



2025 CYCLING ESPORTS WORLD CHAMPIONSHIPS

ABU DHABI
UAE



POWERED BY **WHOOSH**



2025 UCI CYCLING ESPORTS WORLD CHAMPIONSHIPS TECHNICAL GUIDE SEMI FINALS – 3 OCTOBER 2025





Welcome to the 2025 UCI Cycling Esports World Championships presented by MyWhoosh.

This Technical Guide outlines event information, key timings, processes and official regulations and guidelines, to ensure a fair, safe, and exciting event for all participating National Federations and riders in the Semi Finals of the 2025 UCI Cycling Esports World Championships. Please familiarize yourself with this Technical Guide in detail. It is subject to change and evolution, with all updates being shared clearly and promptly with all relevant recipients.

Selected riders will receive an invitation either from their National Federation or MyWhoosh if they qualified via the Open Qualifiers.

Round 2: Semi-Finals

- **Date: 3 October 2025**
- **Format: 3 Stage point based**

The semi-final round of the 2025 UCI Cycling Esports World Championships will have 150 riders each in both men and women category, racing the custom UCI virtual world. This round will use points-based scoring system to ensure that riders of all specialties have an opportunity to qualify for the World Championships.

The top 20 riders of each gender from the semi-final will advance to the live final in Abu Dhabi. Both the semi-final and final will use a similar scoring system, where points are awarded for:

- The amount of time a rider survives on a climb.
- A rider's position when crossing a checkpoint.

To help riders get familiar with the MyWhoosh platform, its dynamics, and the race routes, MyWhoosh will offer a series of events and training rides leading up to the semi-finals.

SEMI-FINALS

The semi-finals will be hosted virtually on 3 October 2025 and will feature three stages. Competitors can race from any location, provided they are fully verified and using compatible equipment listed in the [MyWhoosh Cycling Esports Rules and Regulations](#)

To participate, it is mandatory for all riders to be a member of the national federation in their country of residence and have a valid UCI ID and license valid for 2025.

Race Format

The top 20 riders in the semi-final, based on a points-scoring system, will qualify for the live final in Abu Dhabi. The race format for the final will be similar to the semi-final.

The exact points allocation is subject to change before the semi-final or final and will be clearly communicated to all participants.

Timing

EVENT	FORMAT	DATE	GENDER	TIME GST	TIME UTC	TIME CET	TIME CDT	TIME AEST
UCI CEWC 2025 Semi Finals	Stage 1	3 October 2025 - Friday	Women	21:00	17:00	18:00	12:00	3:00
	points based		Men	23:00	19:00	20:00	14:00	5:00
UCI CEWC 2025 Semi Finals	Stage 2		Women	21:30	17:30	18:30	12:30	3:30
	points based		Men	23:30	19:30	20:30	14:30	5:30
UCI CEWC 2025 Semi Finals	Stage 3		Women	22:00	18:00	19:00	13:00	4:00
	points based		Men	00:00	20:00	21:00	15:00	6:00

Note: After finishing a stage, riders must exit and then wait to join the next stage when the events are live in the events section of the MyWhoosh App.

Event Instructions for Semi Finals

1. Review the Roadbook and Ruleset

- Read the entire Technical Guide, UCI Cycling Esports Regulations and MyWhoosh Ruleset.
- Make sure you fully understand all the rules and guidelines.

2. Complete the Power Passport Test (PPT)

- If you have been selected by your National Federation and don't have a record with MyWhoosh, you must complete a Power Passport Test (PPT) as per the [MyWhoosh Ruleset](#).
- We strongly recommend that all riders complete at least one SRC race before the Semi Finals.

3. Event Registration

- MyWhoosh will handle your event registration using your verified account.
- Before the race, make sure all your equipment (smart trainer and power meter) meets all technical requirements as per MyWhoosh Ruleset.

