



# STAR & GATEWAY

- Tasters
- Courses
- Block Courses
- Holiday Programmes





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# GET A TASTE OF LIFE BEYOND SCHOOL

## Take your first step to a brighter future with us.

Our range of short courses are built to give you the chance to have fun studying something you're interested in and to give you a change of scene from school.

There are all kinds of courses to choose from at NZMA, covering Trades, Early Childhood Education, Health, Hospitality, Cookery and Sport. Some courses are taught by two other schools that are part of the NZMA family: The Culinary Collective and New Zealand Institute of Sport.

## NZMA's Cooking & Hospitality school - The Culinary Collective

Inspired by the pride New Zealand has for its unique food culture, The Culinary Collective's goal is to grow the next generation of chefs, bartenders, baristas and bakers to put us on the world map.

The way you'll learn is built around the ways people like to eat, drink and be entertained today.

Explore the fun you can have in the cookery and hospitality sector while you learn and upskill with friends.

## NZMA's Sport & Fitness school - New Zealand Institute of Sport

We provide students with practical pathways to success. We deliver programmes for energetic students across health, fitness, sport and recreation. Our courses in Personal Training and Pre-Police Training are just some of the ways you can train with us. Work towards a future in sport & fitness and stay fit while you learn!

Wherever you do your course, you'll be made to feel welcome and a part of our whānau from day one.



# MOVE AHEAD YOUR WAY

## We change lives, in big ways and small.

At NZMA, we've created a learning environment that's fun, supportive and helps all of our students to thrive in their own way. And no matter at which campus you are considering doing a course, at NZMA we all share the same goal: To help every single student learn to move ahead.

We're different from other polytechs and universities because we have smaller class sizes and really supportive tutors. That means they can adapt the way they teach to suit your learning style and you'll get more one-on-one time with your tutor to help you get the mahi done.





# TRADES

## Tasters & Courses

Try out one of the Trades with a practical course in one of our purpose built Trades campuses. A great way to see where Trades could take you & you'll be taught by real tradie tutors.

### PLUMBING & GASFITTING

#### 1 DAY TASTER

Plumbers and Gasfitters assemble, install and repair pipes and fixtures that supply water and gas or remove waste. Learn about what it's like to be a part of this booming industry and the specialised career pathway that can assist you with developing your own business.

\$60 PP + GST

#### 3 DAY COURSE

##### EXPERIENCE AN INDUSTRY & EARN:

UNIT 22607

Level 2, Credits 3

Unlock the ability to read and understand plans, working drawings and specifications for BCATS projects. Gain real life skills which will support your future pathways.

\$180 PP + GST

### THE SPARKIE

#### 1 DAY TASTER

Enjoy a day gaining a practical understanding about a career as an Electrical Engineer. Learn about the many areas where this type of pathway can take you with options in electronics, automotive, IT, utilities and the construction industry.

\$60 PP + GST

#### 3 DAY COURSE

##### EXPERIENCE AN INDUSTRY & EARN:

UNIT 1178

Level 2, Credits 3

Become a champion of safety practices in the electrical workplace as you are trained on protocols that will keep you and your workmates safe.

\$180 PP + GST

#### 5 DAY COURSE

##### EXPERIENCE AN INDUSTRY & EARN:

UNIT 15848

Level 2, Credits 3

Demonstrate & apply knowledge of safeguards for use with portable electrical appliances.

\$250 PP + GST

### AVAILABLE AT:

- > Trades West
- > Trades South







# TRADES

## Block Courses

**TOOL BOX**

**10 WEEK BLOCK COURSE**

**1 day per week, 9am - 3pm**

**Level 2, Credits 10**

This 10-week Level 2 course is for students keen on Trades. In this programme, you'll learn the basics of Trades, how to properly use all the tools needed for BCATS projects and start to understand the health and safety requirements for a safe working environment.

**UNIT 12927**

**Level 2, Credits 6**

Demonstrate knowledge of, select, maintain, and use, hand tools for BCATS projects.

**UNIT 24354**

**Level 2, Credits 4**

Demonstrate knowledge of health and safety legislation and apply safe working practices in a BCATS environment.

\$500 PP + GST

**TOOLS OF THE TRADE**

**10 WEEK BLOCK COURSE**

**1 day per week, 9am - 3pm**

**Level 3, Credits 8**

This 10-week Level 3 course is for students interested in exploring Trades further. In this programme, you'll learn to follow safe workplace practices, understand the proper use of power tools commonly found on construction sites, and how to read and interpret plans, working drawings and specs.

**UNIT 29677**

**Level 3, Credits 2**

Follow safe workplace practices and contribute to a health and safety culture, in a BCATS environment.

**UNIT 13000**

**Level 3, Credits 2**

Demonstrate knowledge of portable power tools used on construction sites.

