

Current World Records

| STATUS   | DISCIPLINE   | START          | CATEGORY  | TYPE OF TRACK | TIME / DISTANCE | NAME                                                                                  | DATE       | VENUE                           |
|----------|--------------|----------------|-----------|---------------|-----------------|---------------------------------------------------------------------------------------|------------|---------------------------------|
| Absolute | 200m         | Flying start   | C 5       | Indoor Track  | 11"605          | MARIE PATOUILLET (FRA)                                                                | 20/10/2022 | SAINT-QUENTIN-EN-YVELINES (FRA) |
| Absolute | 200m         | Flying start   | C 4       | Indoor Track  | 11"519          | KATE O'BRIEN (CAN)                                                                    | 31/01/2020 | MILTON (CAN)                    |
| Absolute | 200m         | Flying start   | C 3       | Indoor Track  | 12"506          | XIAOMEI WANG (CHN)                                                                    | 23/03/2024 | RIO DE JANEIRO (BRA)            |
| Absolute | 200m         | Flying start   | C 2       | Indoor Track  | 13"123          | FLURINA RIGLING (SUI)                                                                 | 08/04/2023 | GLASGOW (GBR)                   |
| Absolute | 200m         | Flying start   | C 1       | Indoor Track  | 13"367          | QIAN WANGWEI (CHN)                                                                    | 08/06/2023 | GLASGOW (GBR)                   |
| Absolute | 200m         | Flying start   | B         | Indoor Track  | 10"609          | SOPHIE THORNHILL (GBR)<br>Helen Scott (GBR)                                           | 05/04/2019 | BRISBANE (AUS)                  |
| Absolute | 1km          | Standing start | C 5       | Indoor Track  | 1'12"028        | CLAUDIA CRETTI (ITA)                                                                  | 16/10/2025 | RIO DE JANEIRO (BRA)            |
| Absolute | 1km          | Standing start | C 4       | Indoor Track  | 1'10"806        | TARA NEYLAND (AUS)                                                                    | 17/10/2025 | RIO DE JANEIRO (BRA)            |
| Absolute | 1km          | Standing start | C 3       | Indoor Track  | 1'14"630        | EMILY PETRICOLA (AUS)                                                                 | 17/10/2025 | RIO DE JANEIRO (BRA)            |
| Absolute | 1km          | Standing start | C 2       | Indoor Track  | 1'20"020        | SABRINA CUSTÓDIA DA SILVA (BRA)                                                       | 16/10/2025 | RIO DE JANEIRO (BRA)            |
| Absolute | 1km          | Standing start | C 1       | Indoor Track  | 1'25"366        | TAHLIA CLAYTON-GOODIE (AUS)                                                           | 18/10/2025 | RIO DE JANEIRO (BRA)            |
| Absolute | 1km          | Standing start | B         | Indoor Track  | 1'04"623        | SOPHIE THORNHILL (GBR)<br>Helen Scott (GBR)                                           | 07/04/2018 | BRISBANE (AUS)                  |
| Absolute | 4km          | Standing start | C 5       | Indoor Track  |                 | VACANT AS OF 01.01.2025                                                               |            |                                 |
| Absolute | 4km          | Standing start | C 4       | Indoor Track  |                 | VACANT AS OF 01.01.2025                                                               |            |                                 |
| Absolute | 3km          | Standing start | C 3       | Indoor Track  | 3'41"692        | XIAOMEI WANG (CHN)                                                                    | 01/09/2024 | SAINT-QUENTIN-EN-YVELINES (FRA) |
