

Join the Well-being Champion Network



Today, CVS Health has over 1,000 Well-being Champions helping others by fostering a culture of health and well-being through shared ideas and practice.

Passionate about well-being and want to help colleagues on their path to better health?

Well-being Champions are positive role models, kind in nature and effective communicators. Being part of the Well-being Champion Network is a meaningful role and can help increase your sense of purpose. You have the power to positively impact colleagues' overall health outcomes, engagement, retention, and program participation.

Over time, you'll develop a higher level of knowledge and experience with well-being programs and resources. And when you're ready, you'll begin to share information with colleagues in meaningful ways that'll help educate and increase awareness.

All Well-being Champions are invited to attend monthly meetings. The time dedicated to this role ranges from 1-5 hours per month and is determined individually based on availability and interest.

Learn more and join the Well-being Champion Network.

- BenefitMoments.com > My Well-being > Social
- aetnao365.sharepoint.com/sites/Well-beingChampionNetwork
- Questions? Email wellbeingchampions@aetna.com

