

**SPORT COMPETITION SCHEDULE**

Times (with awards  
ceremony)  
UTC minus 4

**Saturday 19 September 2026**
*Individual Time Trial Training*

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| ♦ Individual Time Trial Training – Start: Montréal (Avenue du Parc) | 09h00-11h00 |
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**Sunday 20 September 2026**
*Individual Time Trial*

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| ♦ Women Elite Individual Time Trial – Start: Montréal (Avenue du Parc) | 09h00-11h20 (11h40) |
| ♦ Men Elite Individual Time Trial – Start: Montréal (Avenue du Parc)   | 12h45-15h15 (15h35) |

**Monday 21 September 2026**
*Individual Time Trial*

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| ♦ Women Under 23 Individual Time Trial – Start: Montréal (Avenue du Parc) | 09h00-10h40 (11h00) |
| ♦ Men Under 23 Individual Time Trial – Start: Montréal (Avenue du Parc)   | 12h00-14h25 (14h45) |

**Tuesday 22 September 2026**
*Team Time Trial Mixed Relay & Individual Time Trial*

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| ♦ Team Time Trial Mixed Relay – Start: Montréal (Avenue du Parc)        | 08h30-11h15 (11h35) |
| ♦ Men Junior Individual Time Trial – Start: Montréal (Avenue du Parc)   | 12h15-14h25 (14h45) |
| ♦ Women Junior Individual Time Trial – Start: Montréal (Avenue du Parc) | 15h15-16h45 (17h05) |

**Wednesday 23 September 2026**
*Road Race Training*

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| ♦ Road Race training – Mont Royal Circuit only | 10h00-12h00 |
| ♦ UCI Congress                                 | 09h00-18h00 |

**Thursday 24 September 2026**
*Road Races*

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| ♦ Women Under 23 Road Race – Start: Montréal (Parc Jeanne-Mance) | 09h00-12h45 (13h05) |
| ♦ Men Junior Road Race – Start: Montréal (Parc Jeanne-Mance)     | 13h30-17h00 (17h20) |

**Friday 25 September 2026**
*Road Race*

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| ♦ Men Under 23 Road Race – Start: Montréal (Parc Jeanne-Mance) | 09h00-13h20 (13h40) |
| ♦ Women Junior Road Race – Start: Montréal (Parc Jeanne-Mance) | 14h15-16h35 (16h55) |

**Saturday 26 September 2026**
*Road Races*

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| ♦ Women Elite Road Race – Start: Brossard (Quartier Dix30) | 09h00-14h10 (14h30) |
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**Sunday 27 September 2026**
*Road Races*

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| ♦ Men Elite Road Race – Start: Brossard (Quartier Dix30) | 09h00-15h40 (16h00) |
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