## **MECHANICAL - SKELETON AUTOMATIC**

Automatic watches, also known as self-winding watches, rely on the movement of the wrist to wind the mainspring. There is a small oscillating weight inside the watch that will sway back and forth when it is moved, causing the watch to wind itself. As this is a mechanical watch, it does not require a battery.

To initially start the watch in motion, turn the winder in a clockwise direction approximately 6-8 times and then set the hands to the correct time. If the watch is then worn for a further 6-8 hours, this should fully wind the mainspring and will give the watch enough reserve power to last up to 30 or 40 hours.

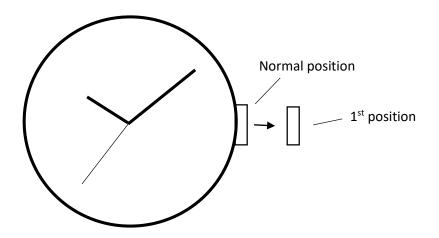
If the watch is not worn for an extended period or only worn occasionally, the watch will stop, as it is not being moved enough to wind itself. In these instances, the watch can be wound manually.

## Winding the mainspring:

- Turn the crown clockwise in the normal position approximately 15-20 times.
- When the mainspring is fully wound, it is important to stop turning the crown.

## Setting the time:

- Pull the crown out to the 1<sup>st</sup> position
- Turn the crown to set the hour and minute hands
- After the time has been set, push the crown back to the normal position



Dial positions and layout of the face might vary depending on the watch model.