| Absolute | 3km          | Standing start | C 2       | Indoor Track  | 3'45"133        | DAPHNE SCHRAGER (GBR)                                                                 | 01/09/2024 | SAINT-QUENTIN-EN-YVELINES (FRA) |
| Absolute | 3km          | Standing start | C 1       | Indoor Track  | 4'10"941        | FRANCES BROWN (GBR)                                                                   | 08/06/2023 | GLASGOW (GBR)                   |
| Absolute | 4km          | Standing start | B         | Indoor Track  | 4'32"697        | SOPHIE UNWIN (GBR)<br>Jenny Holl(GBR)                                                 | 17/10/2025 | RIO DE JANEIRO (BRA)            |
| Absolute | One hour     | Standing start | C 5       | Indoor Track  | 45km 502        | SARAH STOREY (GBR)                                                                    | 28/02/2015 | LONDON (GBR)                    |
| Absolute | 750m by team | Standing start | C 4C 4C 3 | Indoor Track  | 47"579          | GREAT BRITAINKADEENA COXJODY CUNI                                                     | 44436      | IZU (JPN)                       |
| Absolute | 750m by team | Standing start | B         | Indoor Track  | 49"013          | AUSTRALIA<br>JESSICA GALLAGHER<br>Jacqui Mengler-Mohr<br>KANE PERRIS<br>Luke Zaccaria | 10/02/2026 | CAMBRIDGE (NZL)                 |

Historical World Records

| STATUS     | DISCIPLINE | START          | CATEGORY | TYPE OF TRACK  | TIME / DISTANCE | NAME                                               | DATE       | VENUE                           |
|------------|------------|----------------|----------|----------------|-----------------|----------------------------------------------------|------------|---------------------------------|
| Historical | 200m       | Flying start   | C 5      | Indoor Track   | 12"753          | CRYSTAL LANE (GBR)                                 | 26/09/2013 | MANCHESTER (GBR)                |
| Historical | 200m       | Flying start   | C 5      | Indoor Track   | 12"070          | CAROLINE GROOT (NED)                               | 15/03/2019 | APELDOORN (NED)                 |
| Historical | 200m       | Flying start   | C 4      | Indoor Track   | 15"736          | ZOE MARUSIAK (GBR)                                 | 23/08/2003 | MANCHESTER (GBR)                |
| Historical | 200m       | Flying start   | C 4      | Indoor Track   | 13"551          | KATE HORAN (NZL)                                   | 30/01/2015 | CAMBRIDGE (NZL)                 |
| Historical | 200m       | Flying start   | C 4      | Indoor Track   | 13"198          | KATE HORAN (NZL)                                   | 11/02/2016 | CAMBRIDGE (NZL)                 |
| Historical | 200m       | Flying start   | C 4      | Indoor Track   | 12"957          | NIKITA HOWARTH (NZL)                               | 01/12/2018 | INVERCARGILL (NZL)              |
| Historical | 200m       | Flying start   | C 3      | Indoor Track   | 14"389          | CARLA BROWN (USA)                                  | 08/12/2018 | COLORADO SPRINGS (USA)          |
| Historical | 200m       | Flying start   | C 3      | Indoor Track   | 13"250          | PAIGE GRECO (AUS)                                  | 15/03/2019 | APELDOORN (NED)                 |
| Historical | 200m       | Flying start   | C 3      | Indoor Track   | 12"853          | XIAOMEI WANG (CHN)                                 | 31/01/2020 | MILTON (CAN)                    |
| Historical | 200m       | Flying start   | C 3      | Indoor Track   | 12"666          | MEL PEMBLE (CAN)                                   | 20/10/2022 | SAINT-QUENTIN-EN-YVELINES (FRA) |
| Historical | 200m       | Flying start   | C 2      | Indoor Track   | 14"720          | PAULA TESORIERO (NZL)                              | 22/05/2009 | MANCHESTER (GBR)                |
