

High-Risk Pregnancy Care: Coordinated & Compassionate Support



At Hoag, our Maternal Fetal Medicine (MFM) specialists and Perinatal Nurse Navigators collaborate to deliver individualized, coordinated care for patients with high-risk pregnancies or pregnancy-related complications.

When a pregnancy is considered high-risk due to maternal health conditions, fetal abnormalities, or prior complications, our team of MFM specialists and Perinatal Nurse Navigators provides advanced, specialized, and coordinated care.

“For women experiencing high-risk pregnancies or pregnancy-related complications, Hoag’s specialized care makes all the difference.”

Michael Haydon, MD
Hoag Maternal Fetal Medicine Specialist



Meet your MFM specialists and
Perinatal Nurse Navigators

Early identification of high-risk conditions led to 31 multidisciplinary conferences, 349 anesthesia, and 14 prenatal neonatal consults (2025).

3 fetal spine conditions

97 fetal cardiac or chest cavity abnormalities

159 fetal genitourinary/gastrointestinal abnormalities

15 fetal extremities conditions

5 fetal facial conditions

28 fetal brain abnormalities

130 maternal blood disorders

19 maternal autoimmune conditions

89 abnormal placentation anomalies

64 maternal cardiac conditions

10 maternal cancer patients

93 maternal spinal conditions

How We Support You

Our MFM specialists collaborate weekly with Perinatal Nurse Navigators, neonatologists, pediatric specialists, anesthesiologists, and nursing teams to:

- Identify risk factors that may impact pregnancy or newborn outcomes
- Create individualized birth and care plans
- Coordinate resources and specialty care
- Communicate plans clearly across your healthcare team
- This team-based approach helps elevate quality, safety, and preparedness for you and your baby.

What This Means for You

- Personalized planning for delivery and newborn care
- Clear communication among all members of your care team
- Early identification and management of high-risk conditions
- Immediate access to advanced neonatal care if needed
- A dedicated Perinatal Nurse Navigator to guide, support, and advocate for you

Preparedness improves outcomes. When specialized teams plan together in advance, mothers and babies benefit from seamless coordination and immediate access to advanced care.

“Having my nurse navigator at Hoag was one of the greatest blessings of my pregnancy.”

Grateful Patient