**UNIT 29471**

**Level 3, Credits 2**

Knowledge of switchboards, basic lighting & power circuits including electrical protection.

\$500 PP + GST

### AVAILABLE AT:

- > Trades West
- > Trades South





# EARLY CHILDHOOD EDUCATION

## Tasters, Courses & Block Courses

If you love little people, our Early Childhood Education (ECE) courses are for you. Learn about child development, how kids like to play as well as the different paths you can take in ECE.

### AVAILABLE AT:

- > Manukau
- > Hamilton
- > Porirua



### UNLOCKING THE SECRETS OF PLAY

#### 1 DAY TASTER

Learn about the different age groups development milestones and then create a play resource to support these development stages.

\$60 PP + GST

### CHILDHOOD DEVELOPMENT

#### 3 DAY COURSE

##### EXPERIENCE AN INDUSTRY & EARN:

##### UNIT 29855

##### Level 2, Credits 3

Describe attachment behaviours and strategies used to support transitions for young mokopuna/children.

\$180 PP + GST

### THE KAIAKO EXPERIENCE

#### 5 DAY COURSE

##### Level 2, Credits 5

Spend 5 days with us and develop your Early Childhood Skills. This course introduces you to child play and how these experiences support their learning, promote development through caring & reflective practices.

##### UNIT 29858

##### Level 2, Credits 5

Provide and reflect value of play experiences for a mokopuna/child's development.

\$250 PP + GST

### CHILD BEHAVIOUR

#### 10 WEEK BLOCK COURSE

##### 1 day per week, 9am - 3pm

##### Level 3, Credits 8

This 10-week Level 3 course is for students interested in exploring Early Childhood. Start with the New Zealand Early Childhood Curriculum, and grow your understanding of child development, their behaviours and the theories around child development.

##### UNIT 29865

##### Level 3, Credits 4

Describe and reflect on practices to protect and promote the health and holistic wellbeing of young mokopuna/children.

##### UNIT 26708

##### Level 3, Credits 4

Describe respectful, reciprocal and responsive relationships with mokopuna/children in an early childhood setting.

\$500 PP + GST





# HEALTH

## Tasters, Courses & Block Course

Health is so important now. If you're a natural carer or want to help your community, our Health course will give you a good introduction to the different paths you can take in the healthcare sector.

### HEALTH HEROS

#### 1 DAY TASTER

A very informative day about careers in the healthcare sector. A great opportunity to hear about pathways into nursing, midwifery, a role as a pharmacy technician or as a health care support worker.

\$60 PP + GST

#### 3 DAY COURSE

##### EXPERIENCE AN INDUSTRY & EARN:

##### UNIT 12383

##### Level 2, Credits 3

Students credited with this unit standard are able to explore different career options within the healthcare sector; such as Aged Care, Nursing, Pharmacy and Mental Health.

\$180 PP + GST

### PRE-NURSING

#### 1 DAY TASTER

More details to follow.. watch this space!

\$TBC PP + GST

### HEALTH HEROS

#### 10 WEEK BLOCK COURSE

1 day per week, 9am - 3pm

##### Level 3, Credits 7

This 10-week Level 3 course is for students interested in working in Healthcare with a focus on lifestyle and well-being of patients. Students will be taught how to show compassion throughout a patients life stages and support specific needs for different age groups.

##### UNIT 29865

##### Level 3, Credits 7

Describe the ageing process and it's effects on a person's lifestyle and wellbeing.

\$500 PP + GST

### AVAILABLE AT:

- > Auckland Central
- > Manukau
- > Hamilton
- > Porirua
- > Christchurch







# FLORISTRY

## Tasters & Courses

Do you love nature and making the world a more beautiful place? Unleash your inner gardener and dive into the exciting world of working with plants.

### FLOWER POWER

#### 1 DAY TASTER

If you love flowers and design, then this one day practical session is for you. Create a small posy display or a floral crown. Learn about enhancements with ribbon, the storage of flowers and facts about the different foliage used.

\$80 PP + GST

### FLORAL STYLING

#### 2 DAY COURSE

Floral styling is currently on trend, for large events where floral installations are requested especially for weddings, funerals and school balls. Learn about different types of displays and have an opportunity of creating your floral posy and grooms floral suit pin.

\$160 PP + GST

#### AVAILABLE AT:

> Christchurch







# HOSPITALITY

## Tasters & Courses

Taught by both NZMA and the Culinary Collective, our Cooking & Hospitality school, get a great intro to the exciting world of cooking, baking and serving food, coffee and drinks. You get to taste them too!

### AVAILABLE AT:

- > Sylvia Park
- > Hamilton
- > Christchurch

### FUNCTION LIKE A PRO

#### 1 DAY TASTER

Dive into a world where imagination reigns supreme and planning is the key to success. From concept to reality – learn how to design, innovate & coordinate every detail that will turn an ordinary moment into an unforgettable experience. Function like a Pro – where the impossible becomes Possible.