| Historical | 200m       | Flying start   | C 2      | Indoor Track   | 13"672          | ZHENLING SONG (CHN)                                | 31/01/2020 | MILTON (CAN)                    |
| Historical | 200m       | Flying start   | C 2      | Indoor Track   | 13"234          | AMANDA REID (AUS)                                  | 03/04/2022 | BRISBANE (AUS)                  |
| Historical | 200m       | Flying start   | C 1      | Indoor Track   | 18"467          | WANGWEI QIAN (CHN)                                 | 31/01/2020 | MILTON (CAN)                    |
| Historical | 200m       | Flying start   | C 1      | Indoor Track   | 15"606          | KATIE TOFT (GBR)                                   | 20/10/2022 | SAINT-QUENTIN-EN-YVELINES (FRA) |
| Historical | 200m       | Flying start   | B        | Indoor Track   | 13"100          | TERESA POOLE (AUS)<br>Sandra Smith (AUS)           | 02/06/1994 | GENT (BEL)                      |
| Historical | 200m       | Flying start   | B        | Indoor Track   | 12"779          | CHRISTINE FISHER (AUS)<br>Geneviève Warriner (AUS) | 19/04/2002 | SYDNEY (AUS)                    |
| Historical | 200m       | Flying start   | B        | Indoor Track   | 12"438          | SARNYA PARKER (AUS)<br>Toireasa Ryan (AUS)         | 05/08/2002 | AUGSBURG (GER)                  |
| Historical | 200m       | Flying start   | B        | Indoor Track   | 12"375          | SARNYA PARKER (AUS)<br>Toireasa Ryan (AUS)         | 07/08/2002 | AUGSBURG (GER)                  |
| Historical | 200m       | Flying start   | B        | Open Air Track | 12"285          | JULIA WERNER-HAFTER (USA)<br>Nathalie Kelly (USA)  | 15/09/1998 | COLORADO SPRINGS (USA)          |
| Historical | 200m       | Flying start   | B        | Indoor Track   | 12"126          | JANET SHAW (AUS)<br>Leeanne Manderson (AUS)        | 03/05/2003 | SYDNEY (AUS)                    |
| Historical | 200m       | Flying start   | B        | Indoor Track   | 12"029          | JANET SHAW (AUS)<br>Kelly McCombie (AUS)           | 30/04/2004 | SYDNEY (AUS)                    |
| Historical | 200m       | Flying start   | B        | Indoor Track   | 11"456          | FELICITY JOHNSON (AUS)<br>Stephanie Morton (AUS)   | 16/12/2011 | MELBOURNE (AUS)                 |
| Historical | 200m       | Flying start   | B        | Indoor Track   | 11"112          | BRANDIE O'CONNOR (AUS)<br>Breanna Hargrave (AUS)   | 13/04/2014 | AGUASCALIENTES (MEX)            |
| Historical | 200m       | Flying start   | B        | Indoor Track   | 11"045          | JESSICA GALLAGHER (AUS)<br>Madison Janssen (AUS)   | 20/03/2016 | MONTICHIARI (ITA)               |
| Historical | 200m       | Flying start   | B        | Indoor Track   | 10"891          | SOPHIE THORNHILL (GBR)<br>Helen Scott (GBR)        | 25/03/2018 | RIO (BRA)                       |
| Historical | 200m       | Flying start   | B        | Indoor Track   | 10"762          | SOPHIE THORNHILL (GBR)<br>Helen Scott (GBR)        | 17/03/2019 | APELDOORN (NED)                 |
| Historical | 500m       | Standing start | C 5      | Indoor Track   | 36"379          | ZHOU JUFANG (CHN)                                  | 10/04/2014 | AGUASCALIENTES (MEX)            |
| Historical | 500m       | Standing start | C 5      | Indoor Track   | 36"004          | ZHOU JUFANG (CHN)                                  | 10/09/2016 | RIO (BRA)                       |
| Historical | 500m       | Standing start | C 5      | Indoor Track   | 35"599          | CAROLINE GROOT (NED)                               | 27/08/2021 | IZU (JPN)                       |
| Historical | 500m       | Standing start | C 5      | Indoor Track   | 35"390          | CAROLINE GROOT (NED)                               | 01/09/2024 | SAINT-QUENTIN-EN-YVELINES (FRA) |
| Historical | 500m       | Standing start | C 4      | Indoor Track   | 40"015          | SUSAN POWELL (AUS)                                 | 05/02/2010 | ADELAIDE (AUS)                  |
