

Contact information

Contacts for resources available to all colleagues are listed below. If enrolled in a CVS Health® medical plan, also see [page 2](#). **Reminder: BenefitMoments.com** provides a benefits overview. Log into [ColleagueZone.CVS.com](#) for more details including your personalized pay, time off and benefits information, and for related self-service transactions. Go to My applications > View all > Benefits - Your Benefit coverage.

For all colleagues

Program/Resource	Website and/or Phone Number
Back-Up Care	backup.brighthorizons.com (Employer Username: CVSHealth; Password: Benefits4You) or via ColleagueZone.CVS.com > My applications > View all > Bright Horizons Back-Up Care
Colleague Resource Groups (CRGs)	ColleagueZone.CVS.com — search Colleague Resource Groups
Discounts	Employee Discount Program for savings on CVS store and CVS.com purchases: ColleagueZone.CVS.com — search Employee Discount Card CVS Health Discount Center (Benefit Extras): CVSHealthBenefitExtras.com
Family Building Benefit	mavenclinic.com/join/CVSHealth or download the Maven Clinic app. For additional questions: support@mavenclinic.com .
401(k) retirement savings plan	vanguard.com/retirementplans or via ColleagueZone.CVS.com > My applications > View all > CVS Health Future Fund 401(k) Plan; 1-888-694-7287
Gym discounts	Active&Fit Direct: CVSHealthBenefitExtras.com Wellhub: wellhub.com
Health and dependent care accounts	CVSHealth.inspirafinancial.com ; 1-888-678-7646
Heart At Work® Recognition	CVS.achievers.com/login
Mindfulness program	aetnao365.sharepoint.com/sites/DiscoverMindfulness (Company network/Office 365 access required)
MinuteClinic Wellness Services (including the flu shot program)	CVS.com/MinuteClinic ; 1-866-389-ASAP (2727)
My Fitness	aetnao365.sharepoint.com/sites/MyFitness (Company network/Office 365 access required)
No-cost confidential counseling and online self-help resources, including Mind Companion Self-care	Resources For Living (Employee Assistance Program): resourcesforliving.com/CVSHealth ; 1-800-789-8990 Talkspace virtual counseling (part of Resources For Living): talkspace.com/rfl
No-cost financial coaching and resources	Financial Finesse Hub on ColleagueZone.CVS.com > My applications > View all > Financial Finesse; 1-866-291-7134
Online live fitness classes	For schedule: BenefitMoments.com > My Wellness > Physical Health
Stamp Out Stigma and Faces of Mental Health	Heartbeat — search Stamp Out Stigma
Tuition Assistance Program	ColleagueZone.CVS.com > My applications > View all > Tuition Assistance Program
Volunteering	CVSHealth.com/impact/healthy-community/our-giving/community-crew.html
Well-being Champion Network	https://aetnao365.sharepoint.com/sites/Well-beingChampionNetwork (Company network/Office 365 access required)
Wellness activity platform	grokker.com/CVSHealth
Wellness and behavior change app	Download the Thrive mobile app from the App Store or Google Play, or on the web at app.thriveglobal.com ; select CVS Health/MinuteClinic in the company selector. For enrollment issues: support@thriveglobal.com .

For colleagues enrolled in a CVS Health medical plan

Program/Resource	Website and/or Phone Number
Aetna One® Advocate* - Member Services	1-800-558-0860 For non-Aetna medical plans, see your medical plan ID card.
Aetna Autism Program*	1-866-724-0604 (TTY: 711), option 5
Aetna Behavioral Health Condition Management*	1-800-558-0860
Aetna Compassionate Care program for advance stage illness support*	Aetna.com/individuals-families/member-rights-resources/compassionate-care-program.html
Aetna Enhanced Maternity Program*	Aetna.com ; 1-800-272-3531
Aetna Lifestyle and Condition Coaching	myactivehealth.com/CVS , link from ColleagueZone.CVS.com , or via the ActiveHealth app; 1-866-533-1410 (TTY: 711)
Complex health conditions*	Accordant care at Accordant.com ; 1-866-637-6339
Diabetes Care*	Transform Diabetes Care via Aetna.com ; 1-800-558-0860
Medical second opinion*	My Medical Ally: 1-888-361-3944
Virtual care (telehealth)	Aetna medical plan: CVS Virtual Care™; CVS.com/virtual-care ; 1-877-993-4321 Non-Aetna medical plan: See your medical plan ID card

* Must be enrolled in an Aetna medical plan.