## Saptapadi

Saptapadi, or "The Seven Steps" involves the couple taking seven steps around a holy fire, each step symbolizing a promise to each other. As the steps are taken, the following blessings are spoken aloud:

Let us provide for our household, stay in good health, and carry out our duties and responsibilities to each other, our families, and our tradition.

Let us continue to develop our mental and spiritual powers.

Let us build our wealth and comfort with the right means.

Let us acquire knowledge, happiness, and harmony by mutual love, respect, and trust.

Let us be blessed with a family of strong and virtuous children.

Let us be blessed with long lives.

Let us remain true companions, committed only to each other.



## **Hindu Wedding Poem**

Let the earth of my body be mixed with the earth My beloved walks on. Let the fire of my body be the brightness in the mirror that reflects his face. Let the water of my body join the waters of the lotus pool he bathes in. Let the breath of my body be air lapping his tired limbs. Let me be sky, and moving through me the cloud-dark Shyama, my beloved.



## **Lord Ganesha Blessing**

To the Holy Son of Shiva and Parvati, To the remover of all obstacles, Lord Ganesha, We petition for Blessings, To sanctify this ceremony of marriage, And to bless this marriage in all ways. Lord Ganesha. You are the speaker. You are the listener. You are the giver. You are the sustainer. Please protect us from all directions. Let us listen with our ears to that which is auspicious, adorable one. Let us perceive with our eyes what is holy. With strong, stable body and limbs, may we seek divine grace and accept the noble order of all our lives. O Lord Ganesha, please provide for the welfare of this family. Guide prosperity and abundance to their door. Please help them feel your goodness and Divinity within their home. We place any challenges of married life at your feet And trust you will always help. We thank you with all of our hearts.