| Historical | 500m       | Standing start | C 4      | Indoor Track   | 38"974          | JIANPING RUAN (CHN)                                | 09/02/2012 | CARSON (USA)                    |
| Historical | 500m       | Standing start | C 4      | Indoor Track   | 38"425          | JIANPING RUAN (CHN)                                | 01/09/2012 | LONDON (GBR)                    |
| Historical | 500m       | Standing start | C 4      | Indoor Track   | 37"879          | JIANPING RUAN (CHN)                                | 10/04/2014 | AGUASCALIENTES (MEX)            |
| Historical | 500m       | Standing start | C 4      | Indoor Track   | 37"456          | KADEENA COX (GBR)                                  | 17/03/2016 | MONTICHIARI (ITA)               |
| Historical | 500m       | Standing start | C 4      | Indoor Track   | 35"716          | KADEENA COX (GBR)                                  | 10/09/2016 | RIO (BRA)                       |
| Historical | 500m       | Standing start | C 4      | Indoor Track   | 35"223          | KATE O'BRIEN (CAN)                                 | 31/01/2020 | MILTON (CAN)                    |
| Historical | 500m       | Standing start | C 4      | Indoor Track   | 34'812          | KADEENA COX (GBR)                                  | 27/08/2021 | IZU (JPN)                       |
| Historical | 500m       | Standing start | C 3      | Indoor Track   | 42"955          | JAMIE WHITMORE CARDENAS (USA)                      | 10/04/2014 | AGUASCALIENTES (MEX)            |
| Historical | 500m       | Standing start | C 3      | Indoor Track   | 41"761          | MEGAN GIGLIA (GBR)                                 | 18/03/2016 | MONTICHIARI (ITA)               |
| Historical | 500m       | Standing start | C 3      | Indoor Track   | 41"252          | MEGAN GIGLIA (GBR)                                 | 10/09/2016 | RIO (BRA)                       |
| Historical | 500m       | Standing start | C 3      | Indoor Track   | 39"442          | PAIGE GRECO (AUS)                                  | 15/03/2019 | APELDOORN (NED)                 |
| Historical | 500m       | Standing start | C 3      | Indoor Track   | 39"093          | ANIEK VAN DEN AARSSSEN (NED)                       | 20/10/2022 | SAINT-QUENTIN-EN-YVELINES (FRA) |
| Historical | 500m       | Standing start | C 3      | Indoor Track   | 38"512          | MEL PEMBLE (CAN)                                   | 01/09/2024 | SAINT-QUENTIN-EN-YVELINES (FRA) |

| STATUS     | DISCIPLINE | START          | CATEGORY | TYPE OF TRACK  | TIME / DISTANCE | NAME                                               | DATE       | VENUE                           |
|------------|------------|----------------|----------|----------------|-----------------|----------------------------------------------------|------------|---------------------------------|
| Historical | 500m       | Standing start | C 2      | Indoor Track   | 44"862          | ALISON JONES (USA)                                 | 15/11/2011 | GUADALAJARA (MEX)               |
| Historical | 500m       | Standing start | C 2      | Indoor Track   | 43"101          | ALYDA NORBRUIS (NED)                               | 09/02/2012 | CARSON (USA)                    |
| Historical | 500m       | Standing start | C 2      | Indoor Track   | 42"448          | HE YIN (CHN)                                       | 01/09/2012 | LONDON (GBR)                    |
| Historical | 500m       | Standing start | C 2      | Indoor Track   | 40"002          | ALYDA NORBRUIS (NED)                               | 10/04/2014 | AGUASCALIENTES (MEX)            |
| Historical | 500m       | Standing start | C 2      | Indoor Track   | 39"959          | ALYDA NORBRUIS (NED)                               | 26/03/2015 | APELDOORN (NED)                 |
