



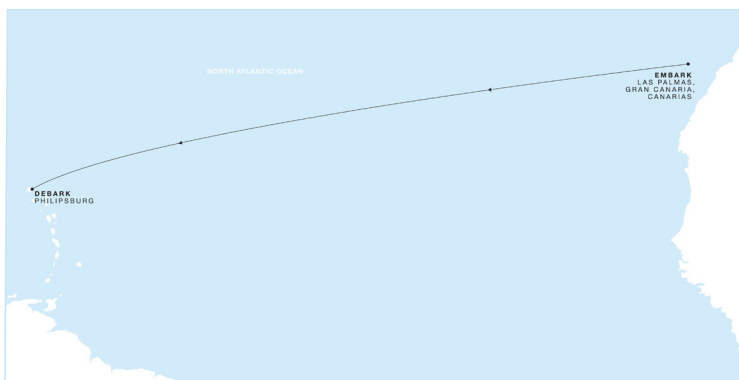
FOUR SEASONS
YACHTS



Finnish Sauna

The Lanserhof Reset: A Transatlantic Longevity Voyage

Experience a new expression of wellbeing at sea. For a limited-time residency, Lanserhof will bring its pioneering approach to longevity and preventative health aboard *Four Seasons I*, enhancing the Yacht's wellness, fitness and holistic health offerings through expert-led consultation, nutrition, movement and restorative programming that inspire wellbeing long after the voyage ends.



UPCOMING SAILING:

November 8 - November 16, 2026

Fares per suite starting from \$18,000
+ Additional Personalized Program at \$5,000 per guest.

*Fares listed are per suite, per voyage in US Dollars, and are subject to change without prior notice.

Voyage Details

DAY | DESTINATION

8

NIGHTS

- 1 LAS PALMAS, GRAN CANARIA, CANARIAS, SPAIN**
Las Palmas de Gran Canaria, Spain, basks in sunshine year-round, with an exciting blend of urban energy and golden sands, perfect for relaxation.
- 2-8 ELEVATED WELLBEING AT SEA**
Relaxation is the order of the day as you sail across the sparkling waters of the Atlantic.
- 9 PHILIPSBURG, SINT MAARTEN**
Dive into Sint Maarten's rich Dutch heritage and easygoing Caribbean atmosphere during your journey.

Included for All Guests

- Daily Lanserhof thought leadership, lectures and Q&A
- Group holistic wellness and fitness programming
- Daily Lanserhof Chlorophyll Energizing Morning Boost
- Access to Lanserhof doctors, nutritionists, trainers and holistic practitioners during designated hours
- Lanserhof welcome gift experience
- A taste of Lanserhof's preventative, anti-inflammatory Energy Cuisine philosophy

Add On: Personalized Program

\$5,000 per guest - limited capacity. Each participant begins with a 60 minute physician consultation and receives a personalized eight-day protocol.

Bookings for The Lanserhof Reset are available at fourseasonsyachts.com/voyages or contact your Travel Professional.