



Anti-smoking initiatives

We want to help everyone quit

CVS Health® has dedicated significant resources to an array of anti-smoking initiatives to help everyone on the path to better health.

Tobacco Cessation Products

Tobacco cessation products help adults who are not pregnant quit tobacco use in order to prevent health problems. Tobacco use includes smoking or chewing tobacco. These products are available at no cost to you and include:

Generic nicotine replacement products—patch, gum and lozenges

Brand-name Nicotrol (nicotine inhalation system)

Brand-name Nicotrol NS (nicotine nasal spray)

Generic bupropion (generic of brand-name, Zyban)—Zyban is NOT covered

Brand-name Chantix (varenicline tartrate)

Tobacco cessation products (OTC and Rx):

- Bupropion HCl tab SR 12-hour 150 mg
- Chantix tab 0.5 mg and 1 mg
- Chantix tab 0.5 mg x 11 tabs and 1 mg x 42 pack
- Nicotine polacrilex gum 2 mg and 4 mg
- Nicotine polacrilex lozenge 2 mg and 4 mg
- Nicotine TD patch 24-hour 21 mg, 14 mg and 7 mg
- Nicotrol inhaler system 10 mg
- Nicotrol NS nasal spray 10 mg/mL

Get personalized support at your local MinuteClinic®

Start to Stop® at MinuteClinic provides one-on-one counseling and ongoing support with a nurse practitioner that includes:

- Dependence assessment
- Individualized smoking cessation plan
- Nicotine-replacement suggestions or prescriptions, if needed
- Visit summaries sent to your provider with your permission

Learn more at [CVS.com/minuteclinic](https://www.cvs.com/minuteclinic).



Your CVS Caremark® benefits are ready to help

Your prescription benefit plan offers different ways to help you quit smoking. Talk to your doctor about prescriptions and over-the-counter options to see which is best for you.