| Historical | 500m       | Standing start | C 2      | Indoor Track   | 39"631          | ALYDA NORBRUIS (NED)                               | 10/09/2016 | RIO (BRA)                       |
| Historical | 500m       | Standing start | C 2      | Indoor Track   | 39"505          | AMANDA REID (AUS)                                  | 15/03/2019 | APELDOORN (NED)                 |
| Historical | 500m       | Standing start | C 2      | Indoor Track   | 39"035          | AMANDA REID (AUS)                                  | 31/01/2020 | MILTON (CAN)                    |
| Historical | 500m       | Standing start | C 2      | Indoor Track   | 38"918          | AMANDA REID (AUS)                                  | 17/12/2020 | BRISBANE (AUS)                  |
| Historical | 500m       | Standing start | C 2      | Indoor Track   | 38"487          | AMANDA REID (AUS)                                  | 27/08/2021 | IZU (JPN)                       |
| Historical | 500m       | Standing start | C 2      | Indoor Track   | 38"162          | AMANDA REID (AUS)                                  | 08/06/2023 | GLASGOW (GBR)                   |
| Historical | 500m       | Standing start | C 1      | Indoor Track   | 45"449          | JAYME RICHARDSON (AUS)                             | 01/09/2012 | LONDON (GBR)                    |
| Historical | 500m       | Standing start | C 1      | Indoor Track   | 44"439          | JIELI LI (CHN)                                     | 18/03/2016 | MONTICHIARI (ITA)               |
| Historical | 500m       | Standing start | C 1      | Indoor Track   | 43"430          | JIELI LI (CHN)                                     | 23/03/2018 | RIO (BRA)                       |
| Historical | 500m       | Standing start | C 1      | Indoor Track   | 41"403          | QIAN WANGWEI (CHN)                                 | 02/08/2021 | IZU (JPN)                       |
| Historical | 500m       | Standing start | C 1      | Indoor Track   | 41"113          | QIAN WANGWEI (CHN)                                 | 08/04/2023 | GLASGOW (GBR)                   |
| Historical | 500m       | Standing start | C 1      | Indoor Track   | 40"878          | QIAN WANGWEI (CHN)                                 | 01/09/2024 | SAINT-QUENTIN-EN-YVELINES (FRA) |
| Historical | 1km        | Standing start | C 5      | Indoor Track   | 1'18"997        | JESSICA LAW (CAN)                                  | 11/01/2025 | BROMONT (CAN)                   |
| Historical | 1km        | Standing start | C 5      | Indoor Track   | 1'12"325        | CRETI CLAUDIA (ITA)                                | 16/10/2025 | RIO DE JANEIRO (BRA)            |
| Historical | 1km        | Standing start | C 3      | Indoor Track   | 1'22"515        | MEL PEMBLE (CAN)                                   | 11/01/2025 | BROMONT (CAN)                   |
| Historical | 1km        | Standing start | C 3      | Indoor Track   | 1'16"475        | KEIKO SUGIURA (JPN)                                | 24/08/2025 | IZU (JPN)                       |
| Historical | 1km        | Standing start | C 2      | Indoor Track   | 1'27"604        | ELISABETH SIMPSON (GBR)                            | 21/02/2025 | MANCHESTER (GBR)                |
| Historical | 1km        | Standing start | C 1      | Indoor Track   | 1'33"553        | KATIE TOFT (GBR)                                   | 21/02/2025 | MANCHESTER (GBR)                |
| Historical | 1km        | Standing start | B        | Indoor Track   | 1'14"450        | TERESA POOLE (AUS)<br>Sandra Smith (AUS)           | 02/06/1994 | GENT (BEL)                      |
| Historical | 1km        | Standing start | B        | Open Air Track | 1'13"473        | TERESA POOLE (AUS)<br>Sandra Smith (AUS)           | 17/08/1996 | ATLANTA (USA)                   |
