If two or more teams are equal on points, the placement is determined by an internal table of the teams concerned. If in this table points and goals between teams are equal, the placement is decided through penalty kicks. Further details are regulated in articles 8.9.012 to 8.9.014.

Final	mode
i ii iai	mode

Game	Team 1	Team 2
Semi-final 1	Winner group 1	Second group 2
Semi-final 2	Second group 1	Winner group 2
Final	Winner Semi-final 1	Winner Semi-final 2
Game for 3 <sup>rd</sup>	Loser Semi-final 1	Loser Semi-final 2
Game for 5 <sup>th</sup>	3 <sup>rd</sup> group 1	3 <sup>rd</sup> group 2
Game for 7 <sup>th</sup>	4 <sup>th</sup> group 1	4 <sup>th</sup> group 2
Game for 9th	5 <sup>th</sup> group 1	5 <sup>th</sup> group 2

In case of a draw in the games for the places 1 to 4, a play-off will decide. If the play-off leads to a draw, penalty-kicks follow.

In case of a draw in the games for the places 5 - 10, the teams shoot penalty-kicks.

#### **8.12.012** UCI Cycle-ball World Cup Final

The groups for the preliminary round at the UCI Cycle-ball World Cup Final will be separated according to the current UCI World Cup ranking:

Group I	Group II
Place 1	Place 2
Place 4	Place 3
Place 6	Place 5
Place 8	Place 7
Wild Card participant	Asia representative

If two teams from the same nation qualify for the final, they will be set in different groups.

(chapter introduced on 01.03.2021)