

Current World Records

STATUS	DISCIPLINE	START	CATEGORY	TYPE OF TRACK	TIME / DISTANCE	NAME	DATE	VENUE
Absolute	200m	Flying start	C 5	Indoor Track	11"605	MARIE PATOUILLET (FRA)	20/10/2022	SAINT-QUENTIN-EN-YVELINES (FRA)
Absolute	200m	Flying start	C 4	Indoor Track	11"519	KATE O'BRIEN (CAN)	31/01/2020	MILTON (CAN)
Absolute	200m	Flying start	C 3	Indoor Track	12"506	XIAOMEI WANG (CHN)	23/03/2024	RIO DE JANEIRO (BRA)
Absolute	200m	Flying start	C 2	Indoor Track	13"123	FLURINA RIGLING (SUI)	08/04/2023	GLASGOW (GBR)
Absolute	200m	Flying start	C 1	Indoor Track	13"367	QIAN WANGWEI (CHN)	08/06/2023	GLASGOW (GBR)
Absolute	200m	Flying start	B	Indoor Track	10"609	SOPHIE THORNHILL (GBR)	05/04/2019	BRISBANE (AUS)
						Helen Scott (GBR)		
Absolute	1km	Standing start	C 5	Indoor Track	1'18"997	JESSICA LAW (CAN)	11/01/2025	BROMONT (CAN)
Absolute	1km	Standing start	C 4	Indoor Track		VACANT AS OF 01.01.2025		
Absolute	1km	Standing start	C 3	Indoor Track	1'16"475	KEIKO SUGIURA (JPN)	24/08/2025	IZU (JPN)
Absolute	1km	Standing start	C 2	Indoor Track	1'27"604	ELISABETH SIMPSON (GBR)	21/02/2025	MANCHESTER (GBR)
Absolute	1km	Standing start	C 1	Indoor Track	1'33"553	KATIE TOFT (GBR)	21/02/2025	MANCHESTER (GBR)
Absolute	1km	Standing start	B	Indoor Track	1'04"623	SOPHIE THORNHILL (GBR)	07/04/2018	BRISBANE (AUS)
						Helen Scott (GBR)		
Absolute	4km	Standing start	C 5	Indoor Track		VACANT AS OF 01.01.2025		
Absolute	4km	Standing start	C 4	Indoor Track		VACANT AS OF 01.01.2025		
Absolute	3km	Standing start	C 3	Indoor Track	3'41"692	XIAOMEI WANG (CHN)	01/09/2024	SAINT-QUENTIN-EN-YVELINES (FRA)
Absolute	3km	Standing start	C 2	Indoor Track	3'45"133	DAPHNE SCHRAGER (GBR)	01/09/2024	SAINT-QUENTIN-EN-YVELINES (FRA)
Absolute	3km	Standing start	C 1	Indoor Track	4'10"941	FRANCES BROWN (GBR)	08/06/2023	GLASGOW (GBR)
Absolute	4km	Standing start	B	Indoor Track	4'36"737	SOPHIE UNWIN (GBR)	21/02/2025	MANCHESTER (GBR)
						Jenny Holl(GBR)		
Absolute	750m by team	Standing start	B	Indoor Track	49"696	THE NETHERLANDS	30/01/2020	MILTON (CAN)
						LARISSA KLAASSEN		
						VINCENT TER SCHURE		
Absolute	One hour	Standing start	C 5	Indoor Track	45km 502	SARAH STOREY (GBR)	28/02/2015	LONDON (GBR)
Absolute	750m by team	Standing start	C 4	Indoor Track	47"579	GREAT BRITAIN	28/08/2021	IZU (JPN)
			C 4			KADEENA COX		
			C 3			JODY CUNDY		
						JACO Van GASS		

Historical World Records

STATUS	DISCIPLINE	START	CATEGORY	TYPE OF TRACK	TIME / DISTANCE	NAME	DATE	VENUE
Historical	200m	Flying start	C 5	Indoor Track	12"753	CRYSTAL LANE (GBR)	26/09/2013	MANCHESTER (GBR)