| Historical | 1km        | Standing start | B        | Indoor Track   | 1'11"927        | SARNYA PARKER (AUS)<br>Tania Modra (AUS)           | 20/10/2000 | SYDNEY (AUS)                    |
| Historical | 1km        | Standing start | B        | Indoor Track   | 1'11"160        | AILEEN MCGLYNN (GBR)<br>Ellen Hunter (GBR)         | 21/09/2004 | ATHENS (GRE)                    |
| Historical | 1km        | Standing start | B        | Open Air Track | 1'10"431        | AILEEN MCGLYNN (GBR)<br>Ellen Hunter (GBR)         | 05/05/2006 | MANCHESTER (GBR)                |
| Historical | 1km        | Standing start | B        | Indoor Track   | 1'09"066        | AILEEN MCGLYNN (GBR)<br>Ellen Hunter (GBR)         | 08/09/2008 | BEIJING (CHN)                   |
| Historical | 1km        | Standing start | B        | Indoor Track   | 1'09"054        | AILEEN MCGLYNN (GBR)<br>Ellen Hunter (GBR)         | 07/11/2009 | MANCHESTER (GBR)                |
| Historical | 1km        | Standing start | B        | Indoor Track   | 1'08"714        | FELICITY JOHNSON (AUS)<br>Stephanie Morton (AUS)   | 10/02/2012 | CARSON (USA)                    |
| Historical | 1km        | Standing start | B        | Indoor Track   | 1'05"912        | SOPHIE THORNHILL (GBR)<br>Rachel James (GBR)       | 11/04/2014 | AGUASCALIENTES (MEX)            |
| Historical | 1km        | Standing start | B        | Indoor Track   | 1'05"079        | SOPHIE THORNHILL (GBR)<br>Helen Scott (GBR)        | 24/03/2018 | RIO (BRA)                       |
| Historical | 3km        | Standing start | C 5      | Indoor Track   | 3'33"248        | SARAH STOREY (GBR)                                 | 29/11/2011 | MANCHESTER (GBR)                |
| Historical | 3km        | Standing start | C 5      | Indoor Track   | 3'32"170        | SARAH STOREY (GBR)                                 | 30/08/2012 | LONDON (GBR)                    |
| Historical | 3km        | Standing start | C 5      | Indoor Track   | 3'32"050        | SARAH STOREY (GBR)                                 | 12/04/2014 | AGUASCALIENTES (MEX)            |
| Historical | 3km        | Standing start | C 5      | Indoor Track   | 3'31"394        | SARAH STOREY (GBR)                                 | 08/09/2016 | RIO (BRA)                       |
| Historical | 3km        | Standing start | C 5      | Indoor Track   | 3'27"057        | SARAH STOREY (GBR)                                 | 08/09/2016 | IZU (JPN)                       |
| Historical | 3km        | Standing start | C 4      | Indoor Track   | 4'09"391        | SUSAN POWELL (AUS)                                 | 04/02/2010 | ADELAIDE (AUS)                  |
| Historical | 3km        | Standing start | C 4      | Indoor Track   | 4'05"403        | MARIE-CLAUDE MOLNAR (CAN)                          | 16/11/2011 | GUADALAJARA (MEX)               |
| Historical | 3km        | Standing start | C 4      | Indoor Track   | 4'03"306        | SUSAN POWELL (AUS)                                 | 30/08/2012 | LONDON (GBR)                    |
| Historical | 3km        | Standing start | C 4      | Indoor Track   | 3'56"135        | SUSAN POWELL (AUS)                                 | 12/04/2014 | AGUASCALIENTES (MEX)            |
| Historical | 3km        | Standing start | C 4      | Indoor Track   | 3'55"006        | SHAWN MORELLI (USA)                                | 19/03/2016 | MONTICHIARI (ITA)               |
| Historical | 3km        | Standing start | C 4      | Indoor Track   | 3'54"501        | EMILY PETRICOLA (AUS)                              | 24/03/2018 | RIO (BRA)                       |
| Historical | 3km        | Standing start | C 4      | Indoor Track   | 3'53"297        | EMILY PETRICOLA (AUS)                              | 16/03/2019 | APELDOORN (NED)                 |
| Historical | 3km        | Standing start | C 4      | Indoor Track   | 3'48"210        | EMILY PETRICOLA (AUS)                              | 03/11/2019 | BRISBANE (AUS)                  |
