



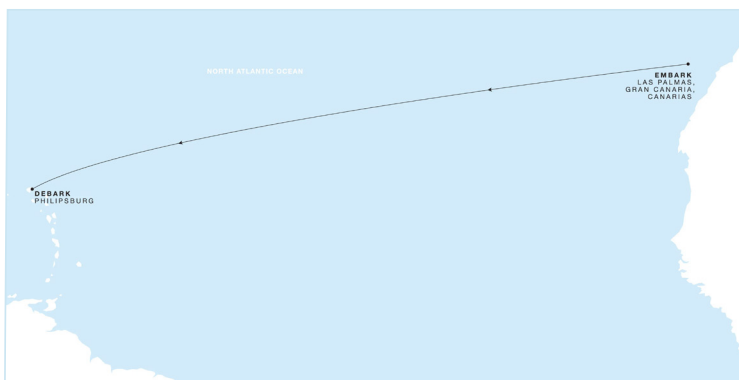
FOUR SEASONS
YACHTS



Finnish Sauna

The Lanserhof Reset: A Transatlantic Longevity Voyage

Experience a new expression of wellbeing at sea. For a limited-time residency, Lanserhof will bring its pioneering approach to longevity and preventative health aboard *Four Seasons I*, enhancing the Yacht's wellness, fitness and holistic health offerings through expert-led consultation, nutrition, movement and restorative programming designed to inspire wellbeing long after the voyage ends.



UPCOMING SAILING:

November 8 - November 16, 2026

Fares per suite starting from \$18,000

+ Additional Personalized Program at \$5,000 per guest.

*Fares listed are per suite, per voyage in US Dollars, and are subject to change without prior notice.

VOYAGE DETAILS

DAY | DESTINATION

8

NIGHTS

1 LAS PALMAS, GRAN CANARIA, CANARIAS, SPAIN

Las Palmas de Gran Canaria, Spain, basks in sunshine year-round, with an exciting blend of urban energy and golden sands, perfect for relaxation.

2 SANTA CRUZ DE LA PALMA, CANARIAS, SPAIN

Full of maritime charm, Santa Cruz de La Palma, the capital of La Palma in Spain's Canaries, enthralls with cobbled streets and a thriving port.

3-8 ELEVATED WELLBEING AT SEA

Relaxation is the order of the day as you sail across the sparkling waters of the Atlantic.

9 PHILIPSBURG, SINT MAARTEN

Dive into Sint Maarten's rich Dutch heritage and easygoing Caribbean atmosphere during your journey.

Included for All Guests

- Daily Lanserhof thought leadership, lectures and Q&A
- Group holistic wellness and fitness programming
- Daily Lanserhof Chlorophyll Energizing Morning Boost
- Access to Lanserhof doctors, nutritionists, trainers and holistic practitioners during designated hours
- Lanserhof welcome gift experience
- A taste of Lanserhof's preventative, anti-inflammatory Energy Cuisine philosophy

Add On: Personalized Program

\$5,000 per guest - limited capacity. Each participant begins with a 60 minute physician consultation and receives a personalized eight-day protocol.

Bookings for The Lanserhof Reset are available at fourseasonsyachts.com/voyages or contact your Travel Professional.