

Changemaker Challenge

Recommended Lesson Plans

Elementary/Agès 5-11



In addition to the featured curriculum and learning resources you can find [here](#), we also wanted to share some relevant and helpful lesson plans by grade and age range to help enhance your team's learning through the Changemaker Challenge. Explore these lessons below that range in duration and topical focus.

Name and Source	Description	Duration, Grade/Age
Peaceful Changemaker Series From Ashoka	These units are part of a larger series on Peaceful Changemakers for kindergarteners which explores the life and legacy of – Dr. King, Alfred Nobel, Wangari Maathai, and The Lorax. Students learn about characters in books, people in their community, and famous people who bring about big, important, positive changes through non-violence. They then have the opportunity to plan and create their own action project.	<ul style="list-style-type: none">• Grades K-2• Ages 5-8• Duration 45 min-4 hours
Everyone's a Helper From Teaching Tolerance	This lesson helps students understand the concepts of one's strengths, struggles and what it means to help. Using reading, writing, and social studies skills – students will learn about community and how they can use their unique strengths to be of service at an individual level. Lesson includes handouts, needed vocabulary, as well as extension activities – and reinforces the idea that at one time or another we may need help, or step up and become a helper ourselves.	<ul style="list-style-type: none">• Grades K-5• Ages 5-11• Duration 45 min-2.5 hours
I am a Changemaker From Ashoka	Learn what it means to be a Changemaker. Students will think about and understand the qualities and skills needed to be a changemaker, and hear inspirational stories from fellow agents of change. Students will create their own definition of what a changemaker is and declare that they are change	<ul style="list-style-type: none">• Grades 3-5• Ages 8-11• Duration 45 min-2.5 hours

Changemaker Challenge

Recommended Lesson Plans

Elementary/Ages 5-11



Name and Source	Description	Duration, Grade/Age
<p>Change Agents in Our Own Lives From Teaching Tolerance</p>	<p>Role models play a crucial part in helping children answer questions about the way they want to be in the world. Kids need people to look up to and identify with, and they also need opportunities to think about what exactly it is they admire or question in heroes. Often, curriculum focuses on heroes on a large scale, outside of our own communities. This lesson will allow students to identify individuals in their own lives who embody heroism by being change agents. Using the structure of the writing process, students will profile someone who, in their eyes, has made a difference. Students will also think about what other roles people play in conflicts and why people might choose not to stand up for principles they believe in.</p>	<ul style="list-style-type: none">• Grades 3-5• Ages 8-11• Duration 45 min-2 hours
<p>Character Strengths and Changemakers From The Character Lab</p>	<p>Character strengths like kindness, leadership, social intelligence, and gratitude all play into both <i>being a</i> Changemaker and <i>recognizing a</i> Changemaker. Check out these great Playbooks from the Character Lab to learn more about the following strengths...</p> <p>Kindness Playbook Social Intelligence Playbook Grit Playbook Gratitude Playbook Purpose Playbook Proactivity Playbook Creativity Playbook</p>	<ul style="list-style-type: none">• Grades K-5• Ages 5-11• Duration 45 min-2.5 hours

*Please note that some lessons may come from free sources that require establishing a website login to access materials