

Allergens Reference Guide

Like most restaurants, our restaurants prepare and serve products that contain Soy, Egg, Fish, Milk, and Wheat. While a particular ingredient statement may not list one of these allergens, our products may be prepared with equipment that is shared with products containing one or more of these allergens. If you have a food allergy, please consult with your physician before deciding which Jack in the Box® products are right for you. We also recommend checking our Ingredient and Allergen information frequently, as our menu and ingredients may change.



The following menu items were reviewed for the presence of Soy, Egg, Fish, Milk, Peanuts, Crustacean Shellfish, Tree Nuts and Wheat which may cause allergic or other reactions in some individuals. If present in the product, the allergens are listed for that item.

Allergen information does not include salad dressing, crunchy toppings, dipping sauces, or individual sauce packets. See appropriate sections for this information.

8 Major Food Allergens:

Egg



Fish



Milk



Peanuts



Crustacean Shellfish



Soy



Tree Nuts



Wheat



Better For You

- Chicken Fajita Pita made with Whole Grain (no salsa)
- Chicken Teriyaki Bowl
- Chiquita® Apple Bites with Caramel
- Grilled Chicken Salad*
- Jr. Jack™

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SMW	x			x				x
SW	x							x
M				x				
SM	x			x				
SEW	x	x						x

*Allergen information does not include salad dressing or crunchy toppings.

Burgers & More

- Bacon & Swiss Buttery Jack™
- Bacon Ultimate Cheeseburger™
- Big Cheeseburger
- Cheddar Onion Buttery Jack™
- Cheeseburger
- Classic Buttery Jack™
- Double Jack
- Double Jack (Texas)
- Hamburger
- Jr. Bacon Cheeseburger
- Jr. Jack™
- Jr. Jack™ Cheeseburger
- Jumbo Jack®
- Jumbo Jack® Cheeseburger
- Sourdough Jack®
- Spicy Sriracha Burger
- Ultimate Cheeseburger™

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SMW	x			x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x

Chicken & More

- Chicken Fajita Pita made with Whole Grain (with salsa)
- Chicken Fajita Pita made with Whole Grain (no salsa)
- Chicken Nuggets
- Chicken Sandwich
- Chicken Sandwich with Bacon
- Chipotle Chicken Club
- Crispy Chicken Strips
- Fish Sandwich (seasonal)
- Fish Sandwich without Tartar Sauce (seasonal)
- Homestyle Ranch Chicken Club
- Jack's Spicy Chicken®
- Jack's Spicy Chicken® with Cheese
- Sourdough Grilled Chicken Club

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SMW	x			x				x
SMW	x			x				x
SMW	x			x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SMW	x			x				x
SEFW	x	x	x					x
SFW	x		x					x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x
SEMWW	x	x		x				x

Something Different

- Chicken Teriyaki Bowl

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SW	x							x

Salads

- Chicken Club Salad with Crispy Chicken Strips*
- Chicken Club Salad with Grilled Chicken*
- Grilled Chicken Salad*
- Side Salad*
- Southwest Chicken Salad with Crispy Chicken Strips*
- Southwest Chicken Salad with Grilled Chicken*
- Creamy Southwest Dressing
- Gourmet Seasoned Croutons
- Low Fat Balsamic Vinaigrette Dressing
- Ranch Dressing
- Spicy Corn Sticks

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SMW	x			x				x
SM	x			x				
SM	x			x				
SMW	x			x				x
SM	x			x				
EM		x		x				
SMTW	x			x			x	x
SEM	x	x		x				
T							x	

*Allergen information does not include salad dressing or crunchy toppings.

Snacks & Sides

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
-----------	-----	-----	------	------	---------	----------------------	-----------	-------

Value Menu

Big Cheeseburger
 Chicken Nuggets
 Chicken Sandwich
 Chicken Sandwich with Bacon
 French Fries
 Grilled Cheese Sandwich
 Jr. Bacon Cheeseburger
 Jr. Jack™
 Jr. Jack™ Cheeseburger
 Jumbo Jack®
 Jumbo Jack® Cheeseburger
 Tacos, Regular

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean		
						Shellfish	Tree Nuts	Wheat
SEMW	x	x		x				x
SMW	x			x				x
SEMW	x	x		x				x
SEMW	x	x		x				x
SMW	x			x				x
SEMW	x	x		x				x
SEW	x	x						x
SEMW	x	x		x				x
SEW	x	x						x
SEMW	x	x		x				x
SMW	x			x				x

Cheeses

American Cheese
 Provolone Cheese
 Real Cheddar Cheese
 Real Swiss Cheese
 Swiss-Style Cheese

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean		
						Shellfish	Tree Nuts	Wheat
SM	x			x				
M				x				
M				x				
M				x				
SM	x			x				

Dipping Sauces

Barbecue Dipping Sauce
 Buttermilk House Dipping Sauce
 Frank's® RedHot® Buffalo Dipping Sauce
 Honey Mustard Dipping Sauce
 Pancake Syrup
 Sweet N' Sour Dipping Sauce
 Teriyaki Dipping Sauce

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean		
						Shellfish	Tree Nuts	Wheat
E		x						
EM		x		x				
E		x						
S	x							
SW	x							x

Sandwich Sauces

Creamy Bacon Mayo
 Creamy Ranch Sauce
 Creamy Sriracha Sauce
 Creamy Tomato Sauce
 Ketchup
 Mayonnaise
 Mustard
 Tartar Sauce (seasonal)

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean		
						Shellfish	Tree Nuts	Wheat
E		x						
EM		x		x				
E		x						
EM		x		x				
E		x						
E		x						

Other

Fire Roasted Salsa
 French's® Mustard Packet
 Grape Jelly Packet
 Grilled Onions
 Hot Taco Sauce Packet
 Ketchup Packet
 Kikkoman® Soy Sauce Packet
 Kraft® Mayonnaise Packet
 Pride® Light Buttery Spread
 Secret Sauce Packet
 Sour Cream
 Strawberry Jam Packet

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean		
						Shellfish	Tree Nuts	Wheat
SM	x			x				
SW	x							x
E		x						
M				x				
E		x						
M				x				

Allergen Key

S = Soy
 E = Egg
 F = Fish
 M = Milk
 P = Peanuts
 C = Crustacean Shellfish
 T = Tree Nuts
 W = Wheat

Gourmet Seasoned Croutons and Spicy Corn Sticks are packaged in facilities that also package Tree Nuts

^ New York Style Cheesecake is manufactured on equipment that also processes Peanuts and Tree Nuts