



students
r_build

HUNGER CHALLENGE MADALO'S STORY

KABUZI VILLAGE, MALAWI

2019-2020 HIGH SCHOOL
DISCUSSION GUIDE



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GETTING STARTED

EDUCATOR NOTE:

Below is an introduction to *Madalo's Story*, as well as discussion questions and activities to use with your class. You may utilize all or some of the provided questions as you guide your class in discussion.

Standards Alignment:

- Next Generation Science Standards
- Asia Society Global Competencies
- 21st Century Skills
- United Nations Sustainable Development Goals

Video Length: 4.25 minutes

Estimated Time to Complete: 1-3 Class Periods

We recommend that ahead of showing the video to your students you (a) pre-watch the video or read the transcript below, noting any vocabulary or concepts that may be unfamiliar to your students and (b) review the unfamiliar words with your students before showing the video.



Madalo's Story
4.25 minutes

MADALO'S STORY

FRAMING

Malawi is a small, landlocked country in the southeast region of Africa and is one of the world's least developed countries. As a country with limited natural resources and mostly rural economies, over 50% of the population lives below the poverty line. Many families are affected by food insecurity, the limited access to nutritious food. As a result, many people may experience a number of health and social issues such as malnutrition and lack of education. Students in rural villages may walk up to 2 hours to attend school. Despite the distance, once students reach school, malnutrition and stomach pains create a barrier to learning and many students leave school in search of sustenance. Due to malnutrition, without the ability to stay in school, or to learn while present, youth do not acquire the skills necessary to become adults with the skills and knowledge to earn a living wage.

In Madalo's Story, we learn about how food insecurity affects young people in the Kabuzi Village of Malawi. We meet Madalo, an 11 year old student whose family does not have regular access to healthy food. Madalo attends a school in her village, Chiguma Primary School, which benefits from Mary's Meals Malawi, a school feeding program. With a daily bowl of nutrient-rich porridge, Madalo and her peers receive access to nourishment, education, and ultimately hope for a brighter future.

Madalo's Story will inspire students to reflect on and learn about global food insecurity, the factors that contribute to food insecurity, their own food habits, and the important role food plays in providing a young person with the opportunity to live a healthy and successful life.

DISCUSSION QUESTIONS

Please Note: You may utilize all or some of the provided questions as you guide your class in discussion. Many of the questions below can be used as a jumping off point for deeper engagement or projects.

1. Locate Malawi on a map. What prior knowledge do you have about the region where Malawi resides?
2. Research and define food security and food insecurity. In groups, share the factors that contribute to food insecurity in a primarily rural, farming country like Malawi.
3. What role does Mary's Meals play in addressing hunger in Malawi?
4. Madalo's Story discusses droughts and floods as environmental events that contribute to food insecurity in Malawi. Experts have confirmed that "climate change is a major threat to agriculture in any given place, as normal, long-established climatic patterns dictate the types of food we can grow, as well as when, where, and how we grow them." - <https://www.climaterealityproject.org>
When climate patterns shift, food growth becomes more vulnerable and can lead to less quantity and lower quality foods.

What are the implications of climate change on global food production and supply? What are the consequences of having less healthy food in places like Malawi? In the community where you live?

5. No matter where you live, the health of our environment plays a significant role in the health of our foods.

What are the food-related benefits of addressing climate change?

DISCUSSION QUESTIONS

6. Globally, one-third of all food produced is wasted. Greenhouse gas--which includes methane, carbon dioxide, and nitrous oxide--contribute to the warming atmosphere, which then alters the weather patterns food producers rely on for growing crops.

The food supply chain consists of five stages: production, processing, distribution, consumption and disposal.

Food loss is the decrease of quality and quantity of food and typically occurs due to improper storage of food (for example, refrigeration) or the infestation of food by insects or animals, making the food unfit for human consumption.

Food waste is the elimination of food that is or was at some point fit for someone to eat. This typically occurs after the food reaches our homes, grocery stores, and restaurants.

How does food waste contribute to both food insecurity in Malawi and also ongoing and potentially increasing global hunger?

7. Successful food production requires water, ample land space, proper refrigeration, transportation, and packaging. What are the potential environmental impacts of the above-noted aspect of food production?
8. What are tangible actions people can take in their homes to reduce food waste?
9. Consider a food-related behavior in your family that can be adjusted to reduce food waste. This could be anything from buying less food to storing your food differently. What is the food-related behavior you want to change? How might you go about changing it?
10. How do food availability, educational opportunities, poverty and inequality relate to one another?

DISCUSSION QUESTIONS

11. The United Nations 2030 Agenda for Sustainable Development provides a shared blueprint for peace and prosperity for people and the planet. At its core are 17 Sustainable Development Goals (SDGs), which represent an urgent call for action by all countries in a global partnership. This agenda includes SDG #2: Zero Hunger by 2030. The objective of this SDG is to end hunger, achieve food security and improved nutrition, and promote sustainable agriculture. Consider how changes in food production, sustainability, access, and waste can help the world reach Zero Hunger. What interventions and actions do you think will be most impactful in achieving zero hunger?
12. How might resource-rich countries help realign food resources and address the effect of climate change on sustainable food production?
13. What do resource-strapped countries need to reach the goal of Zero Hunger?
14. What could prevent the UN and the world from meeting the goal to end world hunger by 2030? What could facilitate the achievement of that goal?
15. What's one thing you will do to address world hunger?