4. Pre-Verification

- If you are required to complete a Power Passport Test (PPT), you must upload unlisted YouTube links of the PPT video, a weigh-in video, a height video and an equipment video.
- Make sure your weigh-in is recorded and submitted on the pre-verification form approximately 40-60 mins before the event.
- The weigh-in procedure follows the SRC Ruleset for Category 1, which requires using a minimum 10 kg verified control weight.
- Provide links to your Strava data and details for both your primary and secondary power sources.
- Ensure the weight details you enter on the pre-verification form match the values shown in your weigh-in video.
- It is mandatory that all riders attend the pre-race briefings.

5. Post-Race Requirements

- Upload your activity to the MyWhoosh app immediately after each race stage.
- Follow all communication protocols with race control for any questions or concerns.

Note: Apple TV and MyWhoosh HD are not supported platforms for this event.

Stage 1: The Mountain's Verdict - The Last Rider Standing

Distance: 8.2km

Elevation gain: 554m

Challenge: The first stage is an uncompromising and decisive elimination race. On this relentlessly steep and challenging course, the rider at the back of the pack will be eliminated if caught by the Chase line.

Starting Procedure & The Chase line:

- **Head Start:** All riders will begin the race simultaneously, receiving a **2-minute** head start on the Chase line.
- **The Chase line:**
 - The Chase line will start 2 minutes after the riders.
 - The Chase line is not static and will vary speed with elevation, like a real rider.

Race Dynamics & Elimination:

- **The Chase line:** The chase is the core dynamic of the race. All riders must stay ahead of the chase line.
- **Elimination:** Any rider who is overtaken (caught) by the Chase line at any point on the course is immediately eliminated from the race.

Scoring and Winner Determination

Last Rider Standing Principle: The primary objective is to be the last rider remaining on the course who has not been caught by the Chase line.

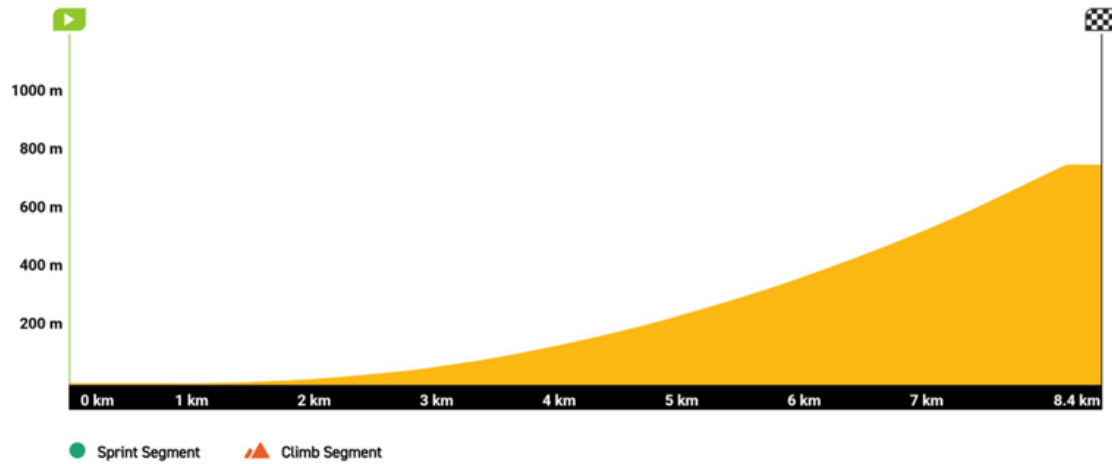
Points Allocation: Points for the World Championship will be allocated based on how long a rider stays ahead of the Chase line.

Riders will earn one point for every five seconds they stay ahead of the Chase line, starting from the beginning of the stage. This system is designed to reward endurance and the ability to maintain pace.