Historical	200m	Flying start	C 5	Indoor Track	12"070	CAROLINE GROOT (NED)	15/03/2019	APELDOORN (NED)
Historical	200m	Flying start	C 4	Indoor Track	15"736	ZOE MARUSIAK (GBR)	23/08/2003	MANCHESTER (GBR)
Historical	200m	Flying start	C 4	Indoor Track	13"551	KATE HORAN (NZL)	30/01/2015	CAMBRIDGE (NZL)
Historical	200m	Flying start	C 4	Indoor Track	13"198	KATE HORAN (NZL)	11/02/2016	CAMBRIDGE (NZL)
Historical	200m	Flying start	C 4	Indoor Track	12"957	NIKITA HOWARTH (NZL)	01/12/2018	INVERCARGILL (NZL)
Historical	200m	Flying start	C 3	Indoor Track	14"389	CARLA BROWN (USA)	08/12/2018	COLORADO SPRINGS (USA)
Historical	200m	Flying start	C 3	Indoor Track	13"250	PAIGE GRECO (AUS)	15/03/2019	APELDOORN (NED)
Historical	200m	Flying start	C 3	Indoor Track	12"853	XIAOMEI WANG (CHN)	31/01/2020	MILTON (CAN)
Historical	200m	Flying start	C 3	Indoor Track	12"666	MEL PEMBLE (CAN)	20/10/2022	SAINT-QUENTIN-EN-YVELINES (FRA)
Historical	200m	Flying start	C 2	Indoor Track	14"720	PAULA TESORIERO (NZL)	22/05/2009	MANCHESTER (GBR)
Historical	200m	Flying start	C 2	Indoor Track	13"672	ZHENLING SONG (CHN)	31/01/2020	MILTON (CAN)
Historical	200m	Flying start	C 2	Indoor Track	13"234	AMANDA REID (AUS)	03/04/2022	BRISBANE (AUS)
Historical	200m	Flying start	C 1	Indoor Track	18"467	WANGWEI QIAN (CHN)	31/01/2020	MILTON (CAN)
Historical	200m	Flying start	C 1	Indoor Track	15"606	KATIE TOFT (GBR)	20/10/2022	SAINT-QUENTIN-EN-YVELINES (FRA)
Historical	200m	Flying start	B	Indoor Track	13"100	TERESA POOLE (AUS)	02/06/1994	GENT (BEL)
						Sandra Smith (AUS)		
Historical	200m	Flying start	B	Indoor Track	12"779	CHRISTINE FISHER (AUS)	19/04/2002	SYDNEY (AUS)
						Geneviève Warriner (AUS)		
Historical	200m	Flying start	B	Indoor Track	12"438	SARNYA PARKER (AUS)	05/08/2002	AUGSBURG (GER)
						Toireasa Ryan (AUS)		
Historical	200m	Flying start	B	Indoor Track	12"375	SARNYA PARKER (AUS)	07/08/2002	AUGSBURG (GER)
						Toireasa Ryan (AUS)		
Historical	200m	Flying start	B	Open Air Track	12"285	JULIA WERNER-HAFTER (USA)	15/09/1998	COLORADO SPRINGS (USA)
						Nathalie Kelly (USA)		
Historical	200m	Flying start	B	Indoor Track	12"126	JANET SHAW (AUS)	03/05/2003	SYDNEY (AUS)
						Leeanne Manderson (AUS)		
Historical	200m	Flying start	B	Indoor Track	12"029	JANET SHAW (AUS)	30/04/2004	SYDNEY (AUS)
						Kelly McCombie (AUS)		
Historical	200m	Flying start	B	Indoor Track	11"456	FELICITY JOHNSON (AUS)	16/12/2011	MELBOURNE (AUS)
						Stephanie Morton (AUS)		
Historical	200m	Flying start	B	Indoor Track	11"112	BRANDIE O'CONNOR (AUS)	13/04/2014	AGUASCALIENTES (MEX)
						Breanna Hargrave (AUS)		
