

The World Needs To Overcome Bias



Upper Elementary Worksheet

learn about it.

When Antonella and Ezgi react to the pitbull, they are both showing forms of bias, based on their beliefs about this breed of dog.

We are all taught **biases** from the time we are very young. Our families, our friends, and social media present ideas to make us think positively or negatively about individuals and whole groups of people, without really getting to know them. Whether it's positive or negative, when we make assumptions about people without knowing them we are being biased.

In order to overcome biases, we need to give everyone a chance to show us who they really are, to connect with people who are different from us, and celebrate our differences while finding what we have in common. We need to let every individual person let us know who they are!

think about it.

'There are many types of diversity: race/ethnicity, gender, levels of resources, disability/ability status, and religion, to name a few. The more diverse our environments, the more we can see and overcome biases--and learn to celebrate our differences!

Let's look at how diverse your world is by seeing how similar or different you are from most people around you. There are no right or wrong answers here! **First, share about yourself. Then, using the list below, put an (x) in the appropriate box if the people in your life are mostly the same, or mostly different from you.**

My name is, _____, and I am ____ years old.

Circle all that apply.

I am (a girl / a boy / non-binary)

I currently (have a disability/ don't have a disability)

I am (Black/Arab/White/Hispanic or Latinx/ Pacific Islander/Native or Indigenous/Asian/Multi-Race/ Multi-Ethnic)

How can you get to know more people who are different from you? Answer below.

PERSON	MOSTLY THE SAME	MOSTLY DIFFERENT
FAMILY		
CLOSEST FRIEND		
YOUR NEIGHBORS		
YOUR DOCTOR		
YOUR SCHOOLMATES		
YOUR TEACHERS		
YOUR FAVORITE SINGER		
THE PERSON YOU ADMIRE MOST		

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talk about it.

Find a friend, classmate, or family member and discuss any of the following questions:

- When you meet someone for the first time, **what is the first thing you notice about them? Why do you think that is?**
- **Why is it good to be around people who are not like us? How do we become friends with them?**
- In the video, Kea, from South Africa, refers to the phrase "Don't judge a book by its cover." **What do you think is meant by that? How can you apply this advice when meeting someone who appears different than you?**

be about it!

Now it's time to take action.

Using the organizer on the right, **share your goal for celebrating differences.**

Your goal should be something specific that you can achieve within a set amount of time.

Think of ways to involve your friends and family in achieving your goal.

I, personally, will...	With my family, I will...
My Goal is...	
With my friends, I will...	At my school, I will...