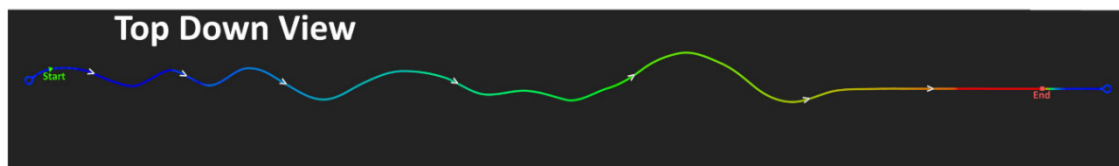
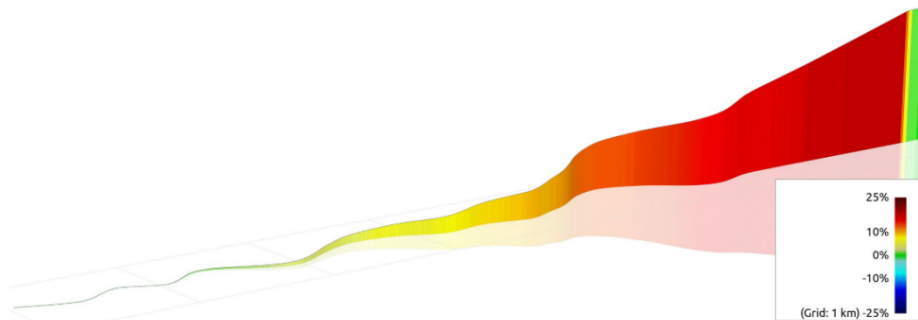
Stage 1 Course & Profile

UCI 2

8.4km 751m



3D View



Stage 2: The Puncher's Playground - Conquer the Rolling Hills

Distance: 12km (1 lap)

Peak elevation: 84m, Elevation gain 300m

Profile: Undulating terrain with sharp climbs

Sprints: 4 segments and finish.

Challenge: Stage two is designed for the strong and explosive riders – the punchers. This rolling hills course will test their ability to repeatedly surge over short, sharp ascents.