Historical	200m	Flying start	B	Indoor Track	11"045	JESSICA GALLAGHER (AUS)	20/03/2016	MONTICHIARI (ITA)
						Madison Janssen (AUS)		
Historical	200m	Flying start	B	Indoor Track	10"891	SOPHIE THORNHILL (GBR)	25/03/2018	RIO (BRA)
						Helen Scott (GBR)		
Historical	200m	Flying start	B	Indoor Track	10"762	SOPHIE THORNHILL (GBR)	17/03/2019	APELDOORN (NED)
						Helen Scott (GBR)		
Historical	500m	Standing start	C 5	Indoor Track	36"379	ZHOU JUFANG (CHN)	10/04/2014	AGUASCALIENTES (MEX)
Historical	500m	Standing start	C 5	Indoor Track	36"004	ZHOU JUFANG (CHN)	10/09/2016	RIO (BRA)
Historical	500m	Standing start	C 5	Indoor Track	35"599	CAROLINE GROOT (NED)	27/08/2021	IZU (JPN)
Historical	500m	Standing start	C 5	Indoor Track	35"390	CAROLINE GROOT (NED)	01/09/2024	SAINT-QUENTIN-EN-YVELINES (FRA)
Historical	500m	Standing start	C 4	Indoor Track	40"015	SUSAN POWELL (AUS)	05/02/2010	ADELAIDE (AUS)
Historical	500m	Standing start	C 4	Indoor Track	38"974	JIANPING RUAN (CHN)	09/02/2012	CARSON (USA)
Historical	500m	Standing start	C 4	Indoor Track	38"425	JIANPING RUAN (CHN)	01/09/2012	LONDON (GBR)
Historical	500m	Standing start	C 4	Indoor Track	37"879	JIANPING RUAN (CHN)	10/04/2014	AGUASCALIENTES (MEX)
Historical	500m	Standing start	C 4	Indoor Track	37"456	KADEENA COX (GBR)	17/03/2016	MONTICHIARI (ITA)
Historical	500m	Standing start	C 4	Indoor Track	35"716	KADEENA COX (GBR)	10/09/2016	RIO (BRA)
Historical	500m	Standing start	C 4	Indoor Track	35"223	KATE O'BRIEN (CAN)	31/01/2020	MILTON (CAN)

STATUS	DISCIPLINE	START	CATEGORY	TYPE OF TRACK	TIME / DISTANCE	NAME	DATE	VENUE
Historical	500m	Standing start	C 4	Indoor Track	34"812	KADEENA COX (GBR)	27/08/2021	IZU (JPN)
Historical	500m	Standing start	C 3	Indoor Track	42"955	JAMIE WHITMORE CARDENAS (USA)	10/04/2014	AGUASCALIENTES (MEX)
Historical	500m	Standing start	C 3	Indoor Track	41"761	MEGAN GIGLIA (GBR)	18/03/2016	MONTICHIARI (ITA)
Historical	500m	Standing start	C 3	Indoor Track	41"252	MEGAN GIGLIA (GBR)	10/09/2016	RIO (BRA)
Historical	500m	Standing start	C 3	Indoor Track	39"442	PAIGE GRECO (AUS)	15/03/2019	APELDOORN (NED)
Historical	500m	Standing start	C 3	Indoor Track	39"093	ANIEK VAN DEN AARSEN (NED)	20/10/2022	SAINT-QUENTIN-EN-YVELINES (FRA)
Historical	500m	Standing start	C 3	Indoor Track	38"512	MEL PEMBLE (CAN)	01/09/2024	SAINT-QUENTIN-EN-YVELINES (FRA)
Historical	500m	Standing start	C 2	Indoor Track	44"862	ALISON JONES (USA)	15/11/2011	GUADALAJARA (MEX)
Historical	500m	Standing start	C 2	Indoor Track	43"101	ALYDA NORBRUIS (NED)	09/02/2012	CARSON (USA)
Historical	500m	Standing start	C 2	Indoor Track	42"448	HE YIN (CHN)	01/09/2012	LONDON (GBR)