\$60 PP + GST

### ESPRESSO YOURSELF

#### 3 DAY COURSE

##### EXPERIENCE AN INDUSTRY & EARN:

UNIT 17284

Level 3, Credits 3

Embark on an exhilarating journey into the world of Espresso. Unlock the secrets to brewing sensational concoctions & discover the magic of Barista. Boost visibility & ignite a buzz for your coffee. Go ahead – Mocha my day!

\$180 PP + GST

### THE MIXOLOGIST

#### 2 DAY TASTER

Where artistry & innovation collide in a fusion of flavours. Our Mixology experience is your passport to a realm of liquid creativity. Immerse yourself in a world of exotic ingredients as you learn the secrets behind the bar. From muddling fresh herbs to perfecting the art of shaking, you will learn the techniques that transform ordinary drinks into alchemy. Let the fun be gin!

\$140 PP + GST

### CAFE VIBE

#### 3 DAY COURSE

##### EXPERIENCE AN INDUSTRY & EARN:

UNIT 14440

Level 2, Credits 2

Prepare and clear areas for counter food service for a commercial hospitality establishment. From counter service to table service – Learn to revolutionize food service in style!

\$180 PP + GST







# HOSPITALITY

## Block Courses

**BUDDING BARISTA**

**10 WEEK  
BLOCK COURSE**

**1 day per week, 9am - 3pm**

**Level 2, Credits 8**

This 10-week Level 2 course is a great intro for students wanting to explore the hospitality and customer service industries. You'll learn to prepare hot and cold drinks, how to set up and clear areas for food and beverages as well as understand food service styles and different types of menus.

**UNIT 17286**

**Level 2, Credits 3**

Prepare and present coffee for service.

**UNIT 14425**

**Level 2, Credits 5**

Prepare and serve hot and cold non-alcoholic drinks for a commercial hospitality establishment.

**\$500 PP + GST**

**LATTE LEGEND**

**10 WEEK  
BLOCK COURSE**

**1 day per week, 9am - 3pm**

**Level 3, Credits 10**

Take your customer service & coffee knowledge to the next level with this 10-week Level 3 course. You'll learn how to give a nice warm welcome to customers in a café or bar, about the world of coffee and how to prepare some of the most popular types of coffee from around the world.

**UNIT 14441**

**Level 3, Credits 5**

Provide professional café counter service in a hospitality establishment.

**UNIT 17288**

**Level 3, Credits 5**

Prepare and present espresso beverages for service.

**\$500 PP + GST**

### AVAILABLE AT:

- > Sylvia Park
- > Hamilton
- > Christchurch





# COOKERY

## Tasters & Courses

Taught by both NZMA and the Culinary Collective, our Cooking & Hospitality school, get a great intro to the exciting world of cooking, baking and serving food, coffee and drinks. You get to taste them too!

### AVAILABLE AT:

- > Auckland Central
- > Sylvia Park
- > Hamilton

### SUGAR COATED

#### 1 DAY TASTER

Crafting desserts requires a unique set of skills, from precision measurements to a passion for flavour pairing. You will experiment with techniques, balance delicate textures & tastes, and uncover the secrets of presentation. Turn the simplest ingredients into mouth-watering works of edible art. So, if you are ready to indulge in the world of sugar, spice, and everything nice, your journey starts here.

\$70 PP + GST

### THE SUGAR SORCERER

#### 2 DAY TASTER

This culinary discipline blends science and art, pushing the boundaries of flavour, texture, and presentation to create an innovative dish that blows your mind. You will learn to alter the physical and chemical properties of ingredients as you work with techniques like emulsion, foaming, caviar spheres & gelling.

\$140 PP + GST

### SLICE IT RIGHT

#### 1 DAY TASTER

Discover the culinary secrets of one of the world's most beloved dishes with our immersive pizza-making experience! Delve into the alchemy of crafting the perfect sauce, balance flavour profiles & the art of cheese. With each step, your confidence will soar, allowing you to create your own unique combinations. Mmmmm Doughlicious!

\$70 PP + GST

### KEEP CALM & CATER ON

#### 3 DAY COURSE

**EXPERIENCE AN INDUSTRY & EARN:**  
**UNIT 13281**  
**Level 2, Credits 2**

Prepare, assemble and present a range of delicious sandwiches for service. A very tasty introduction to the busy and exciting world of catering.

\$180 PP + GST

### BAKE IT TIL YOU MAKE IT

#### 5 DAY COURSE

**EXPERIENCE AN INDUSTRY & EARN:**  
**UNIT 13322**  
**Level 3, Credits 4**

In our commercial kitchens, prepare and bake a variety of iconic pantry dishes. Gain culinary skills as you craft delicious pastries to share with your classmates.