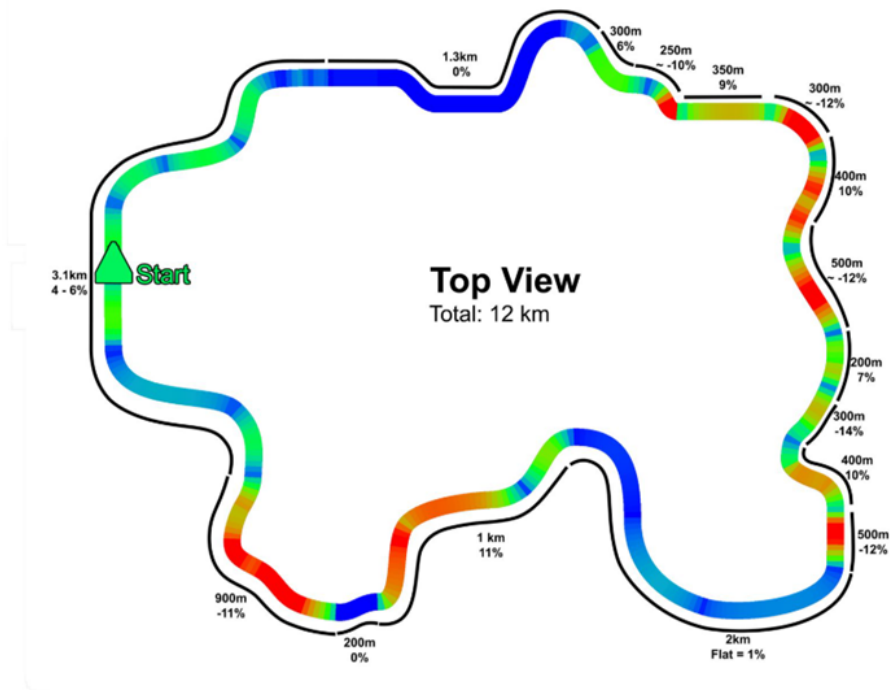
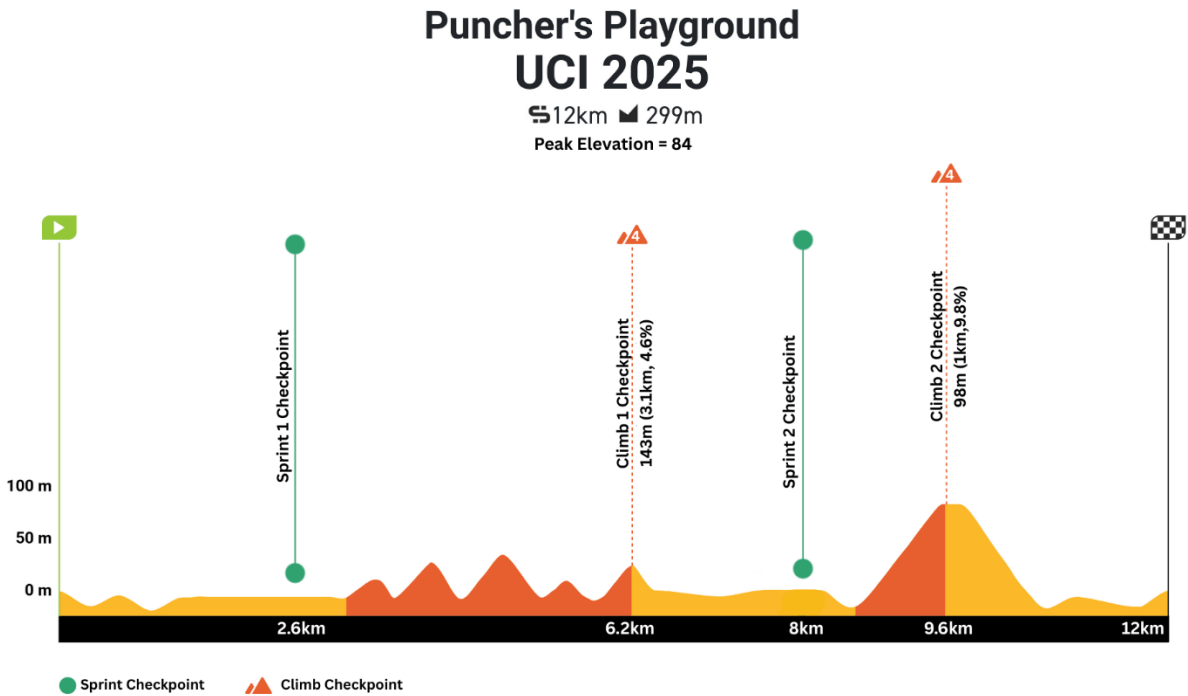
Points will be awarded to the first 20 riders at two designated sprint checkpoints and a climb checkpoint. The stage will finish with a final sprint, where both raw power and smart positioning will be critical for securing a win and vital points.

General points principles for this stage:

First through checkpoints: Points will be awarded at designated checkpoints to encourage tactical racing and allow riders of all strengths to earn points throughout the stage.

Place	Sprint 1	KOM 1	Sprint 2	KOM 2	Finish
1	40	40	40	40	40
2	38	38	38	38	38
3	36	36	36	36	36
4	34	34	34	34	34
5	32	32	32	32	32
6	30	30	30	30	30
7	28	28	28	28	28
8	26	26	26	26	26
9	24	24	24	24	24
10	22	22	22	22	22
11	20	20	20	20	20
12	18	18	18	18	18
13	16	16	16	16	16
14	14	14	14	14	14
15	12	12	12	12	12
16	10	10	10	10	10
17	8	8	8	8	8
18	6	6	6	6	6
19	4	4	4	4	4
20	2	2	2	2	2

Stage 2: Course & Profile



Stage 3: The Sprinter's Paradise - Reign Supreme in the Loop of Fire

Distance: 12km (8 laps of a 1.5km circuit)

Peak elevation: 17m, Elevation gain 25m per lap

Profile: Flat and Fast

Sprints: Points awarded on each of the 8 laps – with double points on the final lap.