| Historical | 3km        | Standing start | C 4      | Indoor Track   | 3'44"146        | EMILY PETRICOLA (AUS)                              | 01/02/2020 | MILTON (CAN)                    |
| Historical | 3km        | Standing start | C 4      | Indoor Track   | 3'38"061        | EMILY PETRICOLA (AUS)                              | 25/08/2021 | IZU (JPN)                       |
| Historical | 3km        | Standing start | C 4      | Indoor Track   | 3'35"856        | EMILY PETRICOLA (AUS)                              | 01/09/2024 | SAINT-QUENTIN-EN-YVELINES (FRA) |
| Historical | 3km        | Standing start | C 3      | Indoor Track   | 4'07"487        | JAMIE WHITMORE CARDENAS (USA)                      | 12/04/2014 | AGUASCALIENTES (MEX)            |
| Historical | 3km        | Standing start | C 3      | Indoor Track   | 4'06"756        | MEGAN GIGLIA                                       | 17/03/2016 | AGUASCALIENTES (MEX)            |
| Historical | 3km        | Standing start | C 3      | Indoor Track   | 4'03"544        | MEGAN GIGLIA                                       | 08/09/2016 | RIO (BRA)                       |
| Historical | 3km        | Standing start | C 3      | Indoor Track   | 4'00"206        | PAIGE GRECO (AUS)                                  | 14/03/2019 | APELDOORN (NED)                 |
| Historical | 3km        | Standing start | C 3      | Indoor Track   | 3'50"815        | PAIGE GRECO (AUS)                                  | 25/08/2021 | IZU (JPN)                       |
| Historical | 3km        | Standing start | C 2      | Indoor Track   | 4'21"699        | ALISON JONES (USA)                                 | 16/11/2011 | GUADALAJARA (MEX)               |
| Historical | 3km        | Standing start | C 2      | Indoor Track   | 4'19"841        | SINI ZENG (CHN)                                    | 30/08/2012 | LONDON (GBR)                    |
| Historical | 3km        | Standing start | C 2      | Indoor Track   | 4'07"454        | ALYDA NORBRUIS (NED)                               | 12/04/2014 | AGUASCALIENTES (MEX)            |
| Historical | 3km        | Standing start | C 2      | Indoor Track   | 4'06"263        | ZENG SINI (CHN)                                    | 25/08/2021 | IZU (JPN)                       |
| Historical | 3km        | Standing start | C 2      | Indoor Track   | 4'02"228        | FLURINA RIGLING (SUI)                              | 22/10/2022 | SAINT-QUENTIN-EN-YVELINES (FRA) |
| Historical | 3km        | Standing start | C 2      | Indoor Track   | 3'51"721        | DAPHNE SCHRAGER (GBR)                              | 02/08/2023 | GLASGOW (GBR)                   |
| Historical | 3km        | Standing start | C 1      | Indoor Track   | 4'40"123        | JAYME RICHARDSON (AUS)                             | 30/08/2012 | LONDON (GBR)                    |
| Historical | 3km        | Standing start | C 1      | Indoor Track   | 4'31"476        | QIAN WANGWEI (CHN)                                 | 25/08/2021 | IZU (JPN)                       |
| Historical | 3km        | Standing start | C 1      | Indoor Track   | 4'12"316        | FRANCES BROWN (GBR)                                | 08/02/2023 | GLASGOW (GBR)                   |
| Historical | 3km        | Standing start | B        | Indoor Track   | 3'59"340        | TERESA POOLE (AUS)<br>Sandra Smith (AUS)           | 03/06/1994 | GENT (BEL)                      |
| Historical | 3km        | Standing start | B        | Indoor Track   | 3'48"650        | TERESA POOLE (AUS)<br>Sandra Smith (AUS)           | 01/08/1995 | AUGSBURG (GER)                  |
| Historical | 3km        | Standing start | B        | Open Air Track | 3'48"199        | LINDY HOU (AUS)<br>Toireasa Ryan (AUS)             | 17/09/2003 | PRAHA (CZE)                     |
