

NEW ZEALAND
INSTITUTE OF SPORT

Guided by NZMA



**UNIFORMED
SERVICES
PREPARATION**

**MAKE YOUR
PASSION YOUR
CAREER**

Want to work with people and help them lead more fulfilling lives? Our preparation course will get you ready to meet the fitness requirements to join the New Zealand Uniformed Services.

You'll learn from industry-experienced tutors about what the testing involves and get your fitness levels to the required standards in our purpose-built facilities and on-campus gyms.

This is the perfect course for anyone inspired to join New Zealand Police Force, uniformed services, emergency responders, security organisations or further study.

*Eligibility criteria apply. Courses are offered at specific campus locations. Free study terms and conditions apply. For full details visit nzis.co.nz.

New Zealand Institute of Sport is one of the trading names for the registered PTE New Zealand Management Academies (NZMA).

PRE-POLICE AND UNIFORMED SERVICES TRAINING

LEVEL **3** 18 WEEKS

This course will get you ready to meet the fitness requirements of the various New Zealand Uniformed Services. Learn from industry professionals and train hard to meet the fitness requirements, including practicing mock tests for the New Zealand Police, the Defence Force, or Fire & Emergency.

WHAT YOU LEARN

- New Zealand Law (including Road law, Domestic Violence law)
- Emergency response procedures
- Teamwork & communication skills
- Water-based emergency response
- Legal problem-solving and conflict resolution
- How to meet the required fitness levels
- First Aid delivery and recovery aid – earn your First Aid Certificate!

nzis.co.nz

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