Challenge: This thrilling final stage is all about pure speed and explosive power. Riders will compete for valuable points in a sprint at the end of every 1.5 km lap. The intensity will build with each of the eight laps, culminating in a high-stakes final sprint where even more points are on the line.

This format is designed to reward aggressive and consistent riding throughout the race, with a particular emphasis on the final lap.

Points Allocation System

The total points each rider accumulates will be a combination of points from all intermediate sprints (laps 1-7) and the final sprint on lap 8.

Intermediate Sprint (Laps 1 - 7)

Points will be awarded to the first 20 riders to cross the finish line on each of the first seven laps. The first-place rider earns 20 points, while the twentieth-place rider earns 1 point, with a decreasing scale in between.

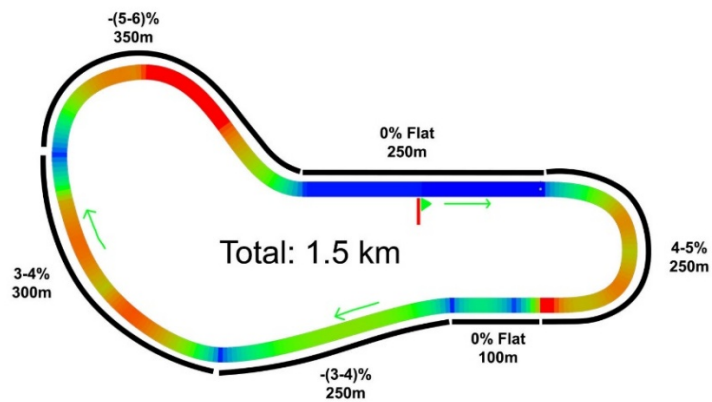
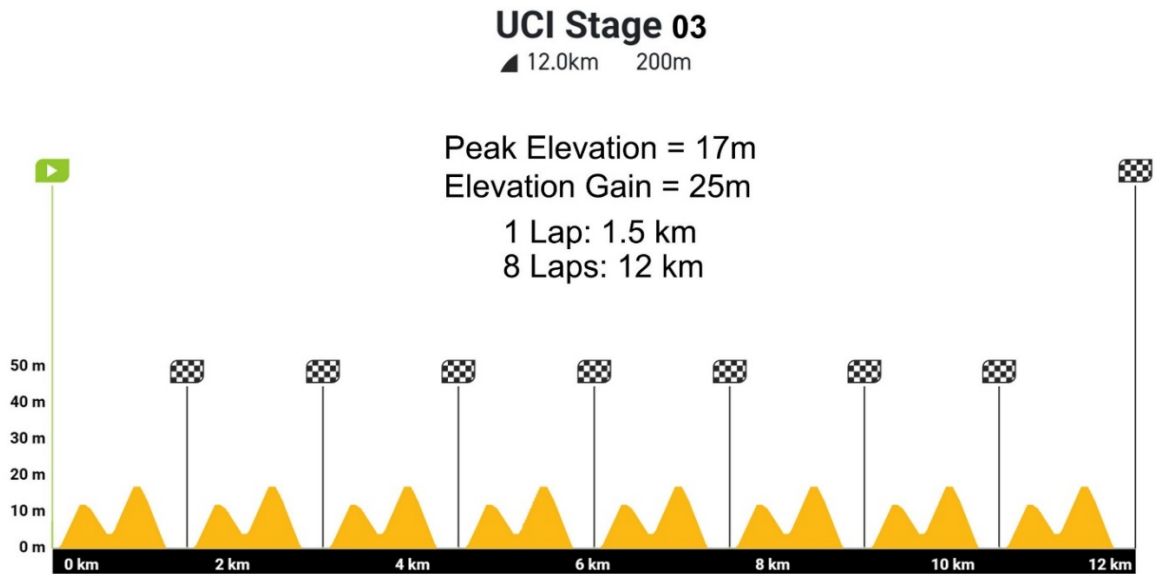
Final Sprint (Lap 8)

The final lap (Lap 8) holds the most weight, with double points awarded to the top 20 riders who cross the finish line.