Historical	500m	Standing start	C 2	Indoor Track	40"002	ALYDA NORBRUIS (NED)	10/04/2014	AGUASCALIENTES (MEX)
Historical	500m	Standing start	C 2	Indoor Track	39"959	ALYDA NORBRUIS (NED)	26/03/2015	APELDOORN (NED)
Historical	500m	Standing start	C 2	Indoor Track	39"631	ALYDA NORBRUIS (NED)	10/09/2016	RIO (BRA)
Historical	500m	Standing start	C 2	Indoor Track	39"505	AMANDA REID (AUS)	15/03/2019	APELDOORN (NED)
Historical	500m	Standing start	C 2	Indoor Track	39"035	AMANDA REID (AUS)	31/01/2020	MILTON (CAN)
Historical	500m	Standing start	C 2	Indoor Track	38"918	AMANDA REID (AUS)	17/12/2020	BRISBANE (AUS)
Historical	500m	Standing start	C 2	Indoor Track	38"487	AMANDA REID (AUS)	27/08/2021	IZU (JPN)
Historical	500m	Standing start	C 2	Indoor Track	38"162	AMANDA REID (AUS)	08/06/2023	GLASGOW (GBR)
Historical	500m	Standing start	C 1	Indoor Track	45"449	JAYME RICHARDSON (AUS)	01/09/2012	LONDON (GBR)
Historical	500m	Standing start	C 1	Indoor Track	44"439	JIELI LI (CHN)	18/03/2016	MONTICHIARI (ITA)
Historical	500m	Standing start	C 1	Indoor Track	43"430	JIELI LI (CHN)	23/03/2018	RIO (BRA)
Historical	500m	Standing start	C 1	Indoor Track	41"403	QIAN WANGWEI (CHN)	02/08/2021	IZU (JPN)
Historical	500m	Standing start	C 1	Indoor Track	41"113	QIAN WANGWEI (CHN)	08/04/2023	GLASGOW (GBR)
Historical	500m	Standing start	C 1	Indoor Track	40"878	QIAN WANGWEI (CHN)	01/09/2024	SAINT-QUENTIN-EN-YVELINES (FRA)
Historical	1km	Standing start	C 3	Indoor Track	1'22"515	MEL PEMBLE (CAN)	11/01/2025	BROMONT (CAN)
Historical	1km	Standing start	B	Indoor Track	1'14"450	TERESA POOLE (AUS) Sandra Smith (AUS)	02/06/1994	GENT (BEL)
Historical	1km	Standing start	B	Open Air Track	1'13"473	TERESA POOLE (AUS) Sandra Smith (AUS)	17/08/1996	ATLANTA (USA)
Historical	1km	Standing start	B	Indoor Track	1'11"927	SARNYA PARKER (AUS) Tania Modra (AUS)	20/10/2000	SYDNEY (AUS)
Historical	1km	Standing start	B	Indoor Track	1'11"160	AILEEN MCGLYNN (GBR) Ellen Hunter (GBR)	21/09/2004	ATHENS (GRE)
Historical	1km	Standing start	B	Open Air Track	1'10"431	AILEEN MCGLYNN (GBR) Ellen Hunter (GBR)	05/05/2006	MANCHESTER (GBR)
Historical	1km	Standing start	B	Indoor Track	1'09"066	AILEEN MCGLYNN (GBR) Ellen Hunter (GBR)	08/09/2008	BEIJING (CHN)
Historical	1km	Standing start	B	Indoor Track	1'09"054	AILEEN MCGLYNN (GBR) Ellen Hunter (GBR)	07/11/2009	MANCHESTER (GBR)
Historical	1km	Standing start	B	Indoor Track	1'08"714	FELICITY JOHNSON (AUS) Stephanie Morton (AUS)	10/02/2012	CARSON (USA)
Historical	1km	Standing start	B	Indoor Track	1'05"912	SOPHIE THORNHILL (GBR) Rachel James (GBR)	11/04/2014	AGUASCALIENTES (MEX)