| Historical | 3km        | Standing start | B        | Indoor Track   | 3'44"288        | SARNYA PARKER (AUS)<br>Tania Modra (AUS)           | 21/10/2000 | SYDNEY (AUS)                    |
| Historical | 3km        | Standing start | B        | Indoor Track   | 3'44"177        | SARNYA PARKER (AUS)<br>Toireasa Ryan (AUS)         | 08/08/2002 | AUGSBURG (GER)                  |
| Historical | 3km        | Standing start | B        | Indoor Track   | 3'41"612        | KARISSA WHITSELL (USA)<br>Katie Compton (USA)      | 08/08/2002 | AUGSBURG (GER)                  |
| Historical | 3km        | Standing start | B        | Indoor Track   | 3'38"564        | JANET SHAW (AUS)<br>Kelly McCombie (AUS)           | 29/04/2004 | SYDNEY (AUS)                    |
| Historical | 3km        | Standing start | B        | Indoor Track   | 3'38"482        | LINDY HOU (AUS)<br>Toireasa Ryan (AUS)             | 22/09/2004 | ATHENS (GRE)                    |
| Historical | 3km        | Standing start | B        | Open Air Track | 3'36"816        | KARISSA WHITSELL (USA)<br>Katie Compton (USA)      | 22/09/2004 | ATHENS ( GRE)                   |
| Historical | 3km        | Standing start | B        | Indoor Track   | 3'36"362        | KARISSA WHITSELL (USA)<br>Mackenzie Woodring (USA) | 08/11/2009 | MANCHESTER (GBR)                |

| STATUS     | DISCIPLINE   | START          | CATEGORY | TYPE OF TRACK | TIME / DISTANCE | NAME                                                                                  | DATE       | VENUE                |
|------------|--------------|----------------|----------|---------------|-----------------|---------------------------------------------------------------------------------------|------------|----------------------|
| Historical | 3km          | Standing start | B        | Indoor Track  | 3'31"530        | PHILLIPA GRAY (NZL)<br>Laura Thompson (NZL)                                           | 02/09/2012 | LONDON (GBR)         |
| Historical | 3km          | Standing start | B        | Indoor Track  | 3'23"328        | EMMA FOY (NZL)<br>Laura Fairweather (NZL)                                             | 10/04/2014 | AGUASCALIENTES (MEX) |
| Historical | 3km          | Standing start | B        | Indoor Track  | 3'22"088        | EMMA FOY (NZL)<br>Hannah Van Kampen (NZL)                                             | 10/11/2019 | CAMBRIDGE (NZL)      |
| Historical | 3km          | Standing start | B        | Indoor Track  | 3'20"819        | EMMA FOY (NZL)<br>Hannah Van Kampen (NZL)                                             | 31/01/2020 | MILTON (CAN)         |
| Historical | 3km          | Standing start | B        | Indoor Track  | 3'19"483        | LORA FACHIE (GBR)<br>Corrine Hall (GBR)                                               | 27/08/2021 | IZU (JPN)            |
| Historical | 3km          | Standing start | B        | Indoor Track  | 3'17"643        | SOPHIE UNWIN (GBR)<br>Jenny Holl(GBR)                                                 | 27/08/2021 | IZU (JPN)            |
| Historical | 4km          | Standing start | B        | Indoor Track  | 4'36"737        | SOPHIE UNWIN (GBR)<br>Jenny Holl(GBR)                                                 | 21/02/2025 | MANCHESTER (GBR)     |
| Historical | 750m by team | Standing start | B        | Indoor Track  | 49"696          | THE NETHERLANDS<br>LARISSA KLAASSEN<br>VINCENT TER SCHURE                             | 30/01/2020 | MILTON (CAN)         |
| Historical | 750m by team | Standing start | B        | Indoor Track  | 49"288          | AUSTRALIA<br>JESSICA GALLAGHER<br>Jacqui Mengler-Mohr<br>KANE PERRIS<br>Luke Zaccaria | 16/10/2025 | Rio De JANEIRO (BRA) |
| Historical | 750m by team | Standing start | B        | Indoor Track  | 49"641          | AUSTRALIA<br>GALLAGHER JESSICA<br>Mengler-Mohr Jacqui<br>PERRIS KANE<br>Zaccaria Luke | 16/10/2025 | Rio De JANEIRO (BRA) |