

Small checkup. BIG IMPACT.

More life in your years starts with preventive care.

A longer, healthier life begins with the choices we make today. Annual preventive care visits save lives and increase life expectancy.

Our medical doctors and clinical advisors agree — regular checkups and screenings help you stay ahead of potential health risks, manage conditions early, detect cancers at an early stage, and can lead to a healthier, fuller life. They also help you to build a partnership with a primary care provider and improve communication for more personalized health solutions.

Even if you feel healthy, your visits can help set a baseline for future monitoring and detect issues you may be unaware of. That’s why we say **a small checkup can have a BIG impact.**

For the 2025-2026 plan year, we are focused on driving improved use of preventive care, beginning with encouraging Aetna-enrolled colleagues and spouses/partners to have an Annual Preventive Care Visit.

- Aetna medical plan-enrolled colleagues and their covered spouse/partner who have not had a preventive care visit since the start of the last benefits plan year (June 1, 2024) are encouraged to do so by Aug. 31, 2025, to avoid paying a pretax **Preventive Care Surcharge**.
- The surcharge goes into effect **Nov. 1, 2025**, and will be assessed per individual, per paycheck, at \$35.71 semimonthly or \$33.33 biweekly (\$500 annual charge over seven months). The surcharge does not apply to Oak Street Health and Signify Health colleagues for this plan year.
- For full program details, search **Preventive Care Surcharge Guide** on **BenefitMoments.com**.

Flexible options to complete your no-cost preventive care visit

Learn more [here](#). If you’re enrolled in an Aetna medical plan and had a physical on or after June 1, 2024, there’s no additional action required.



MinuteClinic® preventive care screening

CVS.com/minuteclinic > under **Select the care you need**, enter “Preventive Care Screening – CVS Health Colleagues Only (Includes Spouse/Partner)” OR **https://ddl.cvs.com/ul/mc-employee-scheduling** (see QR code at right)



CVS Health Virtual Primary Care™ preventive care screening

CVS.com/virtual-care > under **Select the care you need**, enter “Preventive Care Screening – CVS Health Colleagues Only (Includes Spouse/Partner)”



Primary care provider (PCP) annual preventive exam

Find a PCP: **https://www.aetnadocfind.com/cvshealth2025/**
With a doctor, physician assistant or nurse practitioner at your PCP office.



Annual well-woman exam by your women’s health care provider or at a MinuteClinic, where available

Find a provider (see “Find a PCP” above) OR **CVS.com/minuteclinic/services/mens-and-womens-health** > Women’s Health > Annual Well Woman Exam



Watch for details about on-site events at select office and Distribution Center locations May – July 2025.

Not enrolled in medical coverage?

All colleagues can get a no-cost preventive screening at [CVS.com/minuteclinic](https://www.cvs.com/minuteclinic) (under **Select the care you need**, enter **“Preventive Care Screening – CVS Health Colleagues Only”**).

If you haven’t had your annual checkup, schedule it today! Because when you take charge of your health, you're not just potentially adding years to your life—you’re *adding more life to your years*.

Learn more about how you can invest in your physical, emotional and financial wellness by visiting [BenefitMoments.com](https://www.benefitmoments.com).

This document provides a brief overview of company benefits and is for informational purposes only. If there’s any difference between this and plan documents, official plan documents govern.

CVS Health or your employer reserves the right to amend, modify or terminate all or part of its benefit plans at any time. This description isn’t an employment contract or guarantee.

Colleagues may need to meet certain eligibility requirements to participate. Colleague contributions are not used to pay plan expenses for vendors or other service providers that are subsidiaries of CVS Health, except as may be permitted by ERISA. Union colleagues are not covered unless their collective bargaining agreement specifically provides for a benefit therein.