Historical	1km	Standing start	B	Indoor Track	1'05"079	SOPHIE THORNHILL (GBR) Helen Scott (GBR)	24/03/2018	RIO (BRA)
Historical	3km	Standing start	C 5	Indoor Track	3'33"248	SARAH STOREY (GBR)	29/11/2011	MANCHESTER (GBR)
Historical	3km	Standing start	C 5	Indoor Track	3'32"170	SARAH STOREY (GBR)	30/08/2012	LONDON (GBR)
Historical	3km	Standing start	C 5	Indoor Track	3'32"050	SARAH STOREY (GBR)	12/04/2014	AGUASCALIENTES (MEX)
Historical	3km	Standing start	C 5	Indoor Track	3'31"394	SARAH STOREY (GBR)	08/09/2016	RIO (BRA)
Historical	3km	Standing start	C 5	Indoor Track	3'27"057	SARAH STOREY (GBR)	08/09/2016	IZU (JPN)
Historical	3km	Standing start	C 4	Indoor Track	4'09"391	SUSAN POWELL (AUS)	04/02/2010	ADELAIDE (AUS)
Historical	3km	Standing start	C 4	Indoor Track	4'05"403	MARIE-CLAUDE MOLNAR (CAN)	16/11/2011	GUADALAJARA (MEX)
Historical	3km	Standing start	C 4	Indoor Track	4'03"306	SUSAN POWELL (AUS)	30/08/2012	LONDON (GBR)
Historical	3km	Standing start	C 4	Indoor Track	3'56"135	SUSAN POWELL (AUS)	12/04/2014	AGUASCALIENTES (MEX)
Historical	3km	Standing start	C 4	Indoor Track	3'55"006	SHAWN MORELLI (USA)	19/03/2016	MONTICHIARI (ITA)
Historical	3km	Standing start	C 4	Indoor Track	3'54"501	EMILY PETRICOLA (AUS)	24/03/2018	RIO (BRA)
Historical	3km	Standing start	C 4	Indoor Track	3'53"297	EMILY PETRICOLA (AUS)	16/03/2019	APELDOORN (NED)
Historical	3km	Standing start	C 4	Indoor Track	3'48"210	EMILY PETRICOLA (AUS)	03/11/2019	BRISBANE (AUS)
Historical	3km	Standing start	C 4	Indoor Track	3'44"146	EMILY PETRICOLA (AUS)	01/02/2020	MILTON (CAN)
Historical	3km	Standing start	C 4	Indoor Track	3'38"061	EMILY PETRICOLA (AUS)	25/08/2021	IZU (JPN)
Historical	3km	Standing start	C 4	Indoor Track	3'35"856	EMILY PETRICOLA (AUS)	01/09/2024	SAINT-QUENTIN-EN-YVELINES (FRA)
Historical	3km	Standing start	C 3	Indoor Track	4'07"487	JAMIE WHITMORE CARDENAS (USA)	12/04/2014	AGUASCALIENTES (MEX)
Historical	3km	Standing start	C 3	Indoor Track	4'06"756	MEGAN GIGLIA	17/03/2016	AGUASCALIENTES (MEX)
Historical	3km	Standing start	C 3	Indoor Track	4'03"544	MEGAN GIGLIA	08/09/2016	RIO (BRA)
Historical	3km	Standing start	C 3	Indoor Track	4'00"206	PAIGE GRECO (AUS)	14/03/2019	APELDOORN (NED)
Historical	3km	Standing start	C 3	Indoor Track	3'50"815	PAIGE GRECO (AUS)	25/08/2021	IZU (JPN)
Historical	3km	Standing start	C 2	Indoor Track	4'21"699	ALISON JONES (USA)	16/11/2011	GUADALAJARA (MEX)
Historical	3km	Standing start	C 2	Indoor Track	4'19"841	SINI ZENG (CHN)	30/08/2012	LONDON (GBR)
Historical	3km	Standing start	C 2	Indoor Track	4'07"454	ALYDA NORBRUIS (NED)	12/04/2014	AGUASCALIENTES (MEX)
