

Personalized diet plan, plus medical expertise

The weight loss program*
at MinuteClinic®



Your Nutrition Assessment and Weight Loss Management Program includes:

- Personalized program with up to 15 visits over 26 weeks
- One-on-one consultations with a MinuteClinic health care provider
- Monitor your vital signs and perform select labs as needed
- Online tools, such as meal plans, exercise tips, recipes and more

This program and its services are offered at no cost to all CVS Health® colleagues, as well as family members enrolled in the CVS Health medical plan†



Open every day, including evenings



To schedule a visit, go to **MinuteClinic.com** or the CVS Pharmacy® app††

**To find your nearest clinic,
visit MinuteClinic.com**

*Patients must be 18 years or older. Restrictions apply. See **MinuteClinic.com** for details.

†Lab fees and screenings may be billed separately. We recommend that you contact the phone number on the back of your prescription ID card prior to visiting MinuteClinic® to verify coverage of the specific service you are seeking, as well as any co-pays, coinsurance or deductibles. Confirming this information in advance will help you avoid unforeseen charges. Select services, such as sports and camp physicals, are not covered under your benefit plan and therefore require full payment. MinuteClinic services may vary by state.

††Available for select services only. Restrictions apply. Visit **MinuteClinic.com** for details.