Point Split – Stage 3

Place	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	20	20	20	20	20	20	20	40
2	19	19	19	19	19	19	19	38
3	18	18	18	18	18	18	18	36
4	17	17	17	17	17	17	17	34
5	16	16	16	16	16	16	16	32
6	15	15	15	15	15	15	15	30
7	14	14	14	14	14	14	14	28
8	13	13	13	13	13	13	13	26
9	12	12	12	12	12	12	12	24
10	11	11	11	11	11	11	11	22
11	10	10	10	10	10	10	10	20
12	9	9	9	9	9	9	9	18
13	8	8	8	8	8	8	8	16
14	7	7	7	7	7	7	7	14
15	6	6	6	6	6	6	6	12
16	5	5	5	5	5	5	5	10
17	4	4	4	4	4	4	4	8
18	3	3	3	3	3	3	3	6
19	2	2	2	2	2	2	2	4
20	1	1	1	1	1	1	1	2

Stage 3 Course & Profile



4 RULES AND REGULATIONS

At the conclusion of the Semi-Final, MyWhoosh and the UCI will verify all the riders before officially announcing the 20 finalists. The top 20 riders and their respective National Federations will be notified ahead of the public announcement.

Finalists will have **48 hours** to accept their place in the live final. If a rider declines, the spot will be offered to the next highest-ranking rider in a roll-down system. All invitations are extended to individual riders, not federations.

The UCI reserves the right to grant up to three wildcard invitations per gender for the live final. All wildcard riders must be members of their respective National Federations and will be part of the official national squad under the guidance of their federation.

A wildcard entry can be applied by emailing esports@uci.ch with the request and a list of the rider's achievements and these applications will be reviewed by the UCI.

All finalists will be invited to the live final in Abu Dhabi, with MyWhoosh covering their airfare and accommodation. Riders should expect to stay for a minimum of four days.

In the Live Final, all riders will start with zero points, and the UCI World Champion will be the person with the most accumulated points from the final three stages.

The semi-finals and finals will be governed by the UCI Cycling Esports Regulations. In areas not covered by those regulations, this Technical Guide and the MyWhoosh Cycling Esports Rules and Regulations will apply.

MyWhoosh reserves the right to make any modifications to the MyWhoosh platform and/or rider accounts to enable any aspect of the UCI World Championships. Any changes will be communicated to riders in a timely manner.

4.1 Anti-Doping Requirements

Anti-Doping Requirements will be under governance of the UCI.

4.2 Equipment Regulations

For the semi-finals, riders will use their own smart trainers, which will need to meet the requirements of the [MyWhoosh Ruleset for CAT 1](#).

4.3 Race Regulations

Fair Play and good sportsmanship are of utmost importance to us. We expect all participants to compete with honesty, integrity, and respect for fellow cyclists. Any form of unsportsmanlike behavior, including harassment, cheating, and/or abuse, will not be tolerated and may result in disqualification and/or annulment from the race. Please refer to the Fair Play principles and Code of Conduct in the MyWhoosh Rules and Regulations.

4.4 Verification

All riders competing in the semi-final stage of the UCI World Championships on MyWhoosh must undergo MyWhoosh's independent verification process and a Power Passport test. The Power Passport test can be found in the workout section on the MyWhoosh platform. It takes approximately 60 minutes to complete and will be validated by the MyWhoosh team before it is accepted.

4.5 Results

All results shall be deemed provisional until the UCI and the UCI International Commissaire deem them official, regardless of any reply, camera angle, or individual screen. The finish line placement accuracy will be determined by the official source onsite.

All riders are subject to anti-doping and performance verification processes, including post-event verification.

In the case of a points tie, the riders will be ranked based on their finish position in the final stage of the race.

5 CONTACT INFORMATION

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