

## **Aetna – Care for Black women with Dr. Joneigh Khaldun**

Hi, I'm Dr. Joneigh Khaldun.

As a Black woman, as a mother of three children, and as a practicing E.R. doctor, there's nothing more important to me than Black women's maternal health.

Unfortunately, we know that a Black woman is three to four times as likely to die from a pregnancy-related condition as a white woman. And Black women are 50% more likely to have a premature birth.

We know that these disparities are preventable, and that's why we're working so hard at CVS Health and Aetna to make sure we're addressing these disparities.

If you know someone who's pregnant, make sure you're reaching out to them, provide them with support. You can even offer to take them to their prenatal appointments.

If you're a provider of health care services, make sure that you are listening to your patients, their concerns, their needs. Check in on them and make sure they have the supports at home as well.

Together, we can all have a role to play in improving health outcomes for Black women.