\$250 PP + GST





## Block Course

**10 WEEK  
BLOCK COURSE**

**1 day per week, 9am - 3pm**

## Level 2, Credits 8

If you are passionate about cooking and would like to learn more about the application of cookery methods then this course is for you. Learn to prepare, cook and present food with basic garnishing and sauces to match. Impress each other with your own Masterchef dish in a commercial kitchen.

## UNIT 13278

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**Level 2, Credits 2**

Cook food items by roasting.

## UNIT 13272

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**Level 2, Credits 2**

Cook food items by baking.

## UNIT 13276

**Level 2, Credits 2**

Cook food items by grilling.

## UNIT 13271

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**Level 2, Credits 2**

Cook food items by frying.

\$700 PP + GST

**AVAILABLE AT:**

- > Sylvia Park
- > Hamilton
- > Christchurch





# SPORT

## Tasters & Courses

Get a taste of what studying sport and fitness is all about. Taught by New Zealand Institute of Sport, our sport and fitness school, you'll learn about health, sport and do fitness training as part of your course.

### FITNESS FOUNDATIONS

#### 1 DAY TASTER

Love Exercise? Learn more about this exciting career plus have the opportunity to workout in our very own campus gym & discover the basic skills it takes to coach a team.

\$60 PP + GST

### POLICE & DEFENCE PREP

#### 1 DAY TASTER

Join us for an action packed day where you will have the opportunity to gain an insight about careers in the Police, Defence Force or Security.

\$60 PP + GST

#### 2 DAY TASTER

More details to follow.. watch this space!

\$TBC PP + GST

### PERSONAL TRAINING

#### 3 DAY COURSE

##### EXPERIENCE AN INDUSTRY & EARN:

##### UNIT 21794

##### Level 2, Credits 3

As a Personal Trainer it's important to get the basic's right, the importance of stretching can easily be over looked. This course will help you understand the importance by learning the benefits, how to safely perform stretch's through good technique, instructions and correct alignment.

\$180 PP + GST

### COACHING

#### 3 DAY COURSE

##### EXPERIENCE AN INDUSTRY & EARN:

##### UNIT 25805

##### Level 3, Credits 3

The best coaches employ a set of skills that get the best from their teams. This course will introduce you to the knowledge of individual and group characteristics and how to meet their coaching needs.

\$180 PP + GST

### AVAILABLE AT:

- > Sylvia Park
- > Wellington
- > Christchurch





SPORT

Block Course

COACHING SKILLS

8 WEEK  
BLOCK COURSE

1 day per week, 9am - 3pm

Level 3, Credits 6

An exciting course all about coaching! Create coaching sessions to meet the needs of your client, make ethical decisions, and develop and apply strategies for coach and athlete protection. Also learn to demonstrate and apply knowledge of rules and regulations as a coach in a selected sport.

UNIT 22771

Level 3, Credits 6

Plan beginner-level coaching sessions for sport participants.

\$450 PP + GST



- AVAILABLE AT:
- > Sylvia Park
  - > Wellington
  - > Christchurch

IMPORTANT INFORMATION

- Category 1 Provider

At NZMA we are committed to offering quality learning. We are ranked as a Category 1 provider on NZQA's EER rating, which is the best rating possible for education providers.
- Friendly Campuses

Our vibrant and culturally diverse campuses are welcoming and friendly. Plus, with smaller classes students get one-on-one support from tutors during their course.
- Supportive Tutors

Our highly experienced tutors mentor students along the way, will share their industry experience and tailor their teaching to suit students learning styles.
- Fun Ways to Learn

Students will learn in our purpose-built campus facilities, from training kitchens and cafés, on site gyms, workshop spaces, and barista training areas to help build their confidence in real-world environments.
- Course Flexibility

At NZMA we are able to tailor a combination of Courses to meet your requirements and Block Courses can also be delivered across two consecutive weeks. For more information about Course combinations please contact your local campus.
- Course Prices

Courses are designed for year 11-13 students who are still enrolled at a New Zealand High School. 2022 prices are per person, in New Zealand Dollars and exclusive of GST. Prices are subject to change and are correct at the time of publication. NZQA credits do not pertain to the 1-day Taster Courses. Not all courses are delivered at all campuses.
- Course Supervision

Students are unsupervised during breaks and lunch times and are able to leave the campus. If this is not acceptable, parents and caregivers should make alternative arrangements.



## Locations

Our campuses each have their own unique flavour, but all offer students a safe, friendly environment to learn in.

## Contact

To enrol or for more information, please contact:

Kris Gower - 021 578 237  
Petini Tearaura - 021 573 145

[shortcourses@nzma.co.nz](mailto:shortcourses@nzma.co.nz)  
0800 116 611

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