Historical	3km	Standing start	C 2	Indoor Track	4'06"263	ZENG SINI (CHN)	25/08/2021	IZU (JPN)
Historical	3km	Standing start	C 2	Indoor Track	4'02"228	FLURINA RIGLING (SUI)	22/10/2022	SAINT-QUENTIN-EN-YVELINES (FRA)
Historical	3km	Standing start	C 2	Indoor Track	3'51"721	DAPHNE SCHRAGER (GBR)	02/08/2023	GLASGOW (GBR)
Historical	3km	Standing start	C 1	Indoor Track	4'40"123	JAYME RICHARDSON (AUS)	30/08/2012	LONDON (GBR)
Historical	3km	Standing start	C 1	Indoor Track	4'31"476	QIAN WANGWEI (CHN)	25/08/2021	IZU (JPN)
Historical	3km	Standing start	C 1	Indoor Track	4'12"316	FRANCES BROWN (GBR)	08/02/2023	GLASGOW (GBR)
Historical	3km	Standing start	B	Indoor Track	3'59"340	TERESA POOLE (AUS) Sandra Smith (AUS)	03/06/1994	GENT (BEL)
Historical	3km	Standing start	B	Indoor Track	3'48"650	TERESA POOLE (AUS) Sandra Smith (AUS)	01/08/1995	AUGSBURG (GER)
Historical	3km	Standing start	B	Open Air Track	3'48"199	LINDY HOU (AUS) Toireasa Ryan (AUS)	17/09/2003	PRAHA (CZE)
Historical	3km	Standing start	B	Indoor Track	3'44"288	SARNYA PARKER (AUS) Tania Modra (AUS)	21/10/2000	SYDNEY (AUS)
Historical	3km	Standing start	B	Indoor Track	3'44"177	SARNYA PARKER (AUS) Toireasa Ryan (AUS)	08/08/2002	AUGSBURG (GER)

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Historical	3km	Standing start	B	Indoor Track	3'41"612	KARISSA WHITSELL (USA) Katie Compton (USA)	08/08/2002	AUGSBURG (GER)
Historical	3km	Standing start	B	Indoor Track	3'38"564	JANET SHAW (AUS) Kelly McCombie (AUS)	29/04/2004	SYDNEY (AUS)
Historical	3km	Standing start	B	Indoor Track	3'38"482	LINDY HOU (AUS) Toireasa Ryan (AUS)	22/09/2004	ATHENS (GRE)
Historical	3km	Standing start	B	Open Air Track	3'36"816	KARISSA WHITSELL (USA) Katie Compton (USA)	22/09/2004	ATHENS (GRE)
Historical	3km	Standing start	B	Indoor Track	3'36"362	KARISSA WHITSELL (USA) Mackenzie Woodring (USA)	08/11/2009	MANCHESTER (GBR)
Historical	3km	Standing start	B	Indoor Track	3'31"530	PHILLIPA GRAY (NZL) Laura Thompson (NZL)	02/09/2012	LONDON (GBR)
Historical	3km	Standing start	B	Indoor Track	3'23"328	EMMA FOY (NZL) Laura Fairweather (NZL)	10/04/2014	AGUASCALIENTES (MEX)
Historical	3km	Standing start	B	Indoor Track	3'22"088	EMMA FOY (NZL) Hannah Van Kampen (NZL)	10/11/2019	CAMBRIDGE (NZL)
Historical	3km	Standing start	B	Indoor Track	3'20"819	EMMA FOY (NZL) Hannah Van Kampen (NZL)	31/01/2020	MILTON (CAN)
Historical	3km	Standing start	B	Indoor Track	3'19"483	LORA FACHIE (GBR) Corrine Hall (GBR)	27/08/2021	IZU (JPN)
Historical	3km	Standing start	B	Indoor Track	3'17"643	SOPHIE UNWIN (GBR) Jenny Holl(GBR)	27/08/2021	IZU (JPN)