"I believe all children should have food and not be hungry." - Madalo

VIDEO TRANSCRIPT

MADALO'S STORY

Time	Speaker	Dialogue
00:00:16	Madalo	My name is Madalo william, I am 11 years old. I come from Kabuzi Village.
00:00:24		I live with my mom and dad, and have four brothers.
00:00:32		When I wake up in the morning, I sweep, clean dishes, take a bath and then walk to school.
00:00:46		What motivates me to go to school is the fact that I want to become a teacher. I admire the head teacher at my school. Seeing her teaching children it brings me joy.
00:01:39		There were some days my mother would prepare food and some she couldn't. I would go to school hungry. I would feel weak without having eaten anything. I didn't have any energy. I'd leave while others were learning to go home and hopefully find something to eat.
00:01:25	Narrator	Malawi is one of the countries in southern Africa that is always affected by drought or floods every year, and because of that, most of our people are really affected. They come from homes where food is not there. So it's a big problem across our country that children, most of them, they go to school without food.
00:01:45		There are many children who are in class, but they are not much attentive to what the teacher is saying. So at the end of the day, all those children may not progress with their education. The poverty will just be going round and round their families. Mary's Meals is a school feeding organization, working by making sure that the children that do not have food in their homes are having food when they are going to school, so that they are able to concentrate in class and they're able to participate.
00:02:15		The cooking is done by the community, and the arrangement is they are not paid. They are voluntarily making themselves available everyday to cook for the children. Because they appreciate that the children being fed, they are their own children.

VIDEO TRANSCRIPT (CONTINUED)

MADALO'S STORY

Time	Speaker	Dialogue
00:02:39	Madalo	Now we eat porridge Monday, Tuesday, Wednesday, Thursday, and Friday. I like porridge because it gives me energy and makes me strong.
00:02:57		I feel like things have improved because before porridge was introduced, I could hardly concentrate in class.
00:03:04		When I look at my friends who used to go to school hungry, I see that this program is helping them. Before the porridge, they would leave before classes were finished. Their studies are improving, just as mine are too.
00:03:27	Narrator	Like any other kid, they always have dreams, big dreams for that matter. And when you ask them, they tell you all their ambitions. I want to be a teacher. I want to be a doctor, and all sorts of professions they'd do.
00:03:40		But now with the coming of food, they are able to link now that if the food is there at the school, I'll go to school. And sure I'll get educated, and my dream will come to pass.
00:03:38	Madalo	It makes me so happy, because they improved our school so much by bringing porridge there. I believe all children should have food and not be hungry.

CHALLENGE OVERVIEW

OVERVIEW

Hunger has many faces. Sometimes hunger is heartbreakingly obvious. Other times, it's less visible but no less destructive. With 821 million people (or one in nine) suffering from hunger globally (one in five in the United States), the faces of hunger are all around us.

With the Hunger Challenge, we're gathering around a global table to learn about hunger in all its guises—malnutrition, food insecurity, “food deserts,” and more—and to investigate how hunger interferes with education and development to prevent too many young people from living full, healthy lives.

GLOBAL NOMADS GROUP

Global Nomads Group (GNG) is an international non-profit organization that fosters dialogue and understanding among the world's youth. Since its founding in 1998, GNG has conducted programs in 60 countries on all seven continents, reaching one million young people. By providing opportunities to interact and engage with different perspectives, GNG helps youth break down stereotypes, address community challenges, develop 21st century skills, and explore what it means to be a global citizen.

Since 2010, GNG and Students Rebuild have partnered on each annual Challenge, bringing awareness to critical global issues and youth stories of taking action.

STUDENTS REBUILD

Students Rebuild, a program of the Bezos Family Foundation, is a free, ready-made adventure in global learning that asks students to put their creativity and compassion to work in support of other young people in need.

Students Rebuild issues an annual Challenge that invites students to respond to global problems affecting young people somewhere in the world. Teachers and students explore the issue in class and, in the process, connect with students around the globe. Then students create art based on what they learn and send it to Students Rebuild. For every piece of artwork they submit, the Bezos Family Foundation makes a financial donation to a respected community-based organization serving youth.

TAKE ACTION

TAKE ACTION

Thank you for participating in the 2019-20 Students Rebuild Hunger Challenge, which invites teachers and students worldwide to help end world hunger and celebrate healthy and sustainable food traditions around the world.

CREATE AN ARTFUL RECIPE

Students will create artfully illustrated recipes—both literal and imaginative.

With these two unique approaches you can find countless ways to bring your recipes to life. Each artful recipe will generate a \$3 donation from the Bezos Family Foundation to support organizations that address hunger and nutrition

Register a team, learn about building an artful recipe, and submit your artwork at studentsrebuild.org/hunger

JOIN THE CONVERSATION

As part of the Hunger Challenge, Global Nomads Group will be hosting three virtual webcast discussions (dates to be announced). The webcasts will be live-streamed events that feature conversations around food, culture, and hunger. Your class/team can submit questions and/or answers to the on-air participants through a facilitated chat room. All you need to join is an Internet connection.

Register for webcasts at gng.org/studentsrebuild

Learn More about Mary's Meals: marysmeals.org