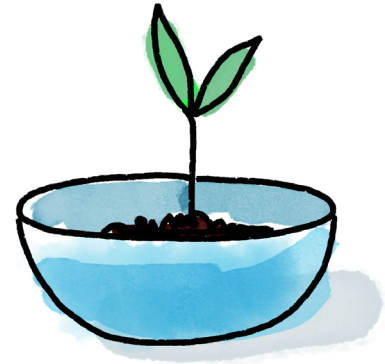


Hunger Challenge

Recommended Lesson Plans

Elementary/Ages 5-11

In addition to the featured curriculum and learning resources you can find [here](#), we also wanted to share some relevant and helpful lesson plans by grade and age range to help enhance your team's learning through the Hunger Challenge. Explore these lessons below that range in duration and topical focus.



Name and Source	Description	Duration, Grade/Age
Growing Hope Against Hunger From Sesame Street and PBS	In this video, viewers join Sesame Street characters as they collect food donations at a food drive and from a community garden. Animations and songs show how simple actions, such as planting a seed, can make a world of difference in the lives of others. Teachers are invited to create discussion with students after watching.	<ul style="list-style-type: none"> • 5+ minutes • Grades PK-2 • Ages 4-8
My Plate From the USDA	These three lessons with multiple activities within, are all focused on nutrition and healthy eating. Food groups, and eating a balanced meal are covered, as is combining food choice with physical activity.	<ul style="list-style-type: none"> • 60+ minutes • Grades K-2 • Ages 5-8
Creating a School Garden From PBS Teacher's Lounge	An educator's resource for creating a school garden and learning environment, including purpose and learning goals, discussion prompts, community partnerships, and produce production. Connects to other resources on school gardening such as PBS' Think Garden and Growing Minds: School Gardens	<ul style="list-style-type: none"> • 60+ minutes • Grades K-3 • Ages 5-9
The Human Face of Food From World's Largest Lesson <i>in partnership with UNICEF</i>	In this lesson students will understand the framework of the U.N.'s Global Goals for Sustainable Development, while thinking about the agricultural, rural, and fishing industries that produce food across the world. This lesson will inspire students to not only consider the environmental impacts of these industries, but also the social impacts for those that work within them.	<ul style="list-style-type: none"> • 45-60 minutes • Grades 4-8 • Ages 9-14

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Name and Source	Description	Duration, Grade/Age
Every Plate Tells a Story From World's Largest Lesson <i>in partnership with UNICEF</i>	During the lesson, students will engage in a process of inquiry through dialogue, collaboration, and research and will establish concrete understanding of the sustainability of the food they eat. Multiple sources of evidence and formative assessments can be used throughout the lesson to document learning, guide conversation, and inform further learning.	<ul style="list-style-type: none">• 60 minutes• Grades 4-8• Ages 9-14